



*National Core Indicators- Aging and Disabilities (NCI-AD)  
Adult Consumer Survey State Results*

**Delaware**

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## Introduction

Established in 2015, National Core Indicators—Aging and Disabilities™ (NCI-AD™) is a voluntary effort by state aging and physical disability agencies to measure and track their performance using a standardized set of nationally validated measures. The effort is coordinated by Advancing States and Human Services Research Institute (HSRI). Learn more about our history [here](#).

In 2022-23 a total of 18 states participated in NCI-AD. Not all participating states do all surveys every year.

### *Adult Consumer Survey*

The NCI-AD Adult Consumer Survey (ACS), is standardized survey conducted with a person receiving long term services and supports (LTSS) through state aging and physical disability systems. Surveys are conducted by trained surveyors through in-person, secure video meeting, or over-the-phone conversations with service participants. The main part of the survey contains subjective questions about how well services are supporting the person; these can only be answered by the person themselves. A subset of more objective questions may be answered by a proxy respondent if needed. In addition to the questions for service participants, the survey also collects background information on the person –demographic and service-related data – mainly from service agency records. In 2022-23, the survey included two state-optional modules:

**Person-Centered Planning Module (state-optional).** This is a state-optional series of questions that ask about the person-centered planning process, including the person’s experience developing the service plan and the service planning meeting. The following states conducted the Person-Centered Planning Module: AL, CO, DE, GA, IN, KS, KY, MN, MO, ND, NE, NJ, OH, OK, TN, WA, and WI.

**Self-direction Module (state-optional).** This state-optional module was added to the 2022-23 ACS. Questions in this section are asked only of those who are using a self-directed supports option and assess experiences specific to self-direction. The following states conducted the Self-direction module: AL, CO, DE, GA, IN, KS, KY, MI, MN, MO, ND, NE, NJ, OH, OK, TN, WA, and WI.

### *Delaware Sample*

There is considerable variation in how states’ long-term services and supports (LTSS) programs serving older adults and adults with physical disabilities are organized, funded, and administered. The NCI-AD program allows states to include programs funded through Medicaid, the Older Americans Act, Program of All-Inclusive Care for the Elderly (PACE), state-only funds, and/or other state- and federal-blended funds. The NCI-AD project team works closely with each participating NCI-AD state to advise and track which LTSS program populations and sub-populations are included in the state’s sampling strategy, how that sample is designed and how many surveys are targeted for completion. See detailed information on state sample frames [here](#).

Table A. Statewide Sample

Total Sample Frame	Total Surveys Completed	Overall Margin of Error
8,524	734	3.62%

Table B. Classification of 2022-23 State programs

Program	Funding Source	Description of Program	Total Population Eligible for NCI-AD	Total Usable Surveys Collected	MoE (95%Confidence, 0.5 Distribution)	MoE (95%Confidence, 0.7 Distribution)
<b>Highmark-HCBS</b>	Medicaid administrative funds and state Medicaid funds	Sample drawn from a population of Medicaid-enrolled HCBS recipients and stratified by two MCOs — AmeriHealth and Highmark.	3,618	280	5.9%	5.4%
<b>Highmark-NF</b>	Medicaid administrative funds and state Medicaid funds	Sample drawn from a population of Medicaid-enrolled skilled nursing facility recipients and stratified by two MCOs — AmeriHealth and Highmark.	1,494	100	9.8%	9.0%
<b>AmeriHealth-HCBS</b>	Medicaid administrative funds and state Medicaid funds	Sample drawn from a population of Medicaid-enrolled skilled nursing facility recipients and stratified by two MCOs — AmeriHealth and Highmark.	2,276	274	5.9%	5.4%
<b>AmeriHealth-NF</b>	Medicaid administrative funds and	Sample drawn from a population of Medicaid-enrolled skilled nursing	1,136	80	11.0%	10.0%

Program	Funding Source	Description of Program	Total Population Eligible for NCI-AD	Total Usable Surveys Collected	MoE (95%Confidence, 0.5 Distribution)	MoE (95%Confidence, 0.7 Distribution)
	state Medicaid funds	facility recipients and stratified by two MCOs — AmeriHealth and Highmark.				

## What is included in this report?

This report presents Delaware’s 2022-23 ACS demographics and outcomes results. Data are shown for the overall statewide average, broken out by program sampled, and include the weighted NCI-AD Average.

*Please note:* Extreme caution should be used when interpreting results where the number of valid responses is small. Each program’s valid number of responses (valid Ns) is shown in every chart and table in this report. *To protect people’s privacy we do not show the data when 20 or fewer people from a state or within a program responded to a question, however their data are included in the overall state average.*

### Presentation of Data

Data may be viewed as bar charts or in tables by clicking the appropriate tab for each outcome. Data presented in charts are “collapsed” meaning that data grouped by response options to what is considered to reflect a positive outcome and all other responses. Tables represent the un-collapsed data outcomes. All NCI-AD data are collapsed “yes” responses only, unless otherwise noted.

**All state and NCI-AD averages throughout this report are “weighted”** to account for any non-proportional sampling of programs and to “rebalance” the states’ sample sizes according to their populations of survey-eligible service recipients. *See more details on weighting in Part II of this report.*

### Accessibility Statement

National Core Indicators strives to develop accessible resources to support equitable access to information about quality of services. While all charts in this report have been marked as decorative, the data from the charts is all represented in the tables which have been reviewed for accessibility. Should you require other accommodations to make this report accessible for you, please reach out to us at [nci@nationalcoreindicators.org](mailto:nci@nationalcoreindicators.org).

## Demographics

**Table 1. Average age (reported for those under 90 years old)**

<b>Program</b>	<b>Age</b>	<b>N</b>
Highmark-HCBS	58.6	264
Highmark-NF	72.1	87
AmeriHealth-HCBS	59.6	262
AmeriHealth-NF	75.6	78
<b>Overall DE Average</b>	<b>63.4</b>	<b>691</b>
<b>Weighted NCI-AD Average</b>	<b>67.2</b>	<b>14,414</b>

**Table 2. Age Category (including those 90 and older)**

<b>Program</b>	<b>18-44</b>	<b>45-65</b>	<b>66-89</b>	<b>90+</b>	<b>N</b>
Highmark-HCBS	19%	41%	34%	6%	280
Highmark-NF	2%	17%	68%	13%	100
AmeriHealth-HCBS	19%	40%	37%	4%	274
AmeriHealth-NF	1%	15%	81%	3%	80
<b>Overall DE Average</b>	<b>14%</b>	<b>33%</b>	<b>47%</b>	<b>6%</b>	<b>734</b>
<b>Weighted NCI-AD Average</b>	<b>7%</b>	<b>30%</b>	<b>56%</b>	<b>6%</b>	<b>15,167</b>

**Table 3. Gender**

<b>Program</b>	<b>Male</b>	<b>Female</b>	<b>Other</b>	<b>Don't know or unclear</b>	<b>N</b>
Highmark-HCBS	53%	47%	0%	0%	280
Highmark-NF	48%	52%	0%	0%	100
AmeriHealth-HCBS	50%	50%	0%	0%	274
AmeriHealth-NF	51%	49%	0%	0%	80
<b>Overall DE Average</b>	<b>51%</b>	<b>49%</b>	<b>0%</b>	<b>0%</b>	<b>734</b>
<b>Weighted NCI-AD Average</b>	<b>34%</b>	<b>65%</b>	<b>0%</b>	<b>0%</b>	<b>15,349</b>



**Table 4. Race and ethnicity**

*Categories are not mutually exclusive, therefore N is not shown.*

<b>Program</b>	<b>American Indian or Alaska Native</b>	<b>Asian</b>	<b>Black or African American</b>	<b>Pacific Islander</b>	<b>White</b>	<b>Hispanic or Latino</b>	<b>Other</b>	<b>Don't know or unclear</b>
Highmark-HCBS	0%	1%	17%	0%	20%	2%	1%	0%
Highmark-NF	0%	0%	6%	0%	11%	1%	0%	0%
AmeriHealth-HCBS	1%	1%	12%	0%	11%	2%	1%	0%
AmeriHealth-NF	0%	0%	3%	0%	10%	0%	0%	0%
<b>Overall DE Average</b>	<b>1%</b>	<b>3%</b>	<b>38%</b>	<b>1%</b>	<b>52%</b>	<b>5%</b>	<b>2%</b>	<b>0%</b>
<b>Weighted NCI-AD Average</b>	<b>2%</b>	<b>4%</b>	<b>24%</b>	<b>0%</b>	<b>65%</b>	<b>4%</b>	<b>1%</b>	<b>2%</b>

**Table 5. Marital status**

<b>Program</b>	<b>Single, never married</b>	<b>Married or in domestic partnership</b>	<b>Separated or divorced</b>	<b>Widowed</b>	<b>Don't know or unclear</b>	<b>N</b>
Highmark-HCBS	48%	15%	20%	17%	0%	240
Highmark-NF	15%	14%	22%	44%	6%	96
AmeriHealth-HCBS	46%	17%	17%	21%	0%	232
AmeriHealth-NF	13%	18%	27%	39%	3%	77
<b>Overall DE Average</b>	<b>36%</b>	<b>16%</b>	<b>20%</b>	<b>26%</b>	<b>2%</b>	<b>645</b>
<b>Weighted NCI-AD Average</b>	<b>27%</b>	<b>17%</b>	<b>28%</b>	<b>25%</b>	<b>4%</b>	<b>14,363</b>

**Table 6. Preferred language**

<b>Program</b>	<b>English</b>	<b>Spanish</b>	<b>Other</b>	<b>Don't know or unclear</b>	<b>N</b>
Highmark-HCBS	99%	1%	0%	0%	280
Highmark-NF	98%	2%	0%	0%	100
AmeriHealth-HCBS	97%	3%	0%	0%	274
AmeriHealth-NF	100%	0%	0%	0%	80
<b>Overall DE Average</b>	<b>98%</b>	<b>2%</b>	<b>0%</b>	<b>0%</b>	<b>734</b>
<b>Weighted NCI-AD Average</b>	<b>90%</b>	<b>2%</b>	<b>5%</b>	<b>2%</b>	<b>15,005</b>

**Table 7. Preferred means of communication**

*New Question in 2022-23*

<b>Program</b>	<b>Spoken</b>	<b>Gestures or body language</b>	<b>Sign language or finger spelling</b>	<b>Communication aid or device</b>	<b>Other</b>	<b>Don't Know</b>	<b>N</b>
Highmark-HCBS	100%	0%	0%	0%	0%	0%	280
Highmark-NF	100%	0%	0%	0%	0%	0%	100
AmeriHealth-HCBS	100%	0%	0%	0%	0%	0%	274
AmeriHealth-NF	100%	0%	0%	0%	0%	0%	80
<b>Overall DE Average</b>	<b>100%</b>	<b>0%</b>	<b>0%</b>	<b>0%</b>	<b>0%</b>	<b>0%</b>	<b>734</b>
<b>Weighted NCI-AD Average</b>	<b>95%</b>	<b>2%</b>	<b>0%</b>	<b>0%</b>	<b>1%</b>	<b>2%</b>	<b>14,370</b>

**Table 8. Residential designation**

*Categories created using zip codes and corresponding RUCA codes.*

<b>Program</b>	<b>Metropolitan</b>	<b>Micropolitan</b>	<b>Rural</b>	<b>Small town</b>	<b>Don't Know</b>	<b>N</b>
Highmark-HCBS	80%	15%	0%	5%	0%	280
Highmark-NF	83%	9%	0%	8%	0%	100
AmeriHealth-HCBS	85%	13%	0%	2%	0%	274
AmeriHealth-NF	85%	14%	0%	1%	0%	80
<b>Overall DE Average</b>	<b>83%</b>	<b>13%</b>	<b>0%</b>	<b>4%</b>	<b>0%</b>	<b>734</b>
<b>Weighted NCI-AD Average</b>	<b>72%</b>	<b>14%</b>	<b>5%</b>	<b>9%</b>	<b>1%</b>	<b>14,726</b>

**Table 9. Median area income (based on zip code)**

<b>Program</b>	<b>\$0- \$9,999</b>	<b>\$10,000- \$19,999</b>	<b>\$20,000- \$29,999</b>	<b>\$30,000- \$39,999</b>	<b>\$40,000- \$49,999</b>	<b>\$50,000- \$59,999</b>	<b>\$60,000- \$69,999</b>	<b>\$70,000- \$79,999</b>	<b>\$80,000- \$89,999</b>	<b>\$90,000- \$99,999</b>	<b>\$100,000 and over</b>	<b>N</b>
Highmark-HCBS	0%	0%	0%	4%	6%	28%	41%	2%	13%	5%	1%	280
Highmark-NF	0%	0%	0%	0%	0%	25%	33%	0%	20%	6%	16%	100
AmeriHealth-HCBS	0%	0%	0%	6%	9%	21%	36%	3%	18%	6%	1%	274
AmeriHealth-NF	0%	0%	0%	0%	0%	19%	33%	6%	15%	19%	9%	80
<b>Overall DE Average</b>	<b>0%</b>	<b>0%</b>	<b>0%</b>	<b>3%</b>	<b>5%</b>	<b>24%</b>	<b>37%</b>	<b>2%</b>	<b>16%</b>	<b>7%</b>	<b>5%</b>	<b>734</b>
<b>Weighted NCI- AD Average</b>	<b>1%</b>	<b>0%</b>	<b>1%</b>	<b>9%</b>	<b>25%</b>	<b>29%</b>	<b>15%</b>	<b>9%</b>	<b>6%</b>	<b>3%</b>	<b>3%</b>	<b>14,656</b>

Table 10. Type of Residence

Program	Own or family house or apartment	Senior living apartment or complex	Group home, adult family home, foster home, host home	Assisted living facility, residential care facility	Nursing facility, nursing home	Homeless or temporary shelter	Other	Don't know or unclear	N
Highmark-HCBS	78%	6%	4%	5%	5%	1%	1%	0%	241
Highmark-NF	0%	0%	0%	0%	100%	0%	0%	0%	100
AmeriHealth-HCBS	80%	9%	2%	4%	4%	0%	0%	0%	233
AmeriHealth-NF	0%	0%	0%	0%	100%	0%	0%	0%	80
<b>Overall DE Average</b>	<b>52%</b>	<b>5%</b>	<b>2%</b>	<b>3%</b>	<b>37%</b>	<b>0%</b>	<b>0%</b>	<b>0%</b>	<b>654</b>
<b>Weighted NCI-AD Average</b>	<b>73%</b>	<b>6%</b>	<b>2%</b>	<b>8%</b>	<b>10%</b>	<b>0%</b>	<b>1%</b>	<b>1%</b>	<b>14,995</b>

**Table 11. Who the person lives with**

*Categories are not mutually exclusive, therefore N is not shown.*

<b>Program</b>	<b>No One – Lives Alone</b>	<b>Spouse or Partner</b>	<b>Other Family</b>	<b>Friend(s)</b>	<b>Live-in PCA</b>	<b>Others</b>	<b>Don't Know or unclear</b>
Highmark-HCBS	13%	6%	18%	1%	1%	4%	0%
Highmark-NF	0%	0%	0%	0%	0%	19%	0%
AmeriHealth-HCBS	8%	4%	12%	0%	1%	2%	0%
AmeriHealth-NF	0%	0%	0%	0%	0%	15%	0%
<b>Overall DE Average</b>	<b>21%</b>	<b>10%</b>	<b>30%</b>	<b>1%</b>	<b>2%</b>	<b>40%</b>	<b>0%</b>
<b>Weighted NCI-AD Average</b>	<b>48%</b>	<b>14%</b>	<b>24%</b>	<b>1%</b>	<b>2%</b>	<b>10%</b>	<b>4%</b>



**Table 12. Address changed in the past 6 months**

<b>Program</b>	<b>Yes</b>	<b>No</b>	<b>Don't Know or Unclear</b>	<b>N</b>
Highmark-HCBS	3%	97%	0%	241
Highmark-NF	0%	100%	0%	100
AmeriHealth-HCBS	3%	97%	0%	234
AmeriHealth-NF	0%	100%	0%	80
<b>Overall DE Average</b>	<b>2%</b>	<b>98%</b>	<b>0%</b>	<b>655</b>
<b>Weighted NCI-AD Average</b>	<b>5%</b>	<b>91%</b>	<b>3%</b>	<b>13,850</b>

Table 13. Where people moved from (if moved in the last 6 months)

Program	Own or family house or apartment	Senior living apartment or complex	Group home, adult family home, foster home, host home	Assisted living facility, residential care facility	Nursing facility, nursing home	Homeless or temporary shelter	Other	Don't know or unclear	N
Weighted NCI-AD Average	58%	4%	3%	7%	10%	2%	10%	7%	701

**Table 14A. Diagnoses**

*Categories are not mutually exclusive; therefore, N is not shown.*

Program	Physical Disability	Traumatic brain injury or other acquired brain injury	Intellectual or other developmental disability	Alzheimer's disease or other dementia	Heart Disease	Cancer
Highmark-HCBS	28%	6%	7%	6%	12%	3%
Highmark-NF	13%	1%	1%	6%	8%	2%
AmeriHealth-HCBS	17%	4%	4%	3%	8%	2%
AmeriHealth-NF	7%	1%	0%	5%	6%	2%
<b>Overall DE Average</b>	<b>65%</b>	<b>12%</b>	<b>11%</b>	<b>20%</b>	<b>34%</b>	<b>8%</b>
<b>Weighted NCI-AD Average</b>	<b>63%</b>	<b>11%</b>	<b>6%</b>	<b>14%</b>	<b>36%</b>	<b>13%</b>

**Table 14B. Diagnoses (continued)**

*Categories are not mutually exclusive; therefore, N is not shown.*

*Limited or no vision and hearing loss were newly added in 2022-23.*

Program	Chronic Obstructive pulmonary disease (COPD)	Stroke	Diabetes	Hypertension (or high blood pressure)	Limited or no vision- legally blind	Hearing loss- severe or profound
Highmark-HCBS	6%	7%	12%	25%	7%	6%
Highmark-NF	3%	7%	7%	15%	2%	3%
AmeriHealth-HCBS	3%	5%	10%	15%	3%	3%
AmeriHealth-NF	2%	4%	5%	11%	2%	4%
<b>Overall DE Average</b>	<b>14%</b>	<b>22%</b>	<b>34%</b>	<b>66%</b>	<b>14%</b>	<b>16%</b>
<b>Weighted NCI-AD Average</b>	<b>24%</b>	<b>18%</b>	<b>38%</b>	<b>60%</b>	<b>15%</b>	<b>11%</b>

**Table 15. Person has chronic psychiatric or mental health diagnosis**

<b>Program</b>	<b>Yes</b>	<b>No</b>	<b>Don't Know or Unclear</b>	<b>N</b>
Highmark-HCBS	31%	67%	2%	235
Highmark-NF	21%	77%	2%	96
AmeriHealth-HCBS	16%	82%	2%	230
AmeriHealth-NF	18%	81%	1%	78
<b>Overall DE Average</b>	<b>23%</b>	<b>75%</b>	<b>2%</b>	<b>639</b>
<b>Weighted NCI-AD Average</b>	<b>36%</b>	<b>62%</b>	<b>2%</b>	<b>13,515</b>

**Table 16. Level of Mobility**

*Categories are not mutually exclusive (except 'Don't know or unclear').*

<b>Program</b>	<b>Non-Ambulatory</b>	<b>Moves self with wheelchair</b>	<b>Moves self with other aids</b>	<b>Moves self without aids</b>	<b>Don't Know or unclear</b>
Highmark-HCBS	6%	8%	21%	12%	0%
Highmark-NF	7%	9%	6%	3%	0%
AmeriHealth-HCBS	4%	7%	12%	7%	0%
AmeriHealth-NF	4%	8%	3%	3%	0%
<b>Overall DE Average</b>	<b>20%</b>	<b>31%</b>	<b>43%</b>	<b>24%</b>	<b>0%</b>
<b>Weighted NCI-AD Average</b>	<b>8%</b>	<b>22%</b>	<b>58%</b>	<b>24%</b>	<b>4%</b>

**Table 17. Has history of frequent falls (more than two falls in a six-month period)**

<b>Program</b>	<b>Yes</b>	<b>No</b>	<b>Don't Know or Unclear</b>	<b>N</b>
Highmark-HCBS	28%	72%	0%	236
Highmark-NF	34%	65%	1%	95
AmeriHealth-HCBS	26%	74%	0%	230
AmeriHealth-NF	32%	68%	0%	78
<b>Overall DE Average</b>	<b>29%</b>	<b>71%</b>	<b>0%</b>	<b>639</b>
<b>Weighted NCI-AD Average</b>	<b>29%</b>	<b>66%</b>	<b>5%</b>	<b>13,727</b>

**Table 18. Receives Medicare**

*information required to come from administrative records*

<b>Program</b>	<b>Yes</b>	<b>No</b>	<b>Don't Know or Unclear</b>	<b>N</b>
Highmark-HCBS	76%	24%	0%	280
Highmark-NF	92%	8%	0%	100
AmeriHealth-HCBS	79%	21%	0%	274
AmeriHealth-NF	93%	8%	0%	80
<b>Overall DE Average</b>	<b>82%</b>	<b>18%</b>	<b>0%</b>	<b>734</b>
<b>Weighted NCI-AD Average</b>	<b>76%</b>	<b>17%</b>	<b>7%</b>	<b>13,432</b>



**Table 19. Length of time receiving LTSS services in current program**

*information required to come from administrative records*

<b>Program</b>	<b>0 - 5 months</b>	<b>6 months – less than 1 year</b>	<b>1 year – less than 3 years</b>	<b>3 or more years</b>	<b>Don't know or unclear</b>	<b>N</b>
Highmark-HCBS	0%	0%	0%	100%	0%	280
Highmark-NF	0%	0%	6%	94%	0%	100
AmeriHealth-HCBS	1%	9%	47%	42%	0%	274
AmeriHealth-NF	23%	34%	28%	16%	0%	80
<b>Overall DE Average</b>	<b>3%</b>	<b>7%</b>	<b>17%</b>	<b>72%</b>	<b>0%</b>	<b>734</b>
<b>Weighted NCI-AD Average</b>	<b>2%</b>	<b>6%</b>	<b>35%</b>	<b>37%</b>	<b>20%</b>	<b>13,937</b>

**Table 20. Person has legal guardian**

*information required to come from administrative records*

<b>Program</b>	<b>Yes</b>	<b>No</b>	<b>Don't Know or Unclear</b>	<b>N</b>
Highmark-HCBS	2%	98%	0%	280
Highmark-NF	3%	97%	0%	100
AmeriHealth-HCBS	3%	97%	0%	274
AmeriHealth-NF	3%	98%	0%	80
<b>Overall DE Average</b>	<b>2%</b>	<b>98%</b>	<b>0%</b>	<b>734</b>
<b>Weighted NCI-AD Average</b>	<b>6%</b>	<b>68%</b>	<b>26%</b>	<b>12,761</b>

**Table 21. Amount of paid supports received**

*Newly added question in 2022-23. Information required to come from administrative records.*

<b>Program</b>	<b>24-hour support or supervision</b>	<b>Daily support (for a limited number of hours per day, not round-the-clock)</b>	<b>Scheduled, less frequent than daily support</b>	<b>As-needed visitation and phone contact</b>	<b>None of the above</b>	<b>Don't know</b>	<b>N</b>
Highmark-HCBS	11%	2%	84%	3%	0%	0%	280
Highmark-NF	0%	0%	4%	96%	0%	0%	100
AmeriHealth-HCBS	4%	56%	0%	40%	0%	0%	274
AmeriHealth-NF	99%	0%	0%	1%	0%	0%	80
<b>Overall DE Average</b>	<b>19%</b>	<b>16%</b>	<b>36%</b>	<b>29%</b>	<b>0%</b>	<b>0%</b>	<b>734</b>
<b>Weighted NCI-AD Average</b>	<b>15%</b>	<b>15%</b>	<b>30%</b>	<b>2%</b>	<b>8%</b>	<b>30%</b>	<b>11,979</b>

**Table 22. Person has remote supports**

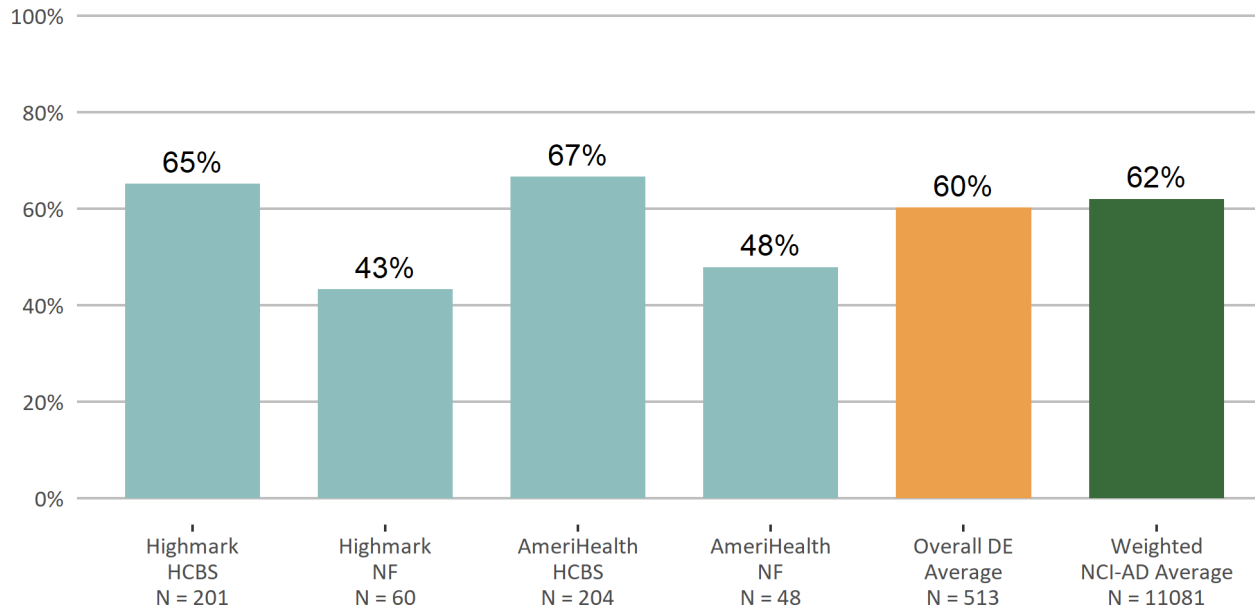
*Newly added question in 2022-23. Information required to come from administrative records.*

<b>Program</b>	<b>Yes, 24-hour remote supports</b>	<b>Yes, less than 24-hour remote supports</b>	<b>No, none</b>	<b>Don't know</b>	<b>N</b>
Highmark-HCBS	6%	0%	94%	0%	280
Highmark-NF	0%	0%	100%	0%	100
AmeriHealth-HCBS	83%	0%	17%	0%	274
AmeriHealth-NF	14%	0%	86%	0%	80
<b>Overall DE Average</b>	<b>26%</b>	<b>0%</b>	<b>74%</b>	<b>0%</b>	<b>734</b>
<b>Weighted NCI-AD Average</b>	<b>8%</b>	<b>1%</b>	<b>58%</b>	<b>33%</b>	<b>12,242</b>

## Outcome Tables

## *Community Participation*

Gets to do things outside of their home as much as they want to

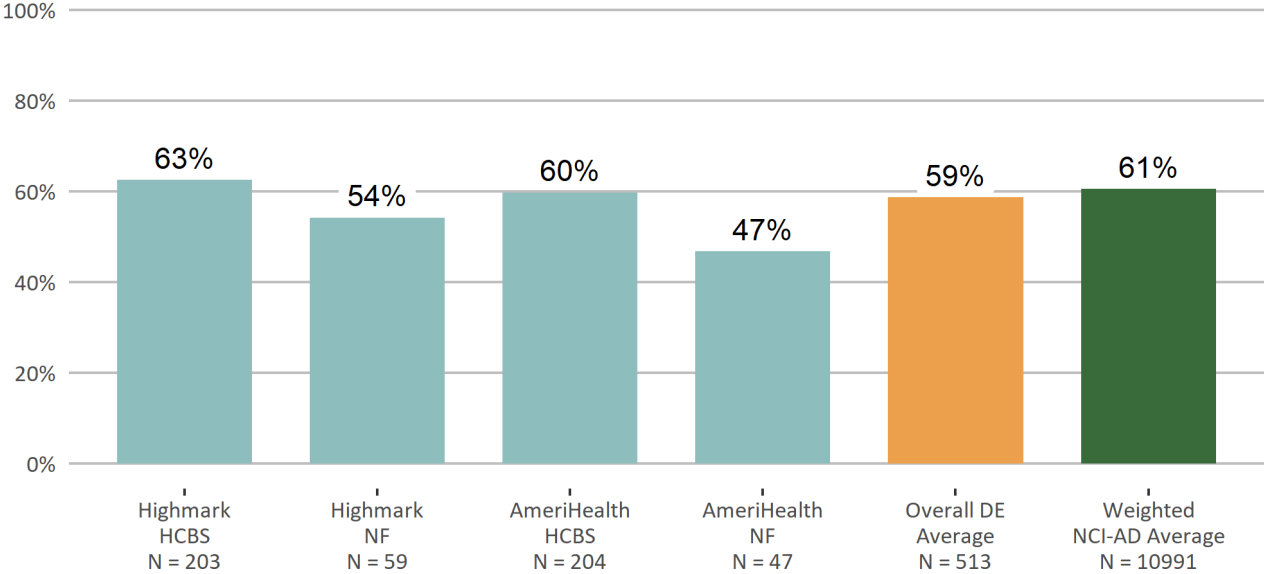


**Table 23. Gets to do things outside of their home as much as they want to**

<b>Program</b>	<b>Yes</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	65%	35%	201
Highmark-NF	43%	57%	60
AmeriHealth-HCBS	67%	33%	204
AmeriHealth-NF	48%	52%	48
<b>Overall DE Average</b>	<b>60%</b>	<b>40%</b>	<b>513</b>
<b>Weighted NCI-AD Average</b>	<b>62%</b>	<b>38%</b>	<b>11,081</b>



Takes part in activities with others as much as they want to (in-person or virtually)

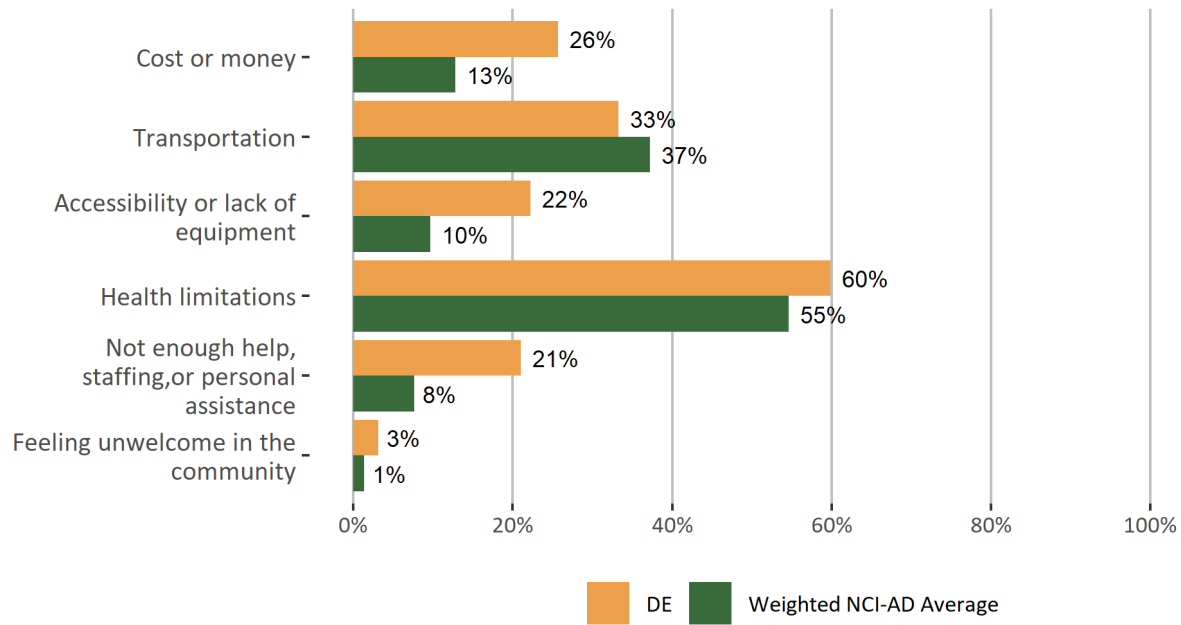


Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
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**Table 24. Takes part in activities with others as much as they want to (in-person or virtually)**

<b>Program</b>	<b>Yes</b>	<b>Maybe</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	63%	18%	19%	203
Highmark-NF	54%	10%	36%	59
AmeriHealth-HCBS	60%	18%	22%	204
AmeriHealth-NF	47%	9%	45%	47
<b>Overall DE Average</b>	<b>59%</b>	<b>16%</b>	<b>25%</b>	<b>513</b>
<b>Weighted NCI-AD Average</b>	<b>61%</b>	<b>12%</b>	<b>27%</b>	<b>10,991</b>

### Reasons cannot always take part in activities with others as much as they want to in-person or virtually



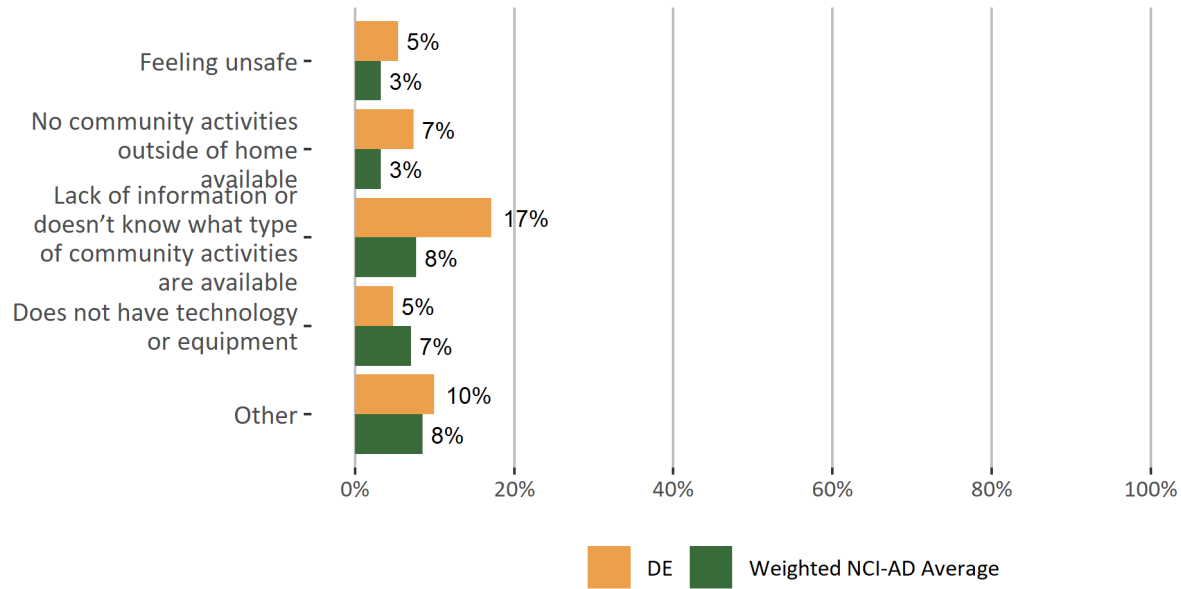
**Table 25A. Reasons cannot always take part in activities with others as much as they want to in-person or virtually**

*Categories are not mutually exclusive, therefore N is not shown.*

<b>Program</b>	<b>Cost or money</b>	<b>Transportation</b>	<b>Accessibility or lack of equipment</b>	<b>Health limitations</b>	<b>Not enough help, staffing, or personal assistance</b>	<b>Feeling unwelcome in the community</b>
Highmark-HCBS	15%	18%	12%	27%	11%	1%
Highmark-NF	1%	3%	2%	9%	3%	1%
AmeriHealth-HCBS	8%	9%	7%	16%	6%	1%
AmeriHealth-NF	2%	3%	1%	9%	1%	0%
<b>Overall DE Average</b>	<b>26%</b>	<b>33%</b>	<b>22%</b>	<b>60%</b>	<b>21%</b>	<b>3%</b>
<b>Weighted NCI-AD Average</b>	<b>13%</b>	<b>37%</b>	<b>10%</b>	<b>55%</b>	<b>8%</b>	<b>1%</b>

Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
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Reasons cannot always take part in activities with others as much as they want to in-person or virtually (continued)



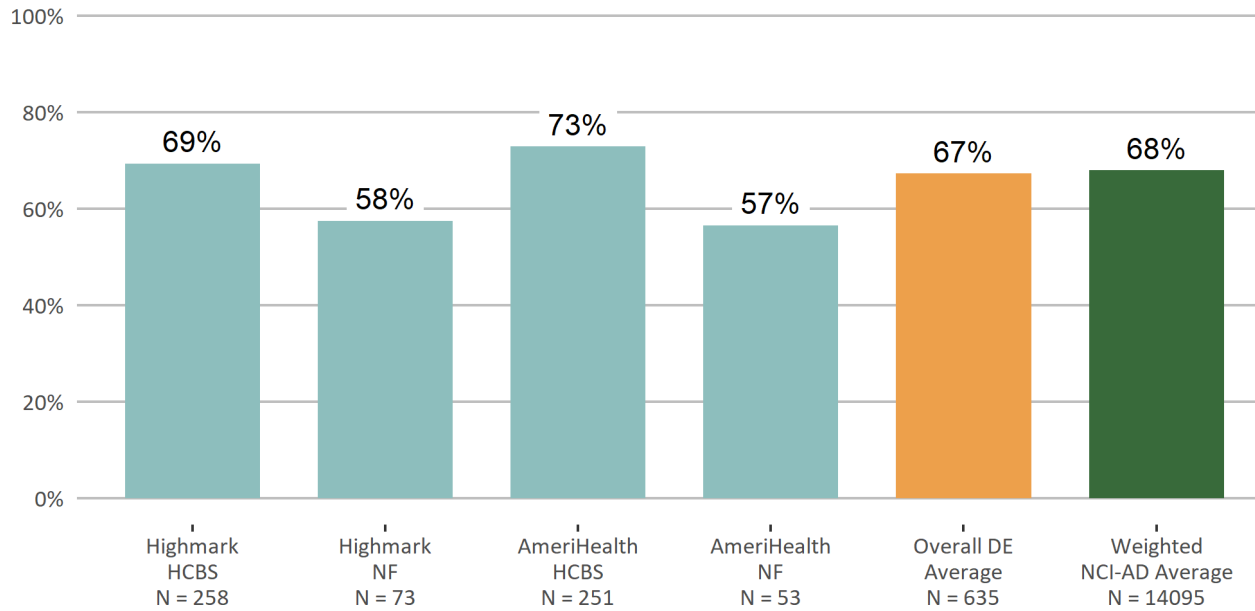
**Table 25B. Reasons cannot always take part in activities with others as much as they want to in-person or virtually (continued)**

*Categories are not mutually exclusive, therefore N is not shown.*

<b>Program</b>	<b>Feeling unsafe</b>	<b>No community activities outside of home available</b>	<b>Lack of information or doesn't know what type of community activities are available</b>	<b>Does not have technology or equipment</b>	<b>Other</b>
Highmark-HCBS	3%	4%	10%	2%	3%
Highmark-NF	1%	1%	2%	1%	4%
AmeriHealth-HCBS	2%	2%	5%	1%	2%
AmeriHealth-NF	0%	0%	1%	1%	1%
<b>Overall DE Average</b>	<b>5%</b>	<b>7%</b>	<b>17%</b>	<b>5%</b>	<b>10%</b>
<b>Weighted NCI-AD Average</b>	<b>3%</b>	<b>3%</b>	<b>8%</b>	<b>7%</b>	<b>8%</b>

## *Access to the Community*

Has transportation to do the things  
they want outside of home



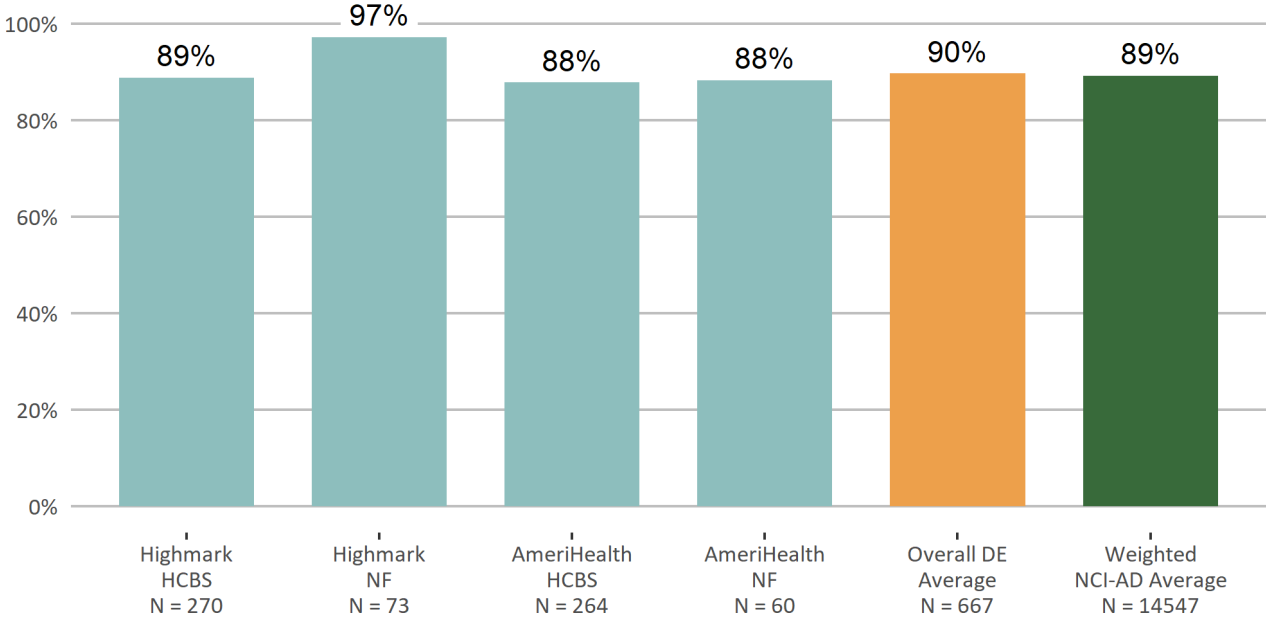


**Table 26. Has transportation to do the things they want outside of home**

*Proxy respondents were allowed for this question*

<b>Program</b>	<b>Yes</b>	<b>Maybe</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	69%	21%	9%	258
Highmark-NF	58%	22%	21%	73
AmeriHealth-HCBS	73%	14%	13%	251
AmeriHealth-NF	57%	25%	19%	53
<b>Overall DE Average</b>	<b>67%</b>	<b>20%</b>	<b>13%</b>	<b>635</b>
<b>Weighted NCI-AD Average</b>	<b>68%</b>	<b>16%</b>	<b>16%</b>	<b>14,095</b>

### Has transportation to get to medical appointments



Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 50

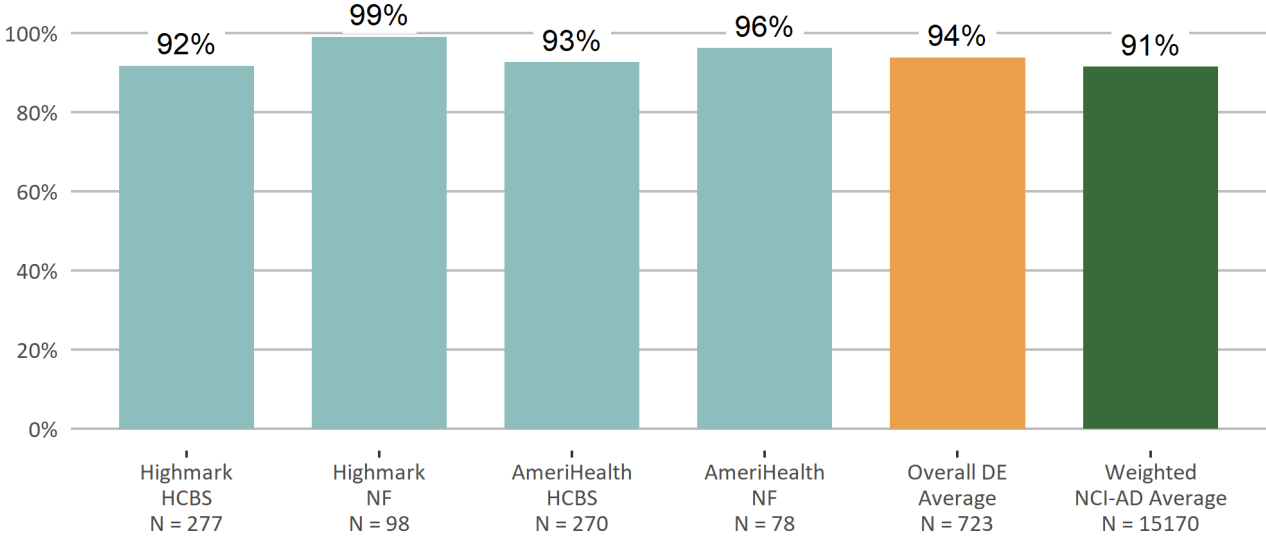
**Table 27. Has transportation to get to medical appointments**

