NCI-AD Overview
What is NCI-AD™?

- Quality of life and outcomes survey for seniors and adults with physical disabilities (including ABI/TBI)
- Assesses outcomes of state LTSS systems
  - Nursing homes
  - Medicaid waivers
  - Medicaid state plans
  - PACE
  - MLTSS populations
  - State-funded programs, and
  - Older Americans Act programs
- Gathers information directly from consumers through face-to-face interviews
- State-developed initiative
- Relative of the I/DD system’s National Core Indicators (NCI)™
- Launched June 1, 2015
Measures: Domains

- Community Participation
- Choice and Decision-making
- Relationships
- Satisfaction
- Service and Care Coordination
- Access
- Self-Direction of Care

- Work/Employment
- Rights and Respect
- Health Care
- Medications
- Safety and Wellness
- Everyday Living and Affordability
- Planning for the Future
- Control
NCI-AD Survey Tool (2015-2016)

- **Pre-survey Form**
  - Used to setup interviews, for use by the interviewers only

- **Background Information** (21 questions)
  - Demographics and personal characteristics: gathers data about the consumer from agency records and/or the individual

- **Consumer Survey** (90 questions)
  - Includes subjective satisfaction-related questions that can only be answered by the consumer, and objective questions that can be answered by the consumer or, if needed, their proxy
  - States may add up to 10 “state-specific” questions to consumer survey

- **Proxy Survey** (51 questions)
  - Includes objective questions only; rephrased to ask about the consumer

- **Interviewer Feedback Sheet**
  - Asks interviewer to evaluate the survey experience and flag concerns
What Sets NCI-AD Apart?

- States owns—and have immediate access to—their own data
- Can be used across settings and funding sources
- States can add questions to the survey tool
- Can provide state, program, and regional comparisons
  - Crosswalks to NCI (ID/DD) measures
- Focuses on how consumers experience services and how services impact their quality of life
  - Goes beyond service satisfaction
- Provides transparency and accountability
  - State and National reports are publicly available online
- Provides timely and actionable data over time
Using NCI-AD Data

- Quality improvement efforts (CQI framework)
- Quality assurance in managed care
  - E.g. measures: choice, control, access to community and safety
  - Pre-MLTSS data can be used as a baseline before the transition
- Compliance – Olmstead planning, BIP, MFP
- Support for new HCBS and Person-Centered Planning Requirements
- Benchmarking and comparing data nationally
- Identifying service needs and gaps
- Allocating services
- Budget justifications to state legislatures
- Communicating with family and advocates
NCI-AD Process
**Key Dates**

- **Project Planning:** 6-12 months before interview start date
- **In-Person Interviewer Training:** 1-4 weeks before interview start date
- **In-Person Interview start date:** No earlier than June 1st (can be later if necessary)
- **Data Submission date to HSRI:** May 31st
- **Availability of state-by-state reports:** November
- **Availability of national report:** May of the following year
Expectations for States

- Commit to technical assistance year and 1 year of surveying
- Develop a project team and contact state agency partners (Medicaid, Aging, and Disability)
- Monthly technical assistance calls
- Determine target populations and sample design
- Contract with vendor or develop team to conduct interviews
- Gather contact and background information from administrative records
- In-person interviewer training
- Send data to HSRI through ODESA
- Review state report
- Aggregate data published on www.nci-ad.org
Funding Mechanisms

- Medicaid Administrative Match
  - 50% reimbursement
- Older Americans Act Administrative funds
- Using the State’s External Quality Review Organization
  - 75% reimbursement
- Balancing Incentive Program (BIP)
- Money Follows the Person (MFP)
- Grant Funding
- State funding mandated by statute
Participating States

[Map showing states participating in NCI-AD]
NCI-AD Website

www.nci-ad.org

Houses:
- Project overview
- Survey information
- Implementation guides
- State and National Reports
- Webinars
- Presentations
- Staff contacts
- State-specific project information
13 State Report
<table>
<thead>
<tr>
<th>State</th>
<th>SNF</th>
<th>PACE</th>
<th>MLTSS</th>
<th>Combined Medicaid program</th>
<th>Aging Medicaid</th>
<th>PD Medicaid program</th>
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Risk Adjustment

- Age
- Gender
- Race
- Rurality
- Living arrangement (own home vs elsewhere)
- Living along
- Mobility
- ADLs
- IADLs
- Overall health
- Proxy vs. consumer survey
### Proportion of people who like where they are living (*risk-adjusted*)

<table>
<thead>
<tr>
<th>State</th>
<th>Overall In State</th>
<th>N</th>
<th>SNF</th>
<th>PACE</th>
<th>MLTSS</th>
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**NCI-AD Average**

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<tr>
<th>Overall In State</th>
<th>N</th>
<th>SNF</th>
<th>PACE</th>
<th>MLTSS</th>
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</table>
Demographics

- Average age: 69
- 70% female
- 59% White
  - 23% African American; 13% Hispanic/Latino
- 76% living in own or family home
  - 14% nursing home; 7% assisted living
- 45% live alone
  - 16% with spouse/partner; 25% with other family
- 16% diagnosis of Alzheimer’s or other dementia
- 43% reported family member as primary caregiver
Community Participation

