





## When I'm 64: QoL Outcomes among older adults with IDD

Human Services Research Institute

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# NCI: An Overview



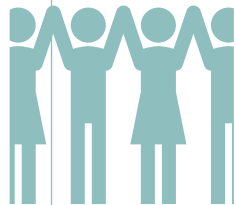
## Established

- 1997
- NCI-AD launched 2015



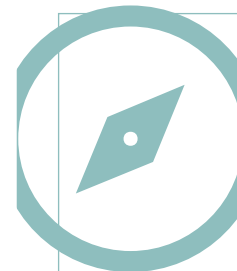
## Participating states

- NCI-IDD: 48 and D.C.
- NCI-AD: 22 states



## Population addressed

- NCI-IDD: People with IDD
- NCI-AD: Older adults and people with physical disabilities
- All receiving LTSS



## Covers multiple domains

- IDD domains and indicators:  
[NCI IDD Indicators FINAL 21-22.pdf](#)  
([nationalcoreindicators.org](http://nationalcoreindicators.org))



## NCI: A Person-centered Approach

- Standardized survey with a sample of individuals receiving services
  - No pre-screening procedures
- Survey includes:
  - Demographic and service-related characteristics typically from existing records
  - Main survey section conducted with person receiving services
  - Some questions may be answered by a proxy respondent
- Survey conducted in-person or via video conference
  - NCI-AD were conducted in 2018-19 and all in-person
- Standardized surveyor training
- Allows questions to be reworded or rephrased using familiar names and terms
- Survey portions take 50 minutes on average

# Select Trends and Outcomes

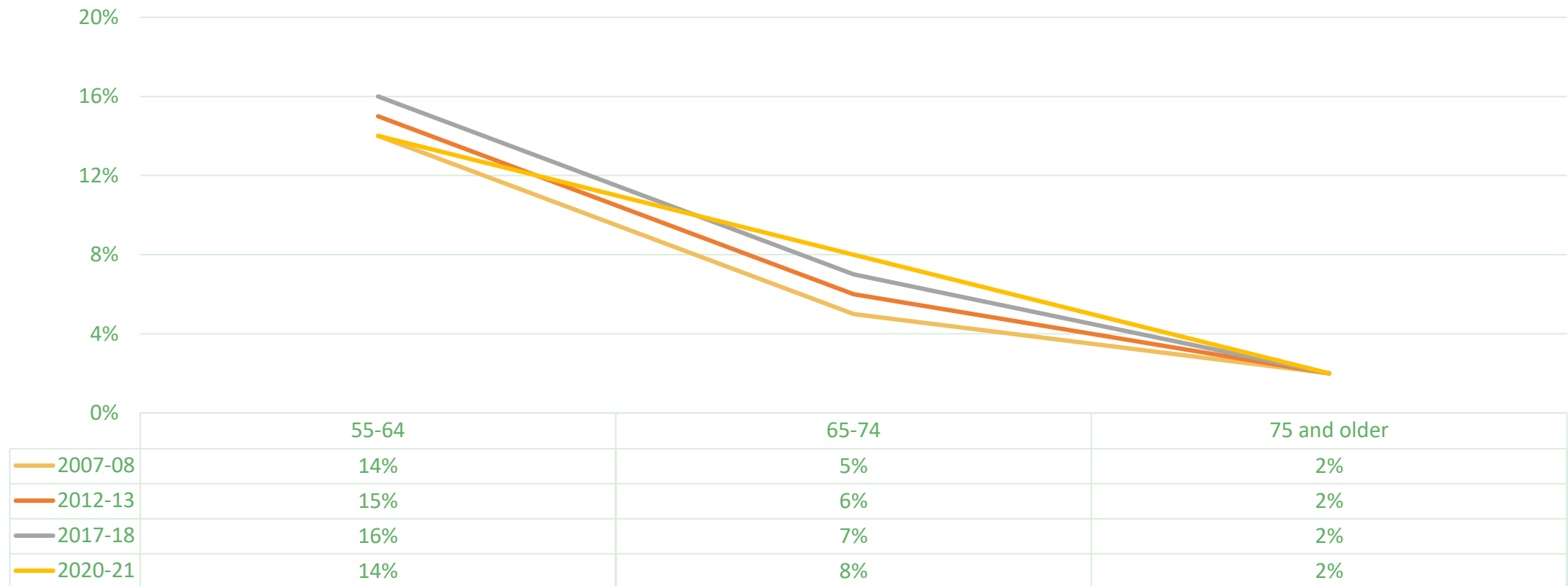
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NCI-IDD – data from 2020-21