*Proxy respondents were allowed for this question*

<b>Program</b>	<b>Yes</b>	<b>Maybe</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	89%	9%	2%	270
Highmark-NF	97%	3%	0%	73
AmeriHealth-HCBS	88%	8%	4%	264
AmeriHealth-NF	88%	8%	3%	60
<b>Overall DE Average</b>	<b>90%</b>	<b>8%</b>	<b>2%</b>	<b>667</b>
<b>Weighted NCI-AD Average</b>	<b>89%</b>	<b>8%</b>	<b>3%</b>	<b>14,547</b>

## *Everyday Living*

Needs at least some assistance with everyday activities (such as preparing meals, housework, shopping or taking their medications)



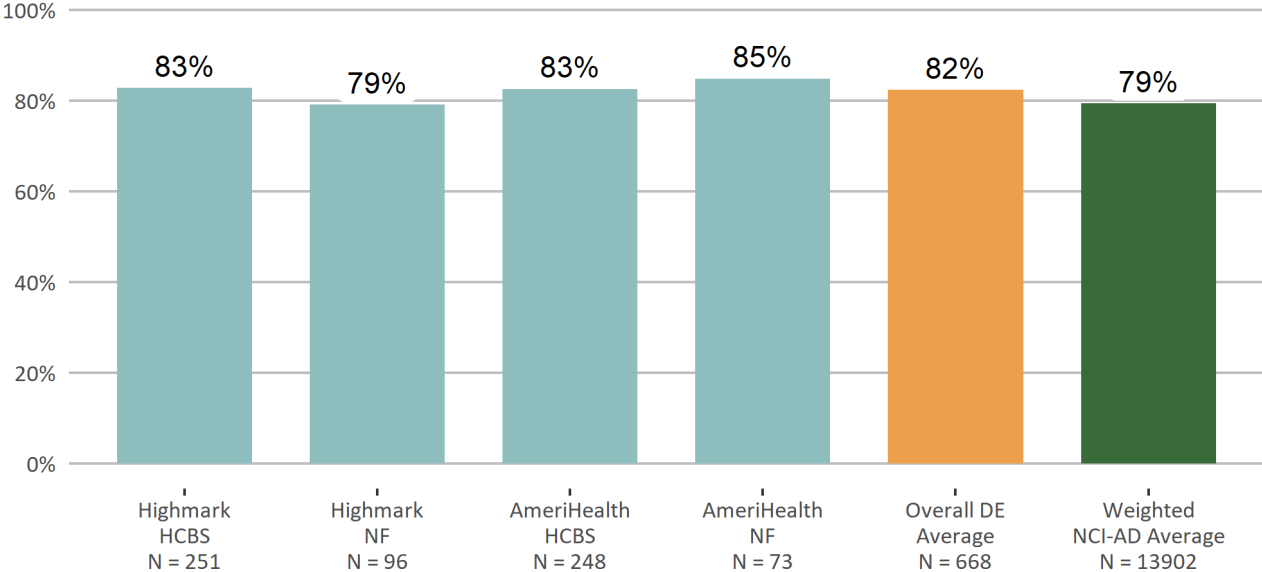
Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 53

**Table 28. Needs assistance with everyday activities (such as preparing meals, housework, shopping or taking their medications)**

*Proxy respondents were allowed for this question*

<b>Program</b>	<b>A Lot</b>	<b>Some</b>	<b>None</b>	<b>N</b>
Highmark-HCBS	53%	38%	8%	277
Highmark-NF	68%	31%	1%	98
AmeriHealth-HCBS	55%	37%	7%	270
AmeriHealth-NF	69%	27%	4%	78
<b>Overall DE Average</b>	<b>59%</b>	<b>35%</b>	<b>6%</b>	<b>723</b>
<b>Weighted NCI-AD Average</b>	<b>53%</b>	<b>38%</b>	<b>9%</b>	<b>15,170</b>

Always gets enough support for everyday activities (if needs at least some assistance)



Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 55

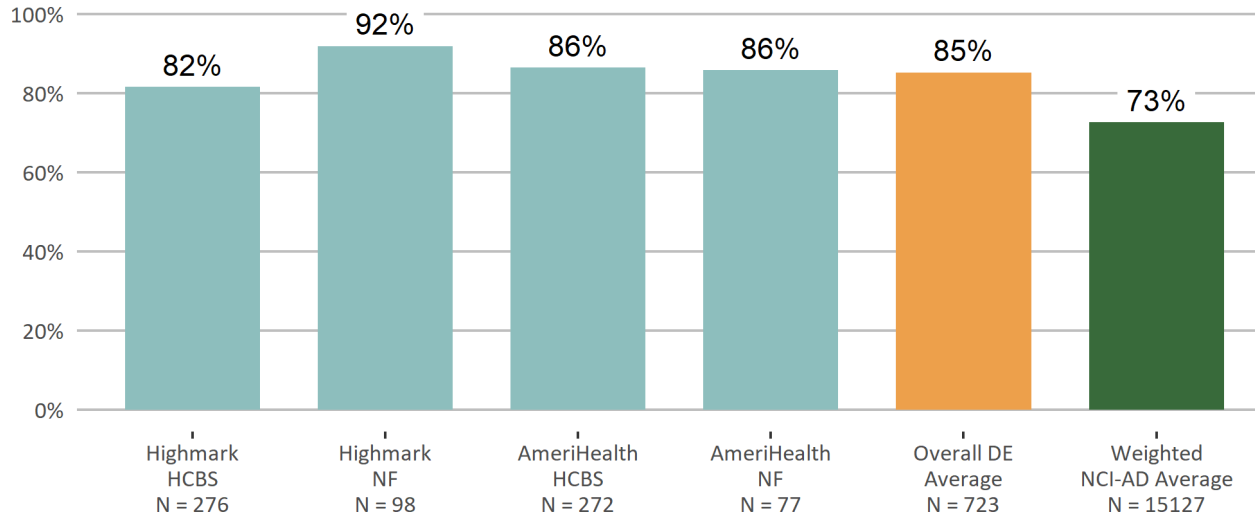
**Table 29. Always gets enough support for everyday activities (if needs at least some assistance)**

*Proxy respondents were allowed for this question*

<b>Program</b>	<b>Yes</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	83%	17%	251
Highmark-NF	79%	21%	96
AmeriHealth-HCBS	83%	17%	248
AmeriHealth-NF	85%	15%	73
<b>Overall DE Average</b>	<b>82%</b>	<b>18%</b>	<b>668</b>
<b>Weighted NCI-AD Average</b>	<b>79%</b>	<b>21%</b>	<b>13,902</b>



Needs at least some assistance with self-care (such as bathing, dressing, going to the bathroom, eating, or moving around their home)

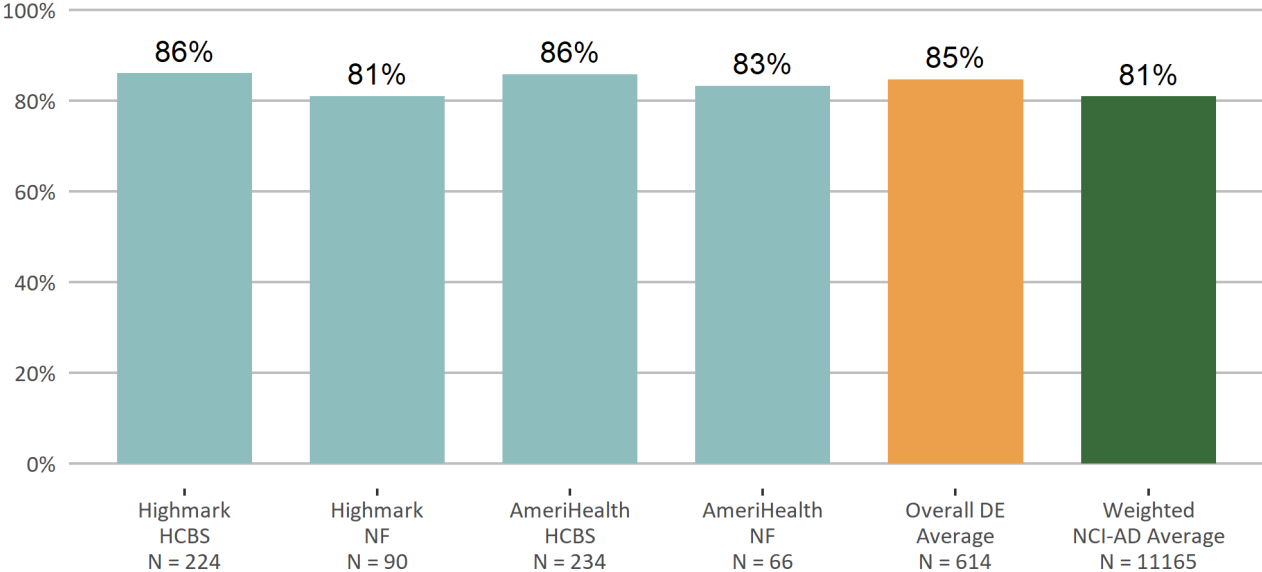


**Table 30. Needs assistance with self-care (such as bathing, dressing, going to the bathroom, eating, or moving around their home)**

*Proxy respondents were allowed for this question*

<b>Program</b>	<b>A Lot</b>	<b>Some</b>	<b>None</b>	<b>N</b>
Highmark-HCBS	41%	41%	18%	276
Highmark-NF	61%	31%	8%	98
AmeriHealth-HCBS	38%	49%	14%	272
AmeriHealth-NF	55%	31%	14%	77
<b>Overall DE Average</b>	<b>45%</b>	<b>40%</b>	<b>15%</b>	<b>723</b>
<b>Weighted NCI-AD Average</b>	<b>36%</b>	<b>36%</b>	<b>27%</b>	<b>15,127</b>

Always gets enough support for self-care (if needs at least some assistance)



Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
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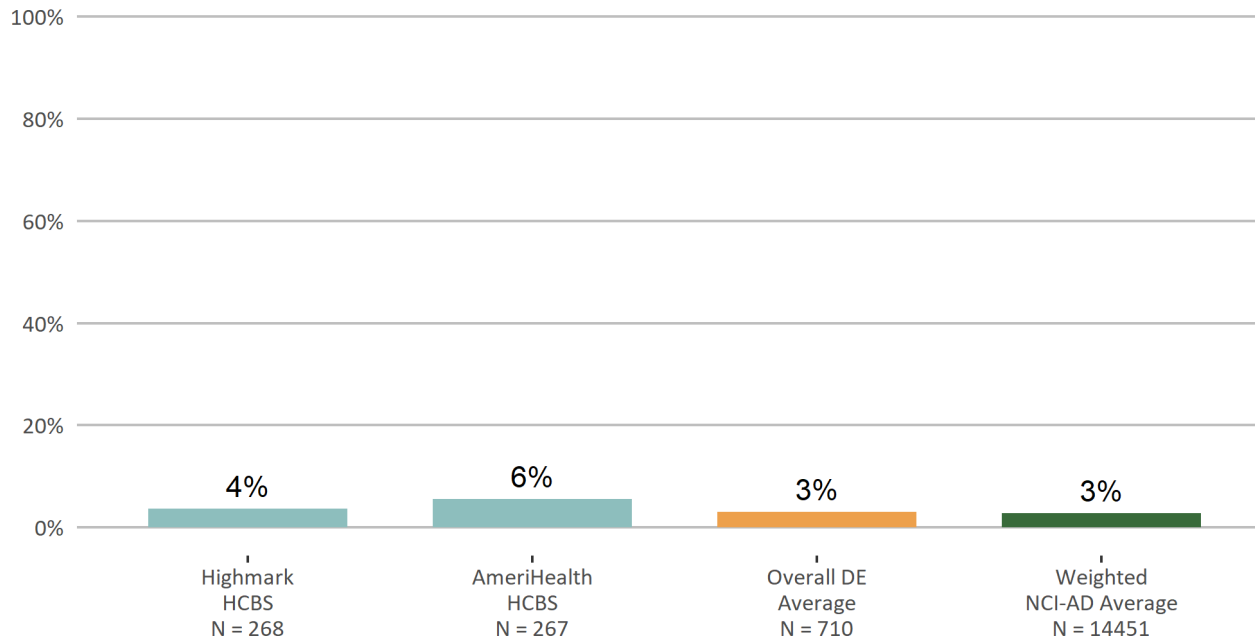
**Table 31. Always gets enough support for self-care (if needs at least some assistance)**

*Proxy respondents were allowed for this question*

<b>Program</b>	<b>Yes</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	86%	14%	224
Highmark-NF	81%	19%	90
AmeriHealth-HCBS	86%	14%	234
AmeriHealth-NF	83%	17%	66
<b>Overall DE Average</b>	<b>85%</b>	<b>15%</b>	<b>614</b>
<b>Weighted NCI-AD Average</b>	<b>81%</b>	<b>19%</b>	<b>11,165</b>

Work

### Has a paid job

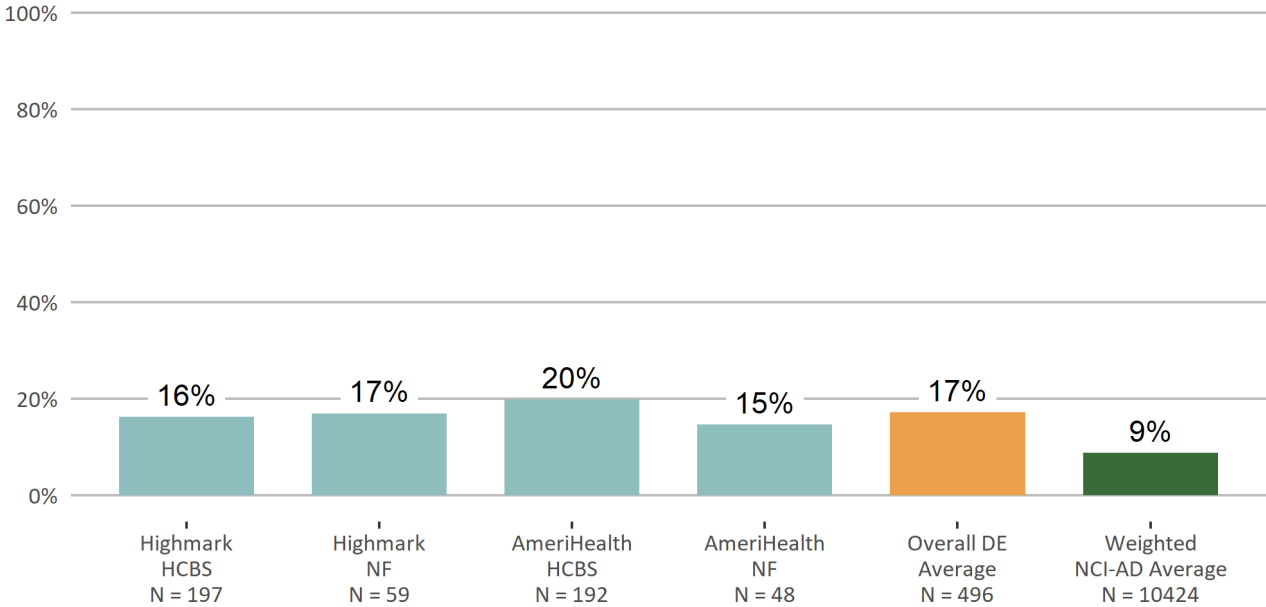


**Table 32. Has a paid job**

*Proxy respondents were allowed for this question*

<b>Program</b>	<b>Yes</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	4%	96%	268
Highmark-NF	0%	100%	98
AmeriHealth-HCBS	6%	94%	267
AmeriHealth-NF	0%	100%	77
<b>Overall DE Average</b>	<b>3%</b>	<b>97%</b>	<b>710</b>
<b>Weighted NCI-AD Average</b>	<b>3%</b>	<b>97%</b>	<b>14,451</b>

Wants a paid job (if they do not currently have one)



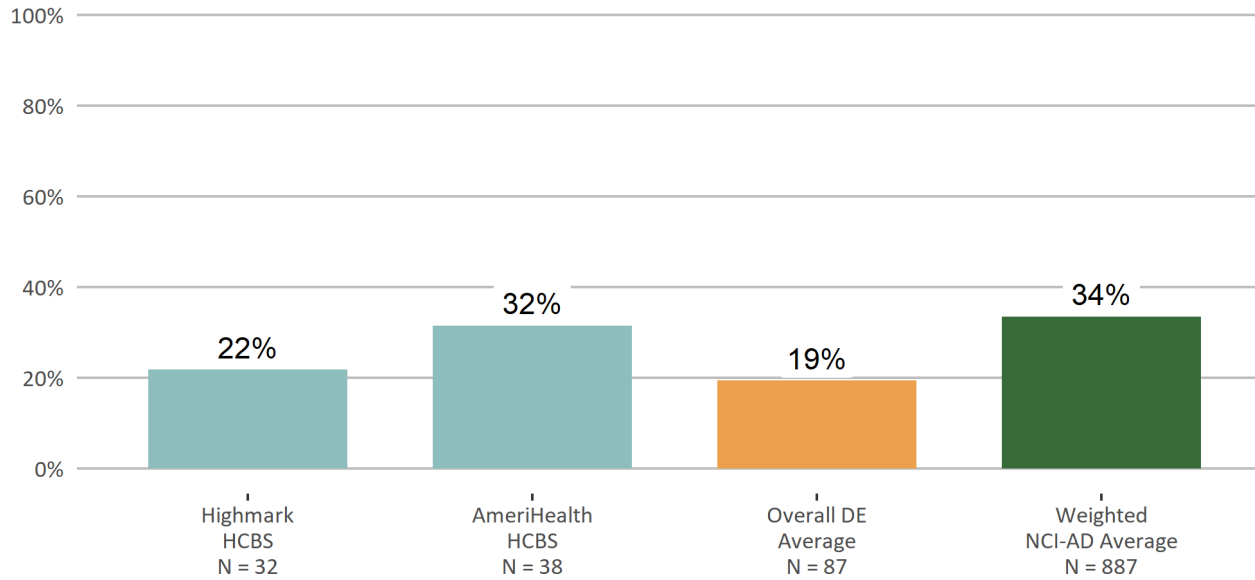
Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 64



**Table 33. Wants a paid job (if they do not currently have one)**

<b>Program</b>	<b>Yes</b>	<b>Maybe, not sure</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	16%	13%	71%	197
Highmark-NF	17%	10%	73%	59
AmeriHealth-HCBS	20%	7%	73%	192
AmeriHealth-NF	15%	2%	83%	48
<b>Overall DE Average</b>	<b>17%</b>	<b>10%</b>	<b>73%</b>	<b>496</b>
<b>Weighted NCI-AD Average</b>	<b>9%</b>	<b>5%</b>	<b>87%</b>	<b>10,424</b>

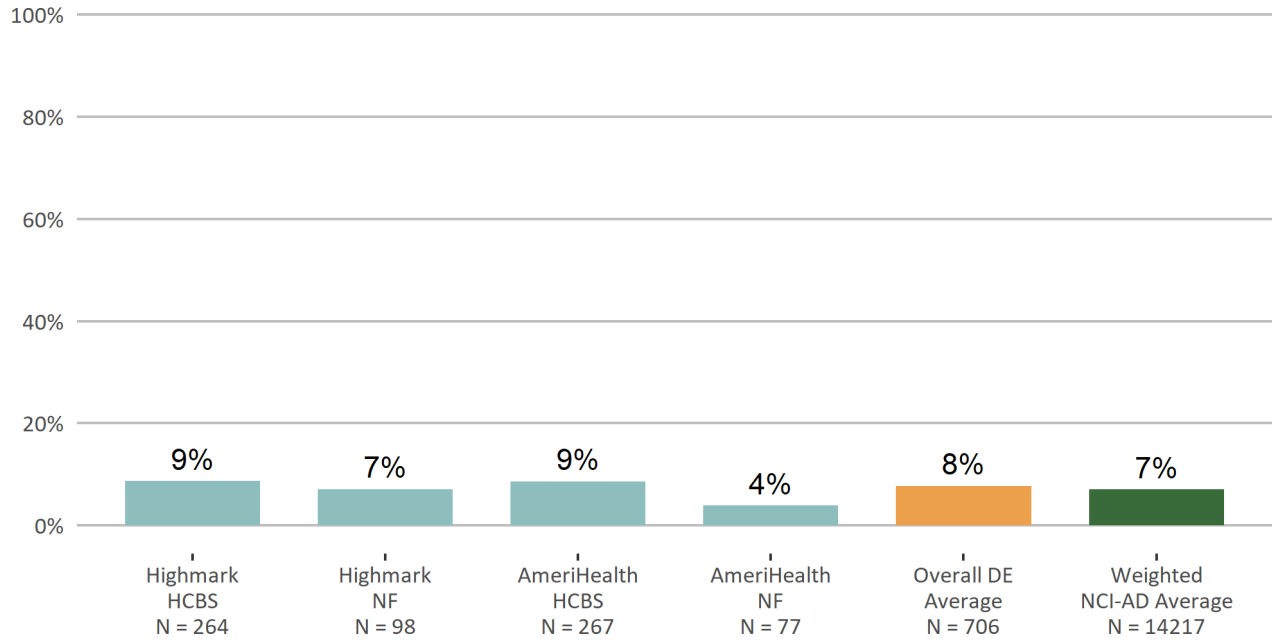
Someone talked with them about job options (if they do not currently have a job but want one)



**Table 34. Someone talked with them about job options (if they do not currently have a job but want one)**

<b>Program</b>	<b>Yes</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	22%	78%	32
AmeriHealth-HCBS	32%	68%	38
<b>Overall DE Average</b>	<b>19%</b>	<b>81%</b>	<b>87</b>
<b>Weighted NCI-AD Average</b>	<b>34%</b>	<b>66%</b>	<b>887</b>

### Person Volunteers



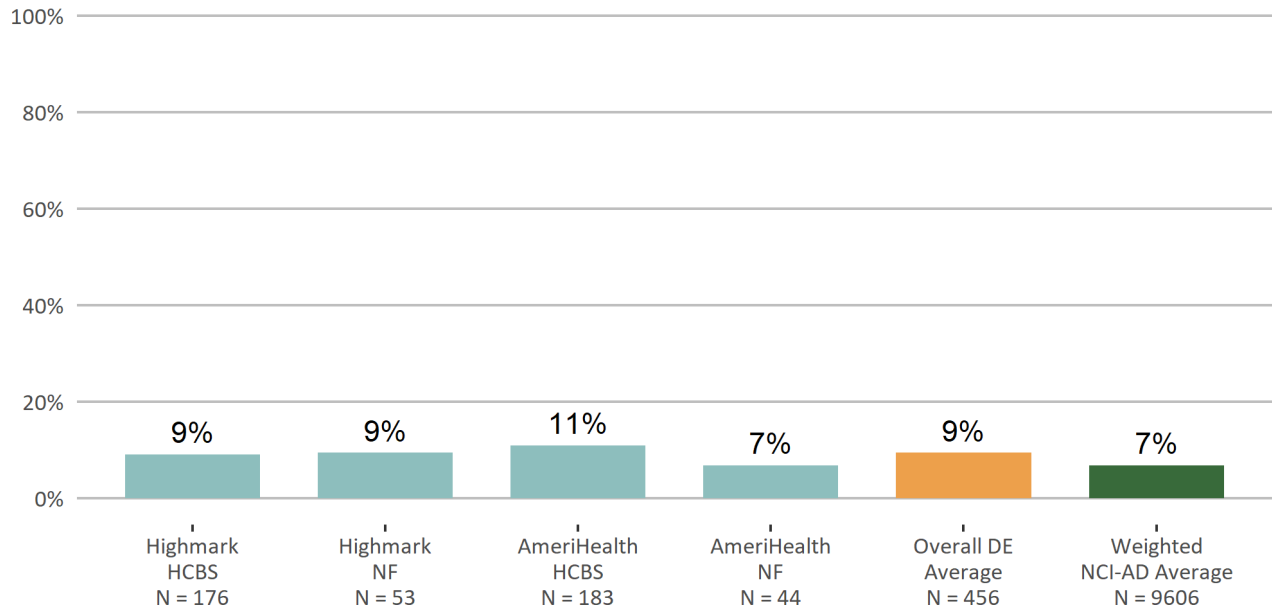
Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 68

**Table 35. Person volunteers**

*Proxy respondents were allowed for this question*

<b>Program</b>	<b>Yes</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	9%	91%	264
Highmark-NF	7%	93%	98
AmeriHealth-HCBS	9%	91%	267
AmeriHealth-NF	4%	96%	77
<b>Overall DE Average</b>	<b>8%</b>	<b>92%</b>	<b>706</b>
<b>Weighted NCI-AD Average</b>	<b>7%</b>	<b>93%</b>	<b>14,217</b>

Wants to volunteer (if they do not currently)



Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 70

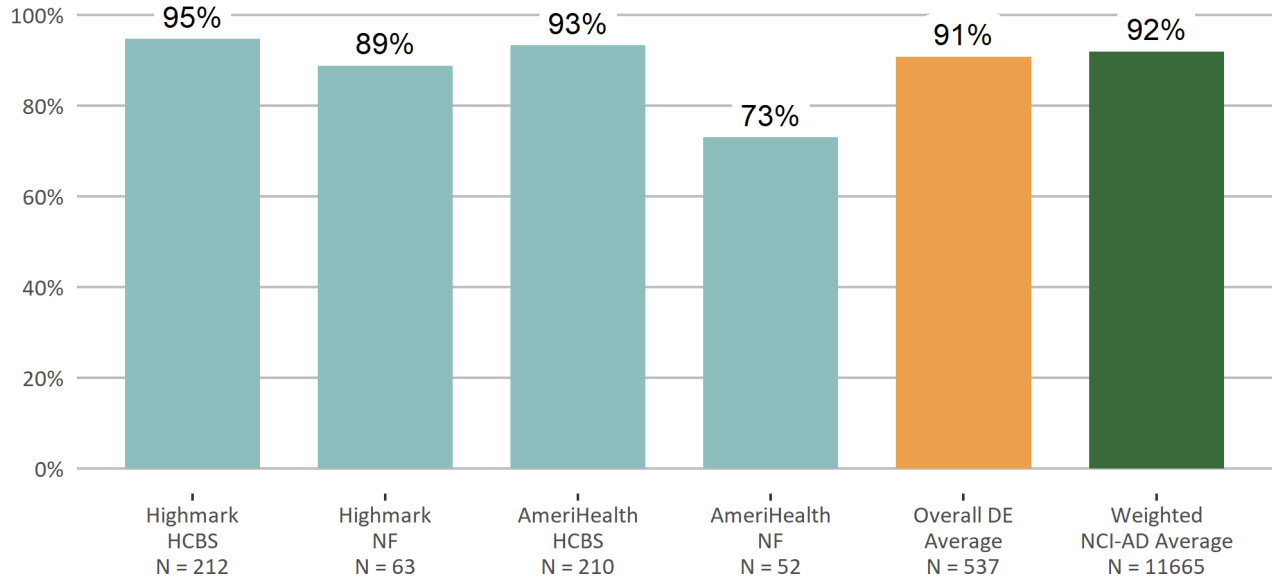
**Table 36. Wants to volunteer (if they do not currently)**

<b>Program</b>	<b>Yes</b>	<b>Maybe, not sure</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	9%	15%	76%	176
Highmark-NF	9%	17%	74%	53
AmeriHealth-HCBS	11%	10%	79%	183
AmeriHealth-NF	7%	16%	77%	44
<b>Overall DE Average</b>	<b>9%</b>	<b>14%</b>	<b>77%</b>	<b>456</b>
<b>Weighted NCI-AD Average</b>	<b>7%</b>	<b>9%</b>	<b>85%</b>	<b>9,606</b>

## *Relationships*



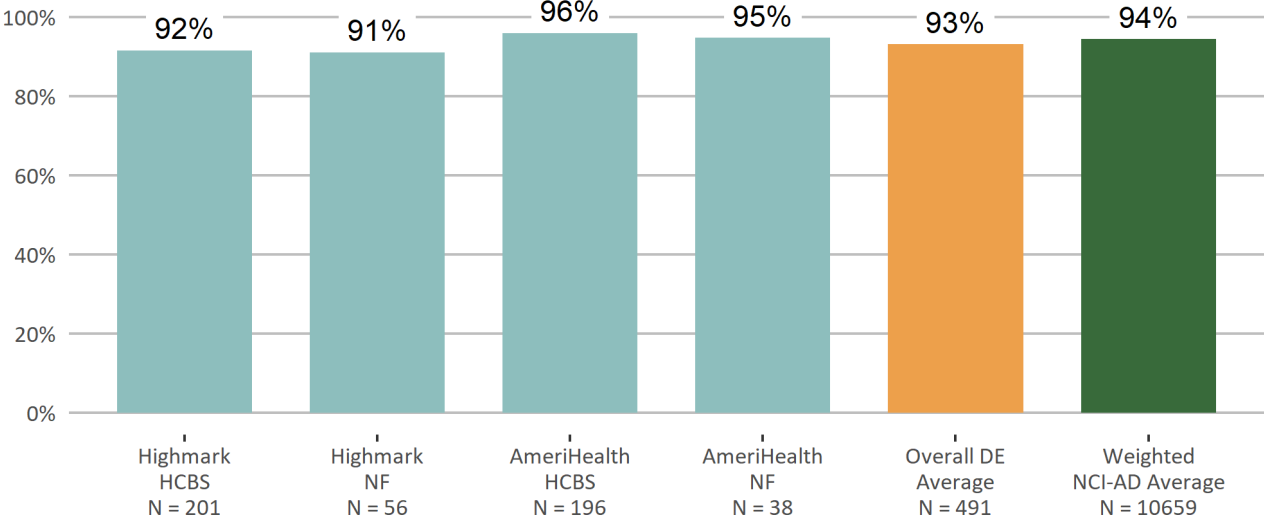
Has friends or family they do not live with who are a part of their life



**Table 37. Has friends or family they do not live with who are a part of their life**

<b>Program</b>	<b>Yes</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	95%	5%	212
Highmark-NF	89%	11%	63
AmeriHealth-HCBS	93%	7%	210
AmeriHealth-NF	73%	27%	52
<b>Overall DE Average</b>	<b>91%</b>	<b>9%</b>	<b>537</b>
<b>Weighted NCI-AD Average</b>	<b>92%</b>	<b>8%</b>	<b>11,665</b>

Able to see or talk to their friends and family when they want (if has friends or family they do not live with who are a part of their life)

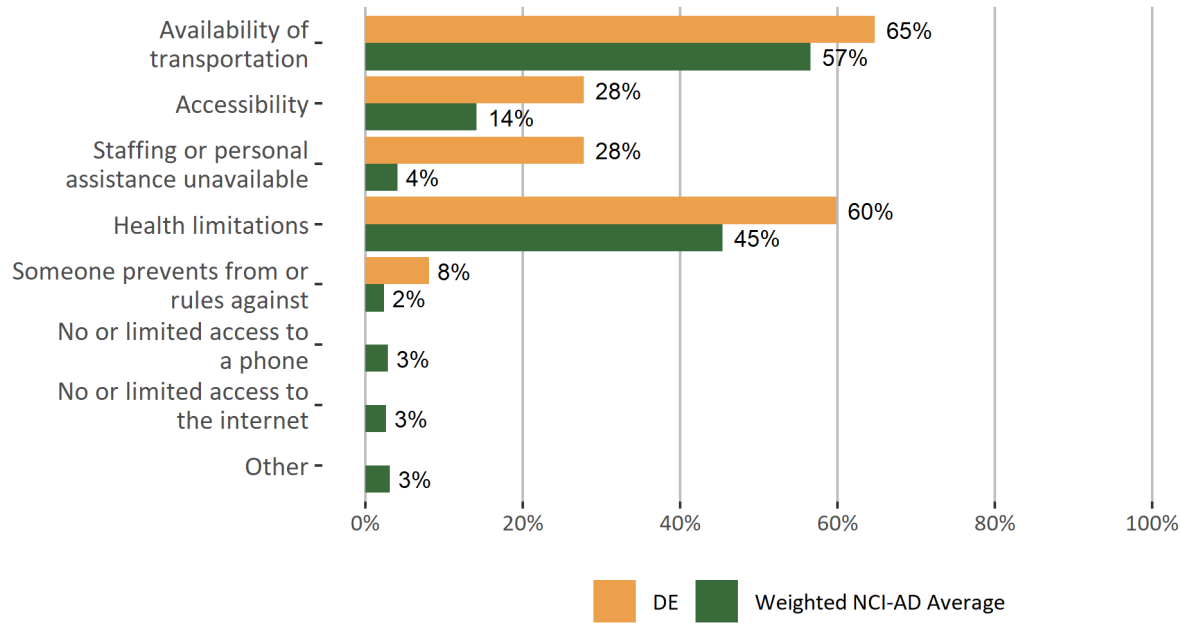


Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 75

**Table 38. Able to see or talk to their friends and family when they want (if has friends or family they do not live with who are a part of their life)**

<b>Program</b>	<b>Yes</b>	<b>Maybe</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	77%	14%	8%	201
Highmark-NF	64%	27%	9%	56
AmeriHealth-HCBS	82%	14%	4%	196
AmeriHealth-NF	66%	29%	5%	38
<b>Overall DE Average</b>	<b>75%</b>	<b>18%</b>	<b>7%</b>	<b>491</b>
<b>Weighted NCI-AD Average</b>	<b>81%</b>	<b>13%</b>	<b>6%</b>	<b>10,659</b>

### Reasons not always able to see or talk to their friends and family when they want



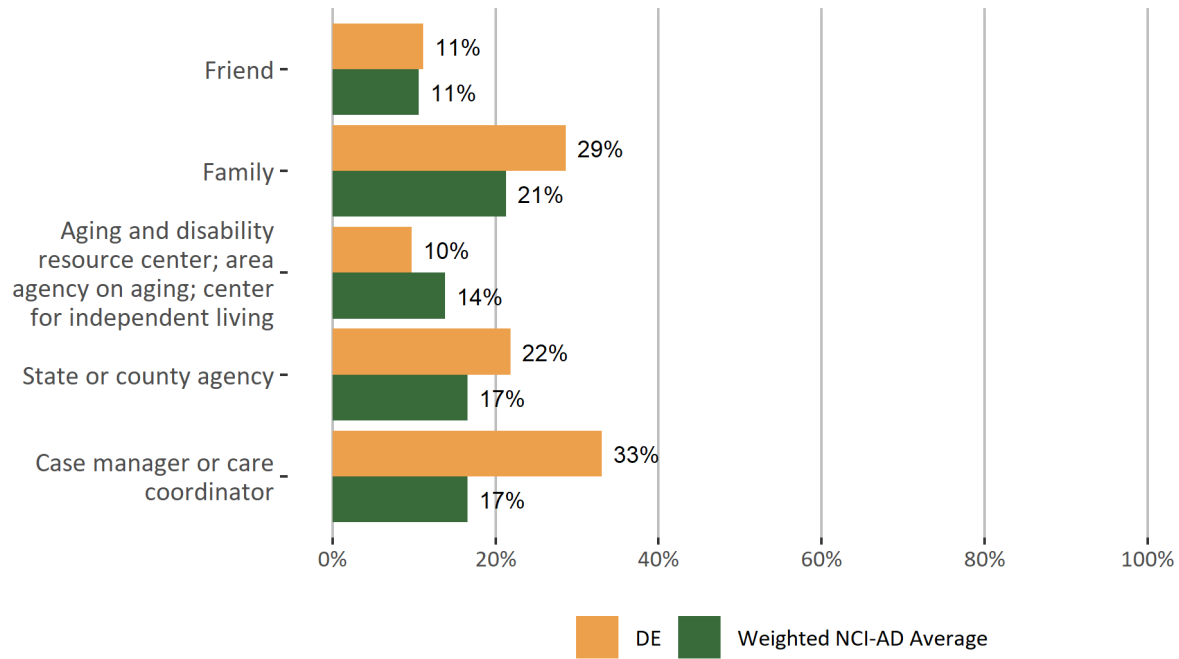
**Table 39. Reasons not always able to see or talk to their friends and family when they want**

*Categories are not mutually exclusive, therefore N is not shown.*

Program	Availability of transportation	Accessibility	Staffing or personal assistance unavailable	Health limitations	Someone prevents from or rules against	No or limited access to a phone	No or limited access to the internet	Other
<b>Overall DE Average</b>	<b>65%</b>	<b>28%</b>	<b>28%</b>	<b>60%</b>	<b>8%</b>	<b>0%</b>	<b>0%</b>	<b>0%</b>
<b>Weighted NCI-AD Average</b>	<b>57%</b>	<b>14%</b>	<b>4%</b>	<b>45%</b>	<b>2%</b>	<b>3%</b>	<b>3%</b>	<b>3%</b>

## *Service Coordination*

### How first found out about services they can get



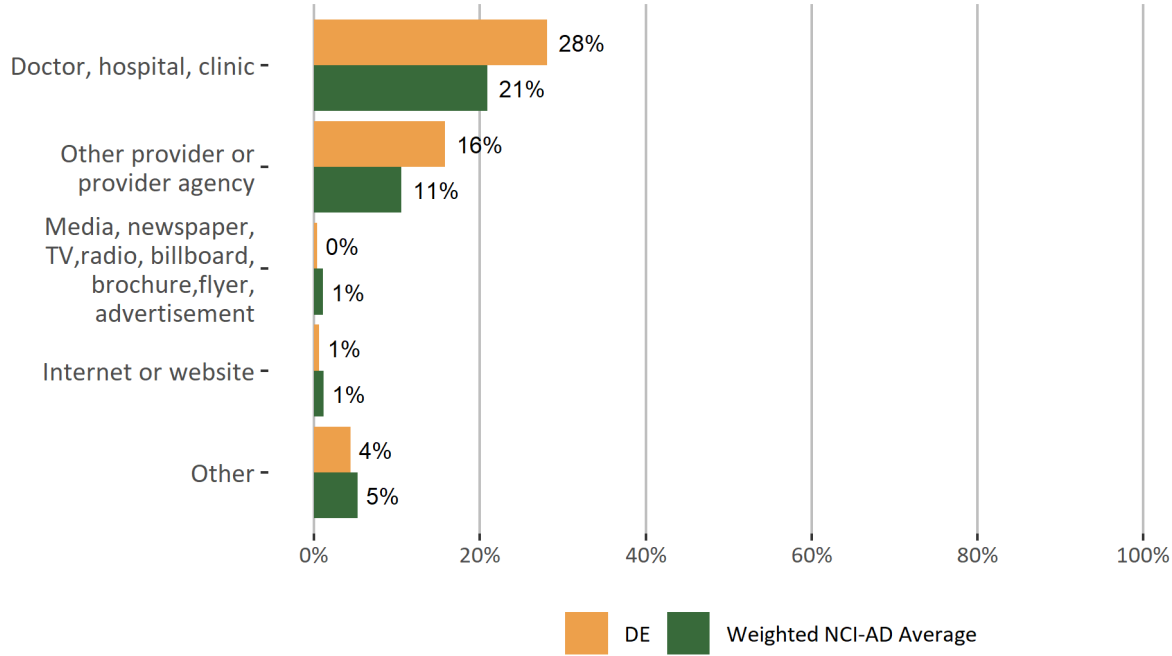


**Table 40A. How first found out about services they can get**

*Proxy respondents were allowed for this question. Categories are not mutually exclusive, therefore N is not shown.*

<b>Program</b>	<b>Friend</b>	<b>Family</b>	<b>Aging and disability resource center; area agency on aging; center for independent living</b>	<b>State or county agency</b>	<b>Case manager or care coordinator</b>
Highmark-HCBS	5%	10%	4%	9%	16%
Highmark-NF	1%	6%	1%	2%	4%
AmeriHealth-HCBS	5%	7%	4%	9%	10%
AmeriHealth-NF	1%	5%	1%	2%	3%
<b>Overall DE Average</b>	<b>11%</b>	<b>29%</b>	<b>10%</b>	<b>22%</b>	<b>33%</b>
<b>Weighted NCI-AD Average</b>	<b>11%</b>	<b>21%</b>	<b>14%</b>	<b>17%</b>	<b>17%</b>

### How first found out about services they can get (continued)

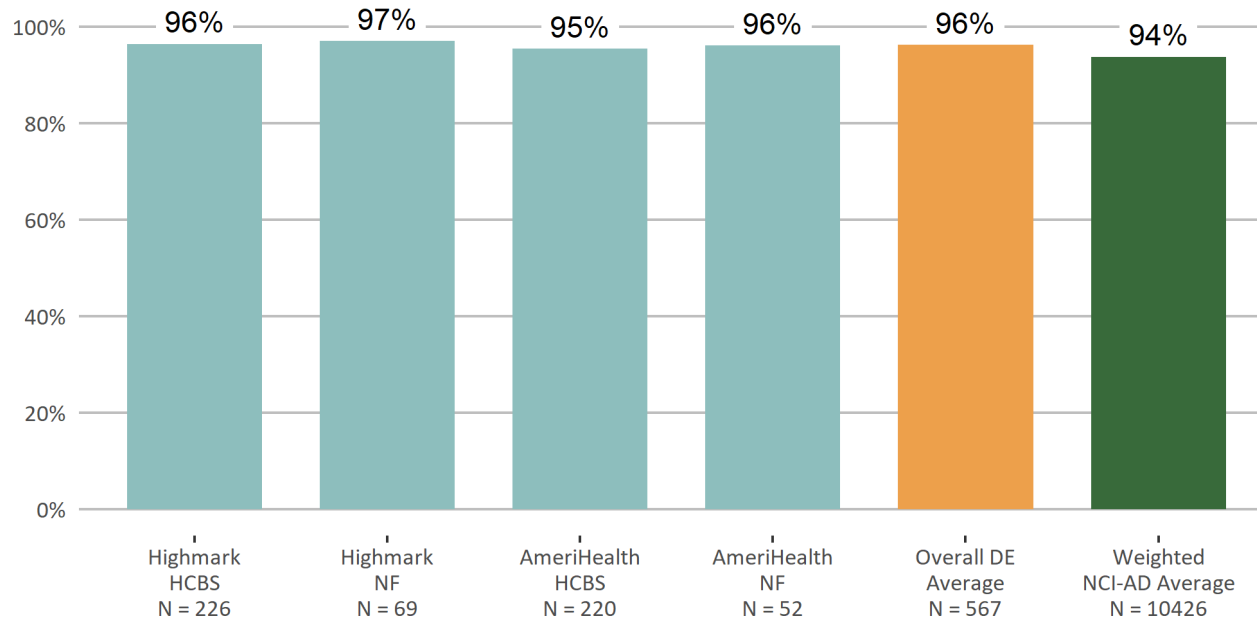


**Table 40B. How first found out about services they can get (continued)**

*Proxy respondents were allowed for this question.*

<b>Program</b>	<b>Doctor, hospital, clinic</b>	<b>Other provider or provider agency</b>	<b>Media, newspaper, TV, radio, billboard, brochure, flyer, advertisement</b>	<b>Internet or website</b>	<b>Other</b>
Highmark-HCBS	10%	7%	0%	0%	2%
Highmark-NF	7%	3%	0%	0%	1%
AmeriHealth-HCBS	6%	3%	0%	0%	1%
AmeriHealth-NF	5%	3%	0%	0%	0%
<b>Overall DE Average</b>	<b>28%</b>	<b>16%</b>	<b>0%</b>	<b>1%</b>	<b>4%</b>
<b>Weighted NCI-AD Average</b>	<b>21%</b>	<b>11%</b>	<b>1%</b>	<b>1%</b>	<b>5%</b>