Proportion of people who are able to do things they enjoy outside of their home when and with whom they want to (risk-adjusted)

- SNF: 58%
- PACE: 66%
- MLTSS: 70%
- Combined Medicaid Program: 61%
- Aging Medicaid Program: 65%
- PD Medicaid Program: 68%
- BI Medicaid Program: 67%
- OAA: 57%

NCI-AD Average = 63%
Proportion of people who can always or almost always see or talk to friends and family when they want to (risk-adjusted)

- SNF: 85%
- PACE: 87%
- MLTSS: 89%
- Combined Medicaid Program: 88%
- Aging Medicaid Program: 86%
- PD Medicaid Program: 88%
- BI Medicaid Program: 87%
- OAA: 86%

NCI-AD Average = 88%
Proportion of people who would prefer to live somewhere else (risk-adjusted)

- SNF: 39%
- PACE: 24%
- MLTSS: 29%
- Combined Medicaid Program: 26%
- Aging Medicaid Program: 34%
- PD Medicaid Program: 25%
- BI Medicaid Program: 22%
- OAA: 26%

NCI-AD Average = 28%
Service Coordination

Proportion of people who can reach their case manager/care coordinator when they need to

<table>
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<th>Program</th>
<th>Percentage</th>
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<tbody>
<tr>
<td>SNF</td>
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<td>MLTSS</td>
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NCI-AD Average = 79%
Service Coordination

Proportion of people whose services meet all their needs and goals (*risk-adjusted*)

- SNF: 59%
- PACE: 70%
- MLTSS: 66%
- Combined Medicaid Program: 66%
- Aging Medicaid Program: 70%
- PD Medicaid Program: 68%
- BI Medicaid Program: 65%
- OAA: 52%

*NCI-AD Average = 62%*
Care Coordination

Proportion of people who reported someone followed-up with them after discharge from a hospital or rehabilitation facility (if occurred in the past year) *(risk-adjusted)*

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<th>Program</th>
<th>Proportion</th>
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<td>SNF</td>
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*NCI-AD Average = 80%*
Access to Community

Proportion of people who have transportation when they want to do things outside of their home *(risk-adjusted)*

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<th>Program</th>
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<td>SNF</td>
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NCI-AD Average = 72%
Proportion of people who have concerns about falling or being unstable (or about whom there are concerns) *(risk-adjusted)*

- SNF: 54%
- PACE: 62%
- MLTSS: 61%
- Combined Medicaid Program: 59%
- Aging Medicaid Program: 61%
- PD Medicaid Program: 53%
- BI Medicaid Program: 60%
- OAA: 59%

NCI-AD Average = 59%
Safety

Proportion of people with whom somebody talked to or worked with to reduce risk of falling or being unstable (if there are such concerns)

- SNF: 75%
- PACE: 84%
- MLTSS: 61%
- Combined Medicaid Program: 74%
- Aging Medicaid Program: 74%
- PD Medicaid Program: 76%
- BI Medicaid Program: 71%
- OAA: 64%

NCI-AD Average = 69%
Proportion of people who have gone to the emergency room for falling or losing balance in past year (risk-adjusted)

- SNF: 8%
- PACE: 13%
- MLTSS: 14%
- Combined Medicaid Program: 17%
- Aging Medicaid Program: 16%
- PD Medicaid Program: 12%
- BI Medicaid Program: 15%
- OAA: 14%

NCI-AD Average = 14%
Proportion of people who have had a routine dental visit in the past year

- SNF: 64%
- PACE: 69%
- MLTSS: 37%
- Combined Medicaid Program: 36%
- Aging Medicaid Program: 32%
- PD Medicaid Program: 37%
- BI Medicaid Program: 63%
- OAA: 35%

NCI-AD Average = 38%
Proportion of people who can choose or change what kind of services they get and determine how often and when they get them.

- SNF: 59%
- PACE: 69%
- MLTSS: 64%
- Combined Medicaid Program: 73%
- Aging Medicaid Program: 74%
- PD Medicaid Program: 74%
- BI Medicaid Program: 71%
- OAA: 54%

NCI-AD Average = 64%
Employment

Proportion of people who would like a job (if not currently employed) (*risk-adjusted*)

![Bar chart showing employment rates for different programs.]

- SNF: 26%
- PACE: 29%
- MLTSS: 22%
- Combined Medicaid Program: 20%
- Aging Medicaid Program: 23%
- PD Medicaid Program: 15%
- BI Medicaid Program: 30%
- OAA: 23%

*NCI-AD Average = 21%*
Proportion of people who reported that someone has talked to them about job options (if wanted a job)

- **SNF**: 5%
- **PACE**: 11%
- **MLTSS**: 15%
- **Combined Medicaid Program**: 22%
- **Aging Medicaid Program**: 4%
- **PD Medicaid Program**: 14%
- **BI Medicaid Program**: 26%
- **OAA**: 9%

NCI-AD Average = 13%
Current Activities

- Enrollment of states for 2017-2018 (3\textsuperscript{rd} year) and 2018-2019 (4\textsuperscript{th} year) data collection cycle

- Analysis of 2016-2017 data

- Submission of selected measures for NQF endorsement

- Development of optional PCP module
For Additional Information:

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