NCI-AD – data from 2018-19

# NCI-IDD: Slight increases in 55 and older groups

Age Trends

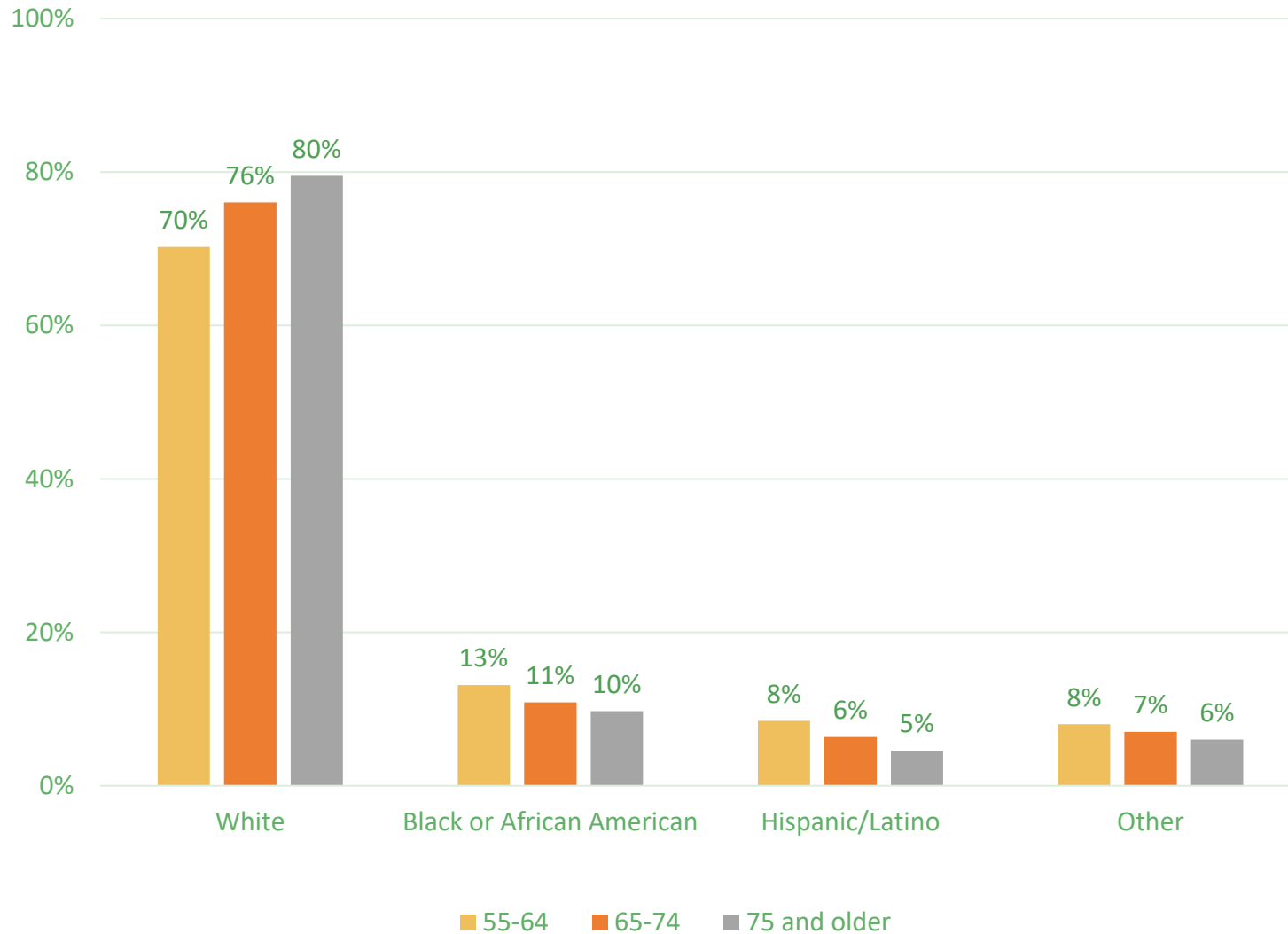


# Gender gap closes in older cohorts for NCI- IDD, increases NCI-AD

- NCI-IDD
  - 44% 55-64
  - 47% 65-74
  - 50% 75 and older
- NCI-AD
  - 54% 55-64
  - 68% 65-74
  - 71% 75 and older