Can contact their case manager or care coordinator when needs to



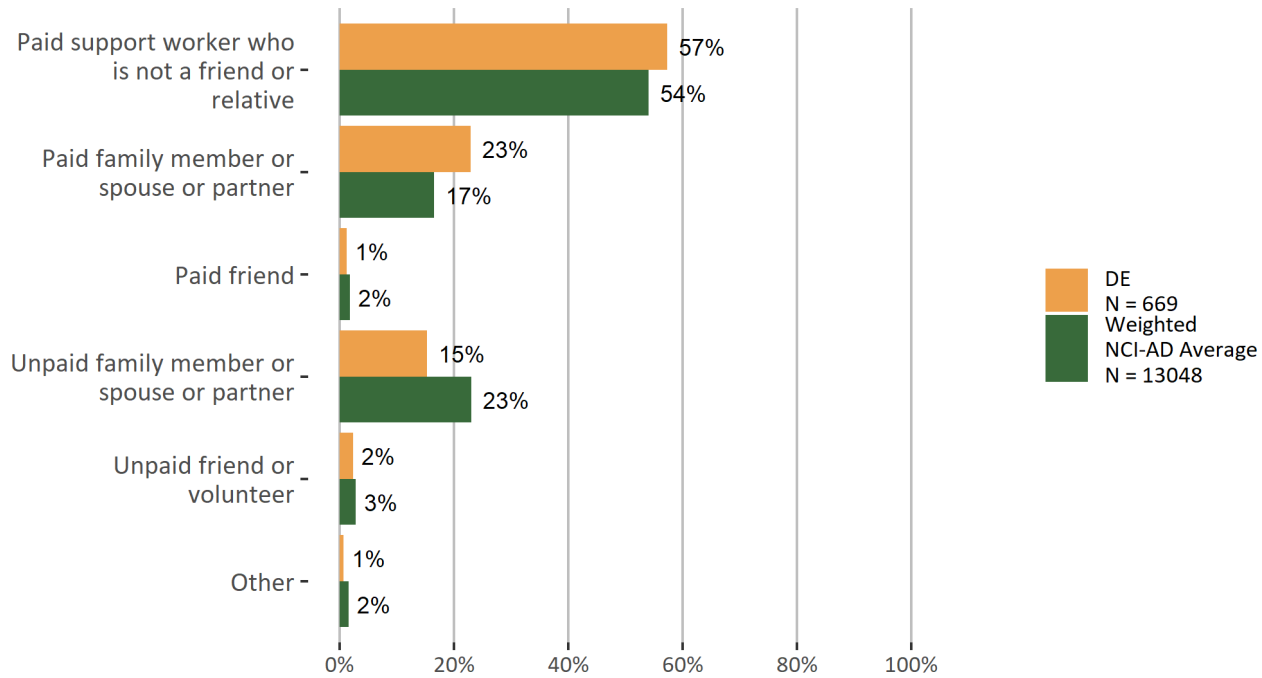
Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 84

**Table 41. Can contact their case manager or care coordinator when needs to**

*Proxy respondents were allowed for this question.*

<b>Program</b>	<b>Yes, always</b>	<b>Most of the time, usually</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	79%	18%	4%	226
Highmark-NF	80%	17%	3%	69
AmeriHealth-HCBS	77%	19%	5%	220
AmeriHealth-NF	79%	17%	4%	52
<b>Overall DE Average</b>	<b>78%</b>	<b>18%</b>	<b>4%</b>	<b>567</b>
<b>Weighted NCI-AD Average</b>	<b>80%</b>	<b>13%</b>	<b>6%</b>	<b>10,426</b>

Who helps person most often (if anyone helps on a regular basis)

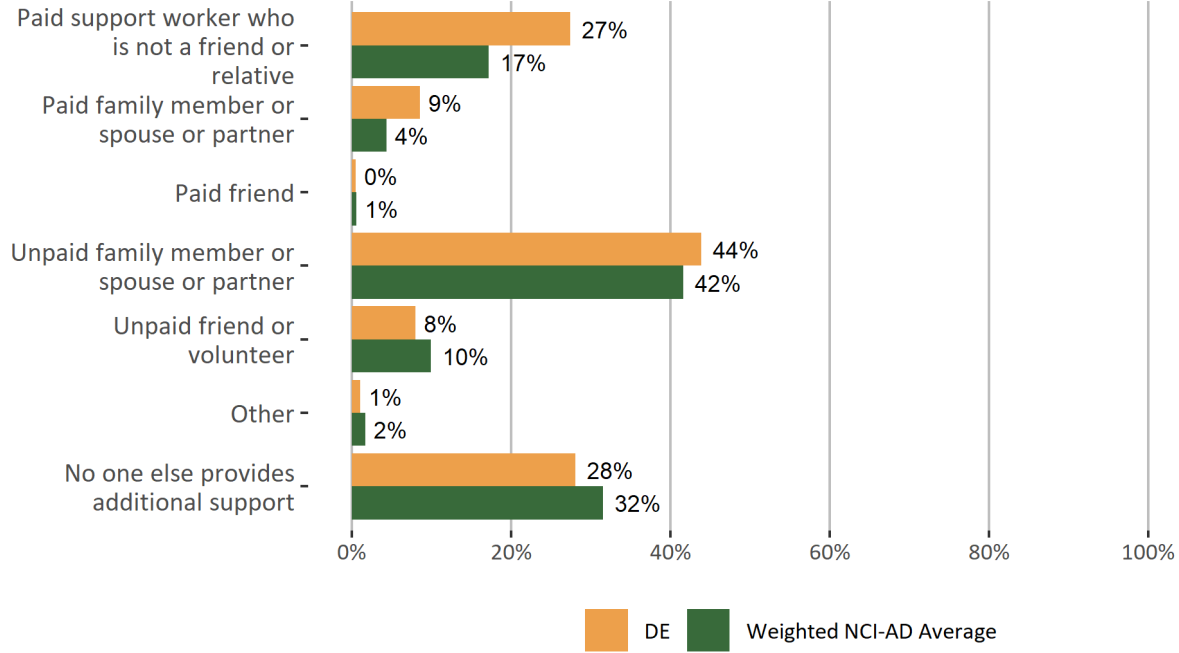


**Table 42. Who helps person most often (if anyone helps on a regular basis)**

*Proxy respondents were allowed for this question.*

Program	Paid support worker who is not a friend or relative	Paid family member or spouse or partner	Paid friend	Unpaid family member or spouse or partner	Unpaid friend or volunteer	Other	N
Highmark-HCBS	45%	32%	2%	18%	2%	1%	256
Highmark-NF	94%	0%	0%	3%	2%	0%	88
AmeriHealth-HCBS	37%	35%	2%	24%	2%	1%	248
AmeriHealth-NF	91%	0%	0%	5%	3%	1%	77
<b>Overall DE Average</b>	<b>57%</b>	<b>23%</b>	<b>1%</b>	<b>15%</b>	<b>2%</b>	<b>1%</b>	<b>669</b>
<b>Weighted NCI-AD Average</b>	<b>54%</b>	<b>17%</b>	<b>2%</b>	<b>23%</b>	<b>3%</b>	<b>2%</b>	<b>13,048</b>

Additional people who help person on a regular basis



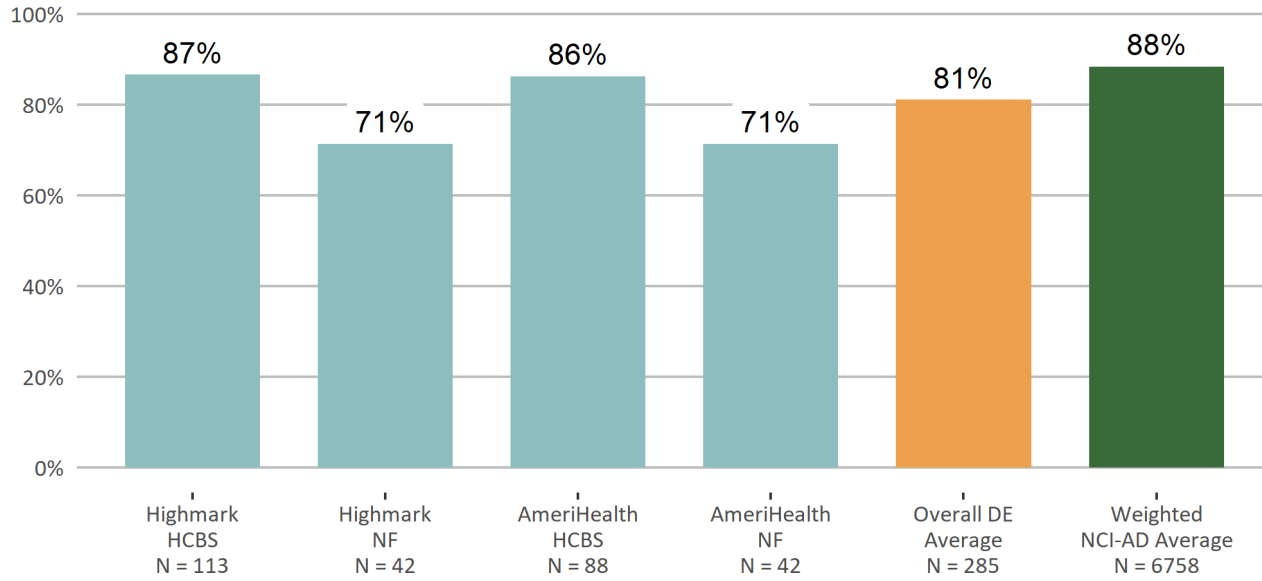


**Table 43. Additional people who help person on a regular basis**

*Proxy respondents were allowed for this question. Categories are not mutually exclusive, therefore N is not shown.*

Program	Paid support worker who is not a friend or relative	Paid family member or spouse or partner	Paid friend	Unpaid family member or spouse or partner	Unpaid friend or volunteer	Other	No one else provides additional support
Highmark-HCBS	13%	4%	0%	23%	4%	0%	8%
Highmark-NF	5%	0%	0%	6%	1%	0%	6%
AmeriHealth-HCBS	6%	4%	0%	11%	2%	0%	8%
<b>Overall DE Average</b>	<b>27%</b>	<b>9%</b>	<b>0%</b>	<b>44%</b>	<b>8%</b>	<b>1%</b>	<b>28%</b>
<b>Weighted NCI-AD Average</b>	<b>17%</b>	<b>4%</b>	<b>1%</b>	<b>42%</b>	<b>10%</b>	<b>2%</b>	<b>32%</b>

People who are paid to help them  
come and leave when they are  
supposed to

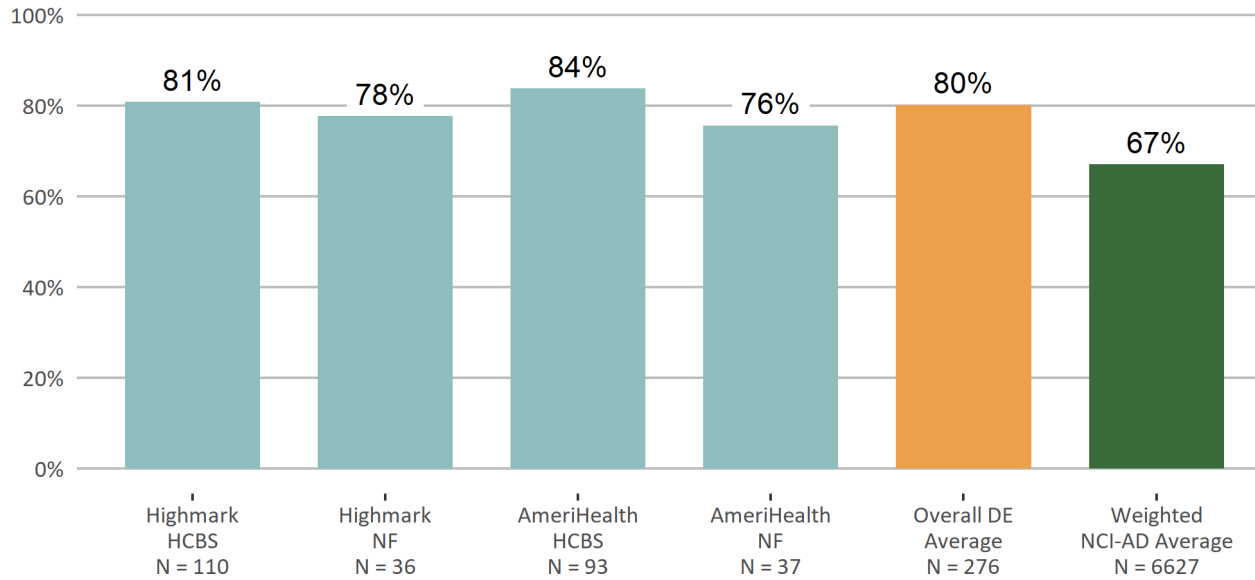


**Table 44. People who are paid to help them come and leave when they are supposed to**

*Proxy respondents were allowed for this question.*

<b>Program</b>	<b>Yes, all paid support workers, always or almost always</b>	<b>Some, or usually</b>	<b>No, never or rarely</b>	<b>N</b>
Highmark-HCBS	87%	13%	0%	113
Highmark-NF	71%	21%	7%	42
AmeriHealth-HCBS	86%	13%	1%	88
AmeriHealth-NF	71%	26%	2%	42
<b>Overall DE Average</b>	<b>81%</b>	<b>17%</b>	<b>2%</b>	<b>285</b>
<b>Weighted NCI-AD Average</b>	<b>88%</b>	<b>9%</b>	<b>2%</b>	<b>6,758</b>

Has a backup plan if the people who are paid to help them do not show up

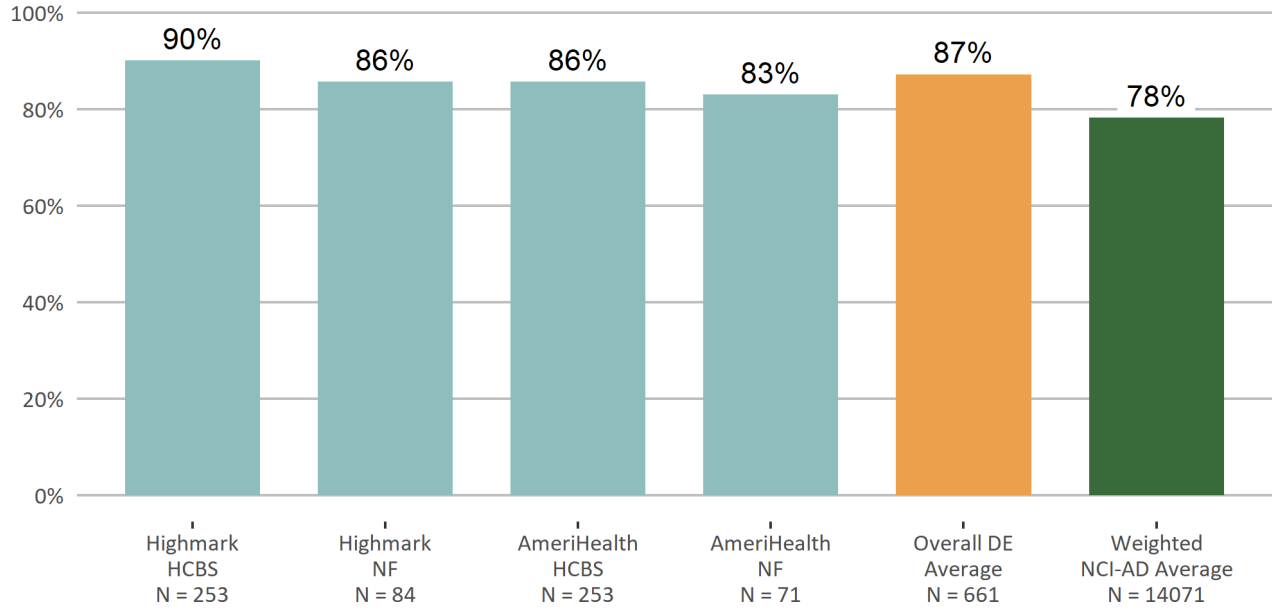


**Table 45. Has a backup plan if their people who are paid to help them do not show up**

*Proxy respondents were allowed for this question.*

<b>Program</b>	<b>Yes</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	81%	19%	110
Highmark-NF	78%	22%	36
AmeriHealth-HCBS	84%	16%	93
AmeriHealth-NF	76%	24%	37
<b>Overall DE Average</b>	<b>80%</b>	<b>20%</b>	<b>276</b>
<b>Weighted NCI-AD Average</b>	<b>67%</b>	<b>33%</b>	<b>6,627</b>

Has an emergency plan in place in case of widescale emergency



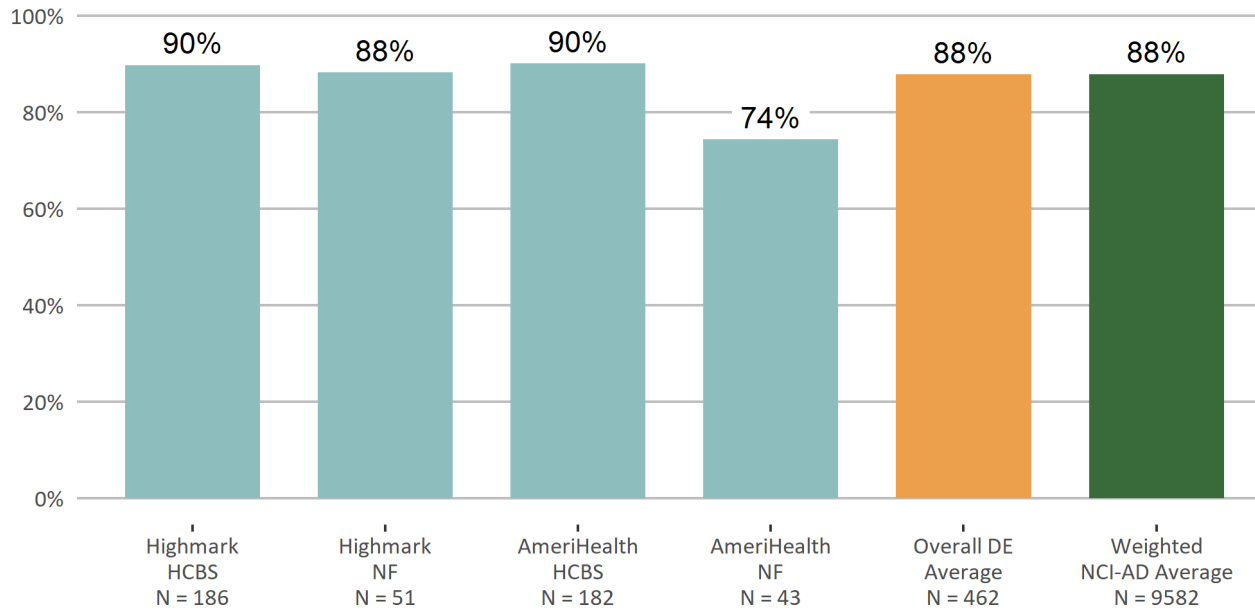
Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 94

**Table 46. Has an emergency plan in place in case of widescale emergency**

*Proxy respondents were allowed for this question.*

<b>Program</b>	<b>Yes</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	90%	10%	253
Highmark-NF	86%	14%	84
AmeriHealth-HCBS	86%	14%	253
AmeriHealth-NF	83%	17%	71
<b>Overall DE Average</b>	<b>87%</b>	<b>13%</b>	<b>661</b>
<b>Weighted NCI-AD Average</b>	<b>78%</b>	<b>22%</b>	<b>14,071</b>

Knows whom to contact if they have a complaint about their services



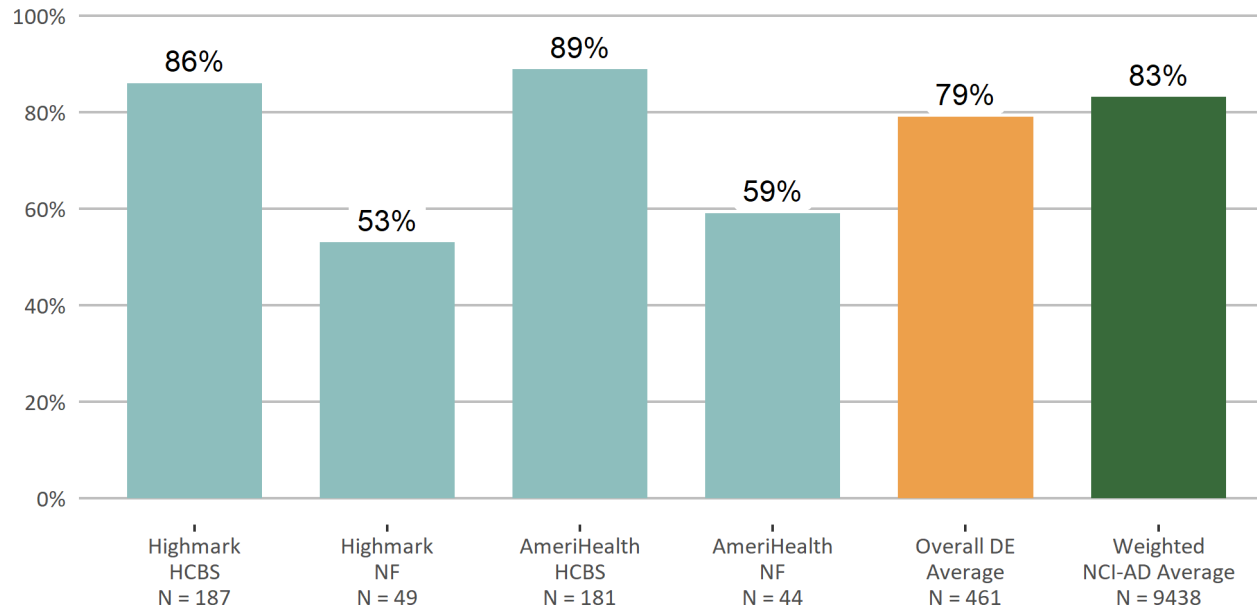
Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 96



**Table 47. Knows whom to contact if they have a complaint about their services**

<b>Program</b>	<b>Yes</b>	<b>Maybe, not sure</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	82%	8%	10%	186
Highmark-NF	71%	18%	12%	51
AmeriHealth-HCBS	84%	7%	10%	182
AmeriHealth-NF	63%	12%	26%	43
<b>Overall DE Average</b>	<b>78%</b>	<b>9%</b>	<b>12%</b>	<b>462</b>
<b>Weighted NCI-AD Average</b>	<b>81%</b>	<b>7%</b>	<b>12%</b>	<b>9,582</b>

Knows whom to contact if they want  
to make changes to services

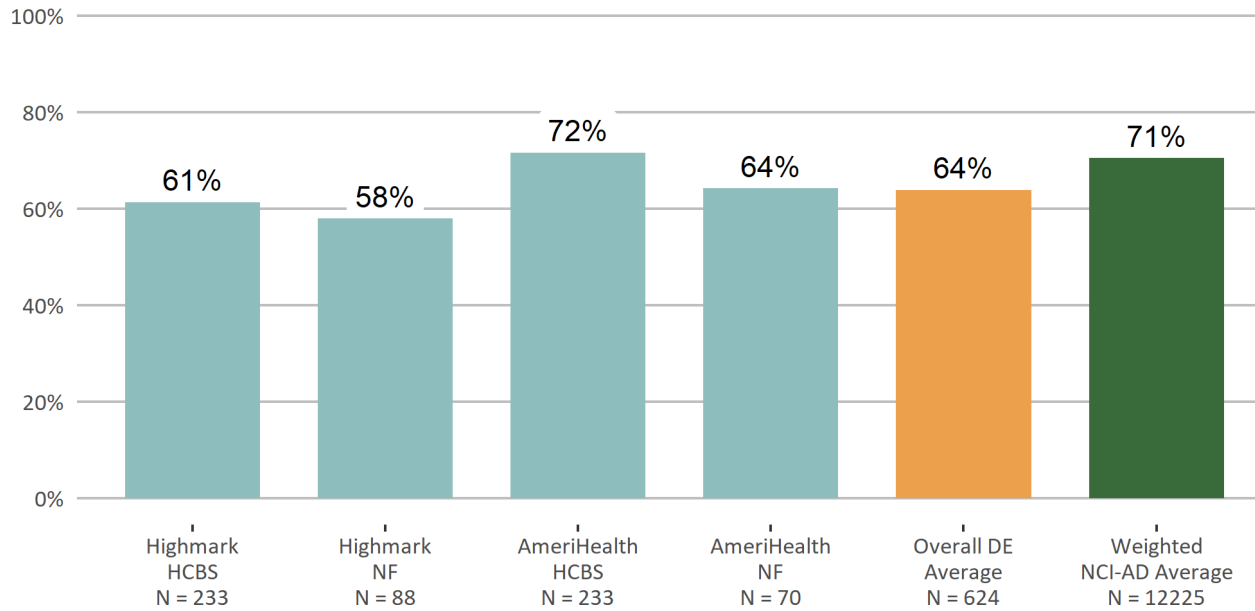


Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 98

**Table 48. Knows whom to contact if they want to make changes to services**

<b>Program</b>	<b>Yes</b>	<b>Maybe, not sure</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	86%	8%	6%	187
Highmark-NF	53%	18%	29%	49
AmeriHealth-HCBS	89%	7%	4%	181
AmeriHealth-NF	59%	25%	16%	44
<b>Overall DE Average</b>	<b>79%</b>	<b>11%</b>	<b>10%</b>	<b>461</b>
<b>Weighted NCI-AD Average</b>	<b>83%</b>	<b>8%</b>	<b>8%</b>	<b>9,438</b>

### Services meet all needs and current goals



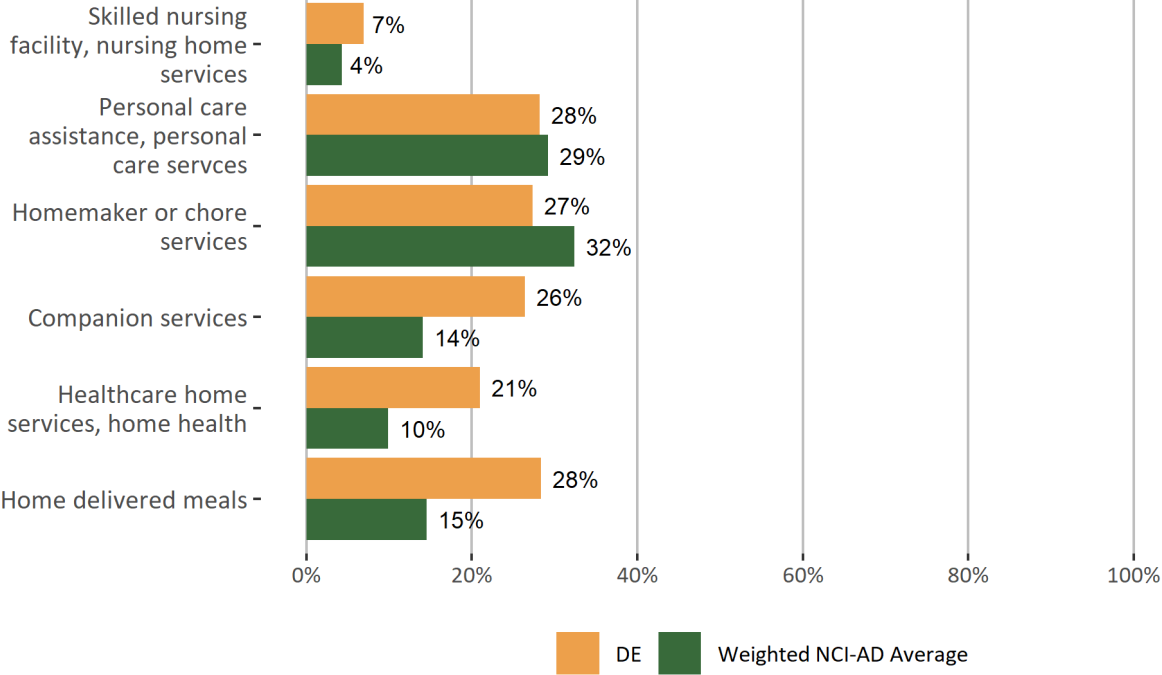
Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 100

**Table 49. Services meet all current needs**

*Proxy respondents were allowed for this question.*

<b>Program</b>	<b>Yes, completely, all needs and goals</b>	<b>Some needs and goals</b>	<b>No, not at all, needs and goals are not met</b>	<b>N</b>
Highmark-HCBS	61%	35%	4%	233
Highmark-NF	58%	27%	15%	88
AmeriHealth-HCBS	72%	22%	6%	233
AmeriHealth-NF	64%	30%	6%	70
<b>Overall DE Average</b>	<b>64%</b>	<b>29%</b>	<b>7%</b>	<b>624</b>
<b>Weighted NCI-AD Average</b>	<b>71%</b>	<b>24%</b>	<b>6%</b>	<b>12,225</b>

### Additional Services Needed



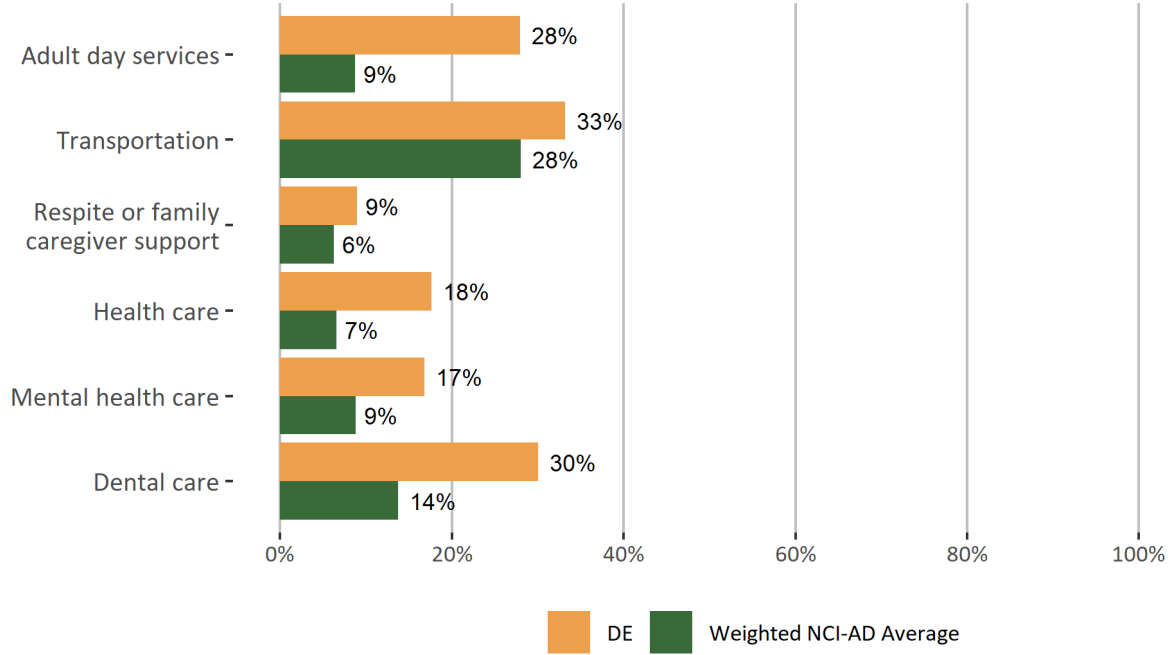
Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
 2022-23 Adult Consumer Survey National Results | 102

**Table 50A. Additional services and supports needed (if all current needs and goals are not being met)**

*Proxy respondents were allowed for this question; categories are not mutually exclusive, therefore N is not shown.*

<b>Program</b>	<b>Skilled nursing facility, nursing home services</b>	<b>Personal care assistance, personal care services</b>	<b>Homemaker or chore services</b>	<b>Companion services</b>	<b>Healthcare home services, home health</b>	<b>Home delivered meals</b>
Highmark-HCBS	2%	18%	19%	18%	12%	20%
Highmark-NF	2%	2%	1%	2%	2%	2%
AmeriHealth-HCBS	1%	7%	6%	4%	6%	5%
AmeriHealth-NF	2%	2%	2%	2%	1%	1%
<b>Overall DE Average</b>	<b>7%</b>	<b>28%</b>	<b>27%</b>	<b>26%</b>	<b>21%</b>	<b>28%</b>
<b>Weighted NCI-AD Average</b>	<b>4%</b>	<b>29%</b>	<b>32%</b>	<b>14%</b>	<b>10%</b>	<b>15%</b>

### Additional Services Needed (continued)



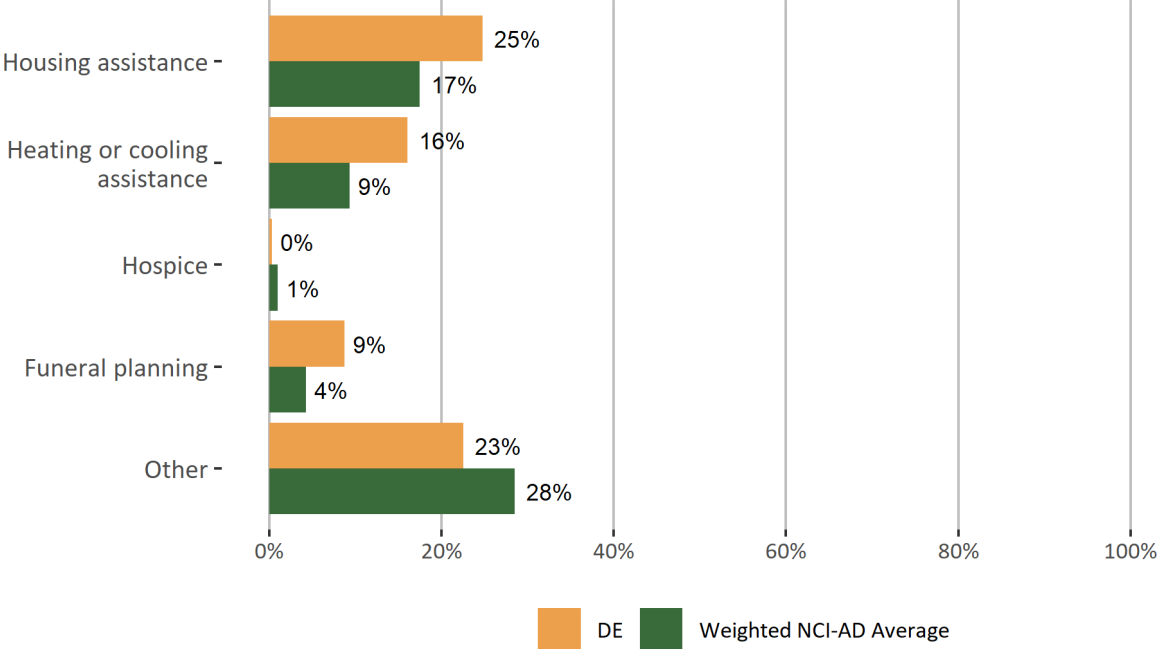


**Table 50B. Additional services and supports needed (if all current needs and goals are not being met; continued)**

*Proxy respondents were allowed for this question; categories are not mutually exclusive, therefore N is not shown.*

<b>Program</b>	<b>Adult day services</b>	<b>Transportation</b>	<b>Respite or family caregiver support</b>	<b>Health care</b>	<b>Mental health care</b>	<b>Dental care</b>
Highmark-HCBS	20%	23%	6%	11%	13%	19%
Highmark-NF	1%	2%	1%	1%	1%	4%
AmeriHealth-HCBS	7%	7%	3%	3%	3%	6%
AmeriHealth-NF	1%	1%	0%	2%	0%	2%
<b>Overall DE Average</b>	<b>28%</b>	<b>33%</b>	<b>9%</b>	<b>18%</b>	<b>17%</b>	<b>30%</b>
<b>Weighted NCI-AD Average</b>	<b>9%</b>	<b>28%</b>	<b>6%</b>	<b>7%</b>	<b>9%</b>	<b>14%</b>

### Additional Services Needed (continued)



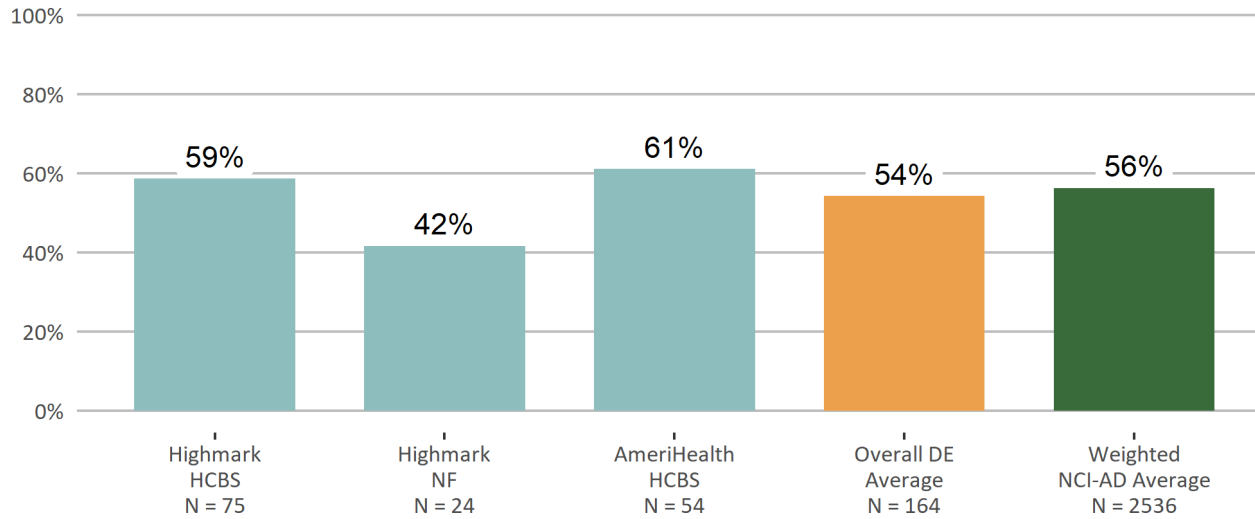
Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 106

**Table 50C. Additional services and supports needed (if all current needs and goals are not being met; continued)**

*Proxy respondents were allowed for this question; categories are not mutually exclusive, therefore N is not shown.*

<b>Program</b>	<b>Housing assistance</b>	<b>Heating or cooling assistance</b>	<b>Hospice</b>	<b>Funeral planning</b>	<b>Other</b>
Highmark-HCBS	16%	13%	0%	1%	10%
Highmark-NF	1%	0%	0%	3%	5%
AmeriHealth-HCBS	6%	3%	0%	1%	6%
AmeriHealth-NF	2%	0%	0%	3%	1%
<b>Overall DE Average</b>	<b>25%</b>	<b>16%</b>	<b>0%</b>	<b>9%</b>	<b>23%</b>
<b>Weighted NCI-AD Average</b>	<b>17%</b>	<b>9%</b>	<b>1%</b>	<b>4%</b>	<b>28%</b>

Case manager talked to them about services that might help with their unmet needs (if all current needs and goals are not being met and has a case manager)



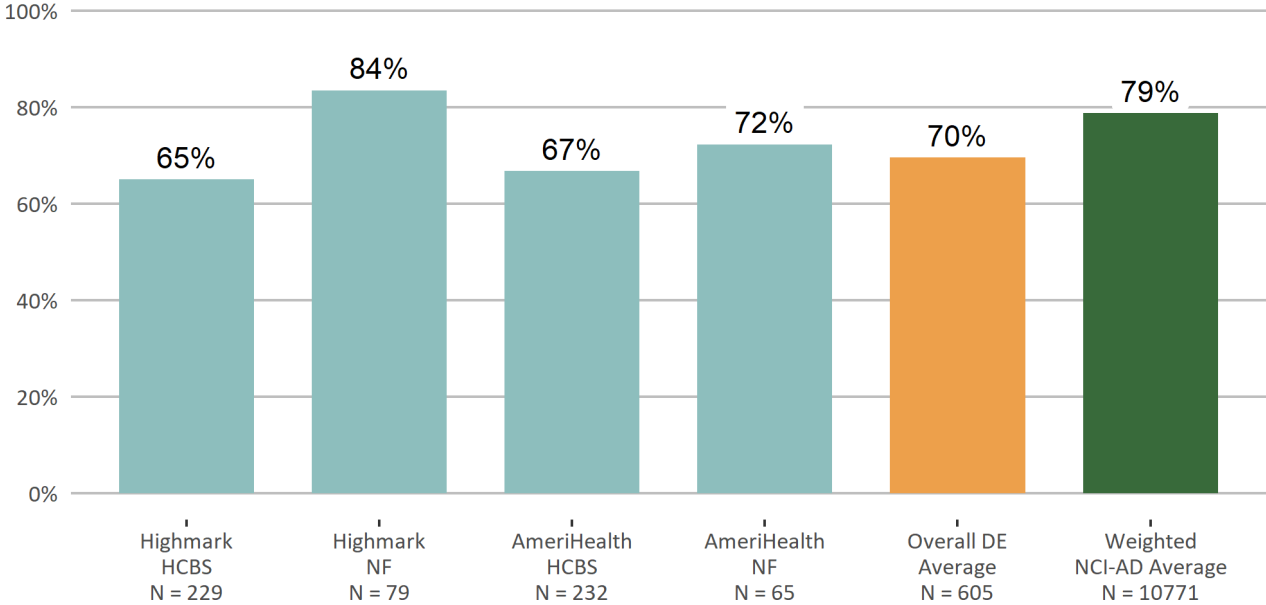
Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
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**Table 51. Case manager talked to them about services that might help with their unmet needs (if all current needs and goals are not being met and has a case manager)**

*Proxy respondents were allowed for this question.*

<b>Program</b>	<b>Yes</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	59%	41%	75
Highmark-NF	42%	58%	24
AmeriHealth-HCBS	61%	39%	54
<b>Overall DE Average</b>	<b>54%</b>	<b>46%</b>	<b>164</b>
<b>Weighted NCI-AD Average</b>	<b>56%</b>	<b>44%</b>	<b>2,536</b>

Service providers work together to provide support



Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 110

**Table 52. Service providers work together to provide support**

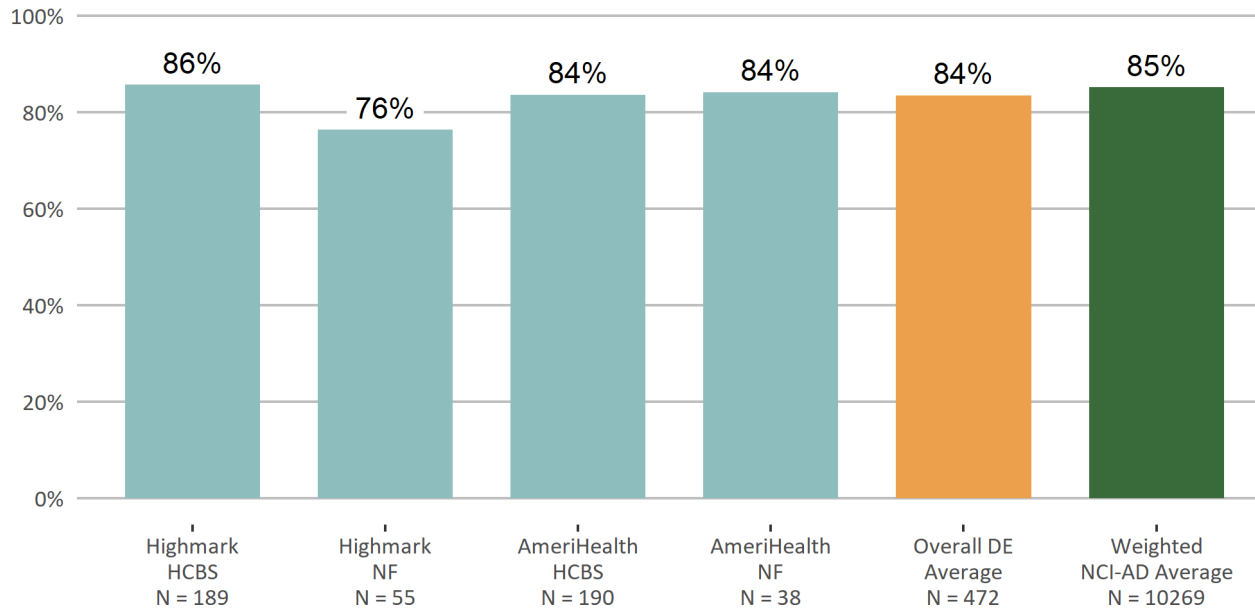
*New question in 2022-2023.*

<b>Program</b>	<b>Yes, all service providers</b>	<b>Sometimes, or some service providers</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	65%	25%	10%	229
Highmark-NF	84%	3%	14%	79
AmeriHealth-HCBS	67%	20%	13%	232
AmeriHealth-NF	72%	22%	6%	65
<b>Overall DE Average</b>	<b>70%</b>	<b>19%</b>	<b>11%</b>	<b>605</b>
<b>Weighted NCI-AD Average</b>	<b>79%</b>	<b>12%</b>	<b>9%</b>	<b>10,771</b>

## Care Coordination



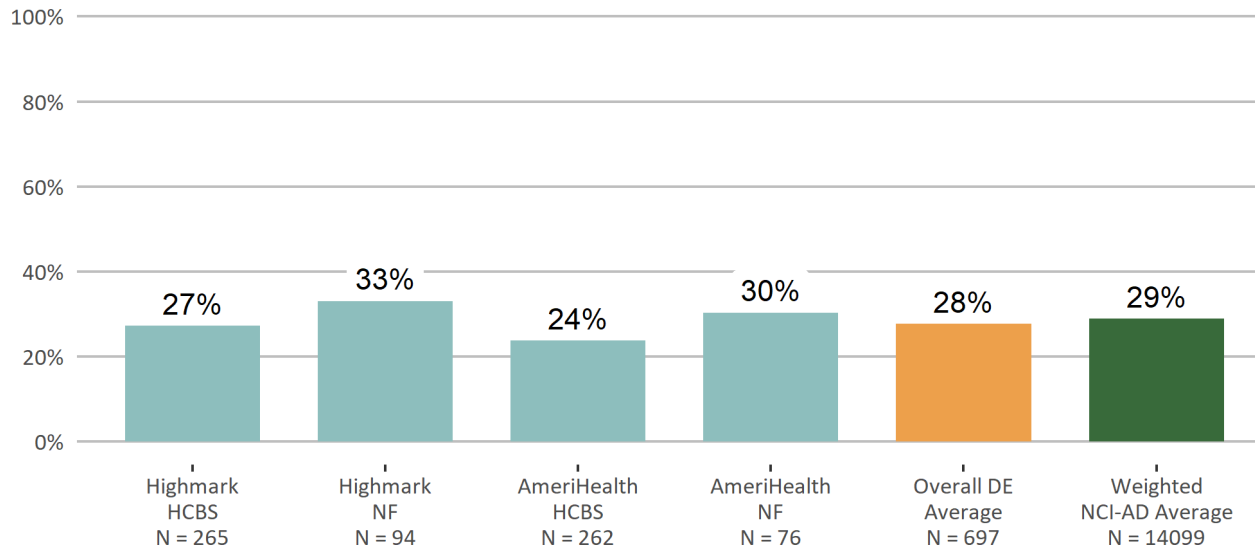
Knows how to manage chronic conditions (if has at least one)



**Table 53. Knows how to manage chronic conditions (if has at least one)**

<b>Program</b>	<b>Yes</b>	<b>In-between, or some conditions</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	86%	6%	8%	189
Highmark-NF	76%	7%	16%	55
AmeriHealth-HCBS	84%	9%	7%	190
AmeriHealth-NF	84%	8%	8%	38
<b>Overall DE Average</b>	<b>84%</b>	<b>8%</b>	<b>9%</b>	<b>472</b>
<b>Weighted NCI-AD Average</b>	<b>85%</b>	<b>10%</b>	<b>5%</b>	<b>10,269</b>

Stayed overnight in a hospital or  
rehab/nursing facility in the past  
12 months and was discharged to go  
home

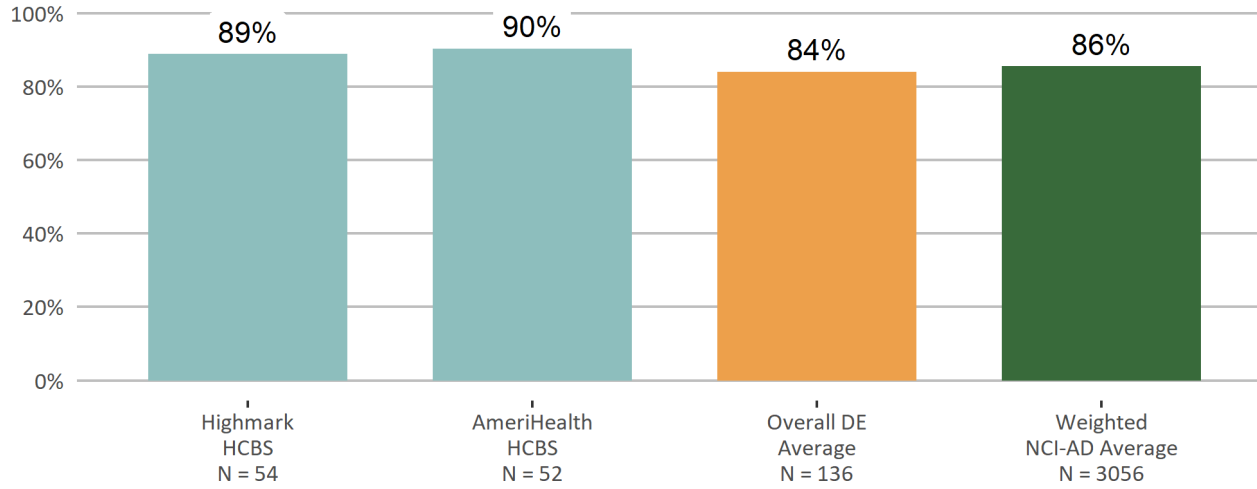


**Table 54. Stayed overnight in a hospital or rehab/nursing facility in the past 12 months and was discharged to go home**

*Proxy respondents were allowed for this question.*

<b>Program</b>	<b>Yes</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	27%	73%	265
Highmark-NF	33%	67%	94
AmeriHealth-HCBS	24%	76%	262
AmeriHealth-NF	30%	70%	76
<b>Overall DE Average</b>	<b>28%</b>	<b>72%</b>	<b>697</b>
<b>Weighted NCI-AD Average</b>	<b>29%</b>	<b>71%</b>	<b>14,099</b>

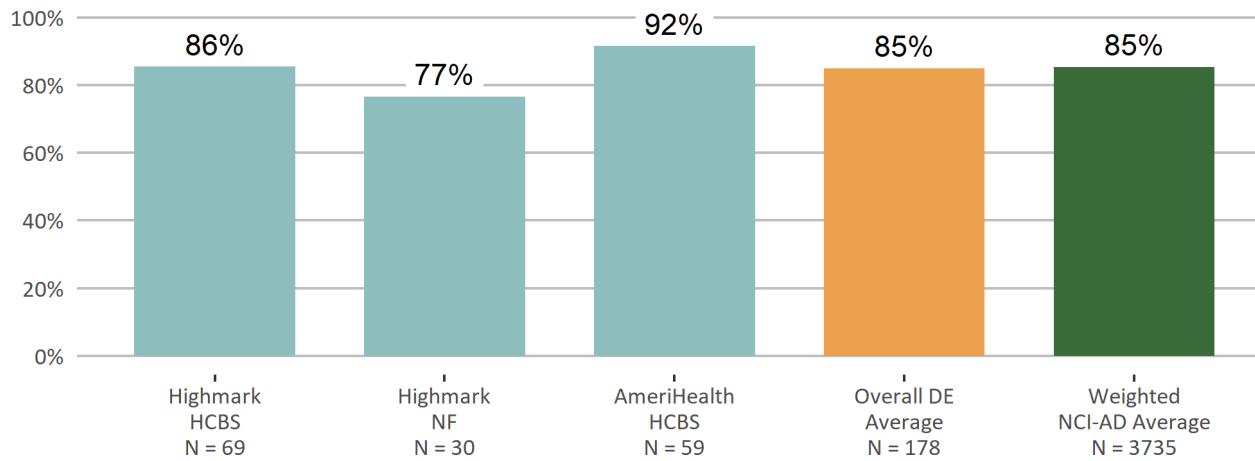
Felt comfortable and supported enough to go home after stay in a hospital or rehab/nursing facility (if had an overnight stay in the past 12 months and was discharged to go home)



**Table 55. Felt comfortable and supported enough to go home after stay in a hospital or rehab/nursing facility (if had an overnight stay in the past 12 months and was discharged to go home)**

<b>Program</b>	<b>Yes</b>	<b>In-between</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	89%	2%	9%	54
AmeriHealth-HCBS	90%	4%	6%	52
<b>Overall DE Average</b>	<b>84%</b>	<b>7%</b>	<b>9%</b>	<b>136</b>
<b>Weighted NCI-AD Average</b>	<b>86%</b>	<b>7%</b>	<b>8%</b>	<b>3,056</b>

Someone followed-up to make sure they had needed services and supports after stay in a hospital or rehab/nursing facility (if had an overnight stay in the past 12 months and was discharged to go home)



**Table 56. Someone followed-up to make sure they had needed services and supports after stay in a hospital or rehab/nursing facility (if had an overnight stay in the past 12 months and was discharged to go home)**

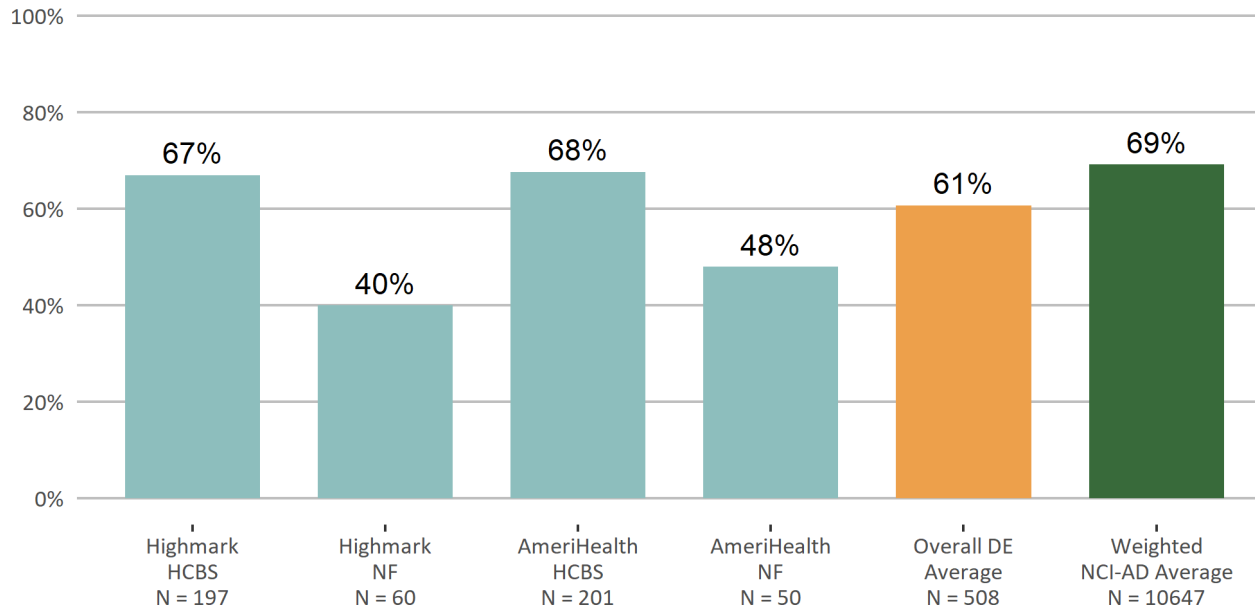
*Proxy respondents were allowed for this question.*

<b>Program</b>	<b>Yes</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	86%	14%	69
Highmark-NF	77%	23%	30
AmeriHealth-HCBS	92%	8%	59
<b>Overall DE Average</b>	<b>85%</b>	<b>15%</b>	<b>178</b>
<b>Weighted NCI-AD Average</b>	<b>85%</b>	<b>15%</b>	<b>3,735</b>



## *Choice and Control*

Always feels in control of their life

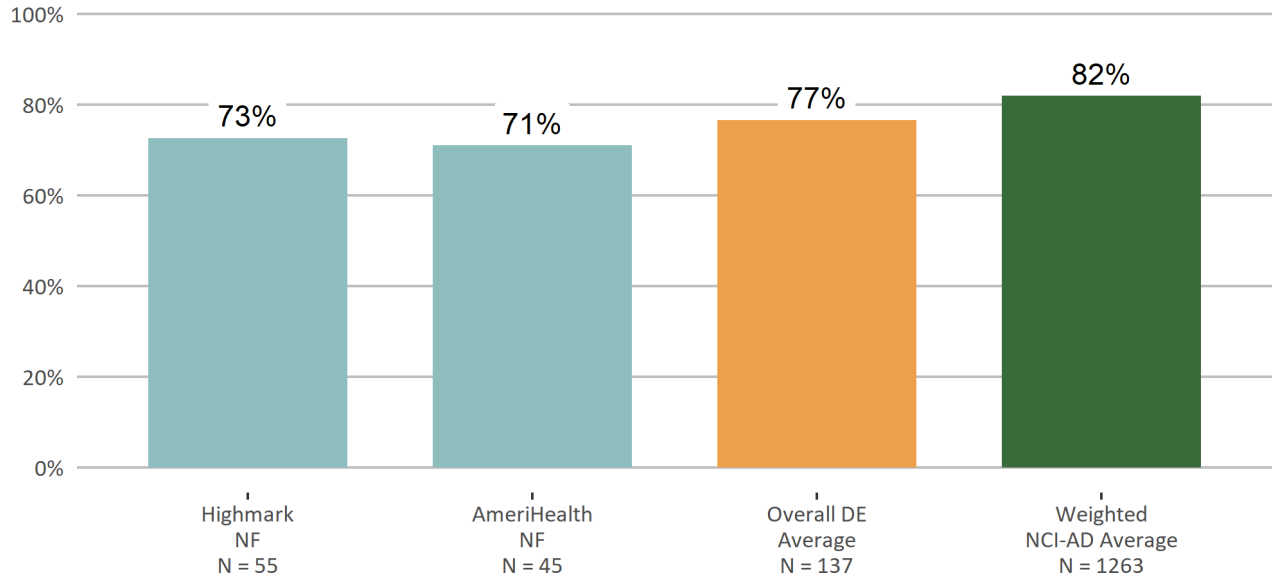


Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 122

**Table 57. Feels in control of their life**

<b>Program</b>	<b>Yes, almost always, always</b>	<b>In-between, sometimes</b>	<b>No, rarely, never</b>	<b>N</b>
Highmark-HCBS	67%	22%	11%	197
Highmark-NF	40%	30%	30%	60
AmeriHealth-HCBS	68%	24%	8%	201
AmeriHealth-NF	48%	28%	24%	50
<b>Overall DE Average</b>	<b>61%</b>	<b>24%</b>	<b>15%</b>	<b>508</b>
<b>Weighted NCI-AD Average</b>	<b>69%</b>	<b>24%</b>	<b>7%</b>	<b>10,647</b>

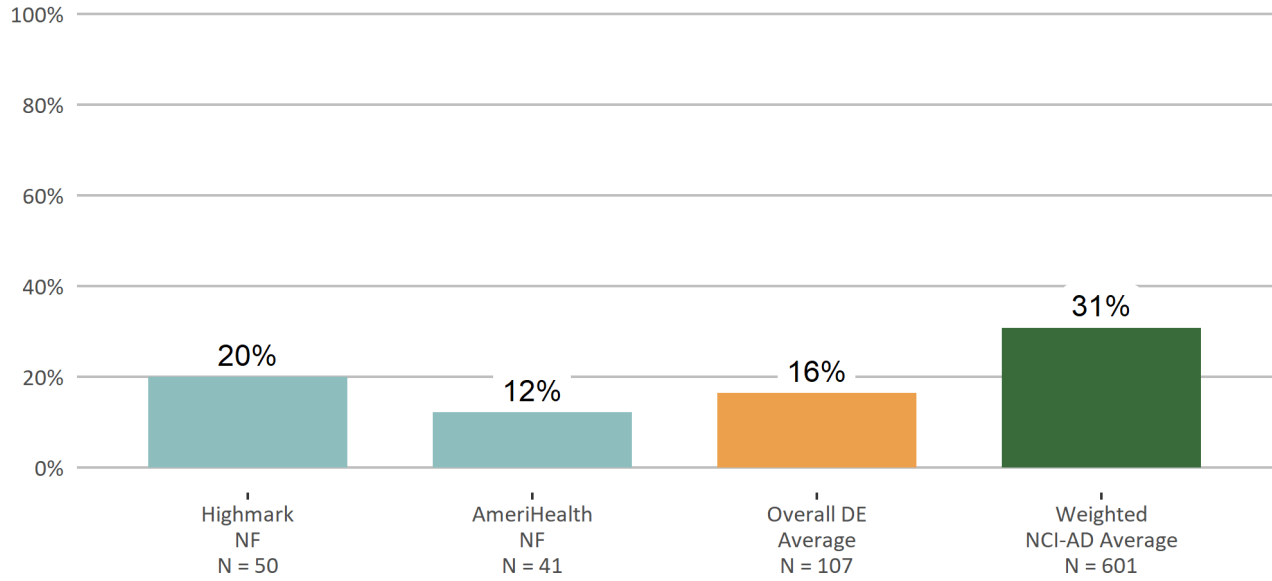
Able to furnish and decorate their room however they want to (if living in a group setting)



**Table 58. Able to furnish and decorate their room however they want to (if living in a group setting)**

<b>Program</b>	<b>In all ways</b>	<b>In most ways</b>	<b>Only in some ways, or not at all</b>	<b>N</b>
Highmark-NF	40%	33%	27%	55
AmeriHealth-NF	38%	33%	29%	45
<b>Overall DE Average</b>	<b>48%</b>	<b>29%</b>	<b>23%</b>	<b>137</b>
<b>Weighted NCI-AD Average</b>	<b>53%</b>	<b>29%</b>	<b>18%</b>	<b>1,263</b>

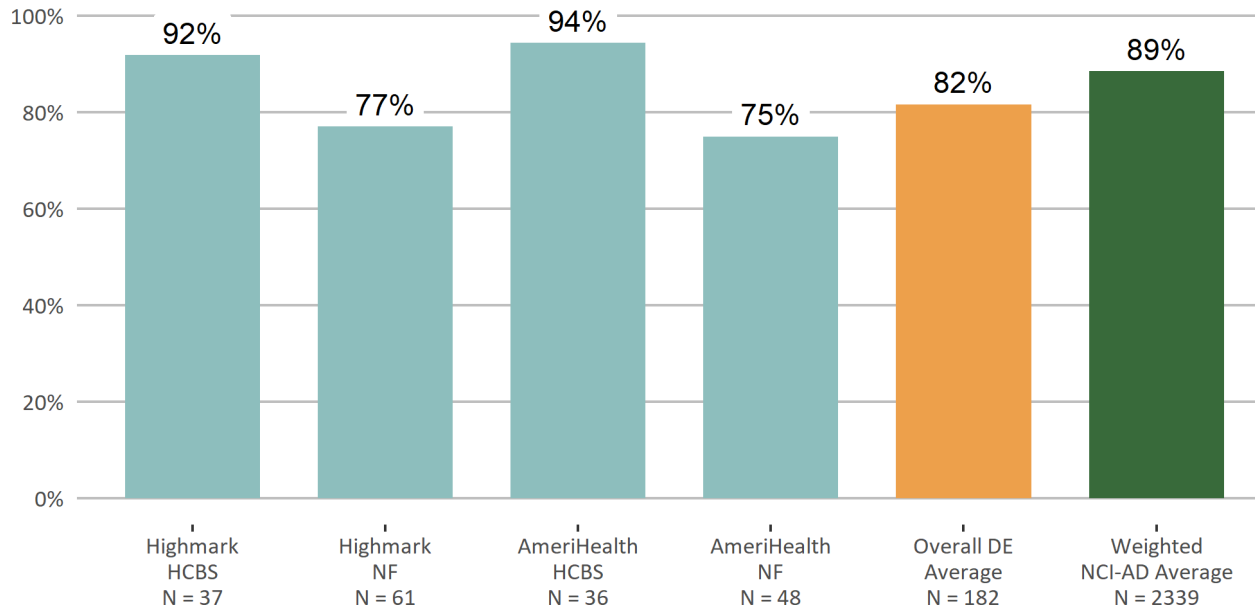
Can choose or change their roommate  
(if living in a group setting and  
has a roommate)



**Table 59. Can choose or change their roommate (if living in a group setting and has a roommate)**

<b>Program</b>	<b>Yes</b>	<b>No</b>	<b>N</b>
Highmark-NF	20%	80%	50
AmeriHealth-NF	12%	88%	41
<b>Overall DE Average</b>	<b>16%</b>	<b>84%</b>	<b>107</b>
<b>Weighted NCI-AD Average</b>	<b>31%</b>	<b>69%</b>	<b>601</b>

Can always get up and go to bed  
when they want to



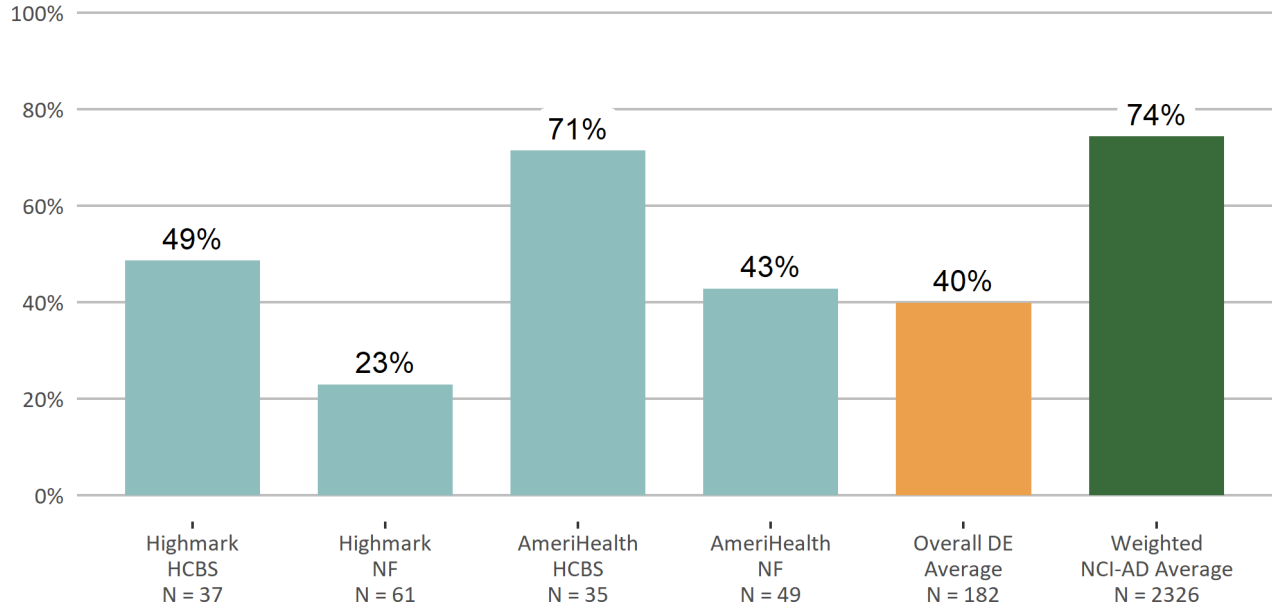


**Table 60. Can get up and go to bed when they want to**

<b>Program</b>	<b>Yes, always, or almost always</b>	<b>Some days, sometimes</b>	<b>No, never</b>	<b>N</b>
Highmark-HCBS	92%	5%	3%	37
Highmark-NF	77%	10%	13%	61
AmeriHealth-HCBS	94%	3%	3%	36
AmeriHealth-NF	75%	15%	10%	48
<b>Overall DE Average</b>	<b>82%</b>	<b>9%</b>	<b>9%</b>	<b>182</b>
<b>Weighted NCI-AD Average</b>	<b>89%</b>	<b>9%</b>	<b>3%</b>	<b>2,339</b>

Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
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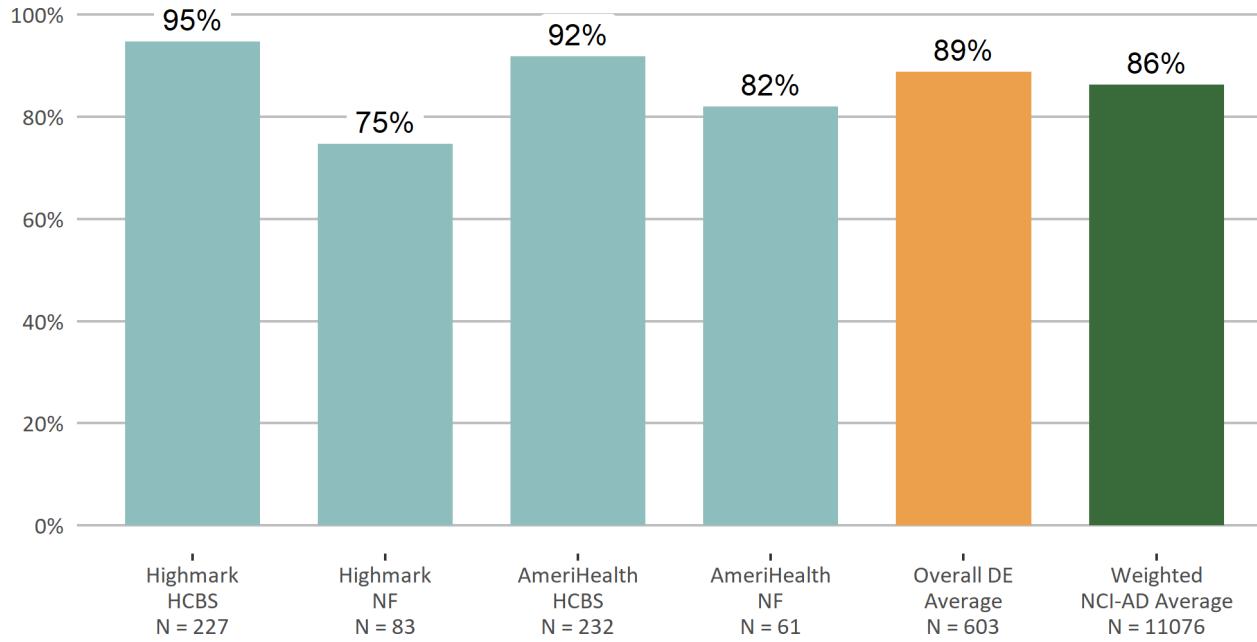
Can always eat their meals when they want to



**Table 61. Can eat their meals when they want to**

<b>Program</b>	<b>Yes, always, or almost always</b>	<b>Some days, sometimes</b>	<b>No, never</b>	<b>N</b>
Highmark-HCBS	49%	5%	46%	37
Highmark-NF	23%	16%	61%	61
AmeriHealth-HCBS	71%	11%	17%	35
AmeriHealth-NF	43%	14%	43%	49
<b>Overall DE Average</b>	<b>40%</b>	<b>13%</b>	<b>47%</b>	<b>182</b>
<b>Weighted NCI-AD Average</b>	<b>74%</b>	<b>11%</b>	<b>15%</b>	<b>2,326</b>

### Can choose or change their services



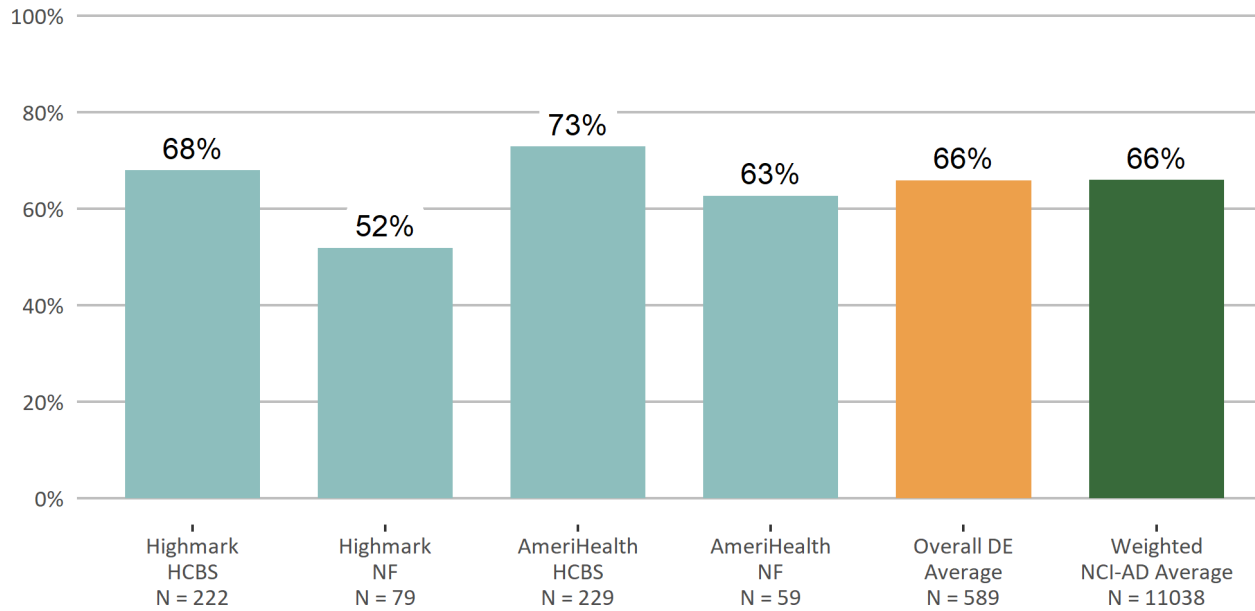
Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 132

**Table 62. Can choose or change their services**

*Proxy respondents were allowed for this question*

<b>Program</b>	<b>Yes, all services</b>	<b>Sometimes, or some services</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	71%	23%	5%	227
Highmark-NF	55%	19%	25%	83
AmeriHealth-HCBS	73%	19%	8%	232
AmeriHealth-NF	56%	26%	18%	61
<b>Overall DE Average</b>	<b>67%</b>	<b>22%</b>	<b>11%</b>	<b>603</b>
<b>Weighted NCI-AD Average</b>	<b>72%</b>	<b>14%</b>	<b>14%</b>	<b>11,076</b>

Can choose or change when and how often they receive services



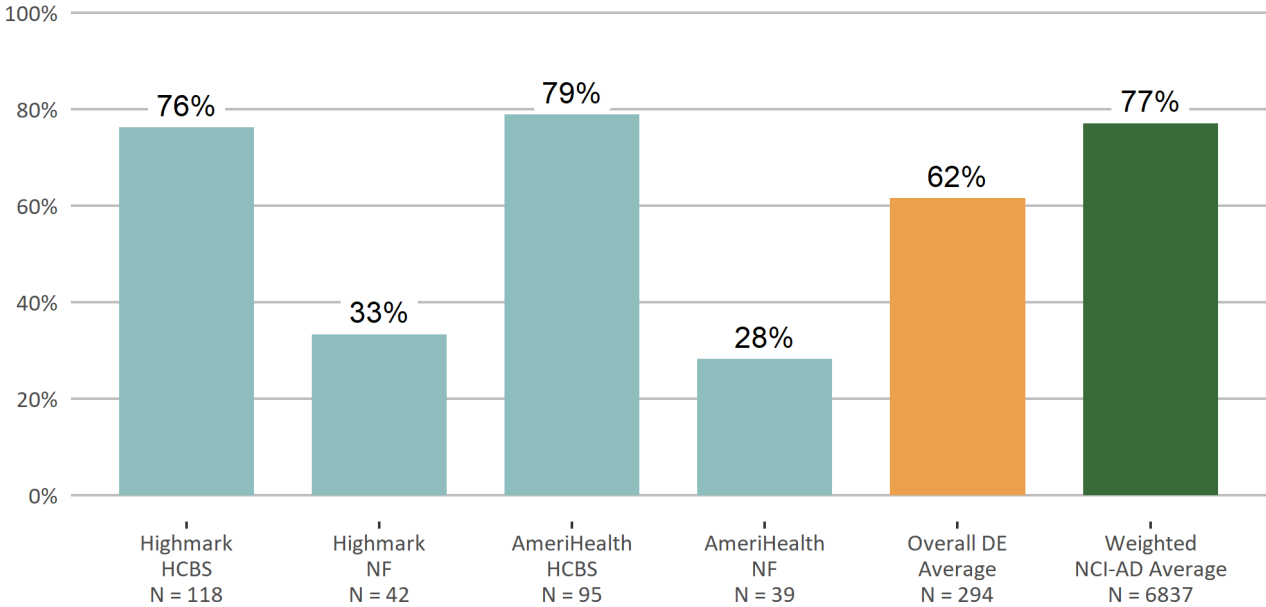
Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 134

**Table 63. Can choose or change when and how often they receive services**

*Proxy respondents were allowed for this question*

<b>Program</b>	<b>Yes, all services</b>	<b>Sometimes, or some services</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	68%	25%	7%	222
Highmark-NF	52%	15%	33%	79
AmeriHealth-HCBS	73%	20%	7%	229
AmeriHealth-NF	63%	24%	14%	59
<b>Overall DE Average</b>	<b>66%</b>	<b>22%</b>	<b>13%</b>	<b>589</b>
<b>Weighted NCI-AD Average</b>	<b>66%</b>	<b>15%</b>	<b>19%</b>	<b>11,038</b>

Can choose or change the people who provide paid supports if wants



Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
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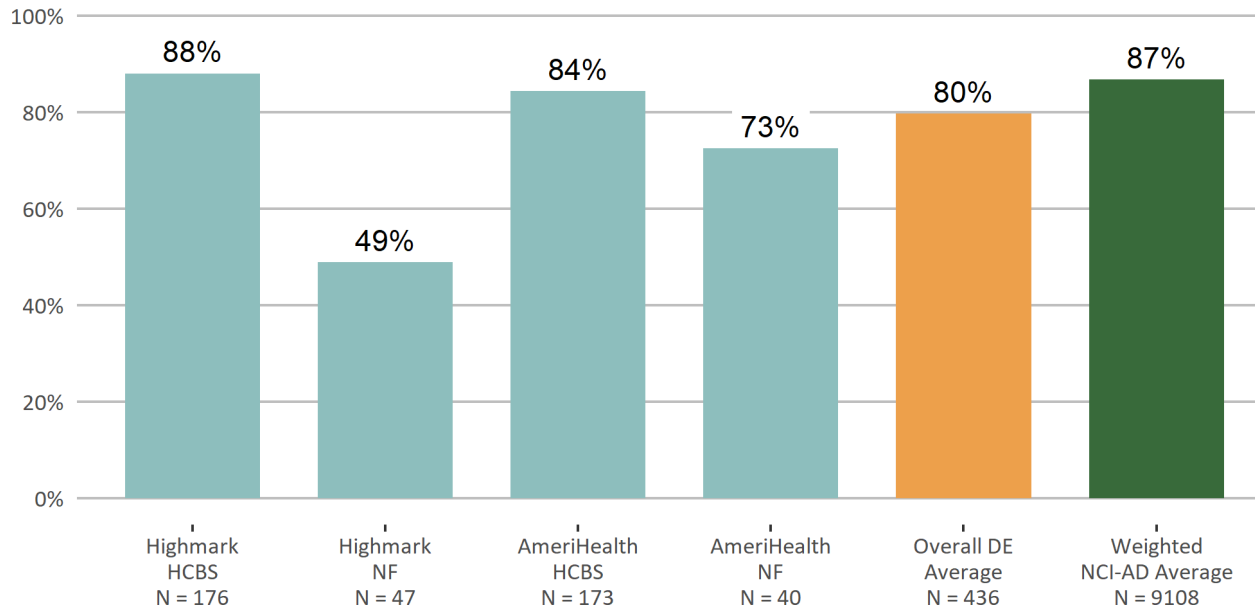
**Table 64. Can choose or change the people who provide paid supports if wants**

*Proxy respondents were allowed for this question*

<b>Program</b>	<b>Yes, all services</b>	<b>Sometimes, or some services</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	76%	10%	14%	118
Highmark-NF	33%	7%	60%	42
AmeriHealth-HCBS	79%	6%	15%	95
AmeriHealth-NF	28%	5%	67%	39
<b>Overall DE Average</b>	<b>62%</b>	<b>8%</b>	<b>30%</b>	<b>294</b>
<b>Weighted NCI-AD Average</b>	<b>77%</b>	<b>7%</b>	<b>16%</b>	<b>6,837</b>

## Satisfaction

### Services help them live the life they want

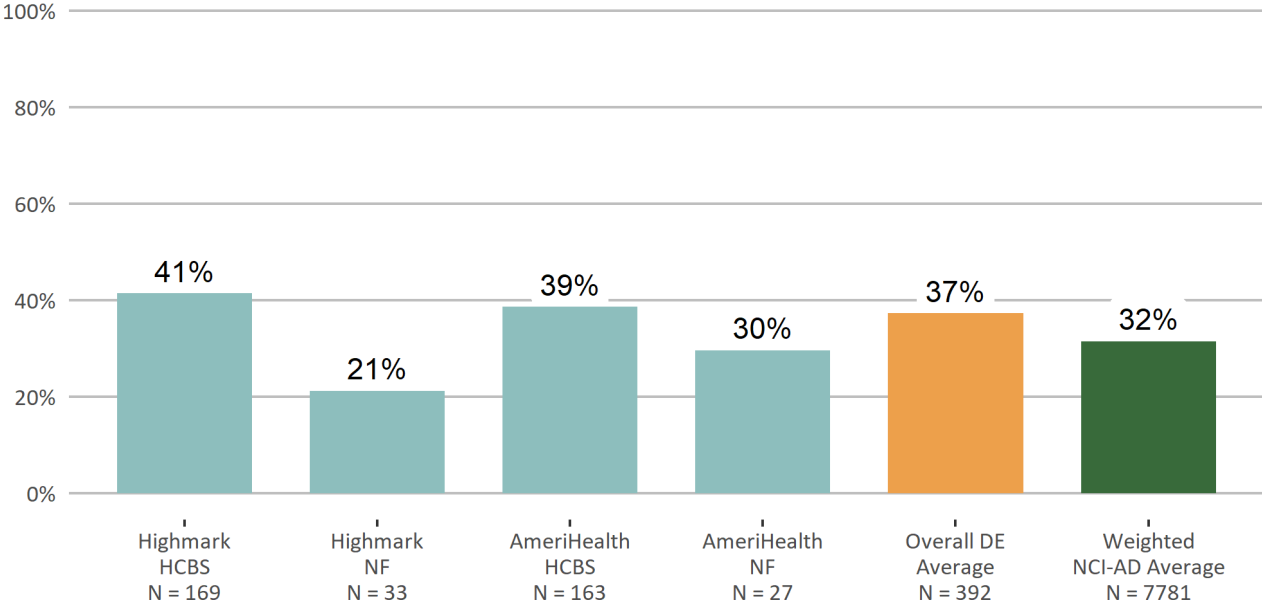


Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 139

**Table 65. Services help them live the life they want**

<b>Program</b>	<b>Yes</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	88%	12%	176
Highmark-NF	49%	51%	47
AmeriHealth-HCBS	84%	16%	173
AmeriHealth-NF	73%	28%	40
<b>Overall DE Average</b>	<b>80%</b>	<b>20%</b>	<b>436</b>
<b>Weighted NCI-AD Average</b>	<b>87%</b>	<b>13%</b>	<b>9,108</b>

Case manager/care coordinator changes too often

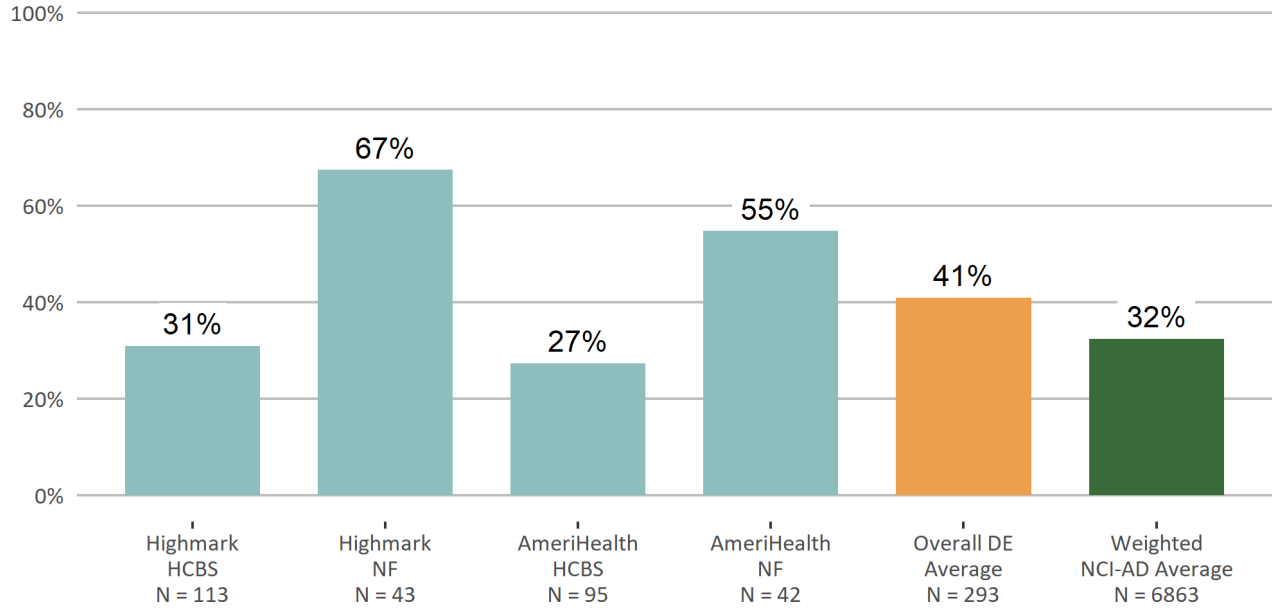


Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
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**Table 66. Case manager/care coordinator changes too often**

<b>Program</b>	<b>Yes</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	41%	59%	169
Highmark-NF	21%	79%	33
AmeriHealth-HCBS	39%	61%	163
AmeriHealth-NF	30%	70%	27
<b>Overall DE Average</b>	<b>37%</b>	<b>63%</b>	<b>392</b>
<b>Weighted NCI-AD Average</b>	<b>32%</b>	<b>68%</b>	<b>7,781</b>

People who are paid to help them change too often



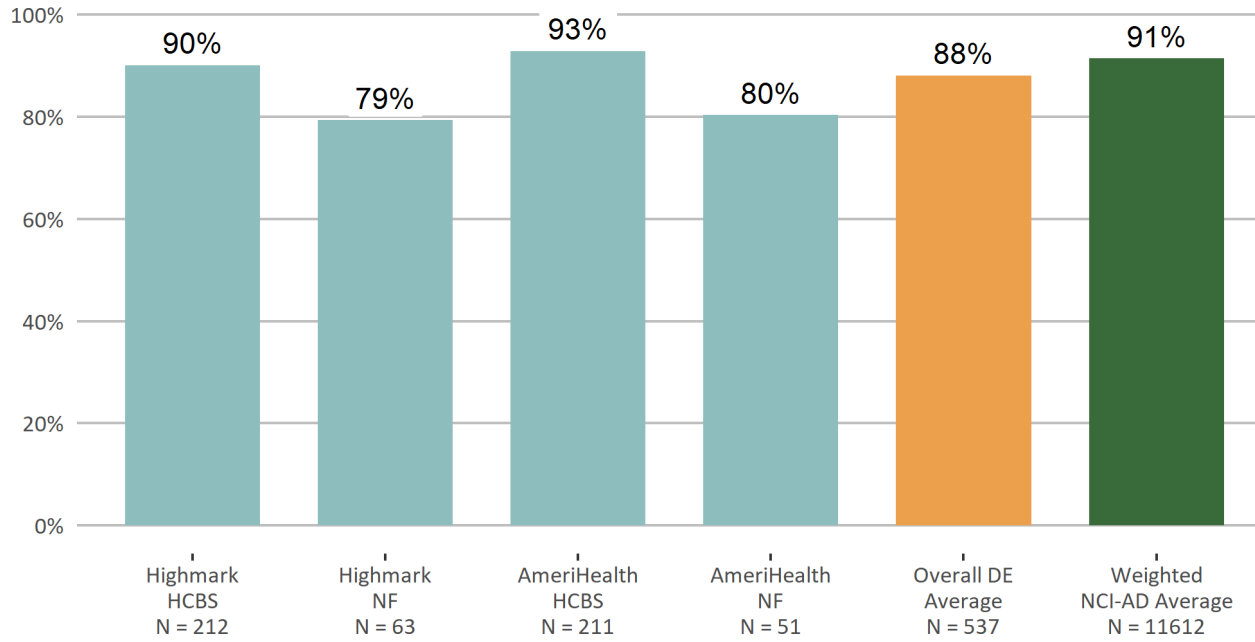
Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
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**Table 67. People who are paid to help them change too often**

<b>Program</b>	<b>Yes, all paid support workers, always or almost always</b>	<b>Some or usually</b>	<b>No, never or rarely</b>	<b>N</b>
Highmark-HCBS	16%	15%	69%	113
Highmark-NF	44%	23%	33%	43
AmeriHealth-HCBS	17%	11%	73%	95
AmeriHealth-NF	38%	17%	45%	42
<b>Overall DE Average</b>	<b>25%</b>	<b>16%</b>	<b>59%</b>	<b>293</b>
<b>Weighted NCI-AD Average</b>	<b>18%</b>	<b>15%</b>	<b>68%</b>	<b>6,863</b>