## NCI-IDD younger cohorts are more diverse\*\*



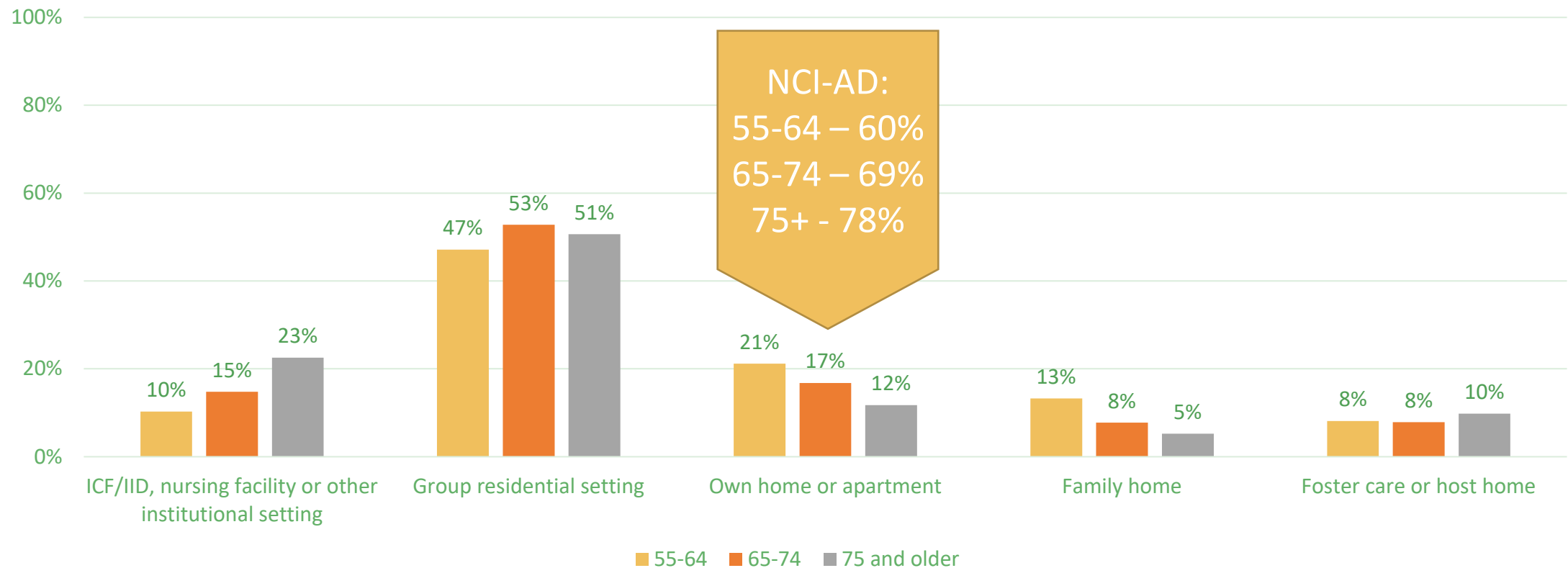
\*\*Sig. at .01

NCI-AD differences by race for people with DD are not statistically significant, however, slightly higher proportion of people black/African American and lower proportion of people who are white in younger cohorts.