### Likes where they live

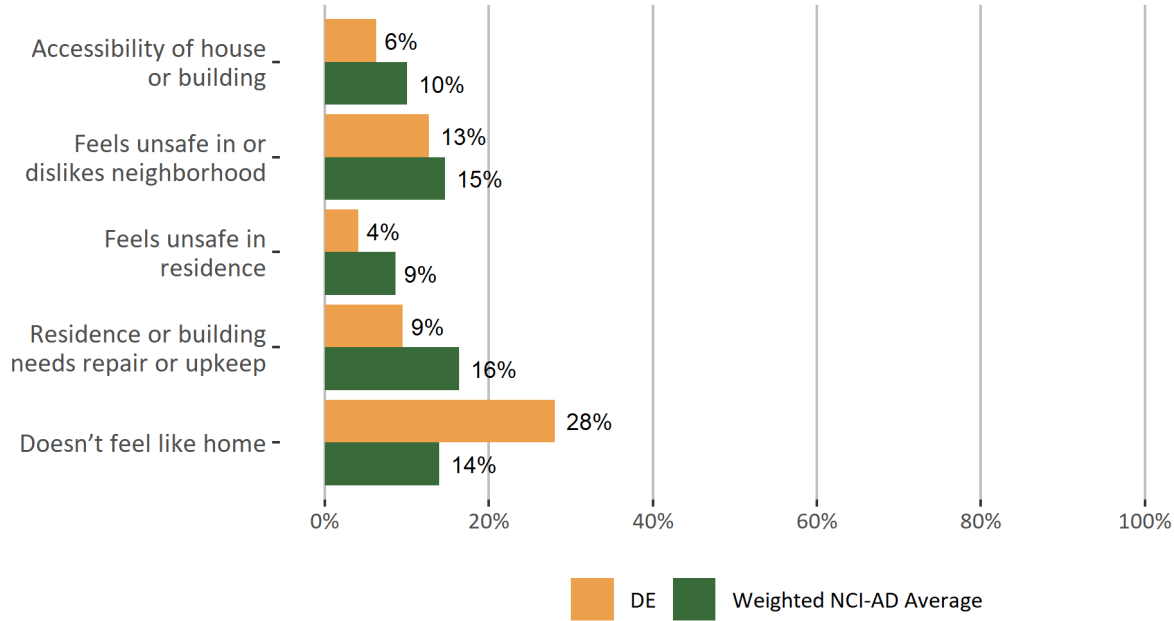


Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
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**Table 68. Likes where they live**

<b>Program</b>	<b>Yes</b>	<b>In between, most of the time</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	82%	8%	10%	212
Highmark-NF	49%	30%	21%	63
AmeriHealth-HCBS	82%	11%	7%	211
AmeriHealth-NF	69%	12%	20%	51
<b>Overall DE Average</b>	<b>75%</b>	<b>13%</b>	<b>12%</b>	<b>537</b>
<b>Weighted NCI-AD Average</b>	<b>83%</b>	<b>9%</b>	<b>9%</b>	<b>11,612</b>

Reasons does not like where they live (if does not always like where they live)

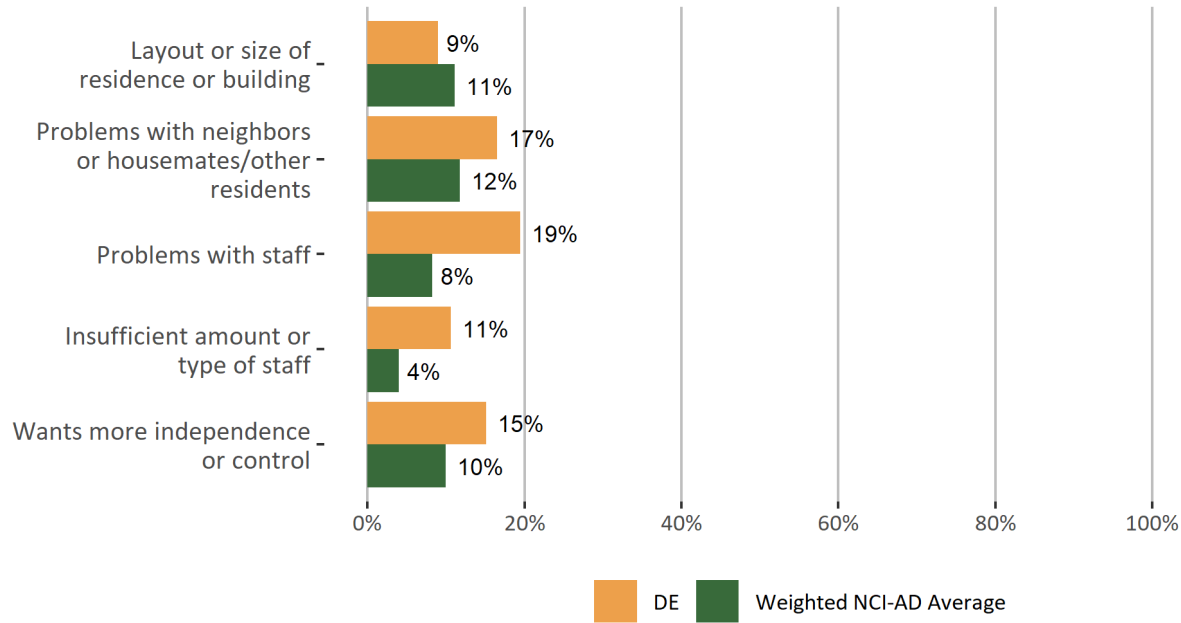


**Table 69A. Reasons does not like where they live (if does not always like where they live)**

*Categories are not mutually exclusive, therefore N is not shown.*

<b>Program</b>	<b>Accessibility of house or building</b>	<b>Feels unsafe in or dislikes neighborhood</b>	<b>Feels unsafe in residence</b>	<b>Residence or building needs repair or upkeep</b>	<b>Doesn't feel like home</b>
Highmark-HCBS	4%	9%	1%	6%	8%
Highmark-NF	1%	1%	2%	1%	12%
AmeriHealth-HCBS	2%	3%	1%	2%	4%
<b>Overall DE Average</b>	<b>6%</b>	<b>13%</b>	<b>4%</b>	<b>9%</b>	<b>28%</b>
<b>Weighted NCI-AD Average</b>	<b>10%</b>	<b>15%</b>	<b>9%</b>	<b>16%</b>	<b>14%</b>

Reasons does not like where they live (if does not always like where they live) (continued)

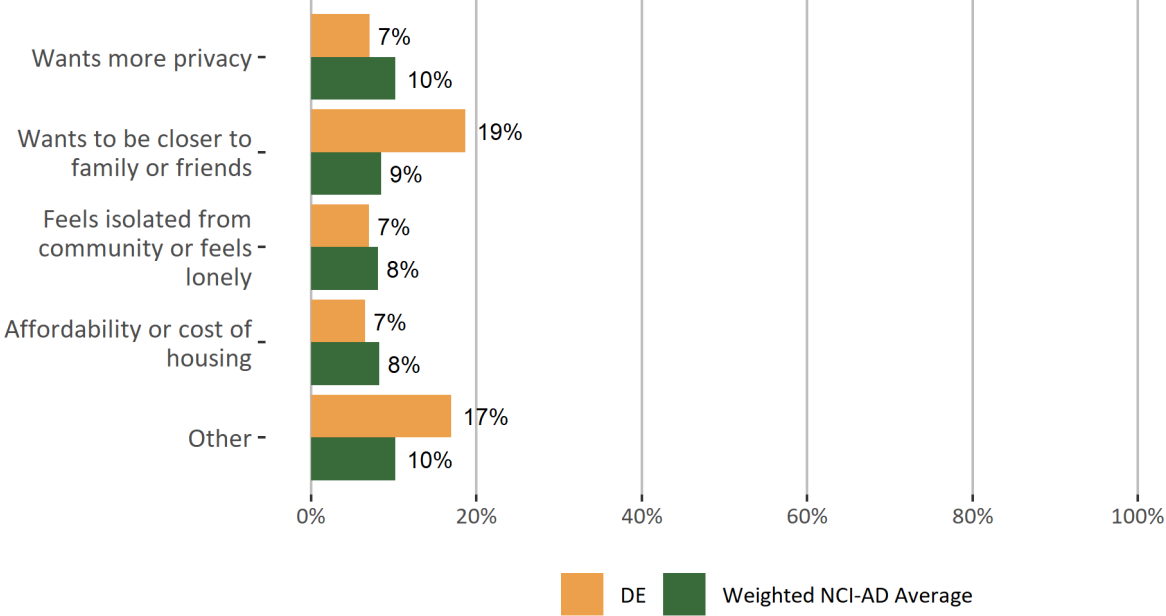


**Table 69B. Reasons does not like where they live (if does not always like where they live) (continued)**

*Categories are not mutually exclusive, therefore N is not shown.*

<b>Program</b>	<b>Layout or size of residence or building</b>	<b>Problems with neighbors or housemates/other residents</b>	<b>Problems with staff</b>	<b>Insufficient amount or type of staff</b>	<b>Wants more independence or control</b>
Highmark-HCBS	4%	7%	2%	1%	4%
Highmark-NF	2%	5%	10%	9%	6%
AmeriHealth-HCBS	3%	3%	2%	1%	2%
<b>Overall DE Average</b>	<b>9%</b>	<b>17%</b>	<b>19%</b>	<b>11%</b>	<b>15%</b>
<b>Weighted NCI-AD Average</b>	<b>11%</b>	<b>12%</b>	<b>8%</b>	<b>4%</b>	<b>10%</b>

Reasons does not like where they live (if does not always like where they live) (continued)



Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
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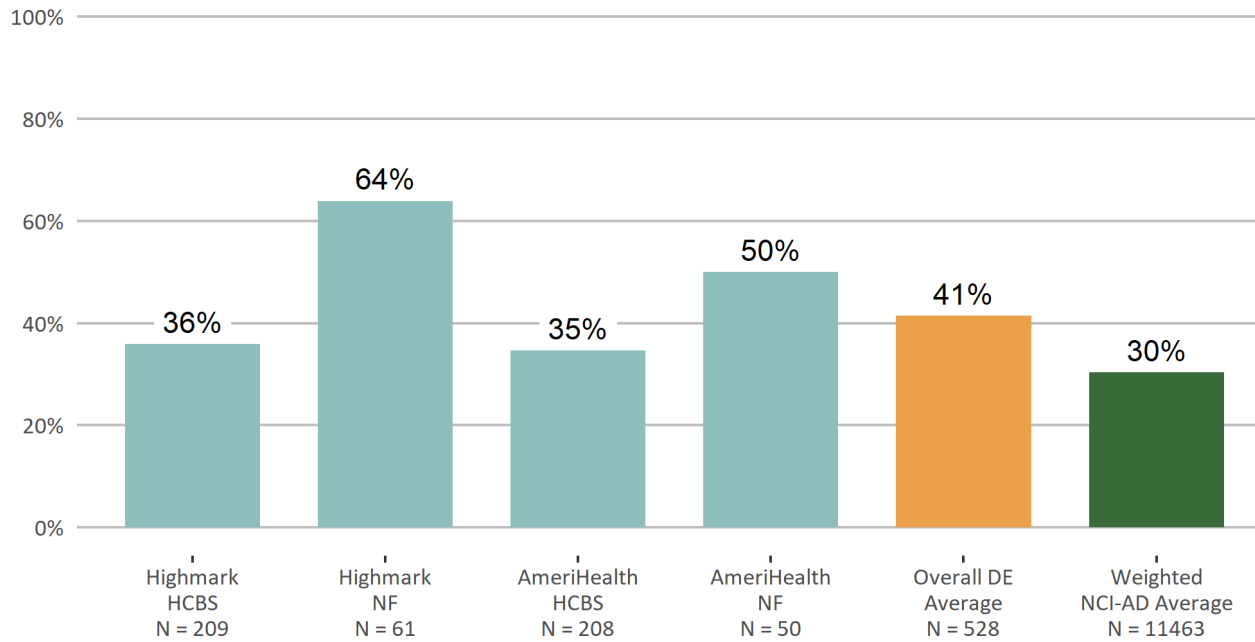
**Table 69C. Reasons does not like where they live (if does not always like where they live) (continued)**

*Categories are not mutually exclusive, therefore N is not shown.*

<b>Program</b>	<b>Wants more privacy</b>	<b>Wants to be closer to family or friends</b>	<b>Feels isolated from community or feels lonely</b>	<b>Affordability or cost of housing</b>	<b>Other</b>
Highmark-HCBS	4%	4%	2%	4%	4%
Highmark-NF	1%	7%	2%	0%	8%
AmeriHealth-HCBS	1%	2%	2%	1%	3%
<b>Overall DE Average</b>	<b>7%</b>	<b>19%</b>	<b>7%</b>	<b>7%</b>	<b>17%</b>
<b>Weighted NCI-AD Average</b>	<b>10%</b>	<b>9%</b>	<b>8%</b>	<b>8%</b>	<b>10%</b>



### Wants to live somewhere else

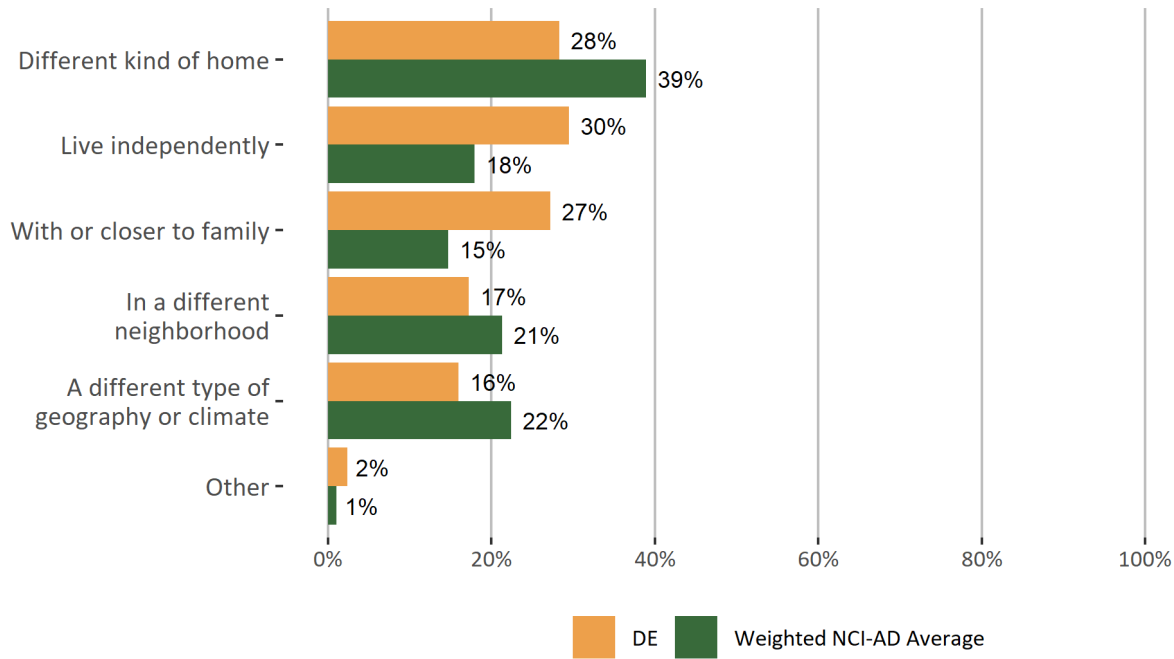


Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
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**Table 70. Wants to live somewhere else**

<b>Program</b>	<b>Yes</b>	<b>Maybe</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	29%	7%	64%	209
Highmark-NF	56%	8%	36%	61
AmeriHealth-HCBS	27%	7%	65%	208
AmeriHealth-NF	38%	12%	50%	50
<b>Overall DE Average</b>	<b>33%</b>	<b>8%</b>	<b>59%</b>	<b>528</b>
<b>Weighted NCI-AD Average</b>	<b>22%</b>	<b>9%</b>	<b>70%</b>	<b>11,463</b>

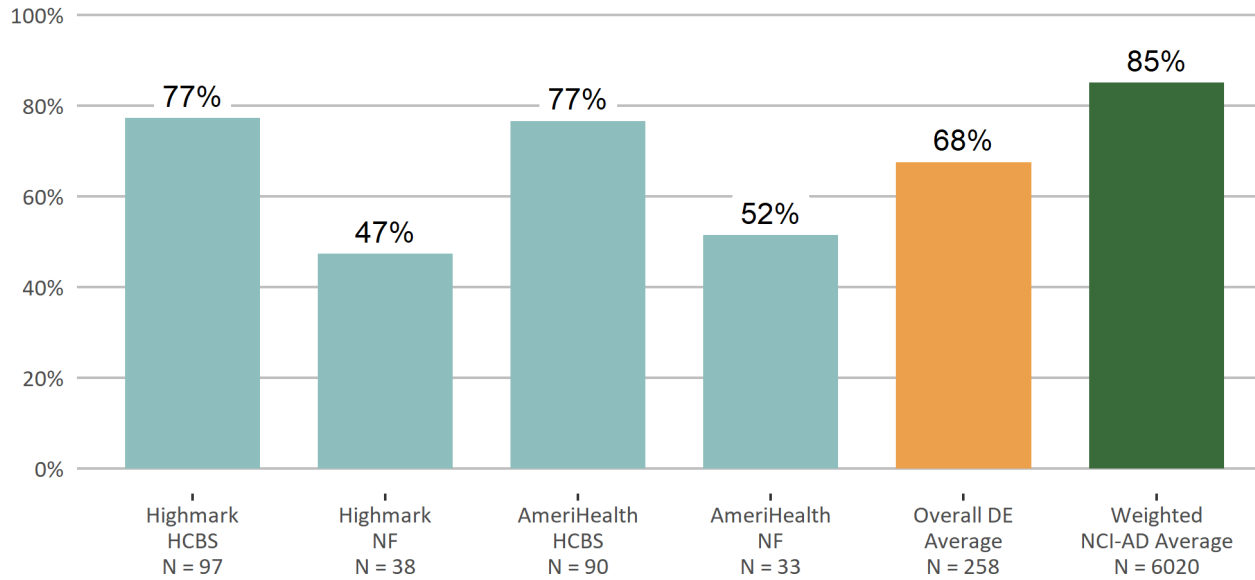
### Where person would prefer to live (if wants to live somewhere else)



**Table 71. Where person would prefer to live (if wants to live somewhere else)**

<b>Program</b>	<b>Different kind of home</b>	<b>Live independently</b>	<b>With or closer to family</b>	<b>In a different neighborhood</b>	<b>A different type of geography or climate</b>	<b>Other</b>
Highmark-HCBS	14%	8%	7%	11%	9%	2%
Highmark-NF	5%	11%	8%	0%	2%	1%
AmeriHealth-HCBS	7%	5%	3%	6%	4%	0%
AmeriHealth-NF	1%	6%	9%	0%	1%	0%
<b>Overall DE Average</b>	<b>28%</b>	<b>30%</b>	<b>27%</b>	<b>17%</b>	<b>16%</b>	<b>2%</b>
<b>Weighted NCI-AD Average</b>	<b>39%</b>	<b>18%</b>	<b>15%</b>	<b>21%</b>	<b>22%</b>	<b>1%</b>

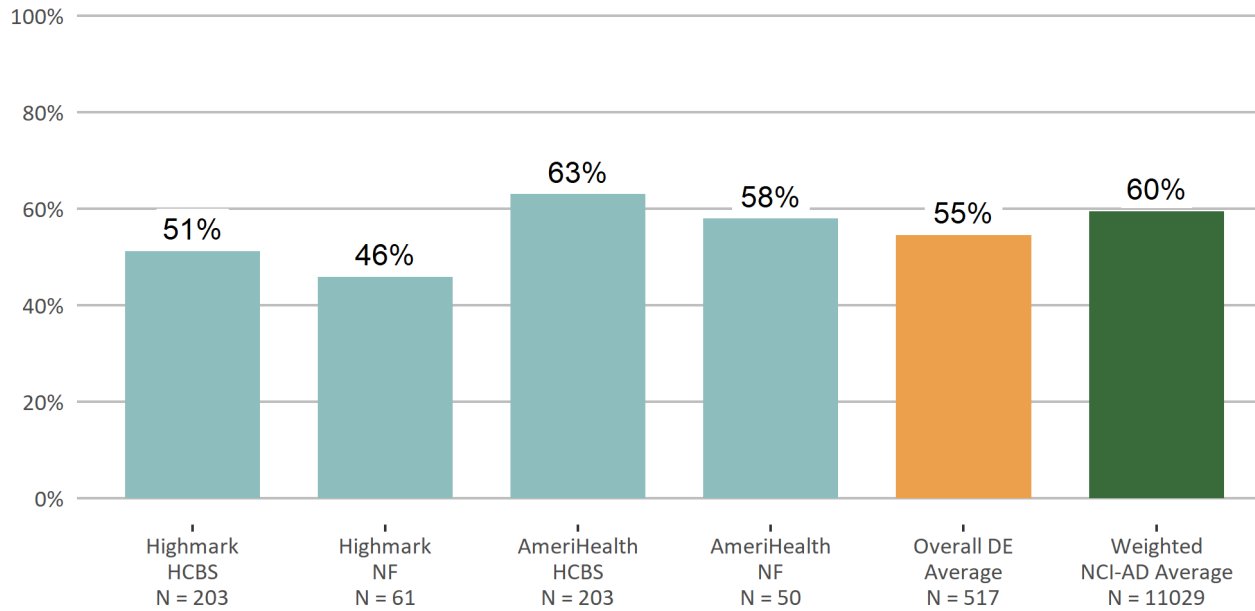
People who are paid to help them  
always do things the way they want  
them done



**Table 72. People who are paid to help them do things the way they want them done**

<b>Program</b>	<b>Yes, all paid support workers, always or almost always</b>	<b>Some or usually</b>	<b>No, never or rarely</b>	<b>N</b>
Highmark-HCBS	77%	23%	0%	97
Highmark-NF	47%	39%	13%	38
AmeriHealth-HCBS	77%	21%	2%	90
AmeriHealth-NF	52%	45%	3%	33
<b>Overall DE Average</b>	<b>68%</b>	<b>29%</b>	<b>3%</b>	<b>258</b>
<b>Weighted NCI-AD Average</b>	<b>85%</b>	<b>12%</b>	<b>3%</b>	<b>6,020</b>

Usually likes how they spend their time during the day



Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 159

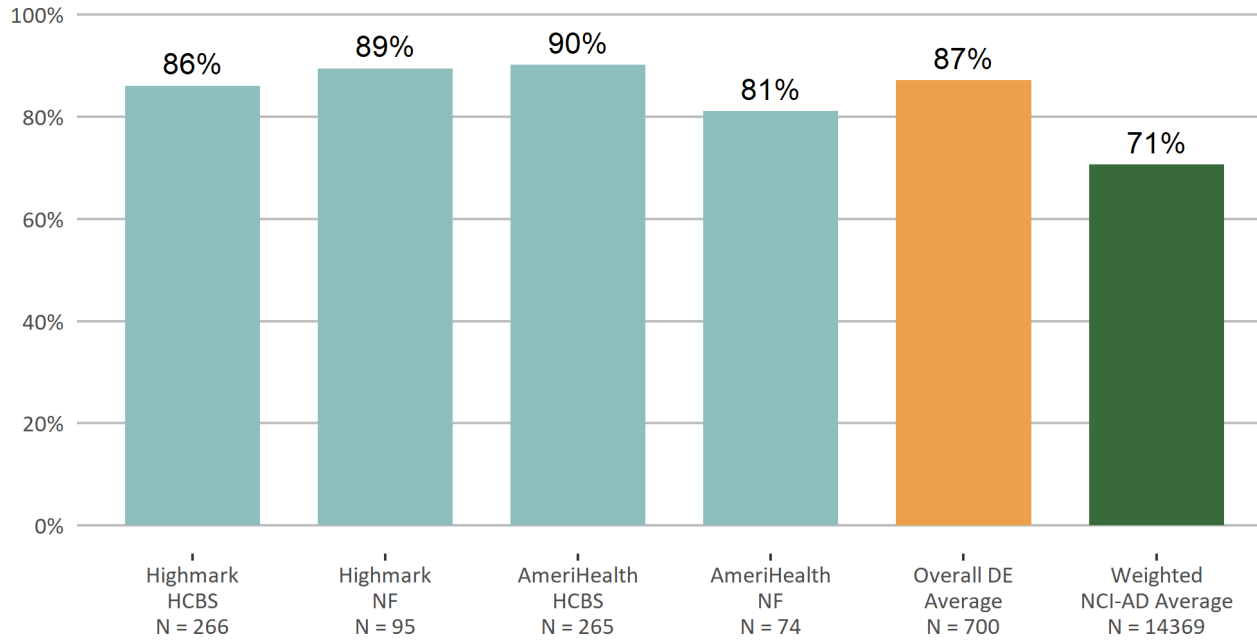
**Table 73. Usually likes how they spend their time during the day**

<b>Program</b>	<b>Yes, always, or almost always</b>	<b>Sometimes</b>	<b>No, never or rarely</b>	<b>N</b>
Highmark-HCBS	51%	41%	8%	203
Highmark-NF	46%	39%	15%	61
AmeriHealth-HCBS	63%	33%	4%	203
AmeriHealth-NF	58%	28%	14%	50
<b>Overall DE Average</b>	<b>55%</b>	<b>37%</b>	<b>9%</b>	<b>517</b>
<b>Weighted NCI-AD Average</b>	<b>60%</b>	<b>31%</b>	<b>9%</b>	<b>11,029</b>



## Technology

### Has access to the internet



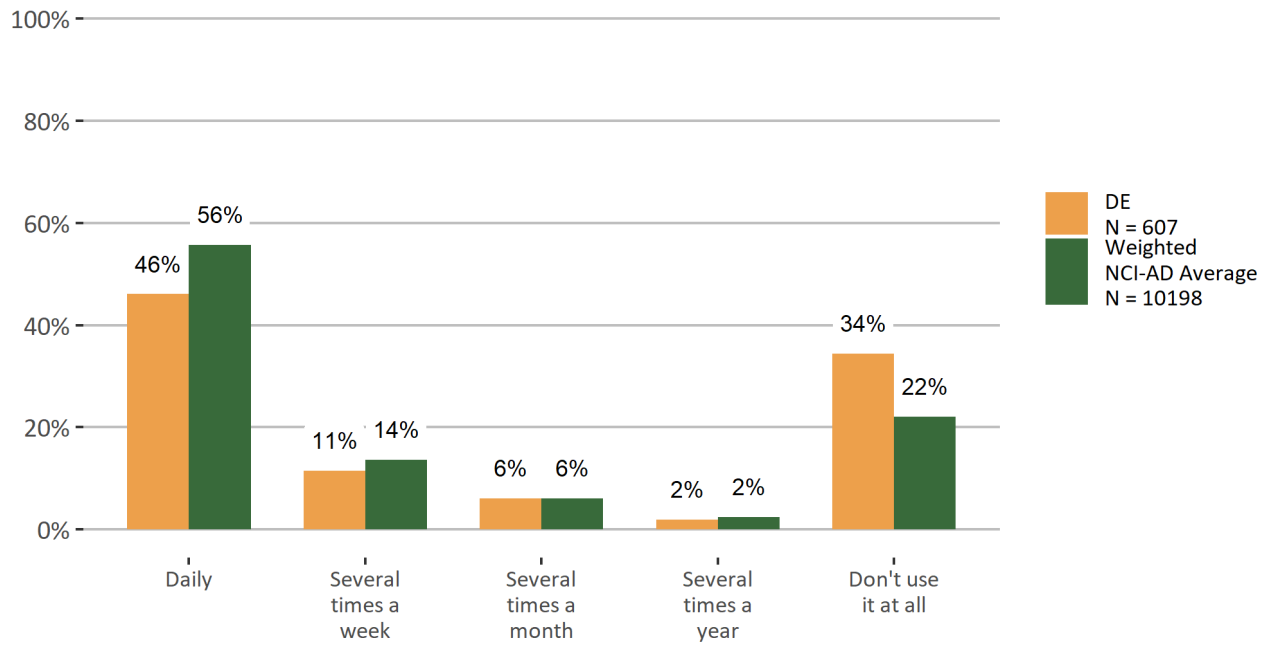
Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 162

**Table 74. Has access to the internet**

*Proxy respondents were allowed for this question*

<b>Program</b>	<b>Yes</b>	<b>Sometimes</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	84%	2%	14%	266
Highmark-NF	88%	1%	11%	95
AmeriHealth-HCBS	87%	3%	10%	265
AmeriHealth-NF	81%	0%	19%	74
<b>Overall DE Average</b>	<b>85%</b>	<b>2%</b>	<b>13%</b>	<b>700</b>
<b>Weighted NCI-AD Average</b>	<b>69%</b>	<b>2%</b>	<b>29%</b>	<b>14,369</b>

### Frequency of internet use

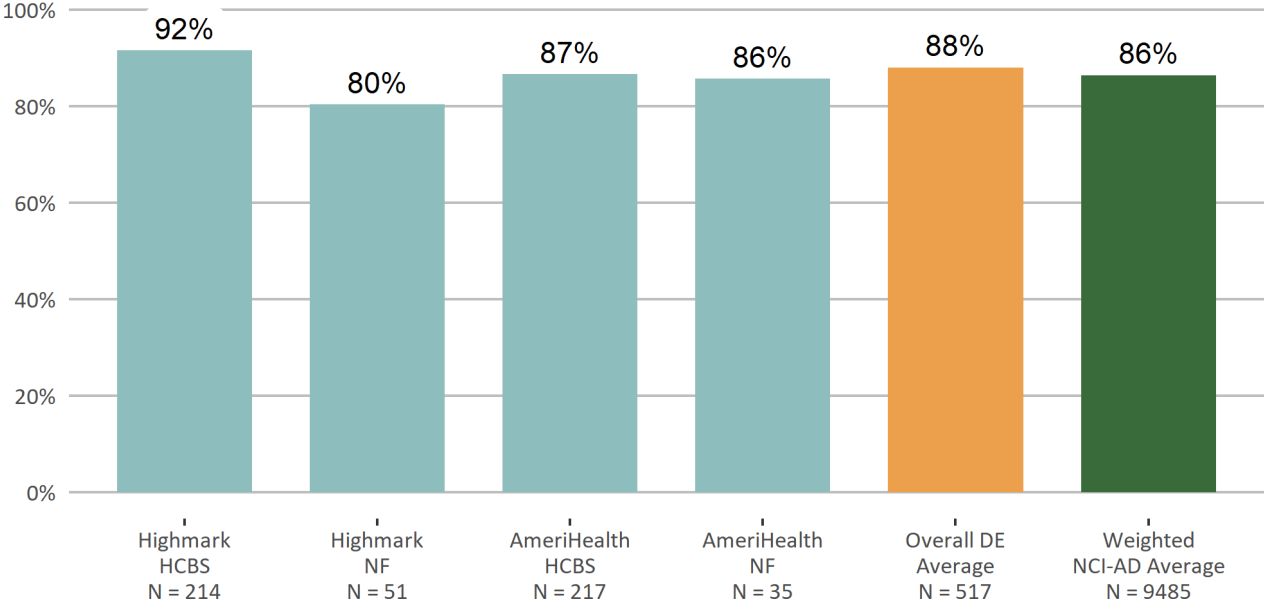


**Table 75. Frequency with which people use the internet**

*Proxy respondents were allowed for this question*

<b>Program</b>	<b>Daily</b>	<b>Several times a week</b>	<b>Several times a month</b>	<b>Several times a year</b>	<b>Don't use it at all</b>	<b>N</b>
Highmark-HCBS	53%	14%	7%	2%	24%	227
Highmark-NF	36%	1%	4%	1%	58%	84
AmeriHealth-HCBS	55%	15%	8%	1%	21%	236
AmeriHealth-NF	17%	10%	3%	3%	67%	60
<b>Overall DE Average</b>	<b>46%</b>	<b>11%</b>	<b>6%</b>	<b>2%</b>	<b>34%</b>	<b>607</b>
<b>Weighted NCI-AD Average</b>	<b>56%</b>	<b>14%</b>	<b>6%</b>	<b>2%</b>	<b>22%</b>	<b>10,198</b>

Always has a stable internet connection



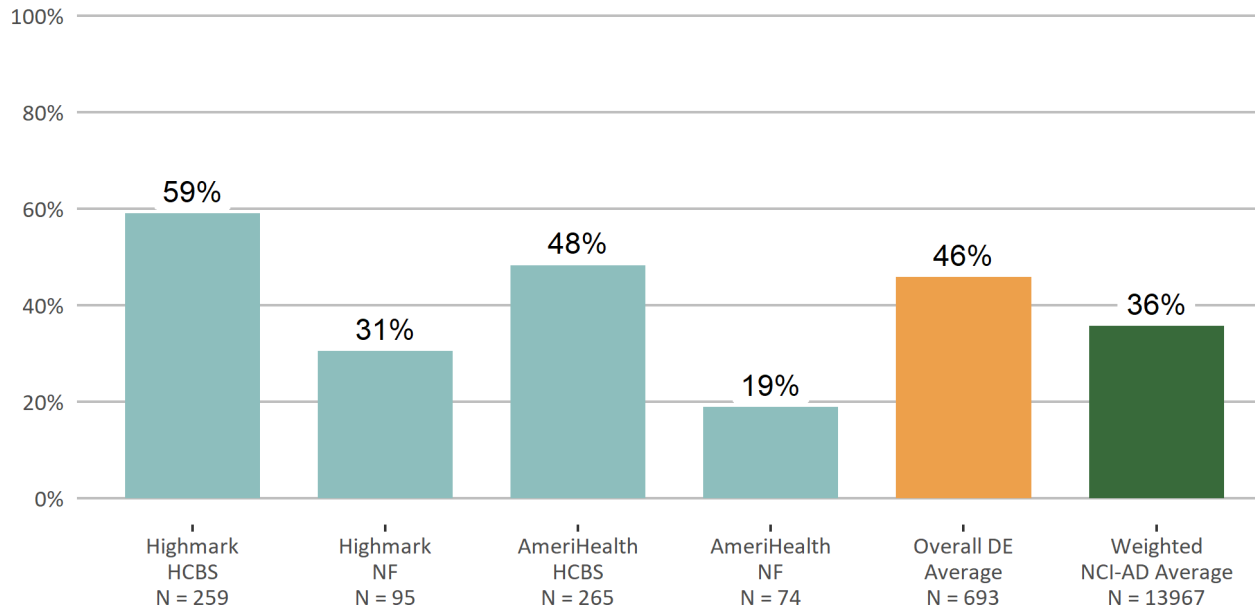
Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 166

**Table 76. Always has a stable internet connection**

*Proxy respondents were allowed for this question*

<b>Program</b>	<b>Always works</b>	<b>Sometimes works</b>	<b>Rarely or never works</b>	<b>N</b>
Highmark-HCBS	92%	8%	0%	214
Highmark-NF	80%	20%	0%	51
AmeriHealth-HCBS	87%	13%	0%	217
AmeriHealth-NF	86%	14%	0%	35
<b>Overall DE Average</b>	<b>88%</b>	<b>12%</b>	<b>0%</b>	<b>517</b>
<b>Weighted NCI-AD Average</b>	<b>86%</b>	<b>13%</b>	<b>1%</b>	<b>9,485</b>

### Has talked to health professionals using video conference/telehealth



Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 168

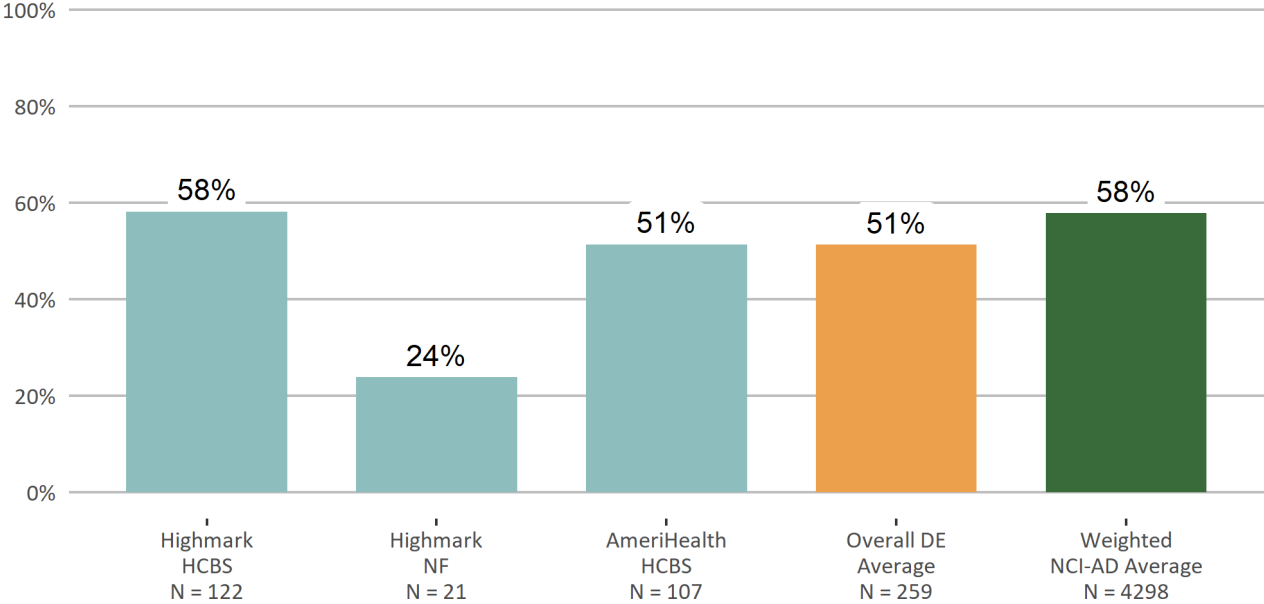


**Table 77. Has talked to health professionals using video conference/telehealth**

*Proxy respondents were allowed for this question*

<b>Program</b>	<b>Yes</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	59%	41%	259
Highmark-NF	31%	69%	95
AmeriHealth-HCBS	48%	52%	265
AmeriHealth-NF	19%	81%	74
<b>Overall DE Average</b>	<b>46%</b>	<b>54%</b>	<b>693</b>
<b>Weighted NCI-AD Average</b>	<b>36%</b>	<b>64%</b>	<b>13,967</b>

Liked talking to health care providers using telehealth



Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 170

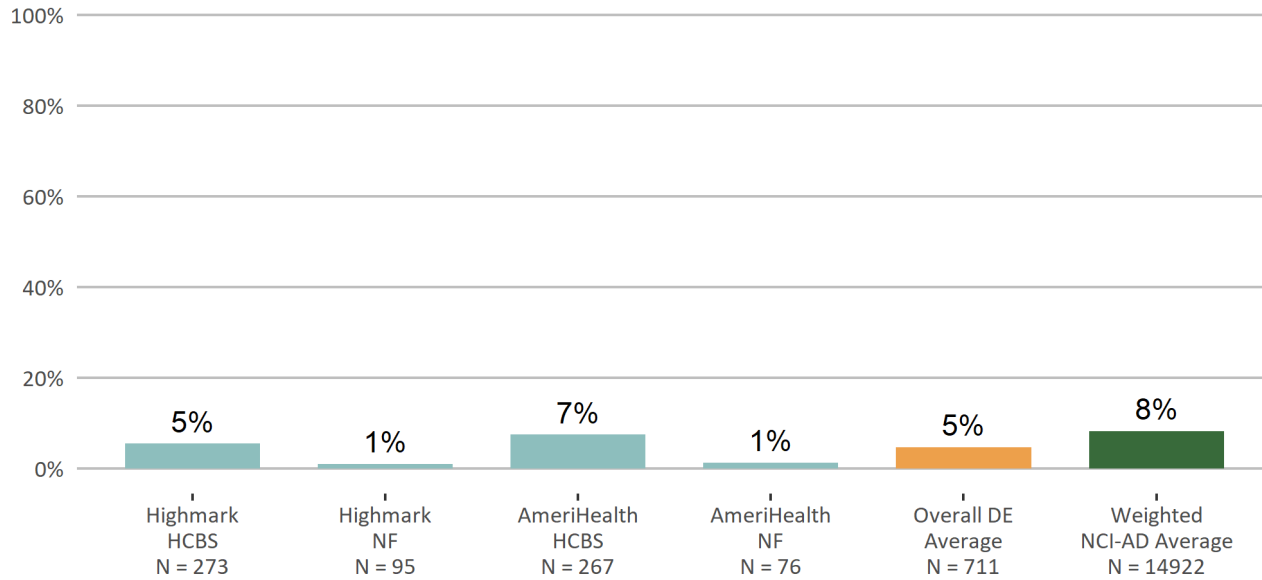
**Table 78. Liked talking to health care providers using telehealth**

*New question in 2022-2023.*

<b>Program</b>	<b>Yes, completely</b>	<b>Yes, in part</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	58%	28%	14%	122
Highmark-NF	24%	24%	52%	21
AmeriHealth-HCBS	51%	31%	18%	107
<b>Overall DE Average</b>	<b>51%</b>	<b>28%</b>	<b>21%</b>	<b>259</b>
<b>Weighted NCI-AD Average</b>	<b>58%</b>	<b>24%</b>	<b>18%</b>	<b>4,298</b>

## *Access to Needed Equipment*

Needs grab bars in the bathroom or elsewhere in their home but do not have them



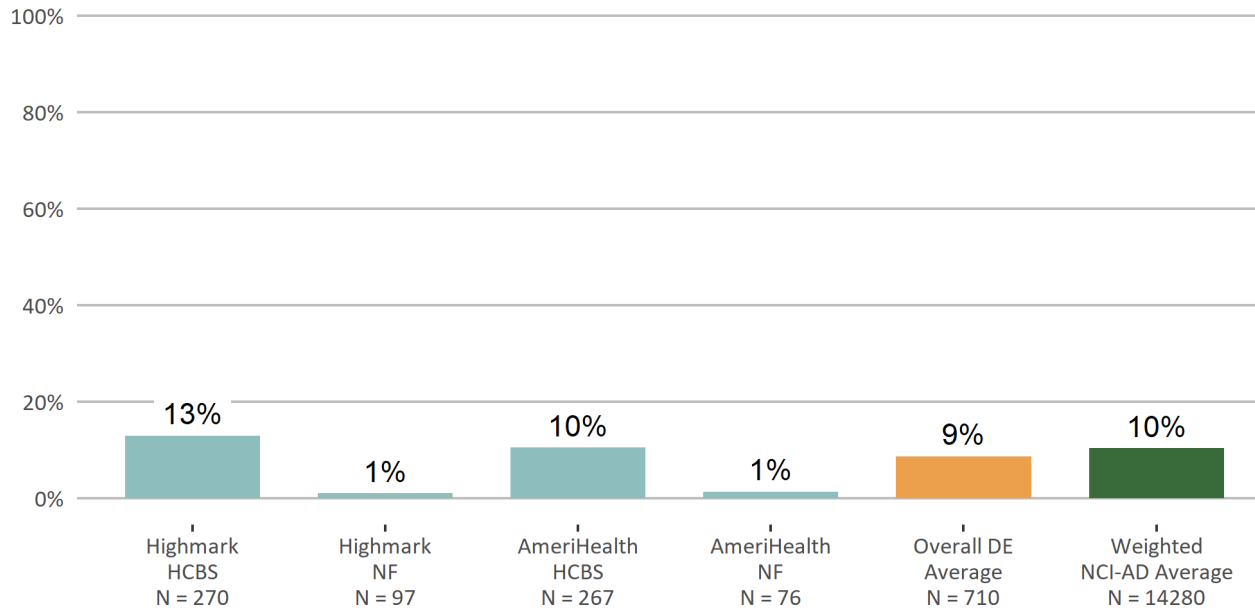
Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 173

**Table 79. Needs grab bars in the bathroom or elsewhere in their home but does not have them**

*Proxy respondents were allowed for this question.*

<b>Program</b>	<b>Needs</b>	<b>Has but needs change or update</b>	<b>Has and does not need change or update</b>	<b>Does not need</b>	<b>N</b>
Highmark-HCBS	5%	9%	70%	15%	273
Highmark-NF	1%	5%	85%	8%	95
AmeriHealth-HCBS	7%	9%	64%	20%	267
AmeriHealth-NF	1%	1%	87%	11%	76
<b>Overall DE Average</b>	<b>5%</b>	<b>7%</b>	<b>73%</b>	<b>15%</b>	<b>711</b>
<b>Weighted NCI-AD Average</b>	<b>8%</b>	<b>6%</b>	<b>69%</b>	<b>17%</b>	<b>14,922</b>

Needs other bathroom modifications  
but does not have them



Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 175

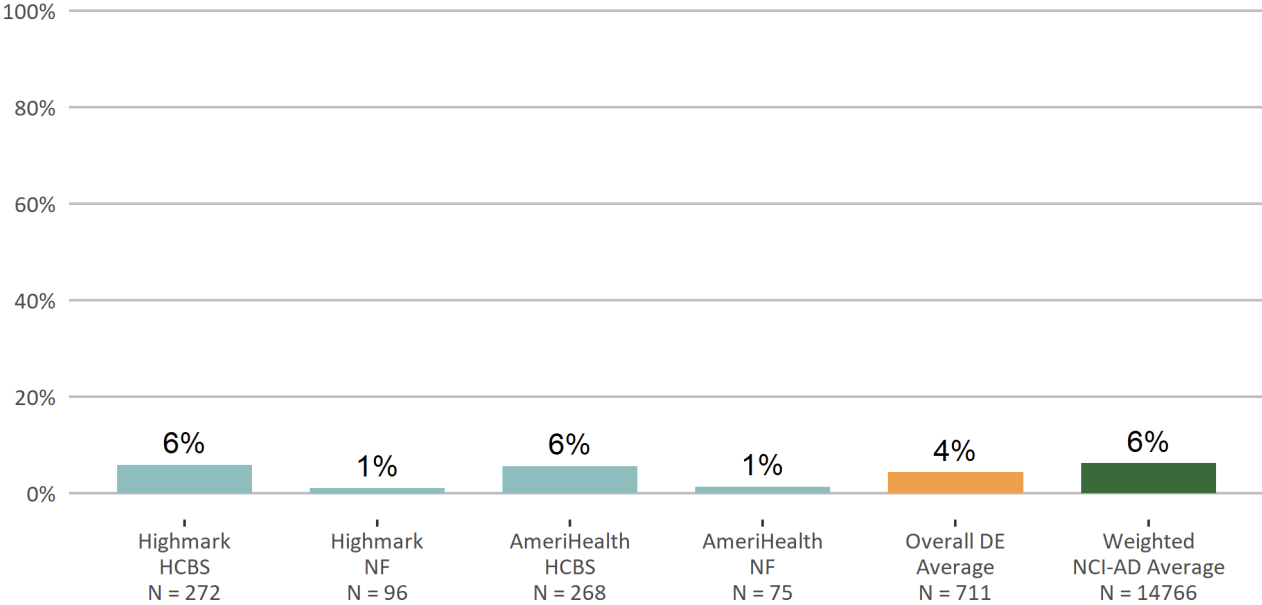
**Table 80. Needs other bathroom modifications but does not have them**

*Proxy respondents were allowed for this question.*

<b>Program</b>	<b>Needs</b>	<b>Has but needs change or update</b>	<b>Has and does not need change or update</b>	<b>Does not need</b>	<b>N</b>
Highmark-HCBS	13%	5%	35%	47%	270
Highmark-NF	1%	3%	75%	21%	97
AmeriHealth-HCBS	10%	7%	34%	48%	267
AmeriHealth-NF	1%	1%	74%	24%	76
<b>Overall DE Average</b>	<b>9%</b>	<b>5%</b>	<b>47%</b>	<b>40%</b>	<b>710</b>
<b>Weighted NCI-AD Average</b>	<b>10%</b>	<b>3%</b>	<b>32%</b>	<b>55%</b>	<b>14,280</b>



Needs a shower chair but does not have one



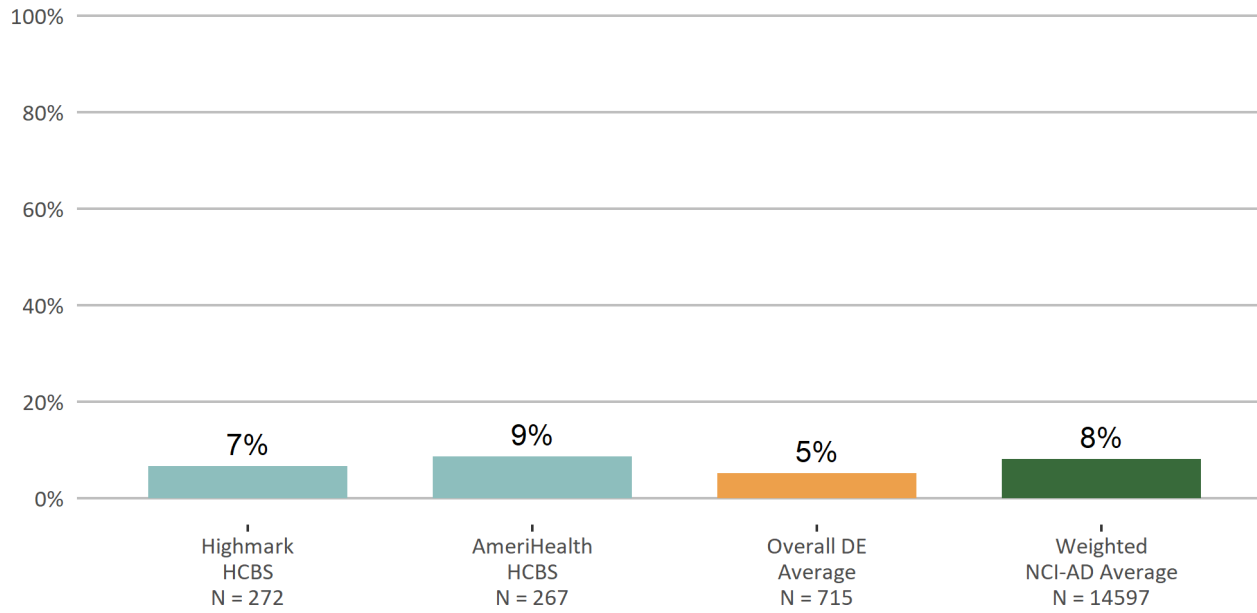
Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 177

**Table 81. Needs a shower chair but does not have one**

*Proxy respondents were allowed for this question.*

<b>Program</b>	<b>Needs</b>	<b>Has but needs change or update</b>	<b>Has and does not need change or update</b>	<b>Does not need</b>	<b>N</b>
Highmark-HCBS	6%	7%	68%	18%	272
Highmark-NF	1%	4%	78%	17%	96
AmeriHealth-HCBS	6%	10%	65%	20%	268
AmeriHealth-NF	1%	1%	83%	15%	75
<b>Overall DE Average</b>	<b>4%</b>	<b>7%</b>	<b>71%</b>	<b>18%</b>	<b>711</b>
<b>Weighted NCI-AD Average</b>	<b>6%</b>	<b>5%</b>	<b>69%</b>	<b>19%</b>	<b>14,766</b>

Needs a specialized bed but does not have one

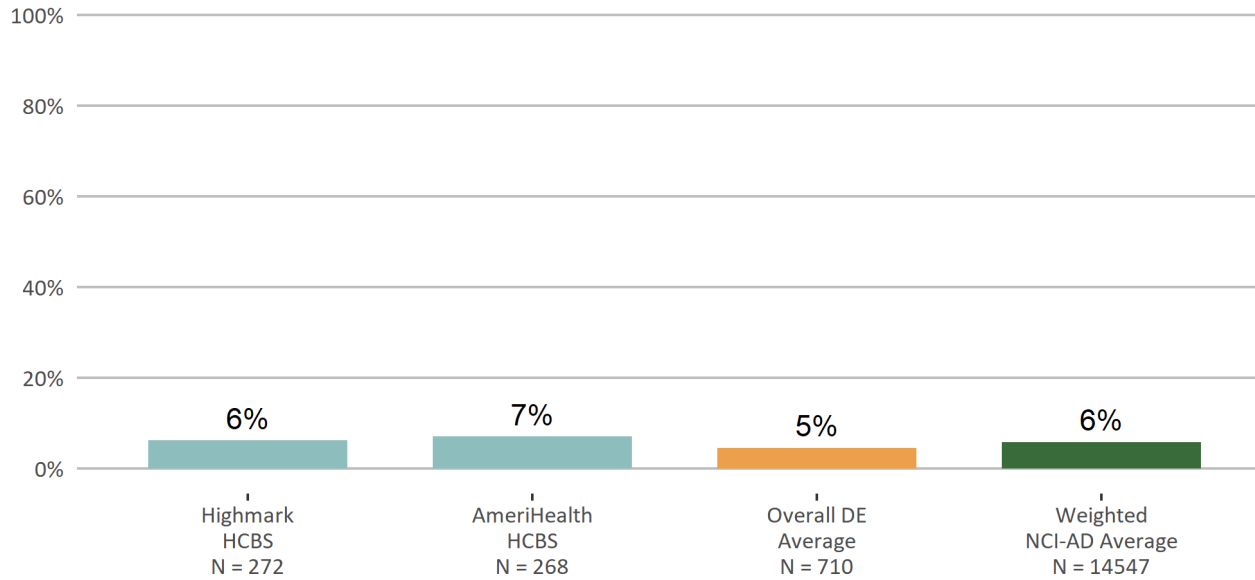


**Table 82. Needs a specialized bed but does not have one**

*Proxy respondents were allowed for this question.*

<b>Program</b>	<b>Needs</b>	<b>Has but needs change or update</b>	<b>Has and does not need change or update</b>	<b>Does not need</b>	<b>N</b>
Highmark-HCBS	7%	6%	28%	60%	272
Highmark-NF	0%	12%	85%	3%	98
AmeriHealth-HCBS	9%	6%	34%	52%	267
AmeriHealth-NF	0%	8%	83%	9%	78
<b>Overall DE Average</b>	<b>5%</b>	<b>7%</b>	<b>47%</b>	<b>41%</b>	<b>715</b>
<b>Weighted NCI-AD Average</b>	<b>8%</b>	<b>4%</b>	<b>29%</b>	<b>60%</b>	<b>14,597</b>

Need for a ramp (either inside or outside of their residence) but does not have one

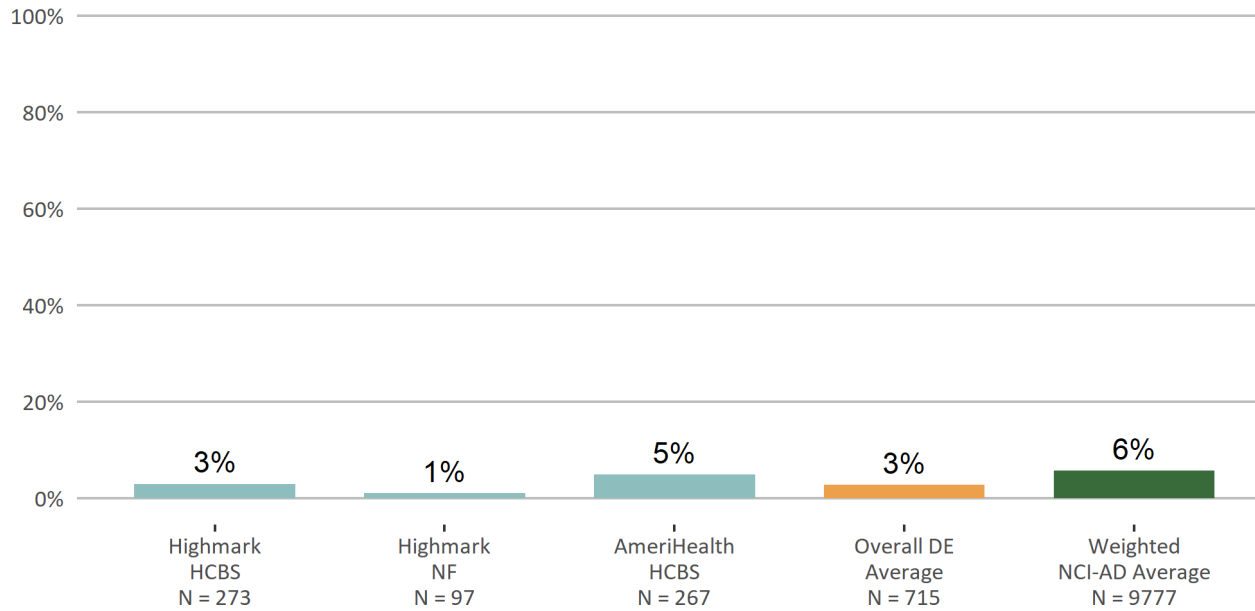


**Table 83. Need for a ramp (either inside or outside of their residence) but does not have one**

*Proxy respondents were allowed for this question.*

<b>Program</b>	<b>Needs</b>	<b>Has but needs change or update</b>	<b>Has and does not need change or update</b>	<b>Does not need</b>	<b>N</b>
Highmark-HCBS	6%	4%	38%	51%	272
Highmark-NF	0%	1%	56%	43%	93
AmeriHealth-HCBS	7%	6%	41%	47%	268
AmeriHealth-NF	0%	1%	49%	49%	77
<b>Overall DE Average</b>	<b>5%</b>	<b>4%</b>	<b>43%</b>	<b>48%</b>	<b>710</b>
<b>Weighted NCI-AD Average</b>	<b>6%</b>	<b>3%</b>	<b>35%</b>	<b>56%</b>	<b>14,547</b>

Needs other home modifications that does not have



Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 183

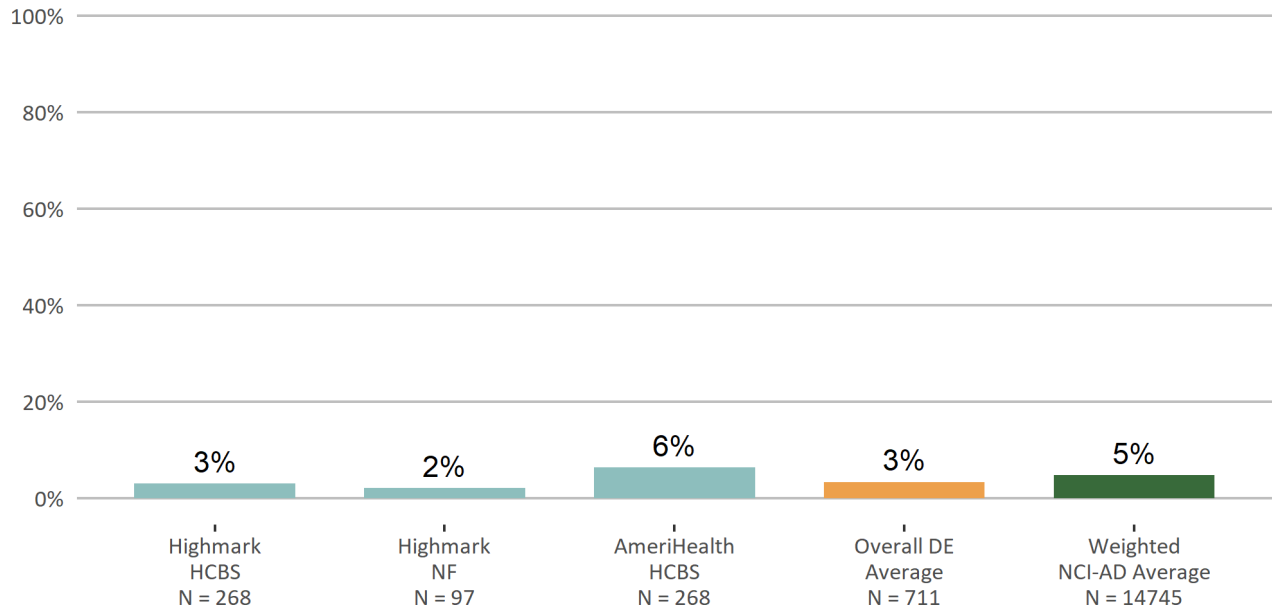
**Table 84. Needs other home modifications that does not have**

*Proxy respondents were allowed for this question.*

<b>Program</b>	<b>Needs</b>	<b>Has but needs change or update</b>	<b>Has and does not need change or update</b>	<b>Does not need</b>	<b>N</b>
Highmark-HCBS	3%	1%	3%	93%	273
Highmark-NF	1%	1%	2%	96%	97
AmeriHealth-HCBS	5%	4%	6%	85%	267
AmeriHealth-NF	0%	1%	1%	97%	78
<b>Overall DE Average</b>	<b>3%</b>	<b>2%</b>	<b>3%</b>	<b>92%</b>	<b>715</b>
<b>Weighted NCI-AD Average</b>	<b>6%</b>	<b>2%</b>	<b>12%</b>	<b>80%</b>	<b>9,777</b>



Needs a wheelchair but does not have one

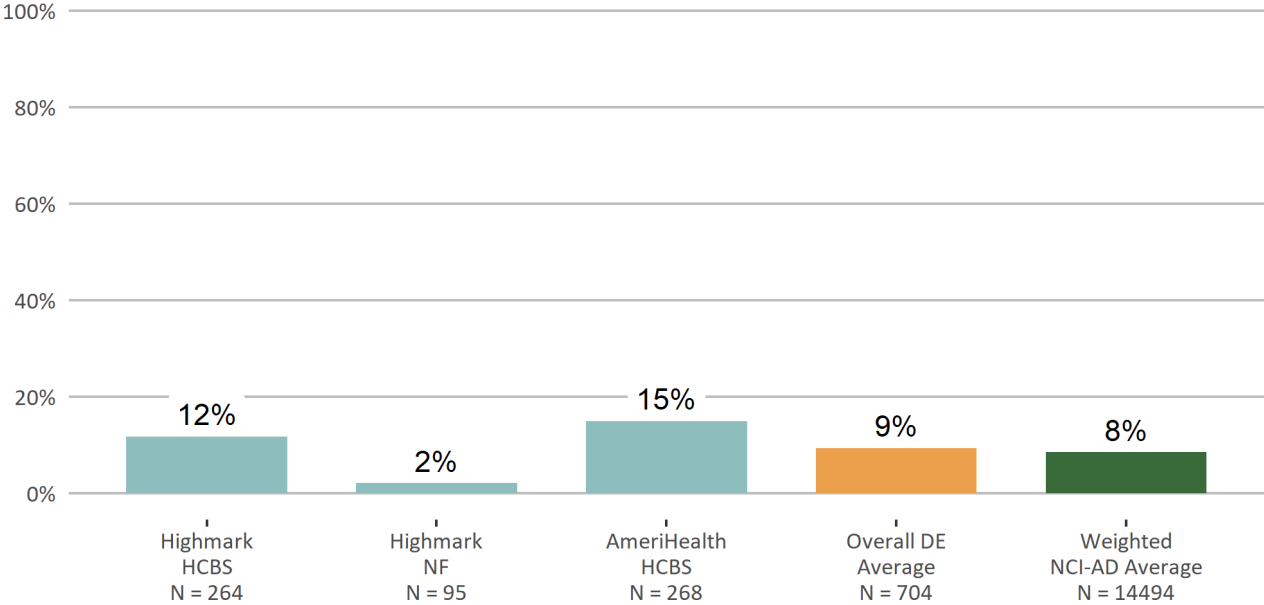


**Table 85. Needs a wheelchair but does not have one**

*Proxy respondents were allowed for this question.*

<b>Program</b>	<b>Needs</b>	<b>Has but needs change or update</b>	<b>Has and does not need change or update</b>	<b>Does not need</b>	<b>N</b>
Highmark-HCBS	3%	9%	41%	47%	268
Highmark-NF	2%	9%	75%	13%	97
AmeriHealth-HCBS	6%	12%	38%	44%	268
AmeriHealth-NF	0%	9%	78%	13%	78
<b>Overall DE Average</b>	<b>3%</b>	<b>10%</b>	<b>51%</b>	<b>35%</b>	<b>711</b>
<b>Weighted NCI-AD Average</b>	<b>5%</b>	<b>6%</b>	<b>39%</b>	<b>50%</b>	<b>14,745</b>

Needs a scooter but does not have one



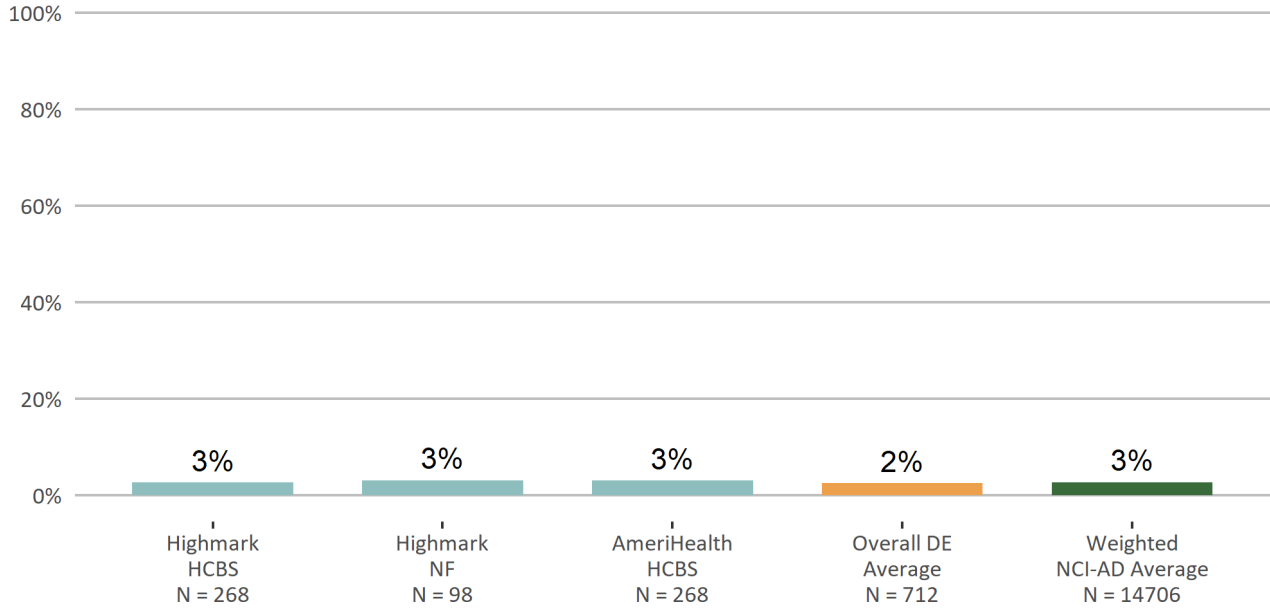
Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 187

**Table 86. Needs a scooter but does not have one**

*Proxy respondents were allowed for this question.*

<b>Program</b>	<b>Needs</b>	<b>Has but needs change or update</b>	<b>Has and does not need change or update</b>	<b>Does not need</b>	<b>N</b>
Highmark-HCBS	12%	3%	7%	79%	264
Highmark-NF	2%	1%	4%	93%	95
AmeriHealth-HCBS	15%	1%	12%	72%	268
AmeriHealth-NF	0%	0%	3%	97%	77
<b>Overall DE Average</b>	<b>9%</b>	<b>2%</b>	<b>7%</b>	<b>82%</b>	<b>704</b>
<b>Weighted NCI-AD Average</b>	<b>8%</b>	<b>2%</b>	<b>9%</b>	<b>81%</b>	<b>14,494</b>

Needs a walker but does not have one



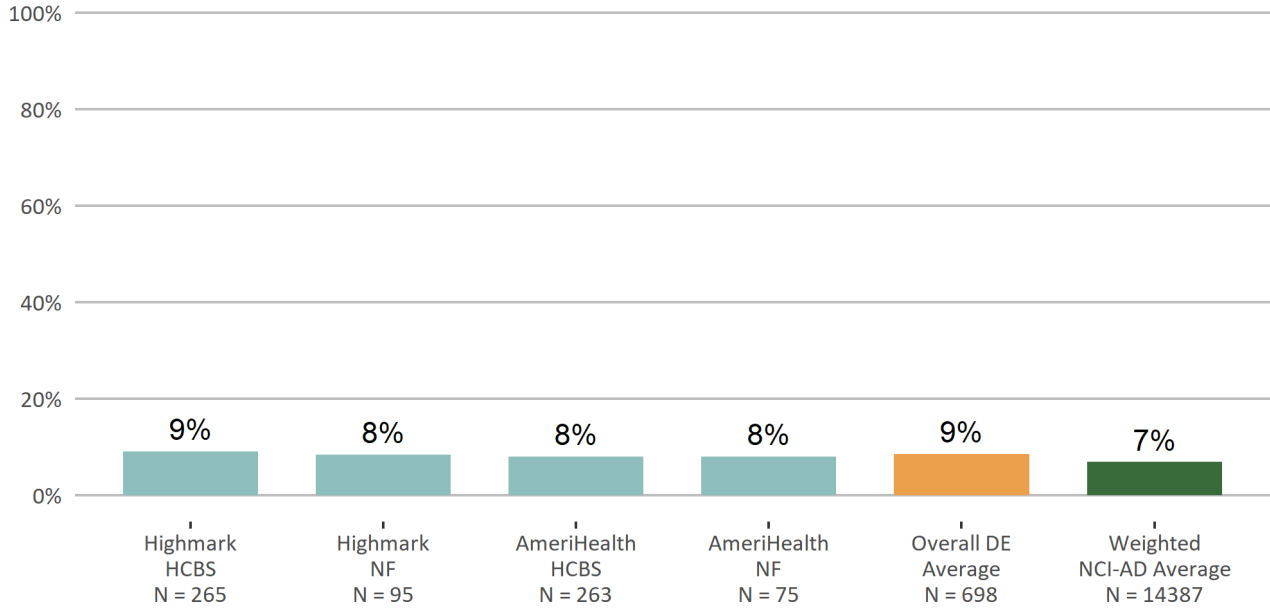
Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 189

**Table 87. Needs a walker but does not have one**

*Proxy respondents were allowed for this question.*

<b>Program</b>	<b>Needs</b>	<b>Has but needs change or update</b>	<b>Has and does not need change or update</b>	<b>Does not need</b>	<b>N</b>
Highmark-HCBS	3%	8%	46%	44%	268
Highmark-NF	3%	1%	52%	44%	98
AmeriHealth-HCBS	3%	5%	57%	34%	268
AmeriHealth-NF	0%	3%	55%	42%	78
<b>Overall DE Average</b>	<b>2%</b>	<b>5%</b>	<b>51%</b>	<b>41%</b>	<b>712</b>
<b>Weighted NCI-AD Average</b>	<b>3%</b>	<b>6%</b>	<b>55%</b>	<b>37%</b>	<b>14,706</b>

Needs hearing aids but does not have them



Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 191

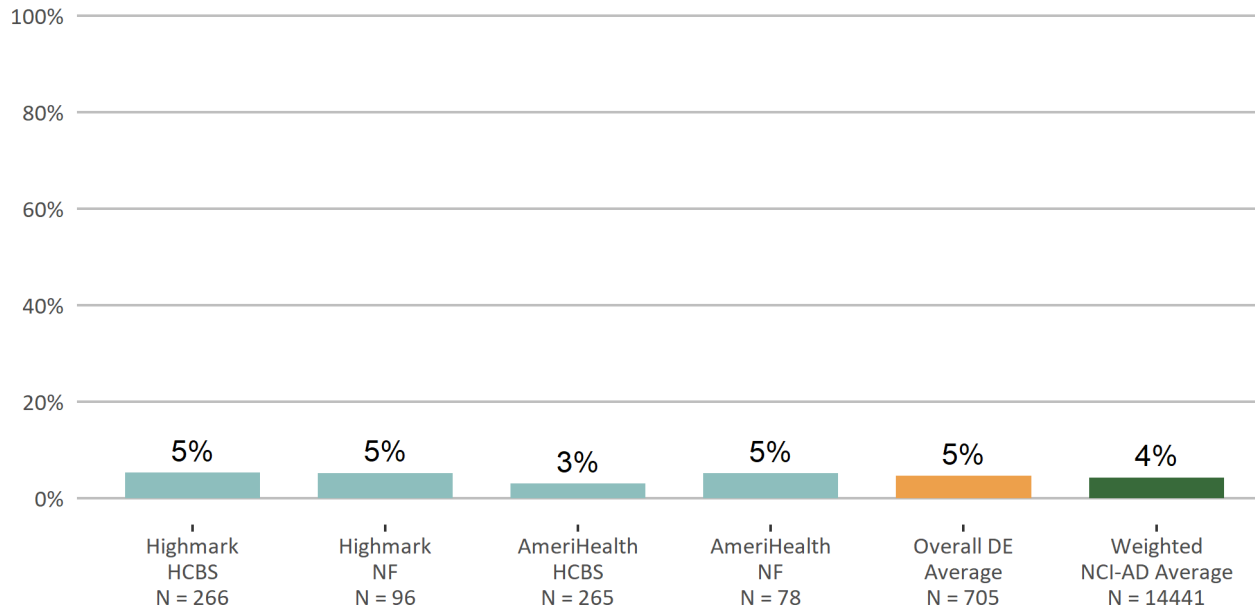
**Table 88. Needs hearing aids but does not have them**

*Proxy respondents were allowed for this question.*

<b>Program</b>	<b>Needs</b>	<b>Has but needs change or update</b>	<b>Has and does not need change or update</b>	<b>Does not need</b>	<b>N</b>
Highmark-HCBS	9%	4%	9%	77%	265
Highmark-NF	8%	4%	7%	80%	95
AmeriHealth-HCBS	8%	4%	10%	78%	263
AmeriHealth-NF	8%	8%	15%	69%	75
<b>Overall DE Average</b>	<b>9%</b>	<b>5%</b>	<b>10%</b>	<b>77%</b>	<b>698</b>
<b>Weighted NCI-AD Average</b>	<b>7%</b>	<b>4%</b>	<b>13%</b>	<b>77%</b>	<b>14,387</b>



### Needs glasses but does not have them



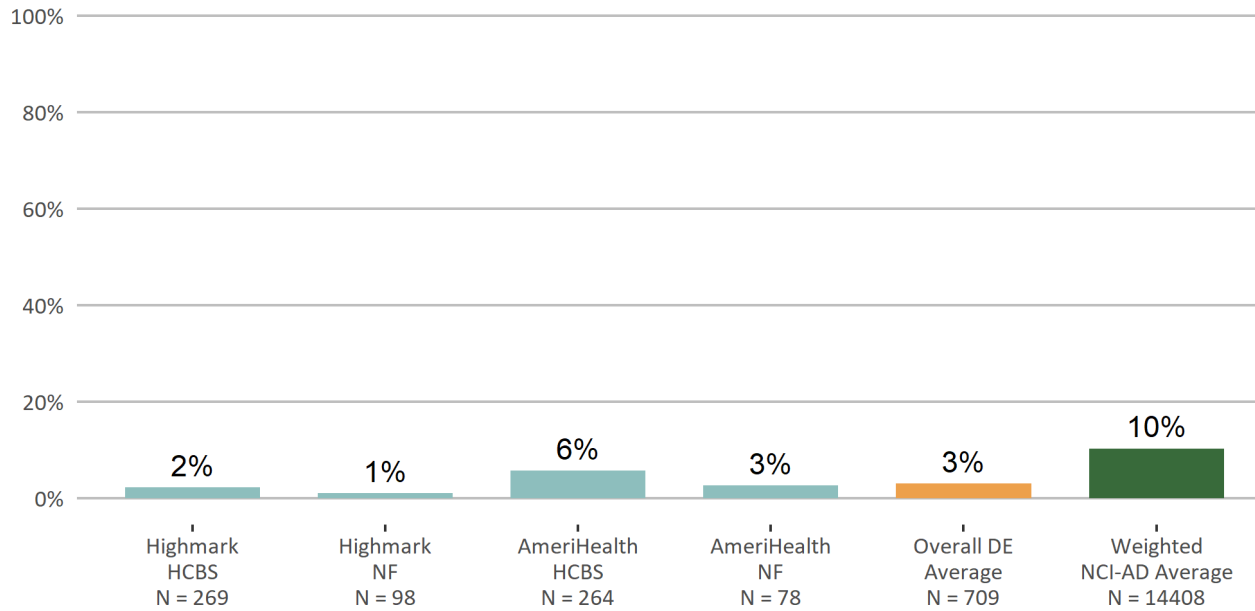
Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 193

**Table 89. Needs glasses but does not have them**

*Proxy respondents were allowed for this question.*

<b>Program</b>	<b>Needs</b>	<b>Has but needs change or update</b>	<b>Has and does not need change or update</b>	<b>Does not need</b>	<b>N</b>
Highmark-HCBS	5%	14%	59%	21%	266
Highmark-NF	5%	10%	70%	15%	96
AmeriHealth-HCBS	3%	18%	56%	23%	265
AmeriHealth-NF	5%	8%	73%	14%	78
<b>Overall DE Average</b>	<b>5%</b>	<b>14%</b>	<b>62%</b>	<b>20%</b>	<b>705</b>
<b>Weighted NCI-AD Average</b>	<b>4%</b>	<b>14%</b>	<b>62%</b>	<b>19%</b>	<b>14,441</b>

Needs personal emergency response system (PERS) but does not have one



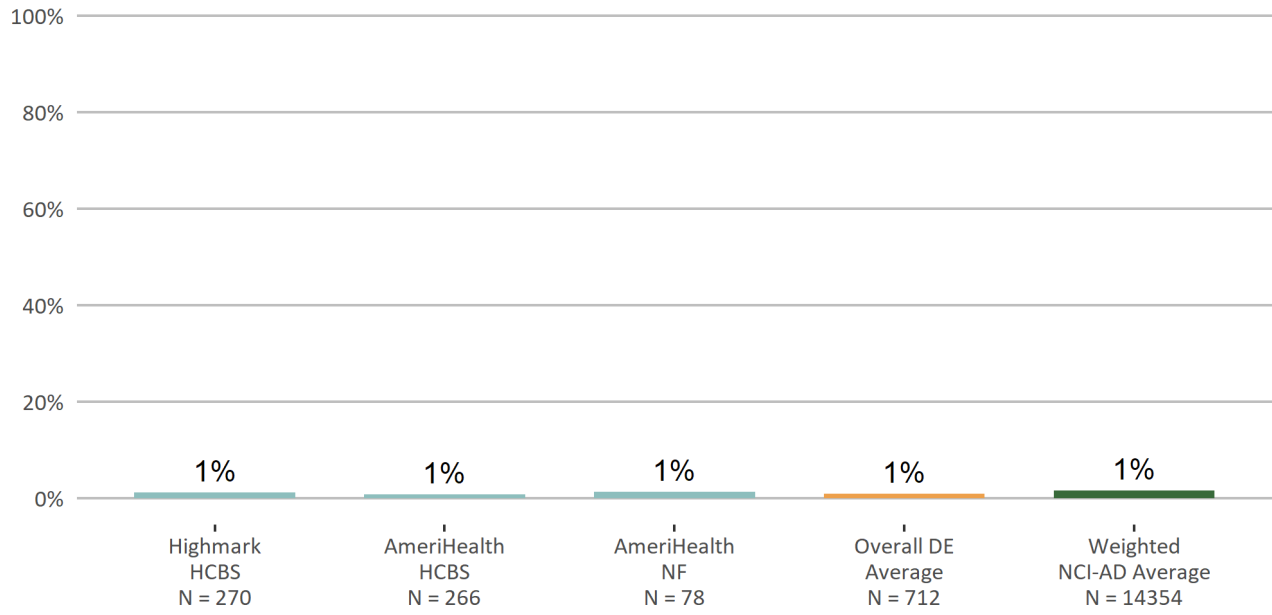
Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 195

**Table 90. Needs personal emergency response system (PERS) but does not have one**

*Proxy respondents were allowed for this question.*

<b>Program</b>	<b>Needs</b>	<b>Has but needs change or update</b>	<b>Has and does not need change or update</b>	<b>Does not need</b>	<b>N</b>
Highmark-HCBS	2%	4%	67%	26%	269
Highmark-NF	1%	5%	77%	17%	98
AmeriHealth-HCBS	6%	3%	61%	30%	264
AmeriHealth-NF	3%	3%	72%	23%	78
<b>Overall DE Average</b>	<b>3%</b>	<b>4%</b>	<b>68%</b>	<b>25%</b>	<b>709</b>
<b>Weighted NCI-AD Average</b>	<b>10%</b>	<b>3%</b>	<b>51%</b>	<b>36%</b>	<b>14,408</b>

Needs an oxygen machine but does not have one

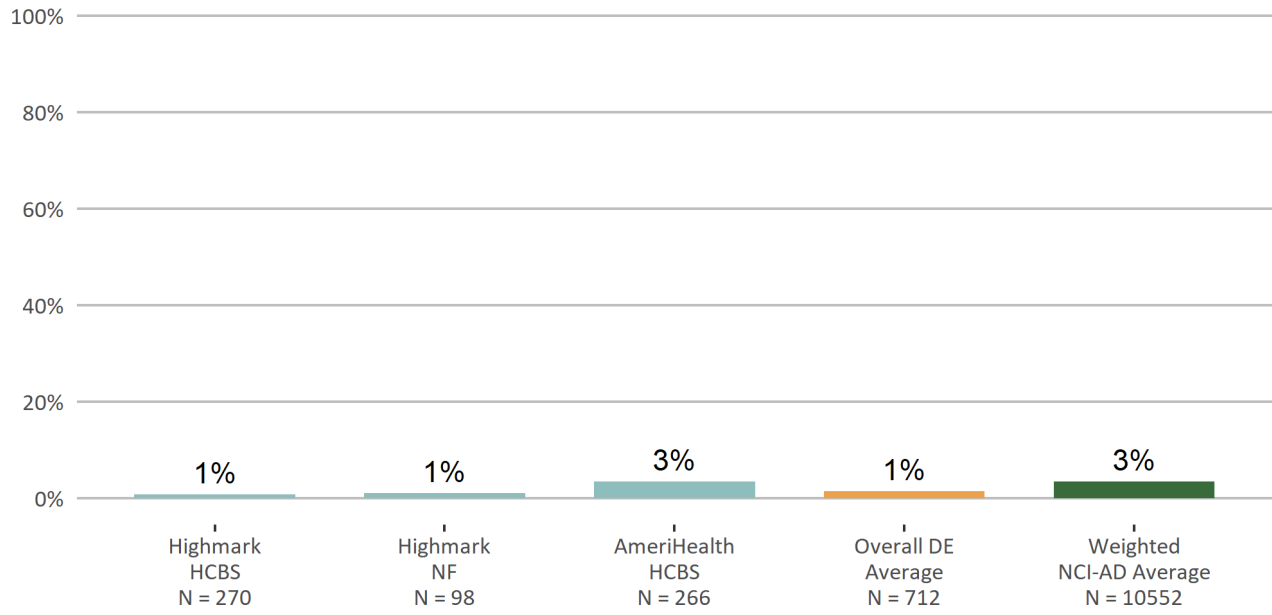


**Table 91. Needs an oxygen machine but does not have one**

*Proxy respondents were allowed for this question.*

<b>Program</b>	<b>Needs</b>	<b>Has but needs change or update</b>	<b>Has and does not need change or update</b>	<b>Does not need</b>	<b>N</b>
Highmark-HCBS	1%	1%	9%	88%	270
Highmark-NF	0%	2%	19%	79%	98
AmeriHealth-HCBS	1%	2%	9%	89%	266
AmeriHealth-NF	1%	1%	18%	79%	78
<b>Overall DE Average</b>	<b>1%</b>	<b>2%</b>	<b>12%</b>	<b>85%</b>	<b>712</b>
<b>Weighted NCI-AD Average</b>	<b>1%</b>	<b>1%</b>	<b>18%</b>	<b>79%</b>	<b>14,354</b>

Needs other assistive technology equipment but does not have



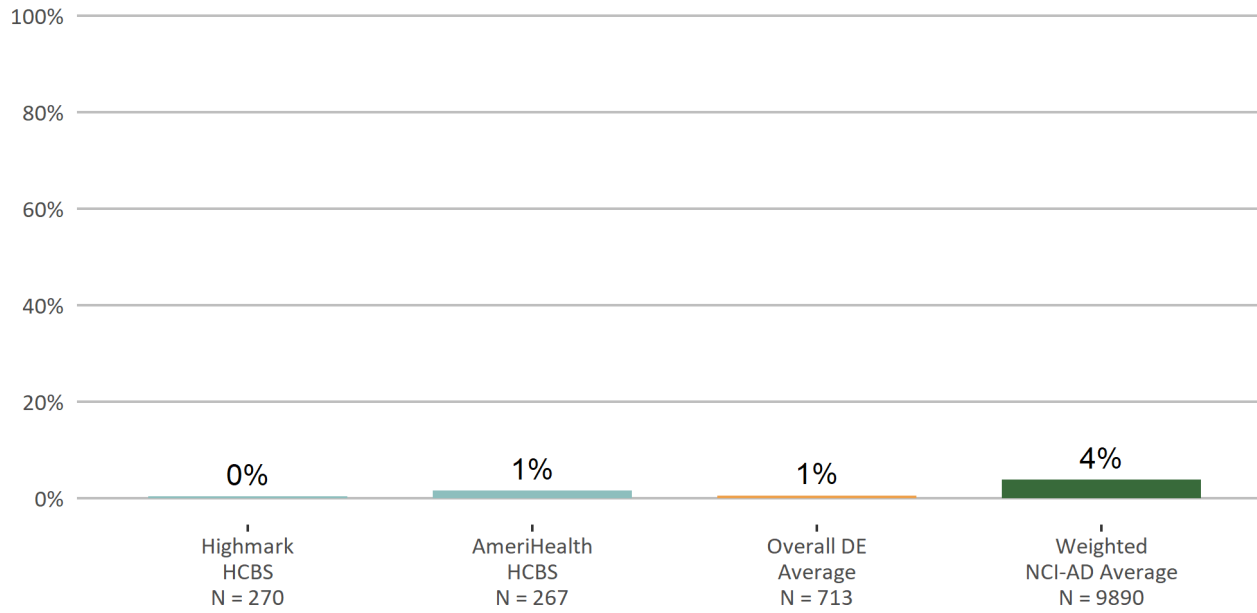
**Table 92. Needs other assistive technology equipment but does not have**

*Proxy respondents were allowed for this question.*

<b>Program</b>	<b>Needs</b>	<b>Has but needs change or update</b>	<b>Has and does not need change or update</b>	<b>Does not need</b>	<b>N</b>
Highmark-HCBS	1%	3%	9%	88%	270
Highmark-NF	1%	0%	8%	91%	98
AmeriHealth-HCBS	3%	1%	11%	85%	266
AmeriHealth-NF	0%	0%	5%	95%	78
<b>Overall DE Average</b>	<b>1%</b>	<b>1%</b>	<b>9%</b>	<b>89%</b>	<b>712</b>
<b>Weighted NCI-AD Average</b>	<b>3%</b>	<b>1%</b>	<b>16%</b>	<b>79%</b>	<b>10,552</b>



Needs other equipment but does not have



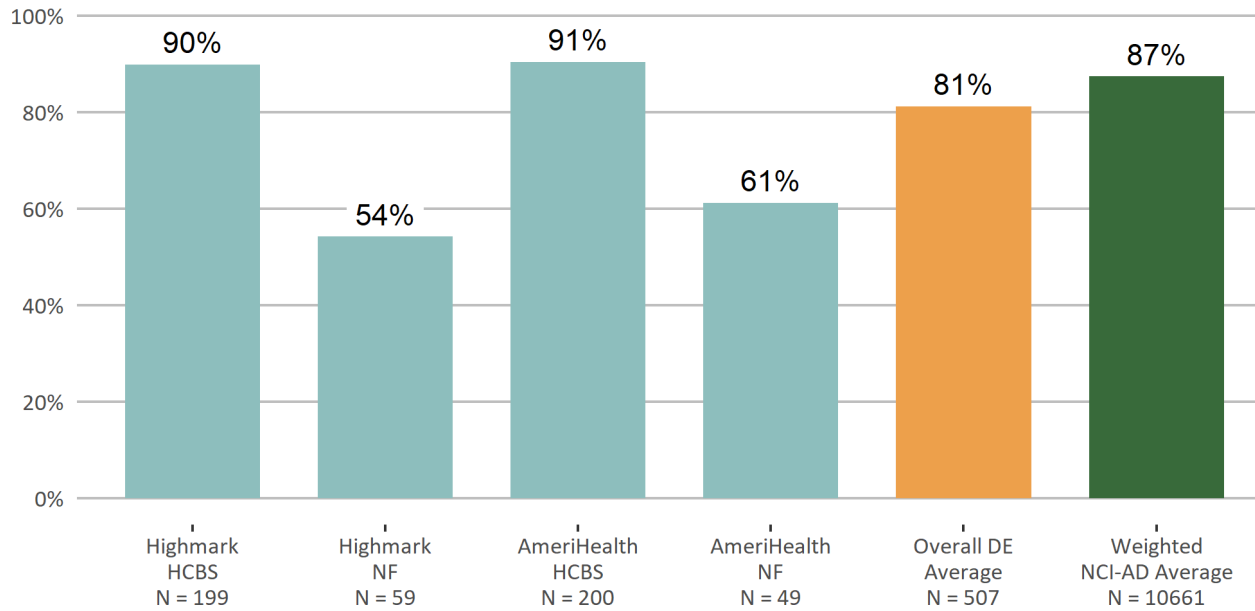
**Table 93. Needs other equipment but does not have**