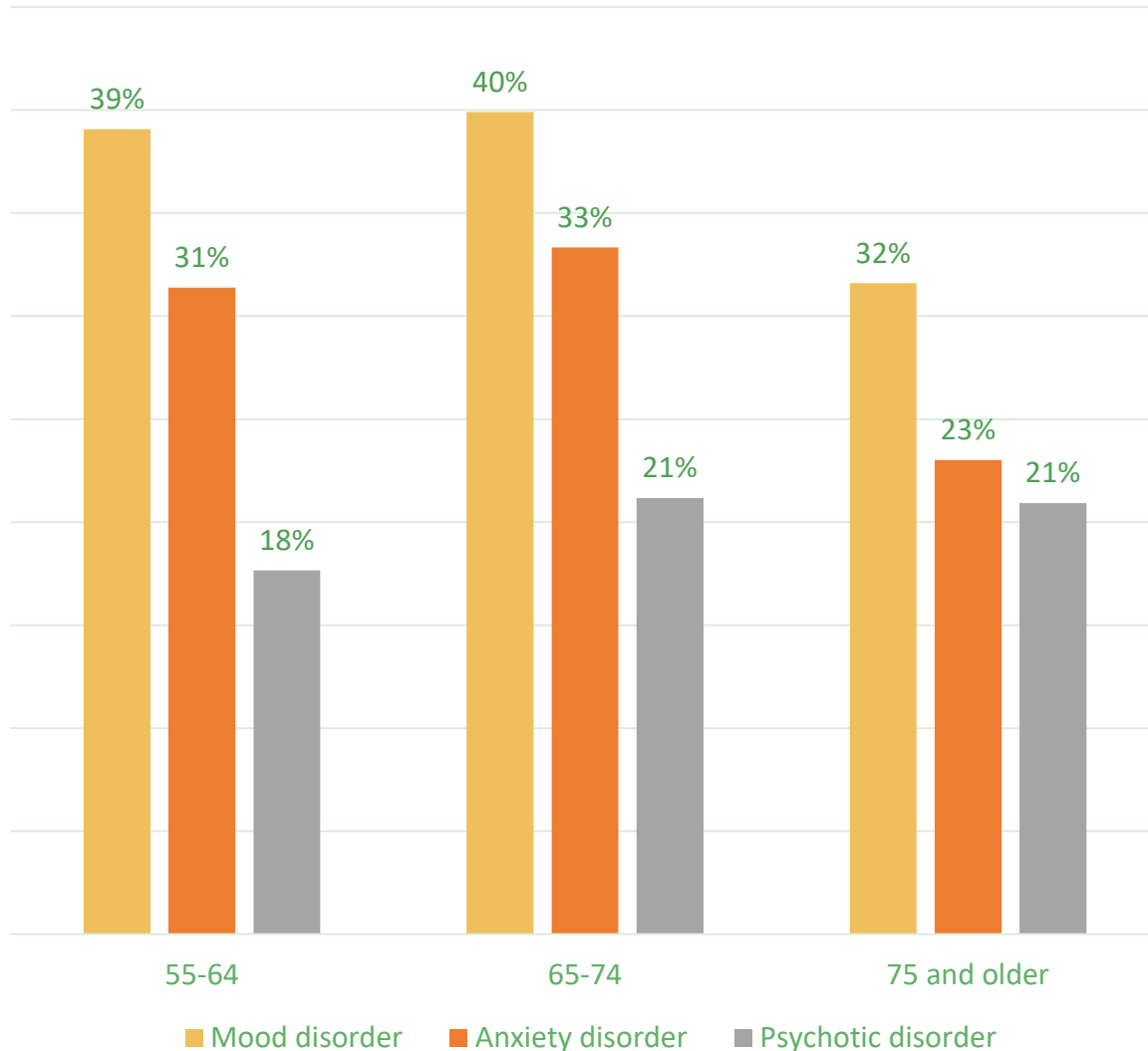
# NCI-IDD respondents in the older cohort were twice as likely to live in an institutional setting