*Proxy respondents were allowed for this question.*

<b>Program</b>	<b>Needs</b>	<b>Has but needs change or update</b>	<b>Has and does not need change or update</b>	<b>Does not need</b>	<b>N</b>
Highmark-HCBS	0%	1%	4%	94%	270
Highmark-NF	0%	0%	2%	98%	98
AmeriHealth-HCBS	1%	1%	4%	93%	267
AmeriHealth-NF	0%	0%	5%	95%	78
<b>Overall DE Average</b>	<b>1%</b>	<b>1%</b>	<b>4%</b>	<b>94%</b>	<b>713</b>
<b>Weighted NCI-AD Average</b>	<b>4%</b>	<b>2%</b>	<b>19%</b>	<b>75%</b>	<b>9,890</b>

## Medications

Knows what prescription medications  
are for

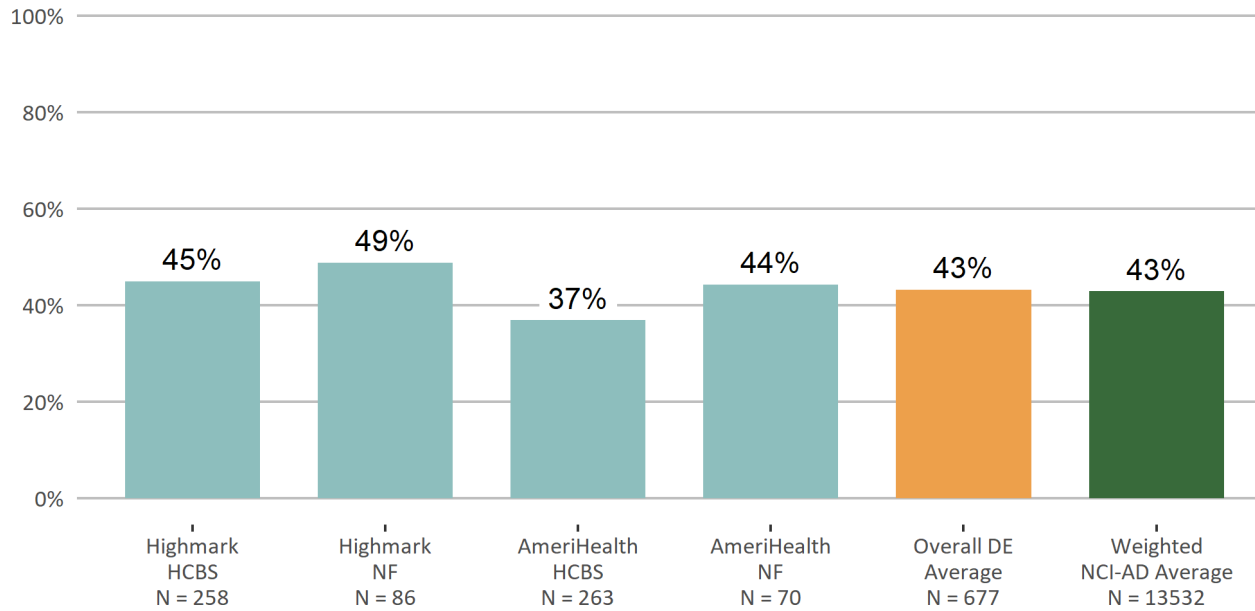


Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 204

**Table 94. Knows what prescription medications are for**

<b>Program</b>	<b>Yes</b>	<b>Maybe, not sure</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	90%	5%	5%	199
Highmark-NF	54%	25%	20%	59
AmeriHealth-HCBS	91%	7%	3%	200
AmeriHealth-NF	61%	29%	10%	49
<b>Overall DE Average</b>	<b>81%</b>	<b>11%</b>	<b>7%</b>	<b>507</b>
<b>Weighted NCI-AD Average</b>	<b>87%</b>	<b>9%</b>	<b>4%</b>	<b>10,661</b>

Takes medication to help feel less sad or depressed



**Table 95. Takes medication to help feel less sad or depressed**

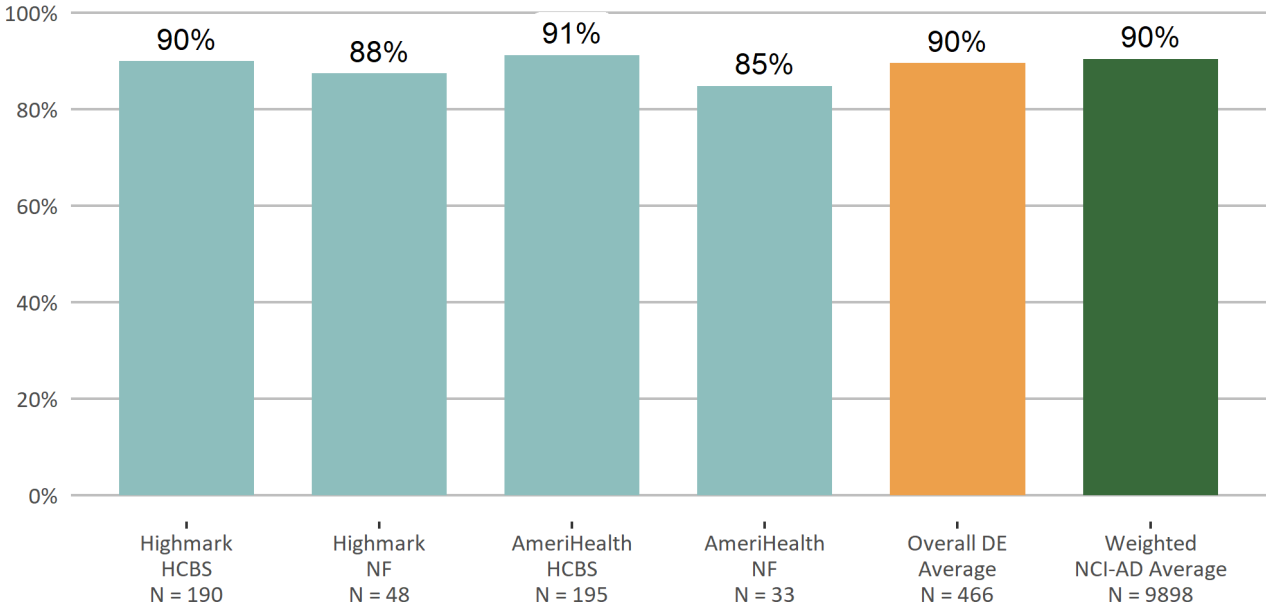
*Proxy respondents were allowed for this question.*

<b>Program</b>	<b>Yes</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	45%	55%	258
Highmark-NF	49%	51%	86
AmeriHealth-HCBS	37%	63%	263
AmeriHealth-NF	44%	56%	70
<b>Overall DE Average</b>	<b>43%</b>	<b>57%</b>	<b>677</b>
<b>Weighted NCI-AD Average</b>	<b>43%</b>	<b>57%</b>	<b>13,532</b>

*Health care*



Has access to mental health services if they want them

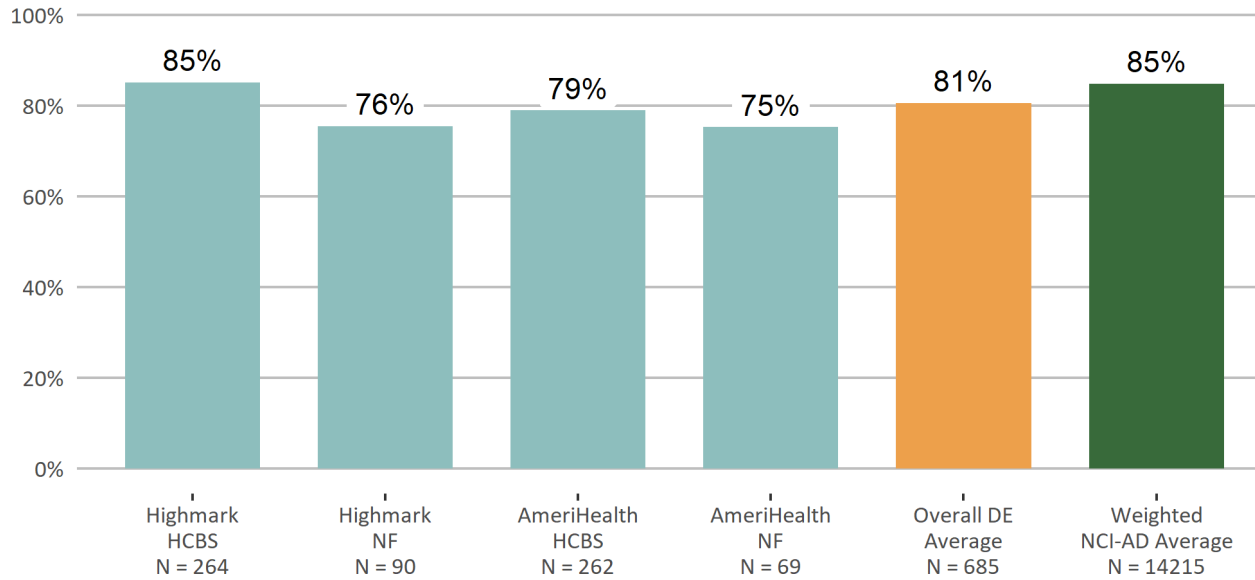


Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 209

**Table 96. Has access to mental health services if they want them**

<b>Program</b>	<b>Yes, always</b>	<b>Usually</b>	<b>No, only sometimes or rarely</b>	<b>N</b>
Highmark-HCBS	90%	1%	9%	190
Highmark-NF	88%	2%	10%	48
AmeriHealth-HCBS	91%	1%	8%	195
AmeriHealth-NF	85%	0%	15%	33
<b>Overall DE Average</b>	<b>90%</b>	<b>1%</b>	<b>9%</b>	<b>466</b>
<b>Weighted NCI-AD Average</b>	<b>90%</b>	<b>2%</b>	<b>7%</b>	<b>9,898</b>

Can get an appointment to see or talk to their primary care doctor when they need to

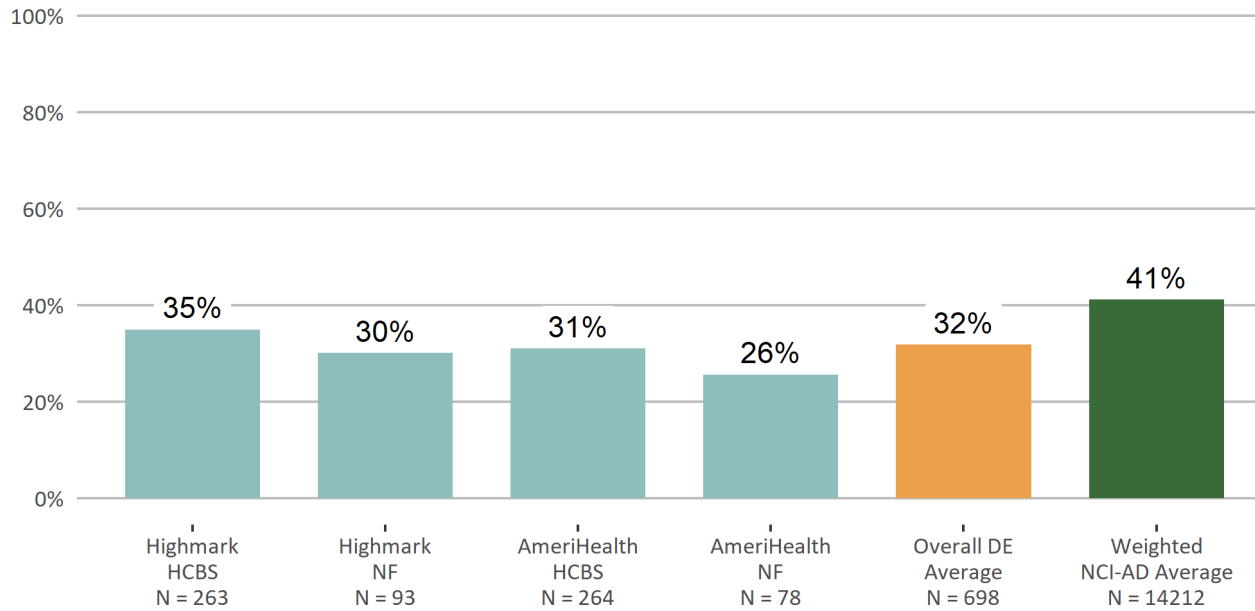


**Table 97. Can get an appointment to see or talk to their primary care doctor when they need to**

*Proxy respondents were allowed for this question.*

<b>Program</b>	<b>Yes, always</b>	<b>Usually</b>	<b>No, only sometimes or rarely</b>	<b>N</b>
Highmark-HCBS	85%	12%	3%	264
Highmark-NF	76%	14%	10%	90
AmeriHealth-HCBS	79%	18%	3%	262
AmeriHealth-NF	75%	13%	12%	69
<b>Overall DE Average</b>	<b>81%</b>	<b>14%</b>	<b>5%</b>	<b>685</b>
<b>Weighted NCI-AD Average</b>	<b>85%</b>	<b>10%</b>	<b>5%</b>	<b>14,215</b>

Went to the emergency room for any reason in the past 12 months

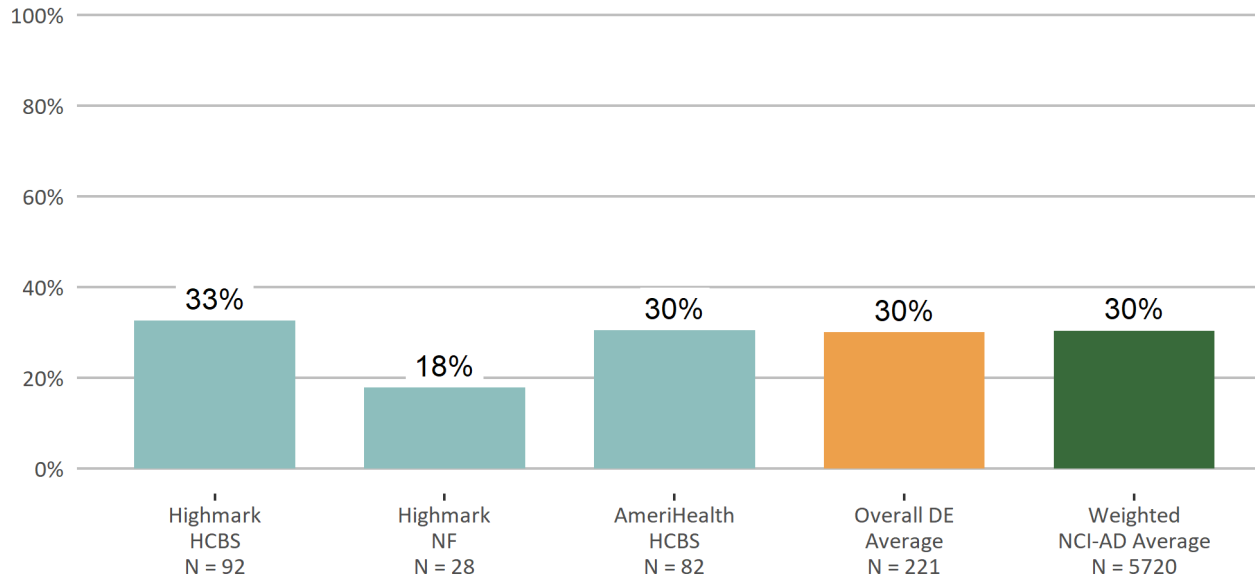


**Table 98. Went to the emergency room for any reason in the past 12 months**

*Proxy respondents were allowed for this question.*

<b>Program</b>	<b>Yes</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	35%	65%	263
Highmark-NF	30%	70%	93
AmeriHealth-HCBS	31%	69%	264
AmeriHealth-NF	26%	74%	78
<b>Overall DE Average</b>	<b>32%</b>	<b>68%</b>	<b>698</b>
<b>Weighted NCI-AD Average</b>	<b>41%</b>	<b>59%</b>	<b>14,212</b>

Has gone to the emergency room in  
the past 12 months due to falling  
or losing balance



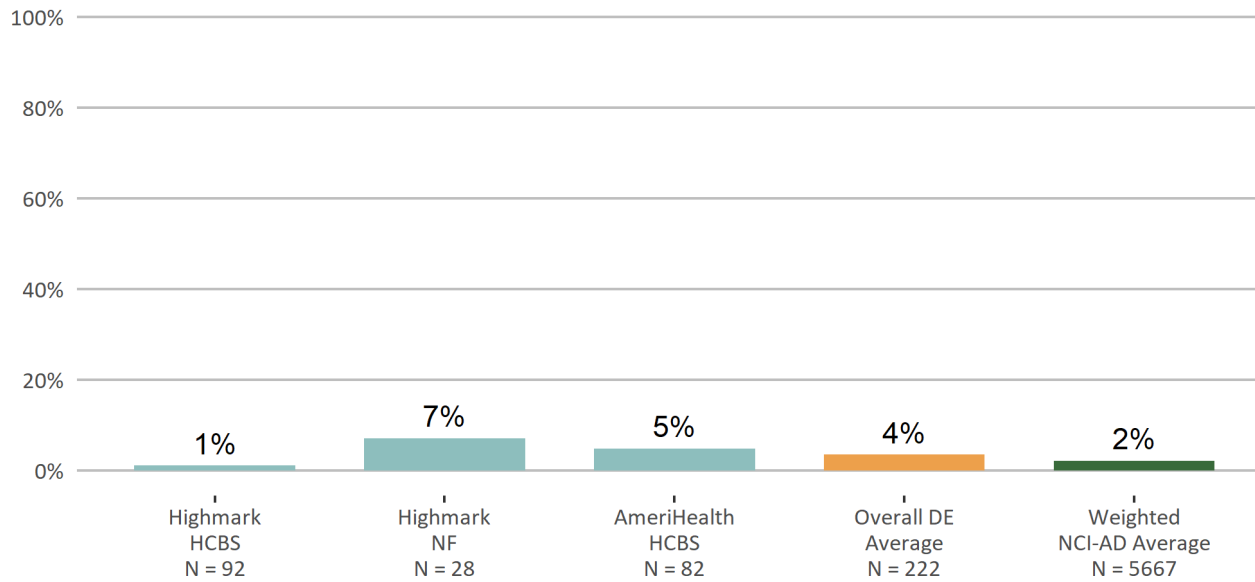
**Table 99. Has gone to the emergency room in the past 12 months due to falling or losing balance**

*Proxy respondents were allowed for this question.*

<b>Program</b>	<b>Yes</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	33%	67%	92
Highmark-NF	18%	82%	28
AmeriHealth-HCBS	30%	70%	82
<b>Overall DE Average</b>	<b>30%</b>	<b>70%</b>	<b>221</b>
<b>Weighted NCI-AD Average</b>	<b>30%</b>	<b>70%</b>	<b>5,720</b>



Has gone to the emergency room in the past 12 months due to tooth or mouth pain

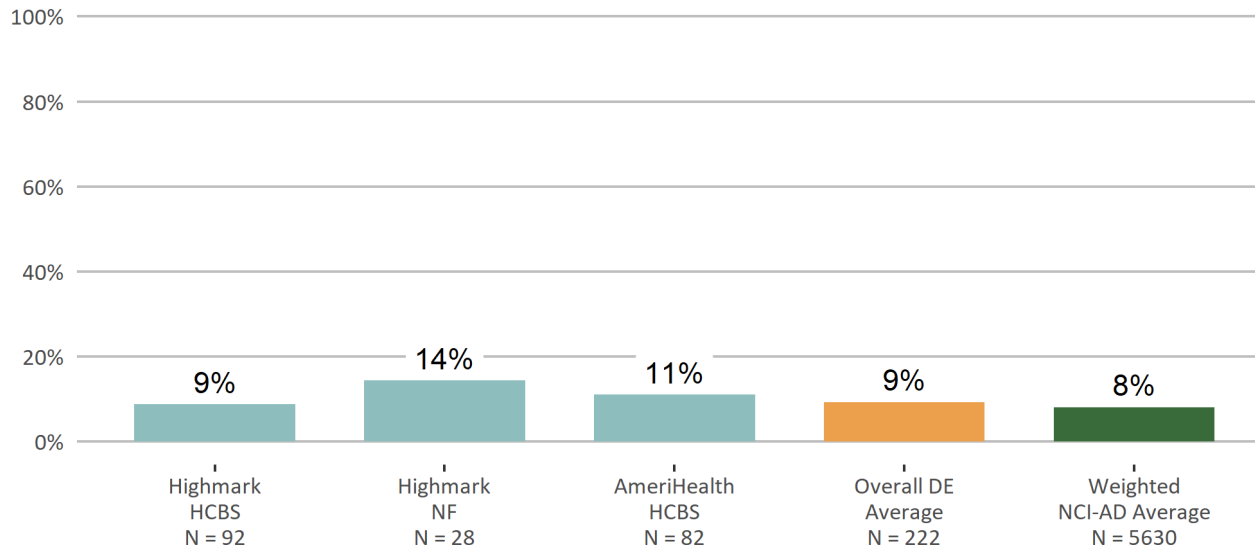


**Table 100. Has gone to the emergency room in the past 12 months due to tooth or mouth pain**

*Proxy respondents were allowed for this question.*

<b>Program</b>	<b>Yes</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	1%	99%	92
Highmark-NF	7%	93%	28
AmeriHealth-HCBS	5%	95%	82
<b>Overall DE Average</b>	<b>4%</b>	<b>96%</b>	<b>222</b>
<b>Weighted NCI-AD Average</b>	<b>2%</b>	<b>98%</b>	<b>5,667</b>

Has gone to the emergency room in  
the past 12 months due to not being  
able to see their primary care  
physician

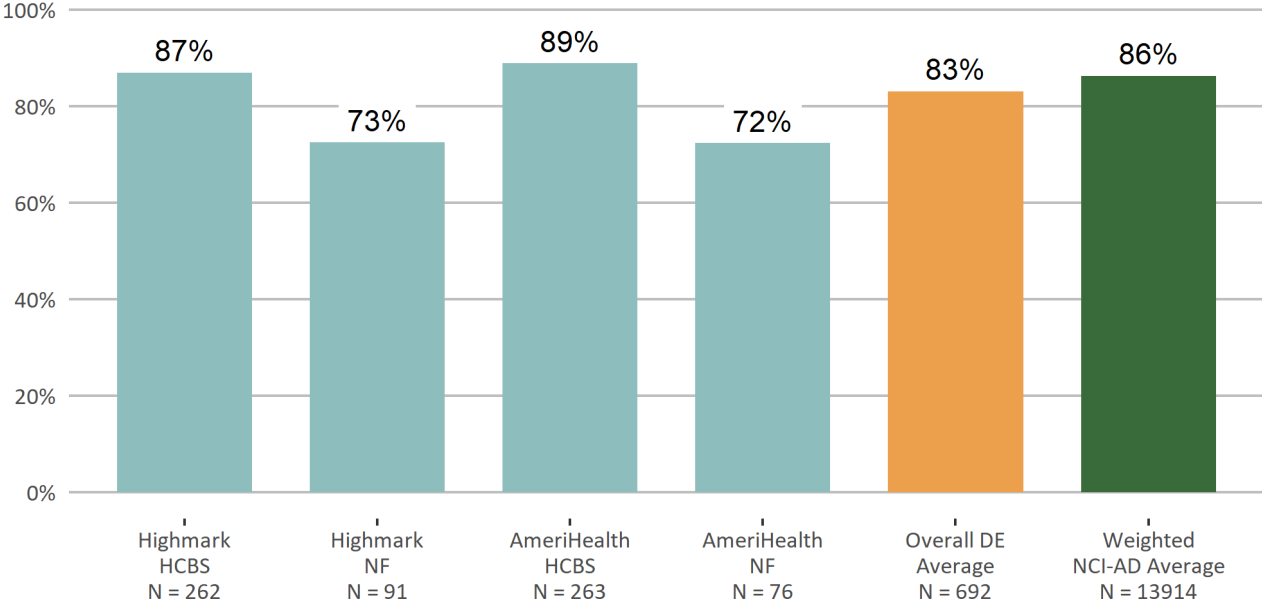


**Table 101. Has gone to the emergency room in the past 12 months due to not being able to see their primary care physician**

*Proxy respondents were allowed for this question.*

<b>Program</b>	<b>Yes</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	9%	91%	92
Highmark-NF	14%	86%	28
AmeriHealth-HCBS	11%	89%	82
<b>Overall DE Average</b>	<b>9%</b>	<b>91%</b>	<b>222</b>
<b>Weighted NCI-AD Average</b>	<b>8%</b>	<b>92%</b>	<b>5,630</b>

Had a physical exam or wellness visit in the past 12 months



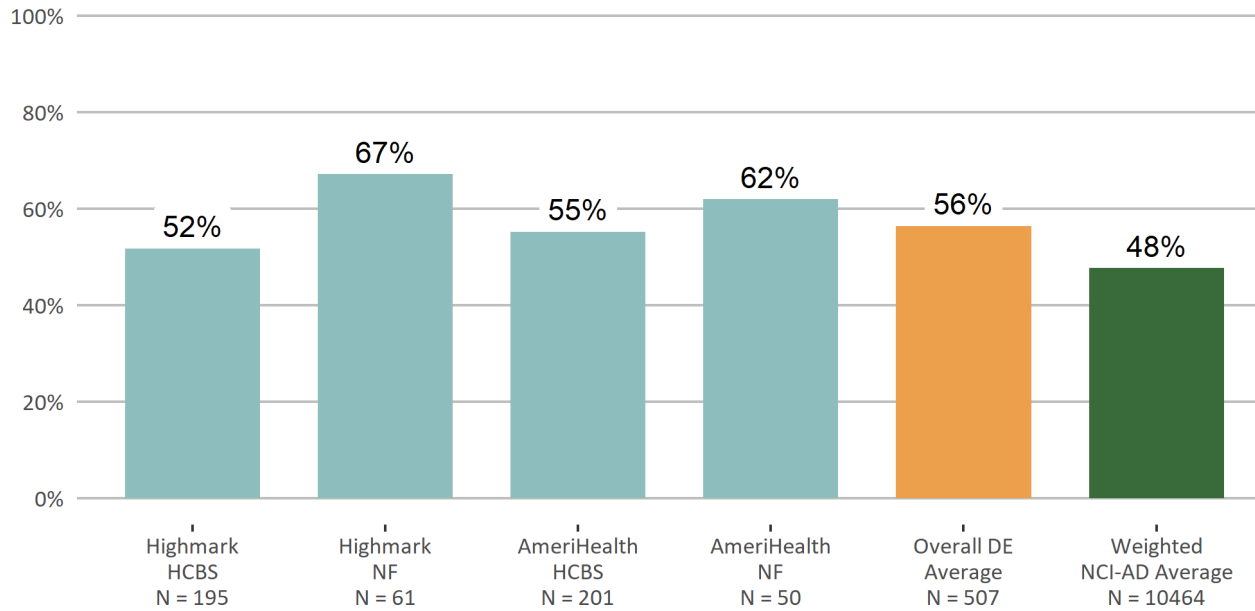
Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 221

**Table 102. Had a physical exam or wellness visit in the past 12 months**

*Proxy respondents were allowed for this question.*

<b>Program</b>	<b>Yes</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	87%	13%	262
Highmark-NF	73%	27%	91
AmeriHealth-HCBS	89%	11%	263
AmeriHealth-NF	72%	28%	76
<b>Overall DE Average</b>	<b>83%</b>	<b>17%</b>	<b>692</b>
<b>Weighted NCI-AD Average</b>	<b>86%</b>	<b>14%</b>	<b>13,914</b>

### Had a hearing exam in the past 4 years



Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 223

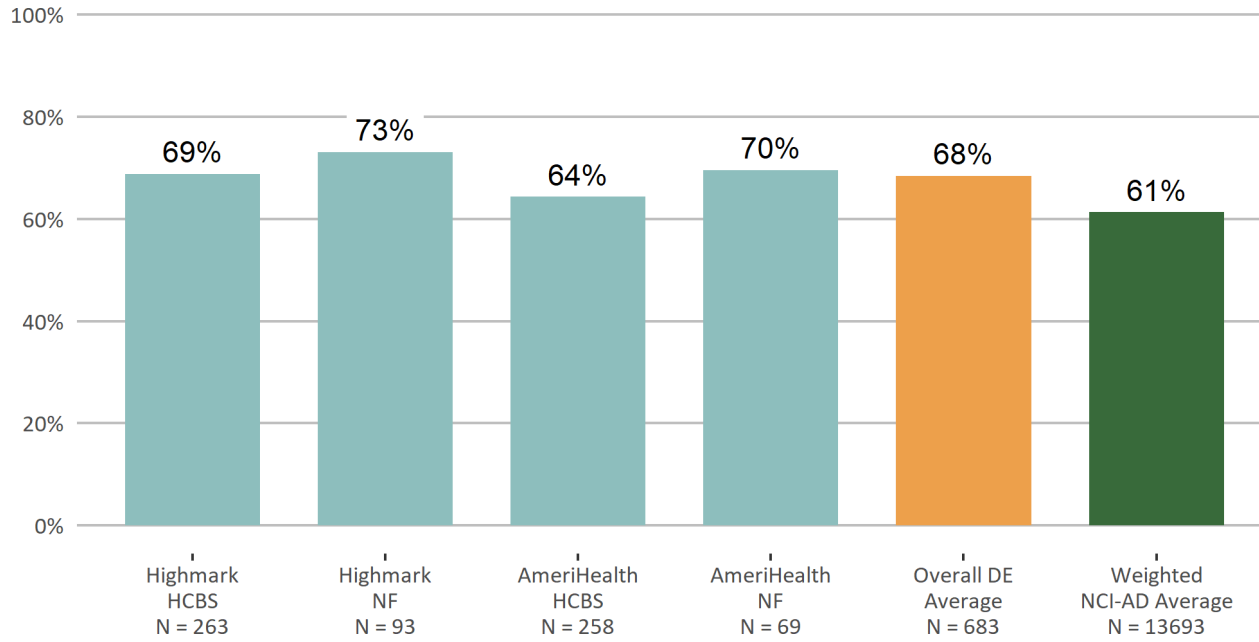
**Table 103. Had a hearing exam in the past 4 years**

*Proxy respondents were allowed for this question.*

<b>Program</b>	<b>5 years ago or more</b>	<b>3-4 years ago</b>	<b>1-2 years ago</b>	<b>Past Year</b>	<b>Has not had one</b>	<b>N</b>
Highmark-HCBS	27%	7%	13%	32%	21%	195
Highmark-NF	20%	2%	21%	44%	13%	61
AmeriHealth-HCBS	21%	8%	19%	28%	23%	201
AmeriHealth-NF	20%	4%	10%	48%	18%	50
<b>Overall DE Average</b>	<b>23%</b>	<b>6%</b>	<b>16%</b>	<b>35%</b>	<b>20%</b>	<b>507</b>
<b>Weighted NCI-AD Average</b>	<b>21%</b>	<b>10%</b>	<b>18%</b>	<b>20%</b>	<b>32%</b>	<b>10,464</b>



### Had a vision exam in the past year



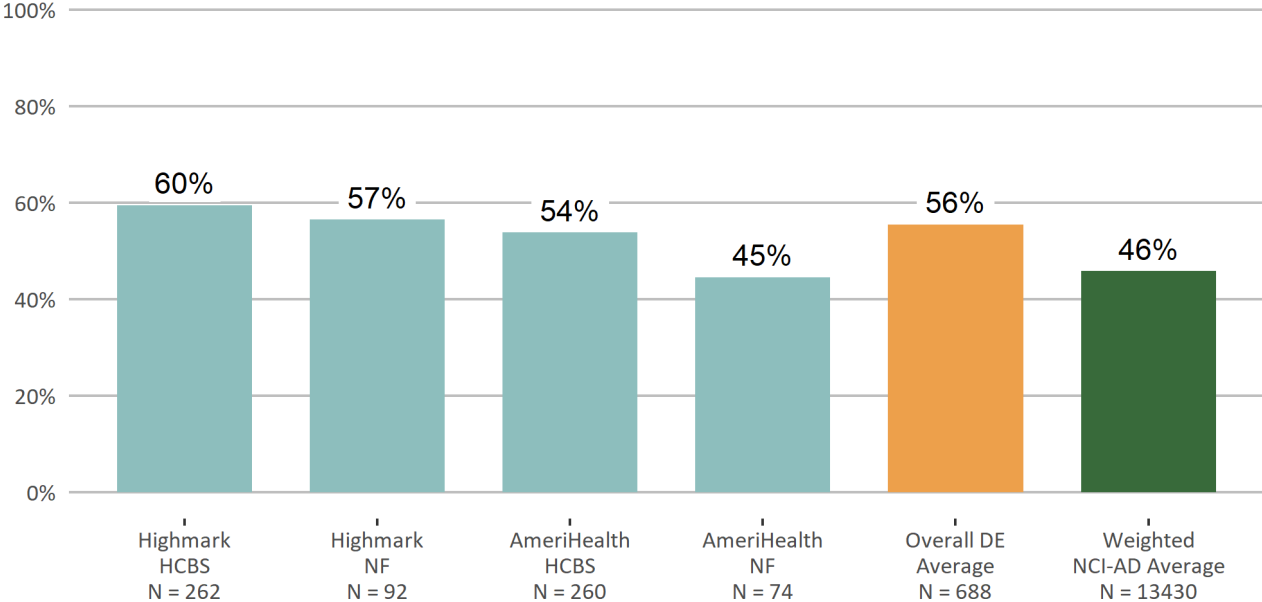
Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 225

**Table 104. Had a vision exam in the past year**

*Proxy respondents were allowed for this question.*

<b>Program</b>	<b>Yes</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	69%	31%	263
Highmark-NF	73%	27%	93
AmeriHealth-HCBS	64%	36%	258
AmeriHealth-NF	70%	30%	69
<b>Overall DE Average</b>	<b>68%</b>	<b>32%</b>	<b>683</b>
<b>Weighted NCI-AD Average</b>	<b>61%</b>	<b>39%</b>	<b>13,693</b>

Had a dental visit in the past 12 months



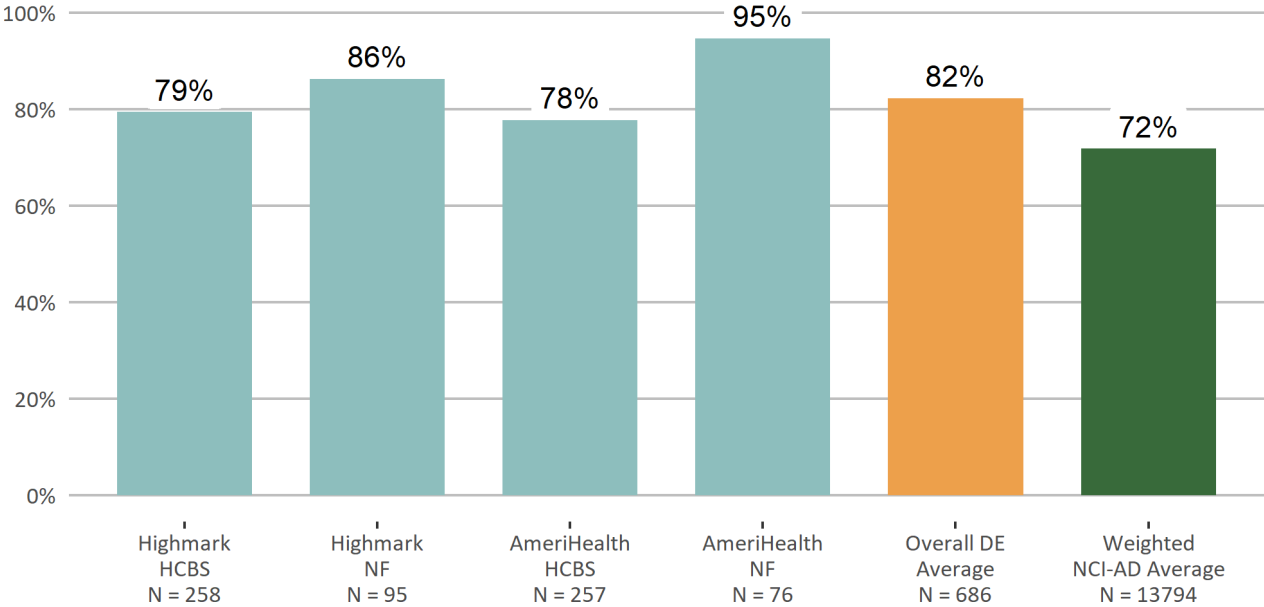
Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 227

**Table 105. Had a dental visit in the past 12 months**

*Proxy respondents were allowed for this question.*

<b>Program</b>	<b>Yes</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	60%	40%	262
Highmark-NF	57%	43%	92
AmeriHealth-HCBS	54%	46%	260
AmeriHealth-NF	45%	55%	74
<b>Overall DE Average</b>	<b>56%</b>	<b>44%</b>	<b>688</b>
<b>Weighted NCI-AD Average</b>	<b>46%</b>	<b>54%</b>	<b>13,430</b>

Had a flu shot in the past 12 months



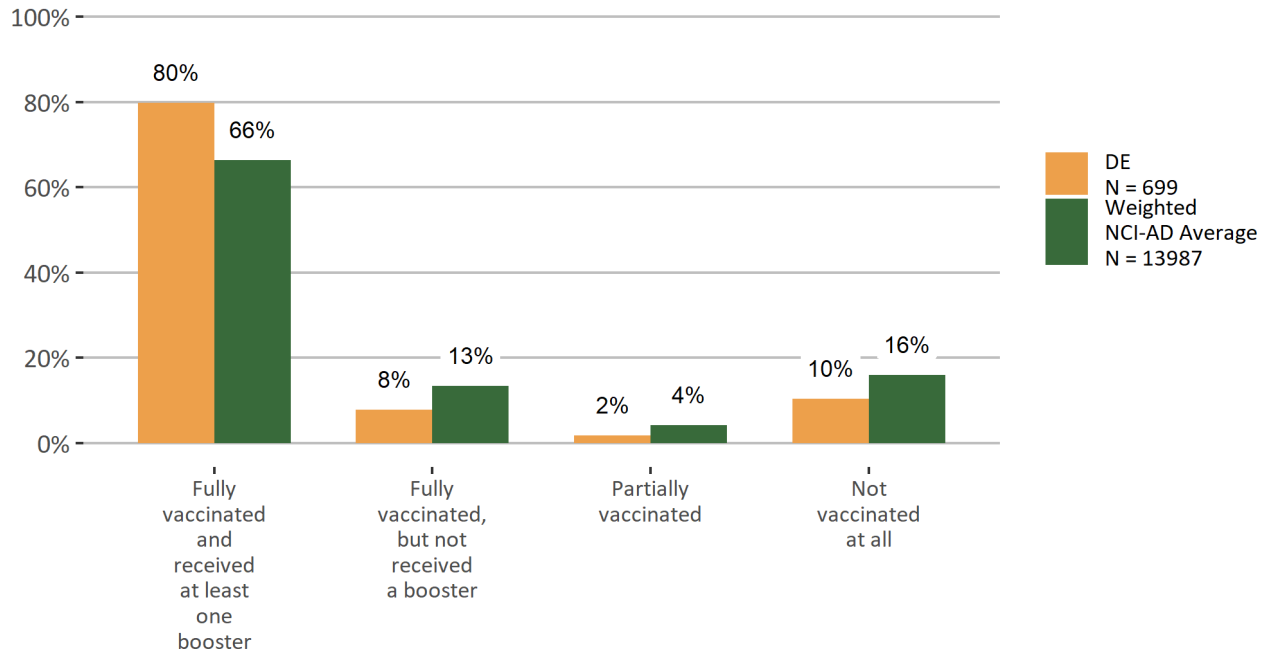
Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 229

**Table 106. Had a flu shot in the past 12 months**

*Proxy respondents were allowed for this question.*

<b>Program</b>	<b>Yes</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	79%	21%	258
Highmark-NF	86%	14%	95
AmeriHealth-HCBS	78%	22%	257
AmeriHealth-NF	95%	5%	76
<b>Overall DE Average</b>	<b>82%</b>	<b>18%</b>	<b>686</b>
<b>Weighted NCI-AD Average</b>	<b>72%</b>	<b>28%</b>	<b>13,794</b>

### Received the COVID-19 Vaccine



**Table 107. Received the COVID-19 Vaccine**

*Proxy respondents were allowed for this question*

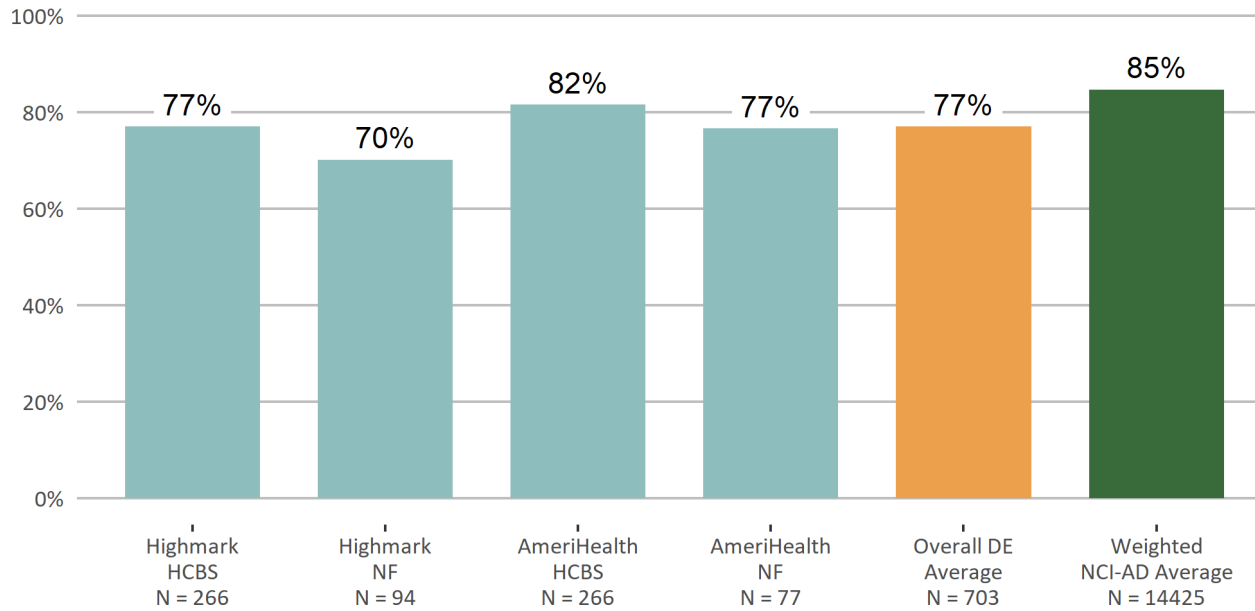
<b>Program</b>	<b>Fully vaccinated and received at least one booster</b>	<b>Fully vaccinated, but not received a booster</b>	<b>Partially vaccinated</b>	<b>Not vaccinated at all</b>	<b>N</b>
Highmark-HCBS	76%	9%	2%	13%	262
Highmark-NF	93%	2%	2%	3%	97
AmeriHealth-HCBS	74%	10%	2%	14%	265
AmeriHealth-NF	87%	7%	1%	5%	75
<b>Overall DE Average</b>	<b>80%</b>	<b>8%</b>	<b>2%</b>	<b>10%</b>	<b>699</b>
<b>Weighted NCI-AD Average</b>	<b>66%</b>	<b>13%</b>	<b>4%</b>	<b>16%</b>	<b>13,987</b>

Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
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## Wellness