Age and Residence\*\*



\*\*Sig. at .01

## NCI-IDD: Mental health conditions are more prevalent in younger cohort



## NCI-AD: Self-reported mental health diagnosis:

- 56% 55-64
- 28% 65-74
- 16% 75 and older

\*\*Sig. at .01

## NCI-IDD:

Three times as many people 55-64 have ASD compared to those 75 and older\*\*



Age Group	Prevalence
55-64	9%
65-74	5%
75 and older	3%

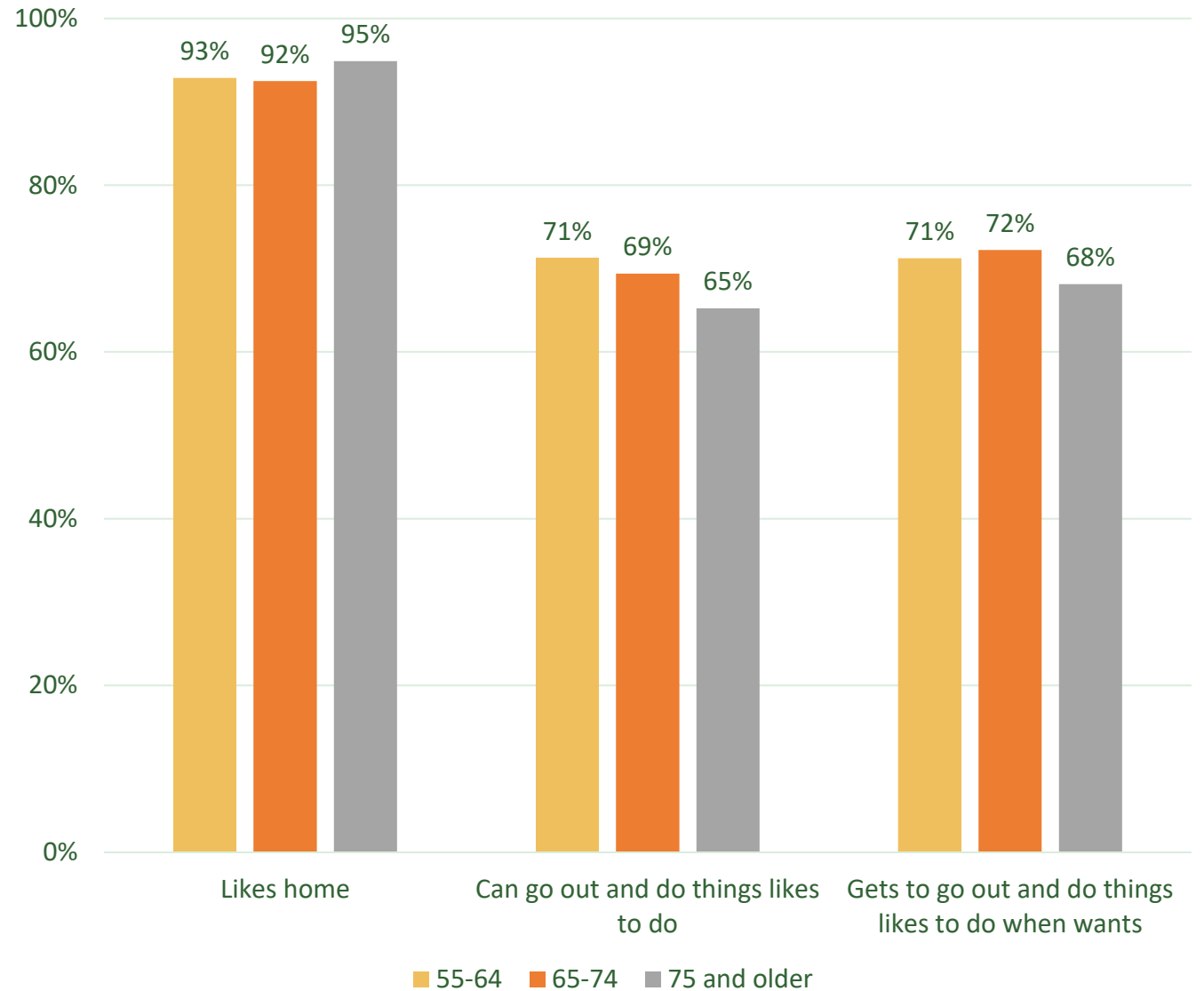
9% 55-64

5% 65-74

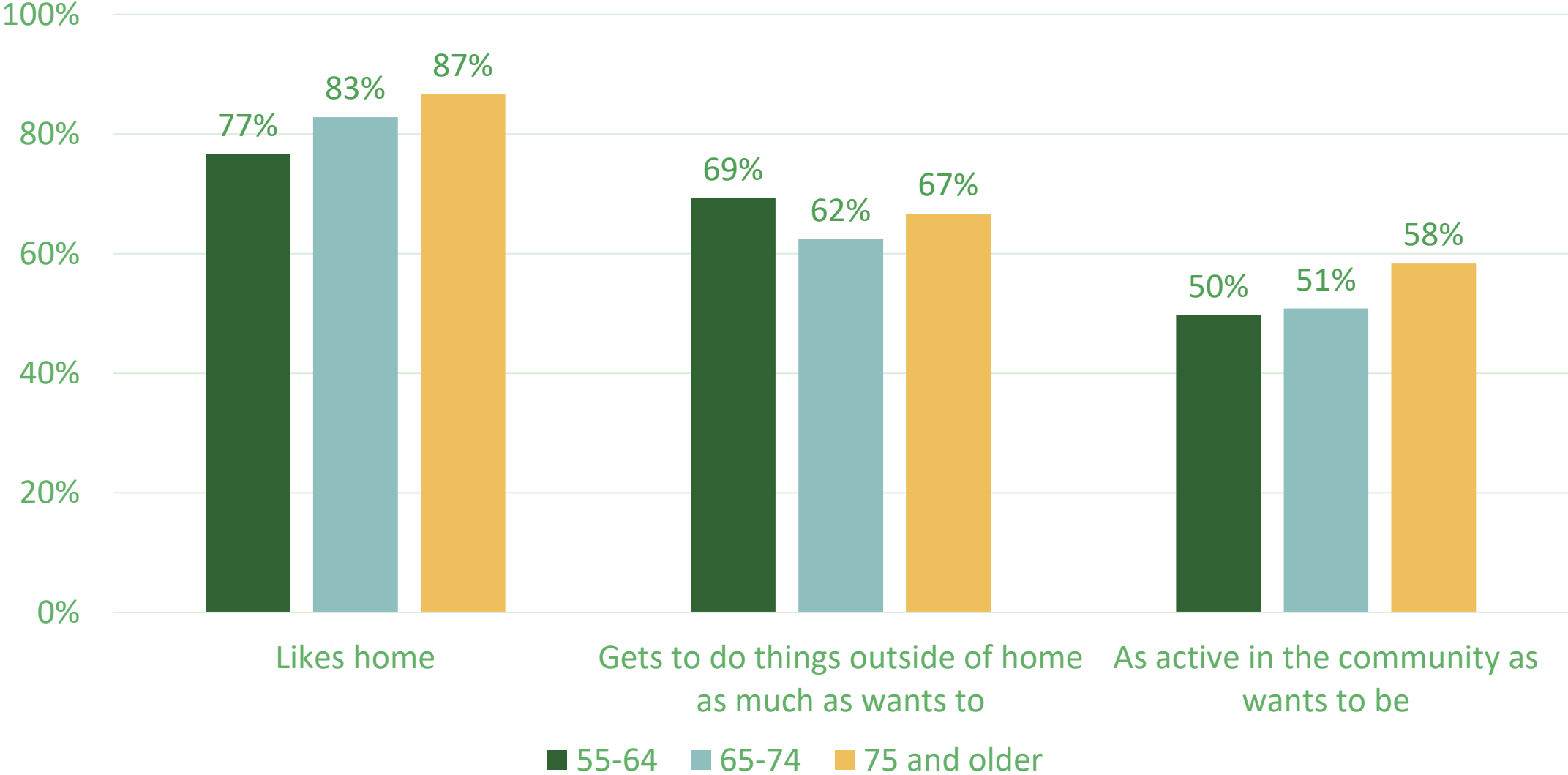
3% 75 and older

More NCI-IDD respondents in the older cohort reported they like their home, but fewer engaged in community activities they like

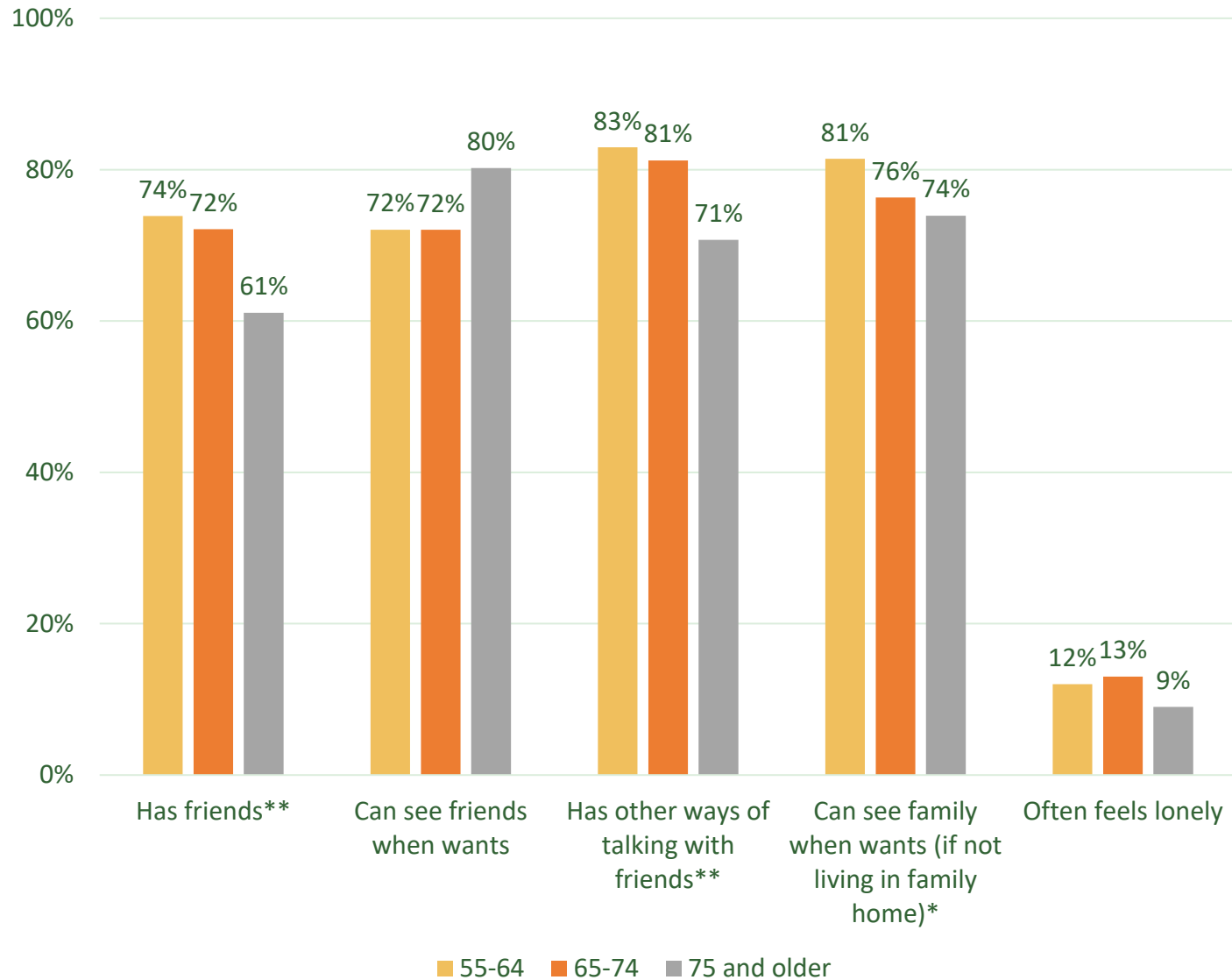
Age Group and Community



# NCI-AD Community Outcomes People With DD



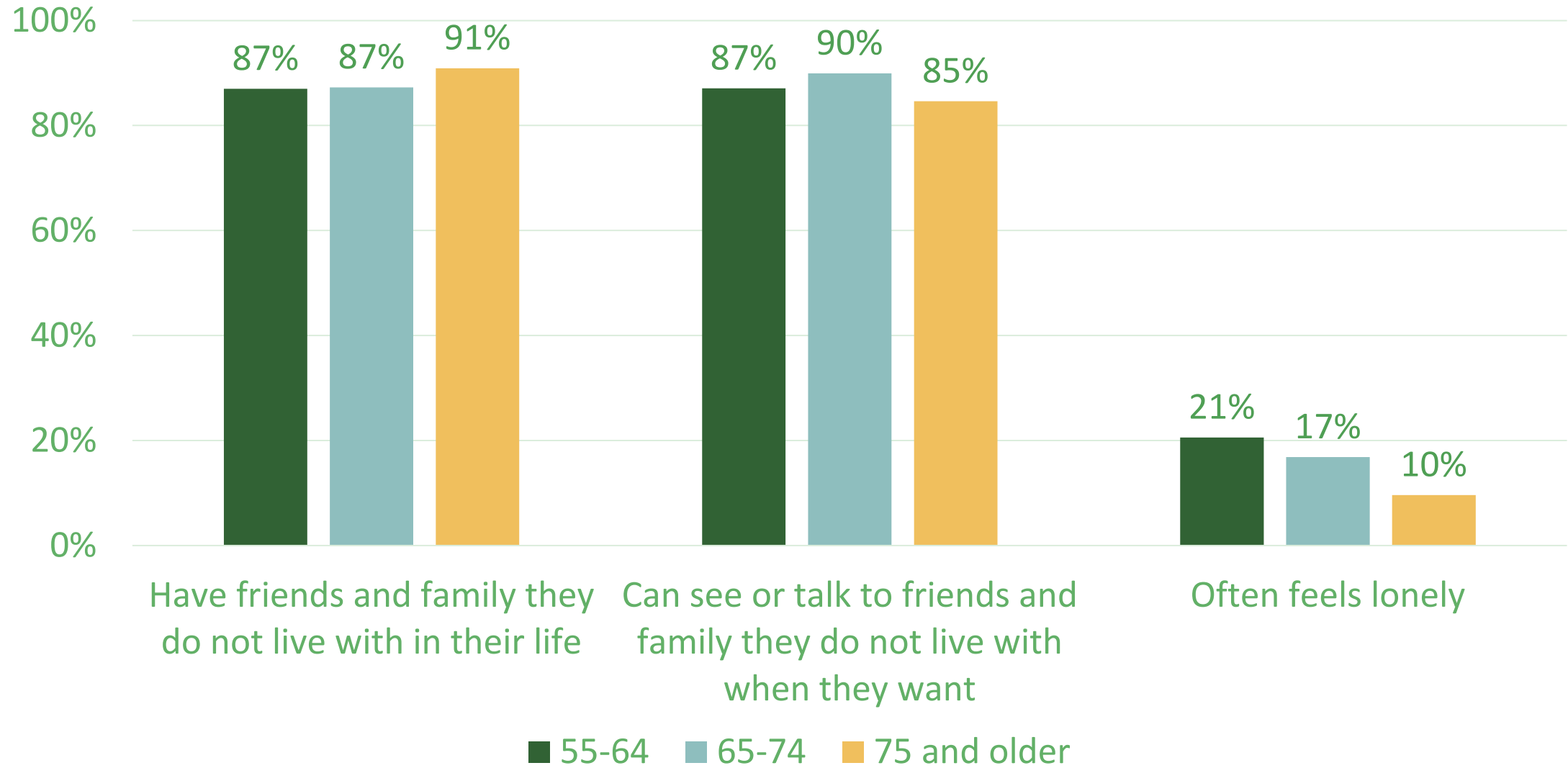
## NCI-IDD: Age Group and Friends



\*Sig at .05 \*Sig. at .01

Respondents to NCI-IDD in the older cohort were less likely to report they have friends and can see and talk with friends when they want.

### NCI-AD Relationship Outcomes People With DD



# Thank you

## Contact

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## Website

- [www.nationalcoreindicators.org](http://www.nationalcoreindicators.org)
- [www.nci-ad.org](http://www.nci-ad.org)