### Has access to healthy foods when they want them

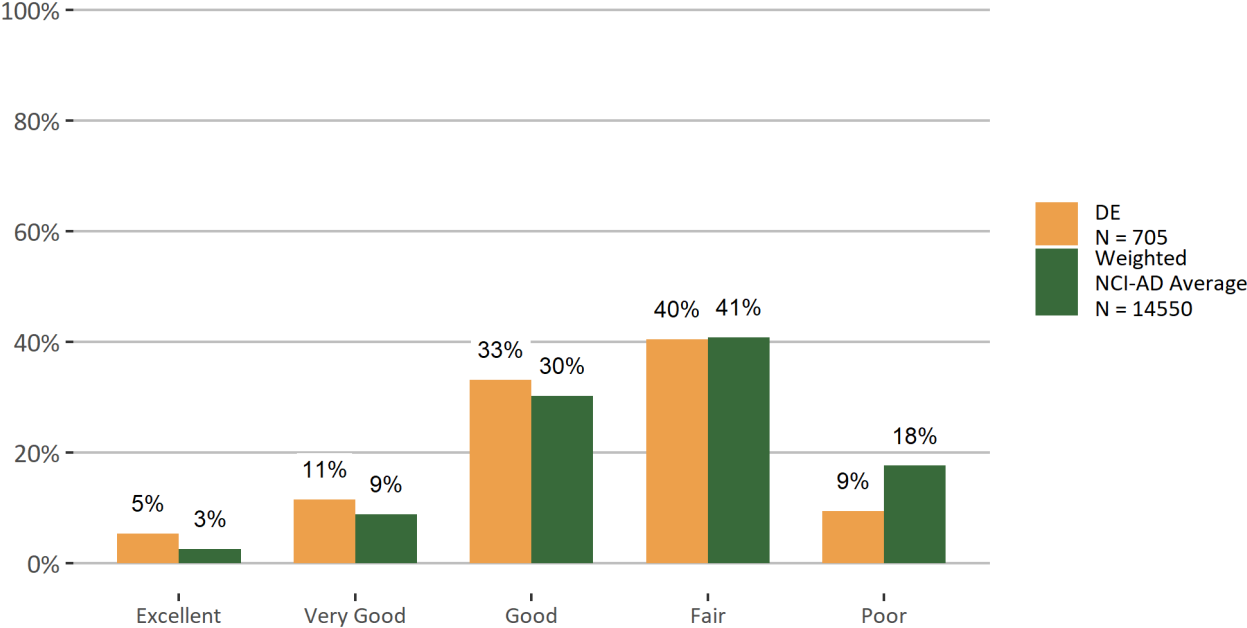


**Table 108. Has access to healthy foods when they want them**

*Proxy respondents were allowed for this question.*

<b>Program</b>	<b>Yes, often</b>	<b>Sometimes</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	77%	18%	5%	266
Highmark-NF	70%	17%	13%	94
AmeriHealth-HCBS	82%	15%	4%	266
AmeriHealth-NF	77%	19%	4%	77
<b>Overall DE Average</b>	<b>77%</b>	<b>17%</b>	<b>6%</b>	<b>703</b>
<b>Weighted NCI-AD Average</b>	<b>85%</b>	<b>11%</b>	<b>5%</b>	<b>14,425</b>

### Overall Health



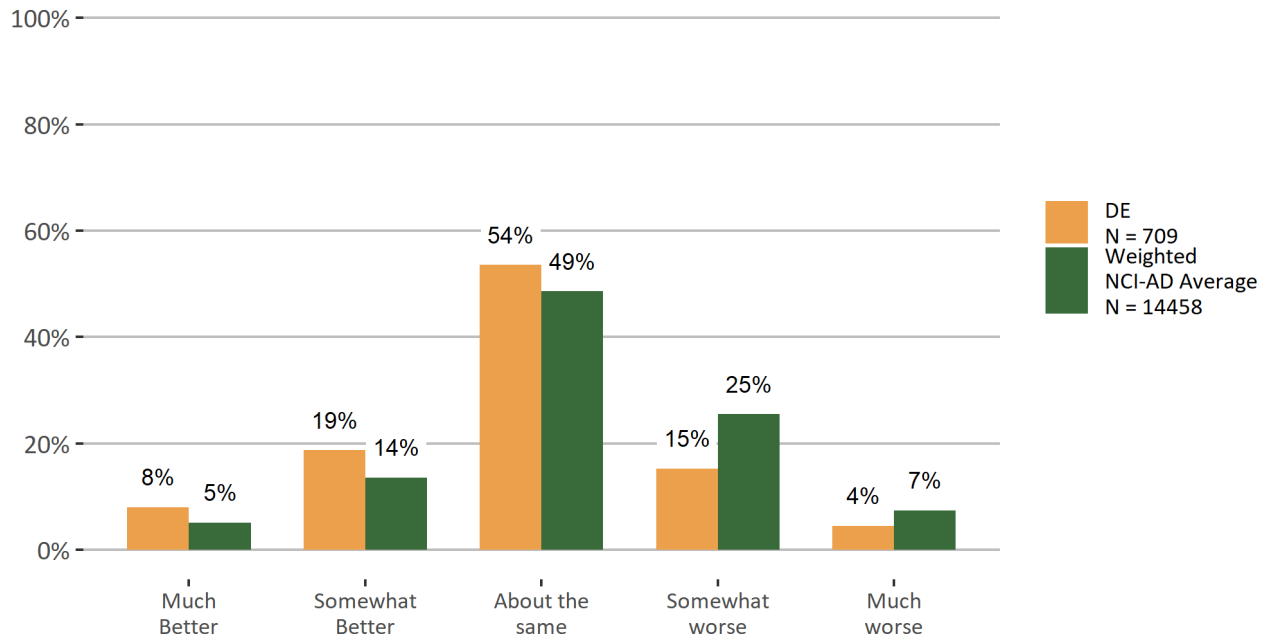
Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 236

**Table 109. Overall Health**

*Proxy respondents were allowed for this question.*

<b>Program</b>	<b>Excellent</b>	<b>Very Good</b>	<b>Good</b>	<b>Fair</b>	<b>Poor</b>	<b>N</b>
Highmark-HCBS	8%	13%	30%	40%	10%	264
Highmark-NF	4%	7%	37%	44%	7%	97
AmeriHealth-HCBS	2%	10%	35%	39%	13%	266
AmeriHealth-NF	6%	15%	35%	40%	4%	78
<b>Overall DE Average</b>	<b>5%</b>	<b>11%</b>	<b>33%</b>	<b>40%</b>	<b>9%</b>	<b>705</b>
<b>Weighted NCI-AD Average</b>	<b>3%</b>	<b>9%</b>	<b>30%</b>	<b>41%</b>	<b>18%</b>	<b>14,550</b>

### Health compared to 12 months ago

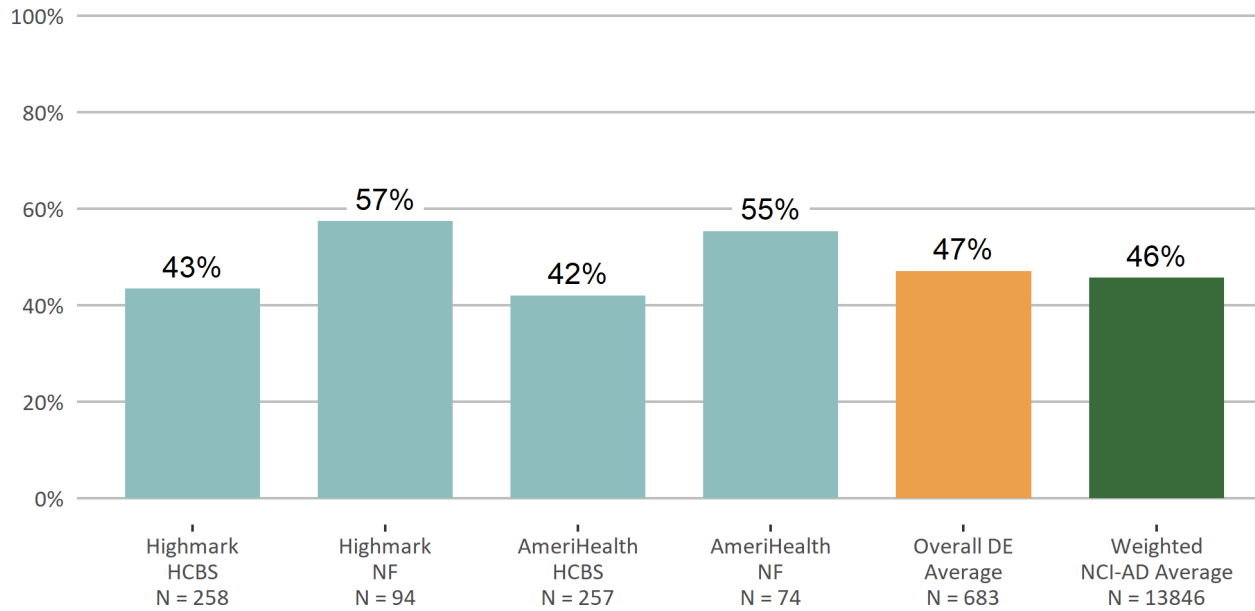


**Table 110. Health compared to 12 months ago**

*Proxy respondents were allowed for this question.*

<b>Program</b>	<b>Much Better</b>	<b>Somewhat Better</b>	<b>About the same</b>	<b>Somewhat worse</b>	<b>Much worse</b>	<b>N</b>
Highmark-HCBS	9%	19%	54%	15%	3%	267
Highmark-NF	6%	21%	47%	16%	9%	97
AmeriHealth-HCBS	9%	17%	55%	15%	3%	267
AmeriHealth-NF	6%	18%	58%	14%	4%	78
<b>Overall DE Average</b>	<b>8%</b>	<b>19%</b>	<b>54%</b>	<b>15%</b>	<b>4%</b>	<b>709</b>
<b>Weighted NCI-AD Average</b>	<b>5%</b>	<b>14%</b>	<b>49%</b>	<b>25%</b>	<b>7%</b>	<b>14,458</b>

In the past 12 months, forgets things more often than before



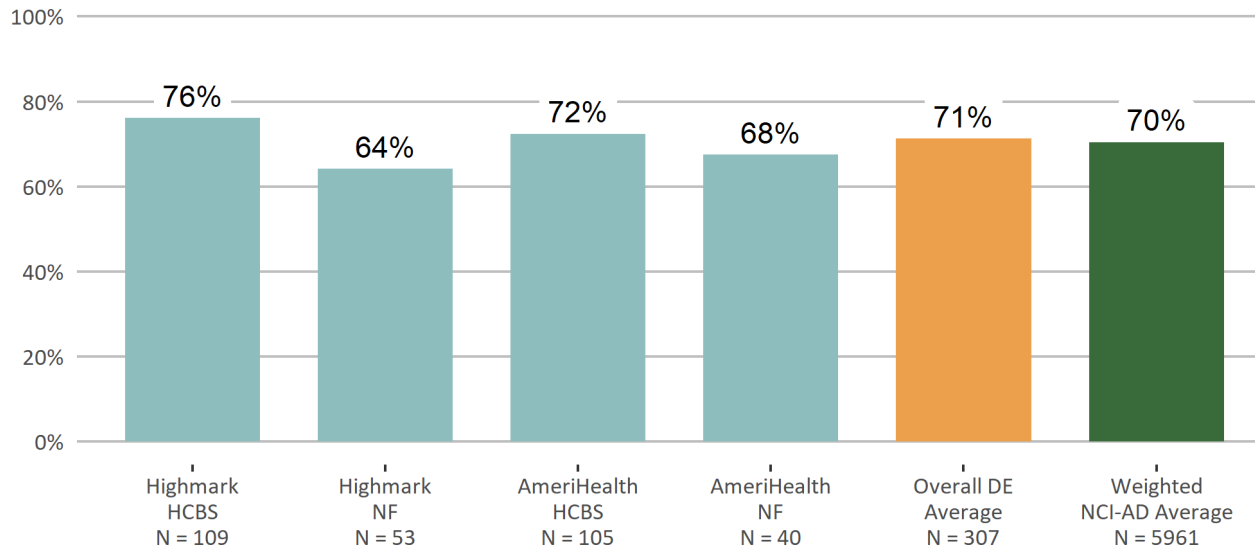


**Table 111. In the past 12 months, forgets things more often than before**

*Proxy respondents were allowed for this question.*

<b>Program</b>	<b>Yes</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	43%	57%	258
Highmark-NF	57%	43%	94
AmeriHealth-HCBS	42%	58%	257
AmeriHealth-NF	55%	45%	74
<b>Overall DE Average</b>	<b>47%</b>	<b>53%</b>	<b>683</b>
<b>Weighted NCI-AD Average</b>	<b>46%</b>	<b>54%</b>	<b>13,846</b>

Has discussed forgetting things  
with a doctor or a nurse (if they  
have been forgetting things more  
often in the past 12 months)



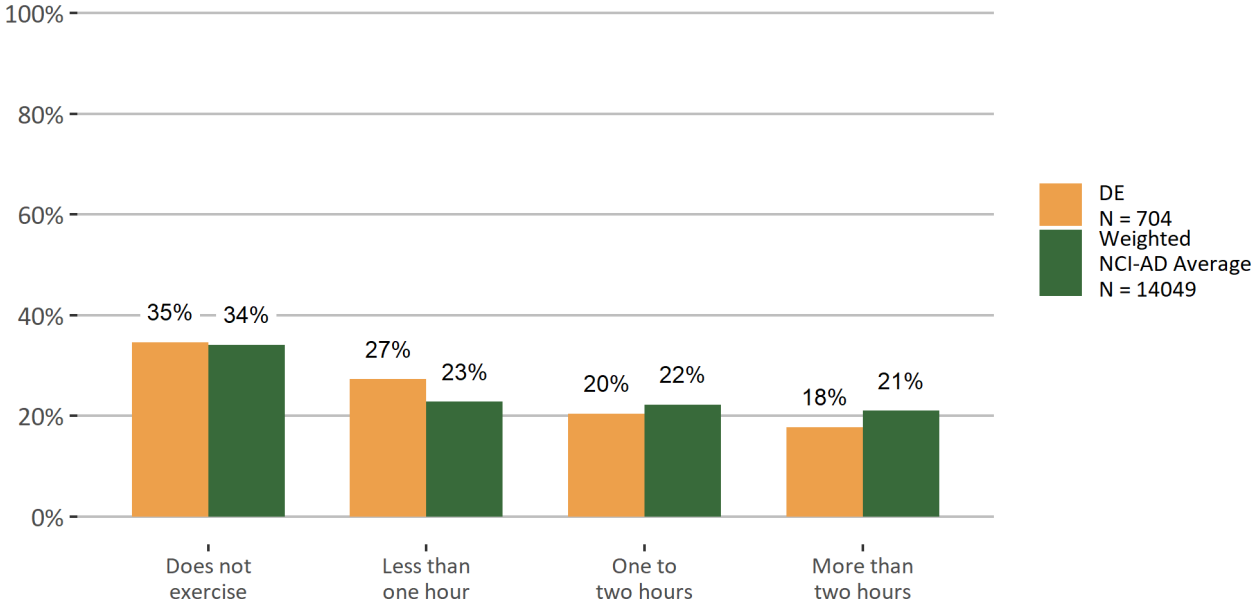
Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 242

**Table 112. Has discussed forgetting things with a doctor or a nurse (if they have been forgetting things more often in the past 12 months)**

*Proxy respondents were allowed for this question.*

<b>Program</b>	<b>Yes</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	76%	24%	109
Highmark-NF	64%	36%	53
AmeriHealth-HCBS	72%	28%	105
AmeriHealth-NF	68%	33%	40
<b>Overall DE Average</b>	<b>71%</b>	<b>29%</b>	<b>307</b>
<b>Weighted NCI-AD Average</b>	<b>70%</b>	<b>30%</b>	<b>5,961</b>

### Amount of physical activity per week



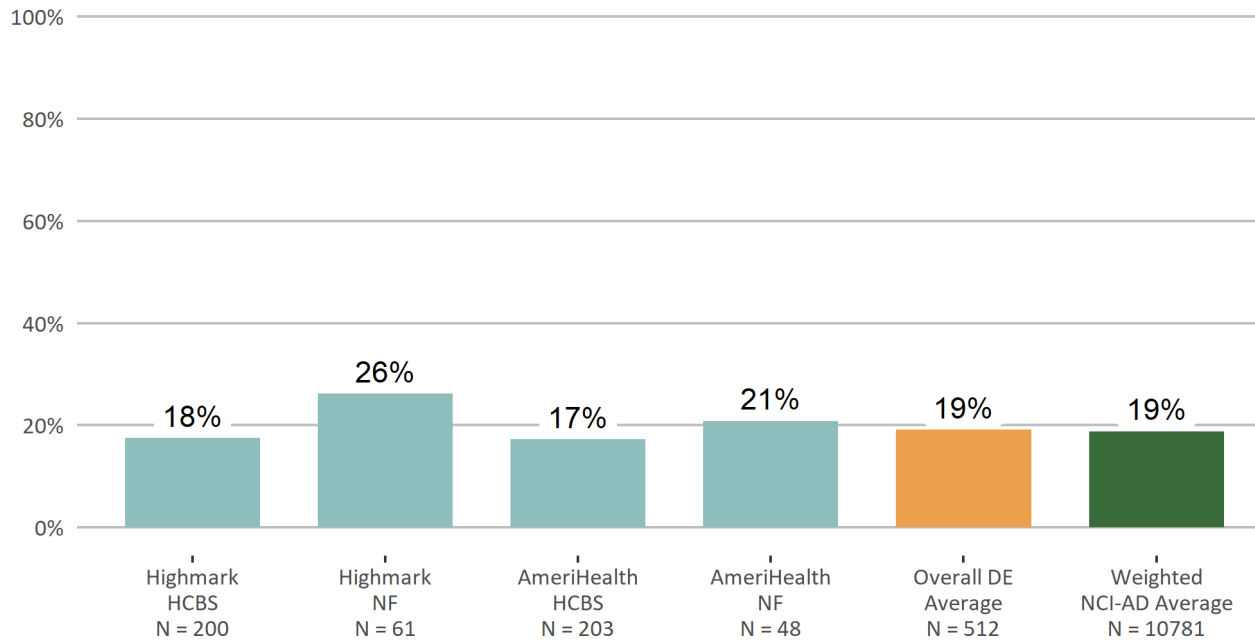
Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 244

**Table 113. Amount of physical activity per week**

*New Question in 2022-2023. Proxy respondents were allowed for this question.*

<b>Program</b>	<b>Does not exercise</b>	<b>Less than one hour</b>	<b>One to two hours</b>	<b>More than two hours</b>	<b>N</b>
Highmark-HCBS	29%	25%	22%	25%	265
Highmark-NF	39%	35%	15%	10%	97
AmeriHealth-HCBS	36%	24%	22%	18%	265
AmeriHealth-NF	43%	32%	18%	6%	77
<b>Overall DE Average</b>	<b>35%</b>	<b>27%</b>	<b>20%</b>	<b>18%</b>	<b>704</b>
<b>Weighted NCI-AD Average</b>	<b>34%</b>	<b>23%</b>	<b>22%</b>	<b>21%</b>	<b>14,049</b>

### Often feels lonely



Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 246

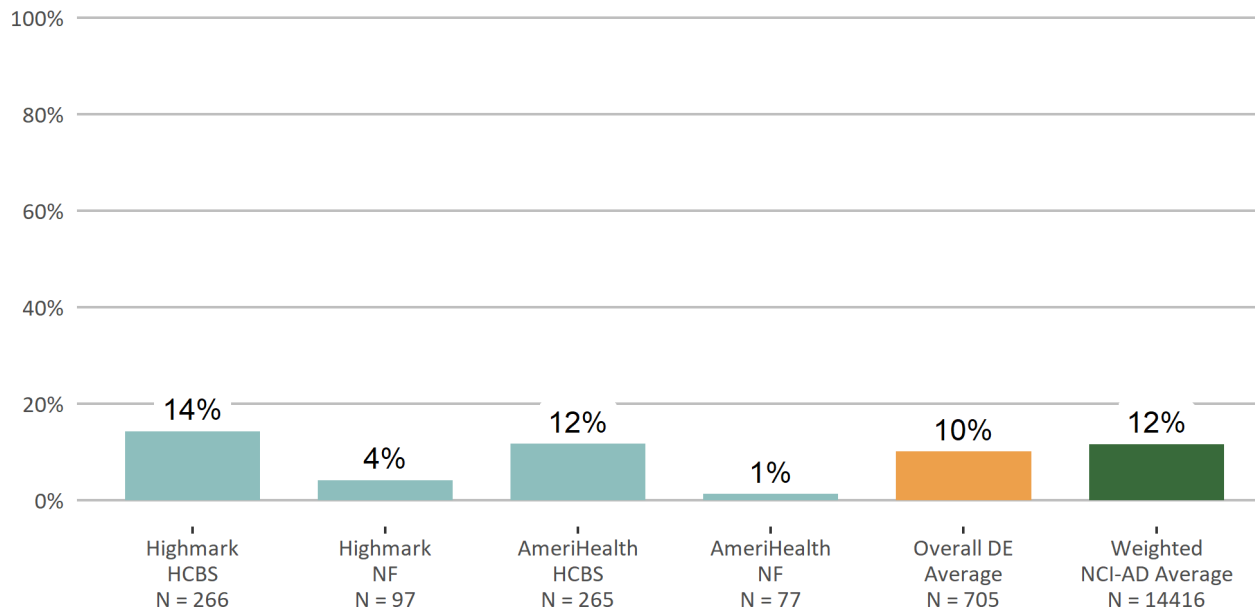
**Table 114. Often feels lonely**

<b>Program</b>	<b>Yes, often</b>	<b>Sometimes</b>	<b>Not often, never or almost never</b>	<b>N</b>
Highmark-HCBS	18%	38%	45%	200
Highmark-NF	26%	34%	39%	61
AmeriHealth-HCBS	17%	29%	54%	203
AmeriHealth-NF	21%	44%	35%	48
<b>Overall DE Average</b>	<b>19%</b>	<b>35%</b>	<b>46%</b>	<b>512</b>
<b>Weighted NCI-AD Average</b>	<b>19%</b>	<b>36%</b>	<b>45%</b>	<b>10,781</b>

## *Affordability*



### Ever has to skip meals due to financial worries



Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 249

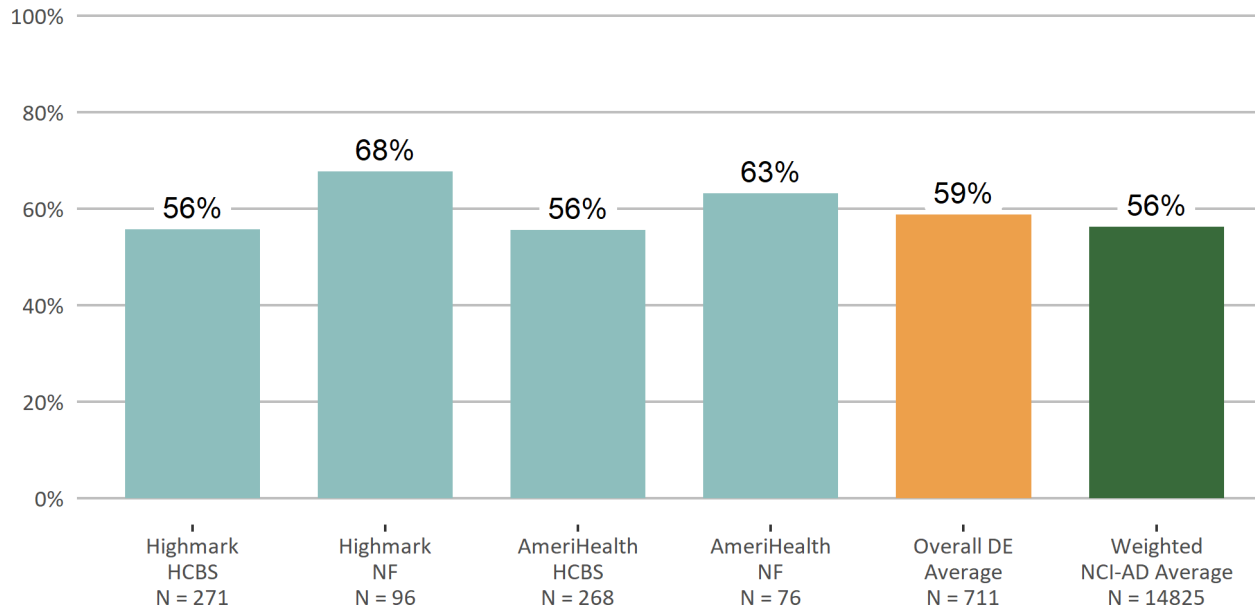
**Table 115. Ever has to skip meals due to financial worries**

*Proxy respondents were allowed for this question.*

<b>Program</b>	<b>Yes, often</b>	<b>Sometimes</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	3%	11%	86%	266
Highmark-NF	4%	0%	96%	97
AmeriHealth-HCBS	4%	8%	88%	265
AmeriHealth-NF	0%	1%	99%	77
<b>Overall DE Average</b>	<b>3%</b>	<b>7%</b>	<b>90%</b>	<b>705</b>
<b>Weighted NCI-AD Average</b>	<b>6%</b>	<b>6%</b>	<b>88%</b>	<b>14,416</b>

## Safety

They or someone else has concerns about falling or being unstable



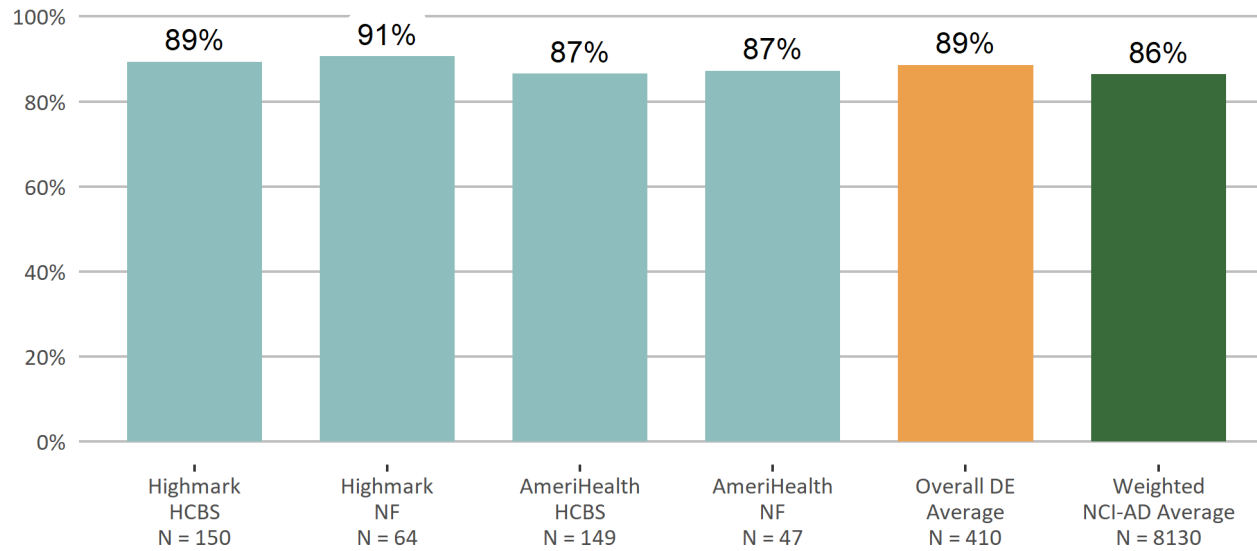
Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 252

**Table 116. They or someone else has concerns about falling or being unstable**

*Proxy respondents were allowed for this question.*

<b>Program</b>	<b>Yes, often</b>	<b>Sometimes</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	32%	23%	44%	271
Highmark-NF	48%	20%	32%	96
AmeriHealth-HCBS	29%	26%	44%	268
AmeriHealth-NF	47%	16%	37%	76
<b>Overall DE Average</b>	<b>36%</b>	<b>23%</b>	<b>41%</b>	<b>711</b>
<b>Weighted NCI-AD Average</b>	<b>35%</b>	<b>21%</b>	<b>44%</b>	<b>14,825</b>

Has worked with someone to reduce risk of falls (if someone has concerns about them falling or being unstable)

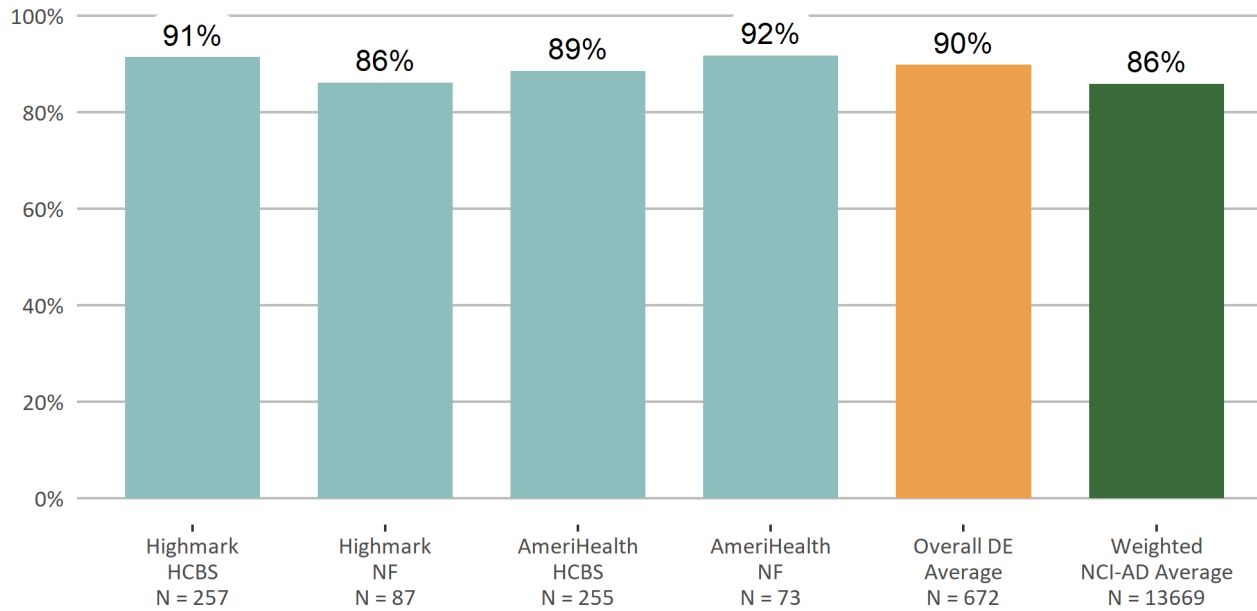


**Table 117. Has worked with someone to reduce risk of falls (if someone has concerns about them falling or being unstable)**

*Proxy respondents were allowed for this question.*

<b>Program</b>	<b>Yes</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	89%	11%	150
Highmark-NF	91%	9%	64
AmeriHealth-HCBS	87%	13%	149
AmeriHealth-NF	87%	13%	47
<b>Overall DE Average</b>	<b>89%</b>	<b>11%</b>	<b>410</b>
<b>Weighted NCI-AD Average</b>	<b>86%</b>	<b>14%</b>	<b>8,130</b>

Able to get to safety quickly in case of an emergency



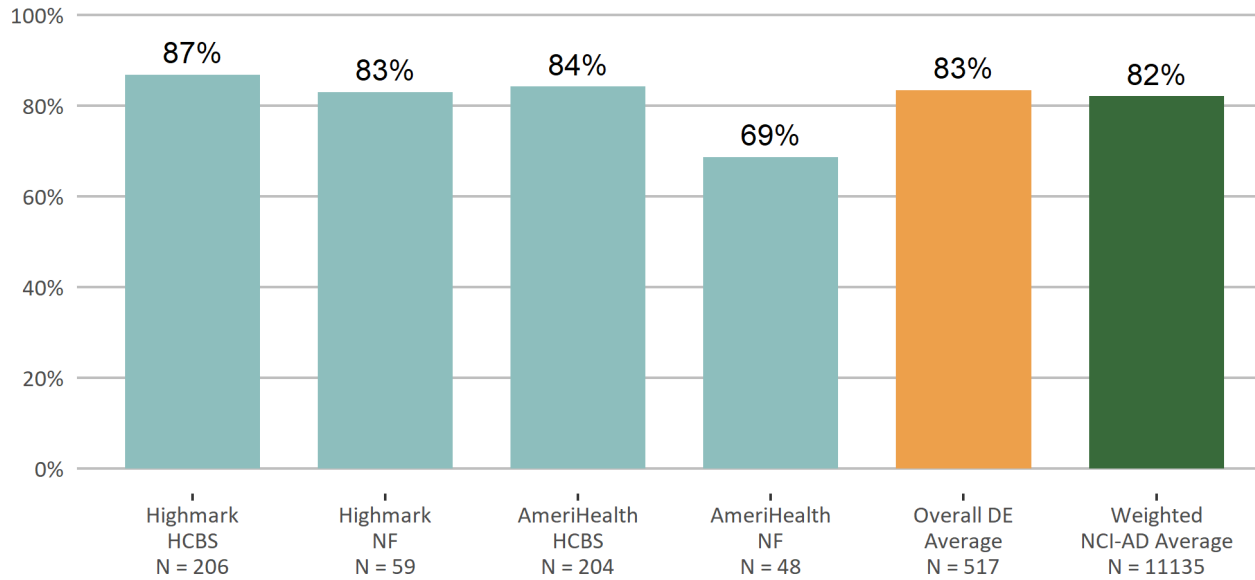


**Table 118. Able to get to safety quickly in case of an emergency**

*Proxy respondents were allowed for this question.*

<b>Program</b>	<b>Yes</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	91%	9%	257
Highmark-NF	86%	14%	87
AmeriHealth-HCBS	89%	11%	255
AmeriHealth-NF	92%	8%	73
<b>Overall DE Average</b>	<b>90%</b>	<b>10%</b>	<b>672</b>
<b>Weighted NCI-AD Average</b>	<b>86%</b>	<b>14%</b>	<b>13,669</b>

Knows who to talk to if they are mistreated, hurt, disrespected by others

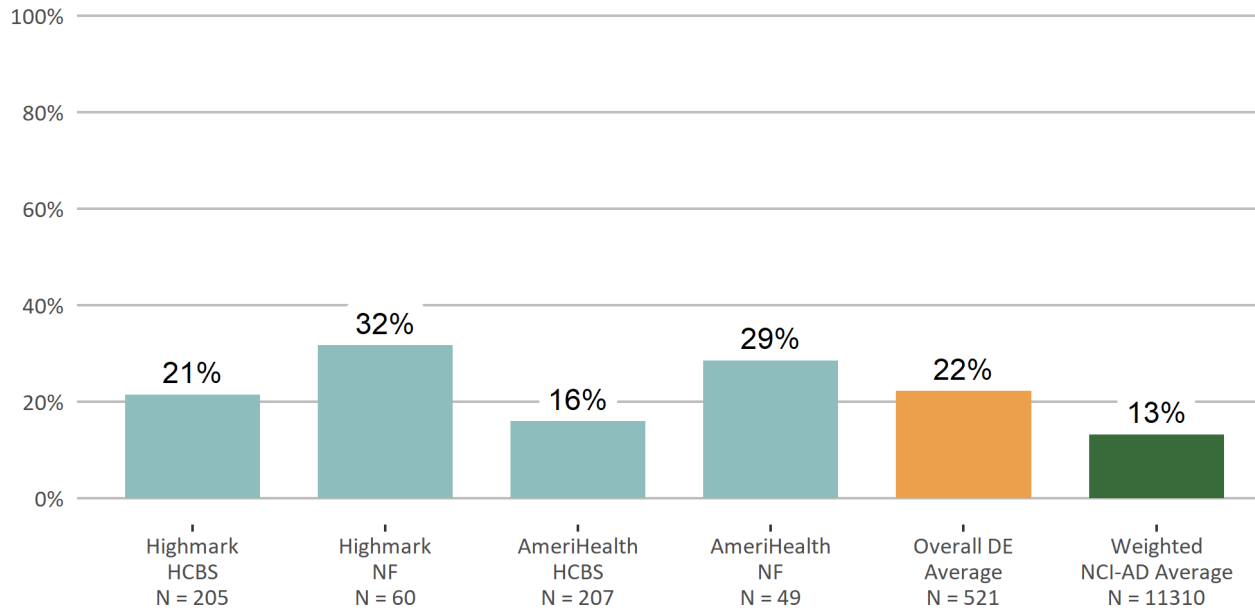


Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 258

**Table 119. Knows who to talk to if they are mistreated, hurt, disrespected by others**

<b>Program</b>	<b>Yes</b>	<b>Maybe, not sure</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	87%	4%	9%	206
Highmark-NF	83%	10%	7%	59
AmeriHealth-HCBS	84%	2%	13%	204
AmeriHealth-NF	69%	15%	17%	48
<b>Overall DE Average</b>	<b>83%</b>	<b>6%</b>	<b>11%</b>	<b>517</b>
<b>Weighted NCI-AD Average</b>	<b>82%</b>	<b>5%</b>	<b>13%</b>	<b>11,135</b>

### Are ever worried for the security of their personal belongings

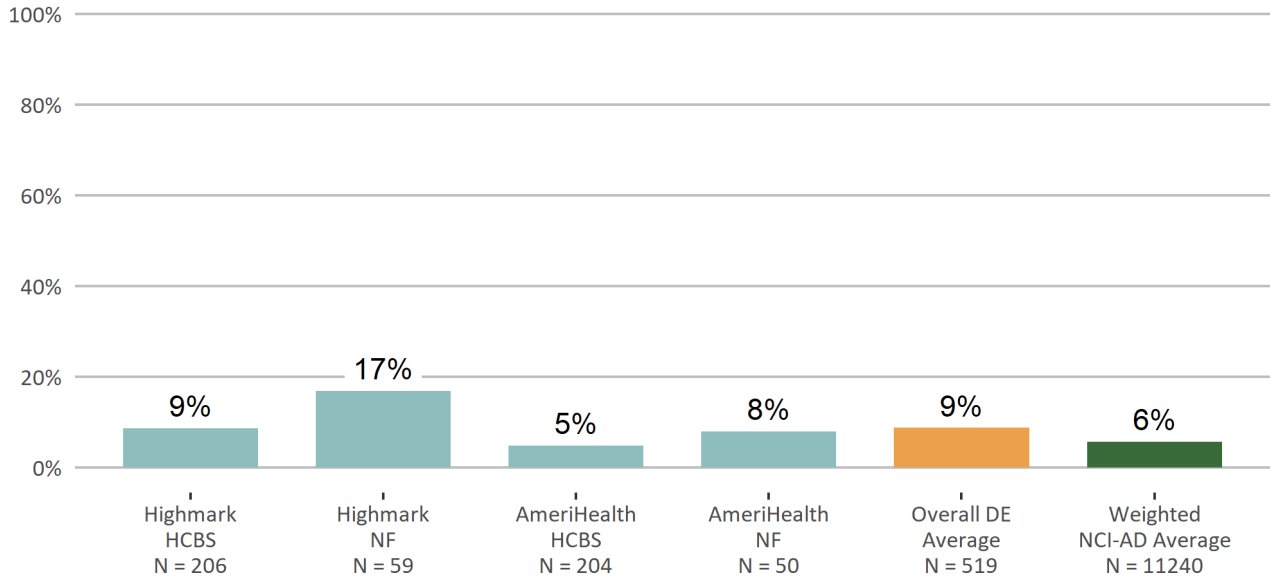


Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 260

**Table 120. Are ever worried for the security of their personal belongings**

<b>Program</b>	<b>Yes at least sometimes</b>	<b>No, never</b>	<b>N</b>
Highmark-HCBS	21%	79%	205
Highmark-NF	32%	68%	60
AmeriHealth-HCBS	16%	84%	207
AmeriHealth-NF	29%	71%	49
<b>Overall DE Average</b>	<b>22%</b>	<b>78%</b>	<b>521</b>
<b>Weighted NCI-AD Average</b>	<b>13%</b>	<b>87%</b>	<b>11,310</b>

Someone used or took their money  
without their permission in the  
past 12 months

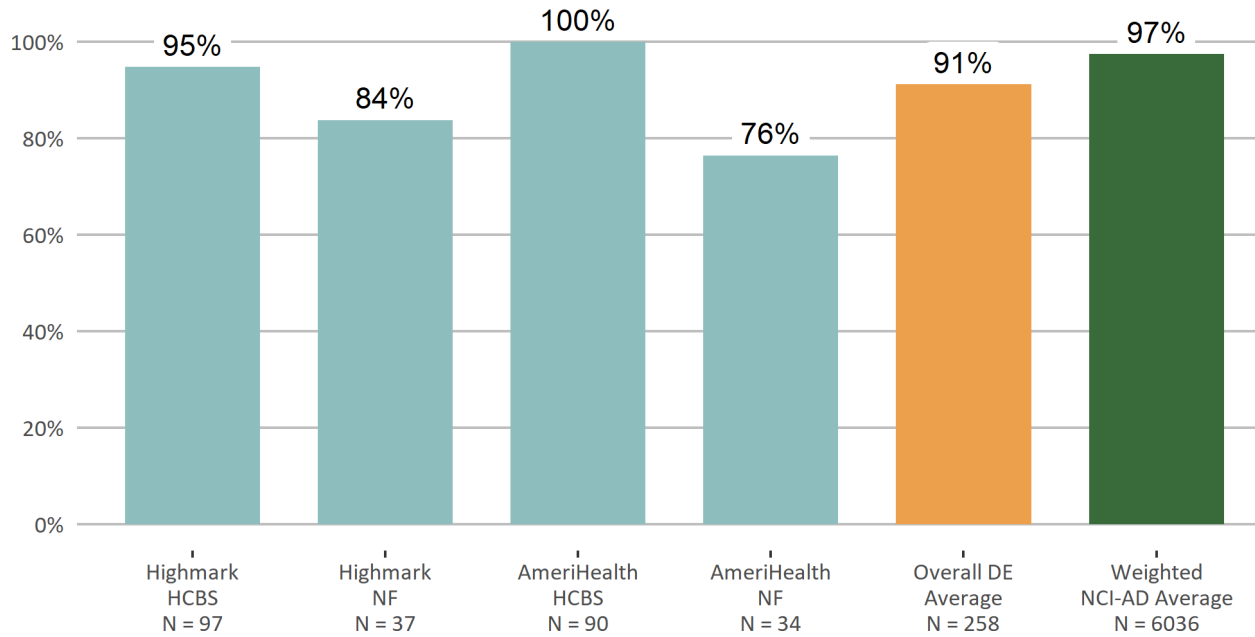


Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 262

**Table 121. Someone used or took their money without their permission in the past 12 months**

<b>Program</b>	<b>Yes</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	9%	91%	206
Highmark-NF	17%	83%	59
AmeriHealth-HCBS	5%	95%	204
AmeriHealth-NF	8%	92%	50
<b>Overall DE Average</b>	<b>9%</b>	<b>91%</b>	<b>519</b>
<b>Weighted NCI-AD Average</b>	<b>6%</b>	<b>94%</b>	<b>11,240</b>

Feels safe around people who are paid to help them



Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 264



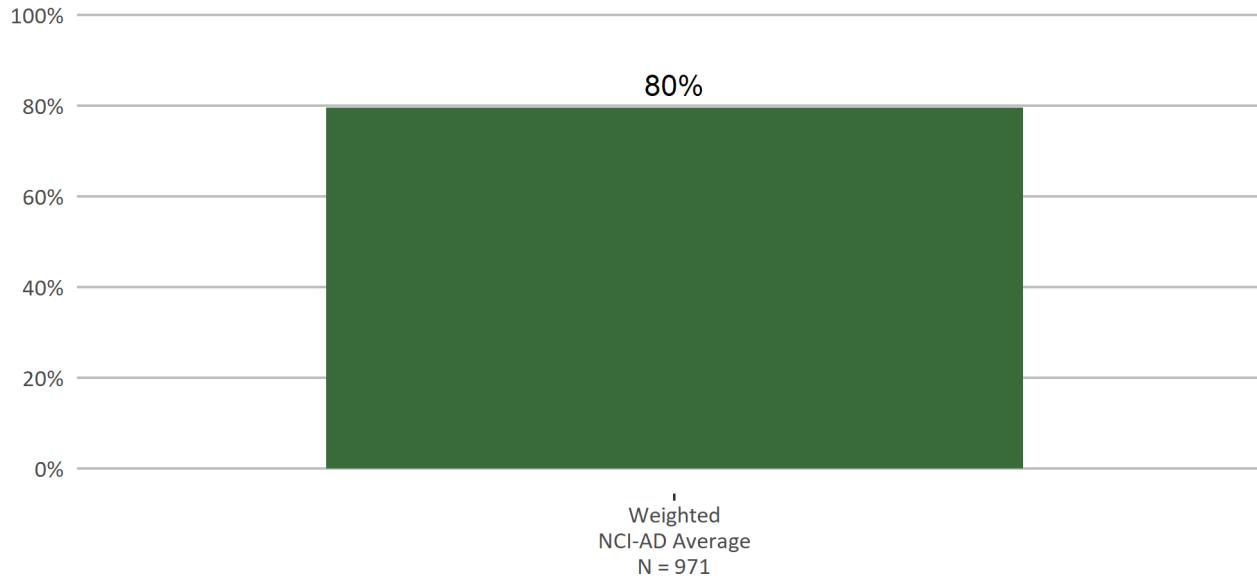
**Table 122. Feels safe around people who are paid to help them**

<b>Program</b>	<b>Yes, all paid support workers, always</b>	<b>No, not all workers, or not always</b>	<b>N</b>
Highmark-HCBS	95%	5%	97
Highmark-NF	84%	16%	37
AmeriHealth-HCBS	100%	0%	90
AmeriHealth-NF	76%	24%	34
<b>Overall DE Average</b>	<b>91%</b>	<b>9%</b>	<b>258</b>
<b>Weighted NCI-AD Average</b>	<b>97%</b>	<b>3%</b>	<b>6,036</b>

Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
 2022-23 Adult Consumer Survey National Results | 265

## *Rights and Respect*

Gets information about services  
in their preferred language (if  
preferred language is not English)

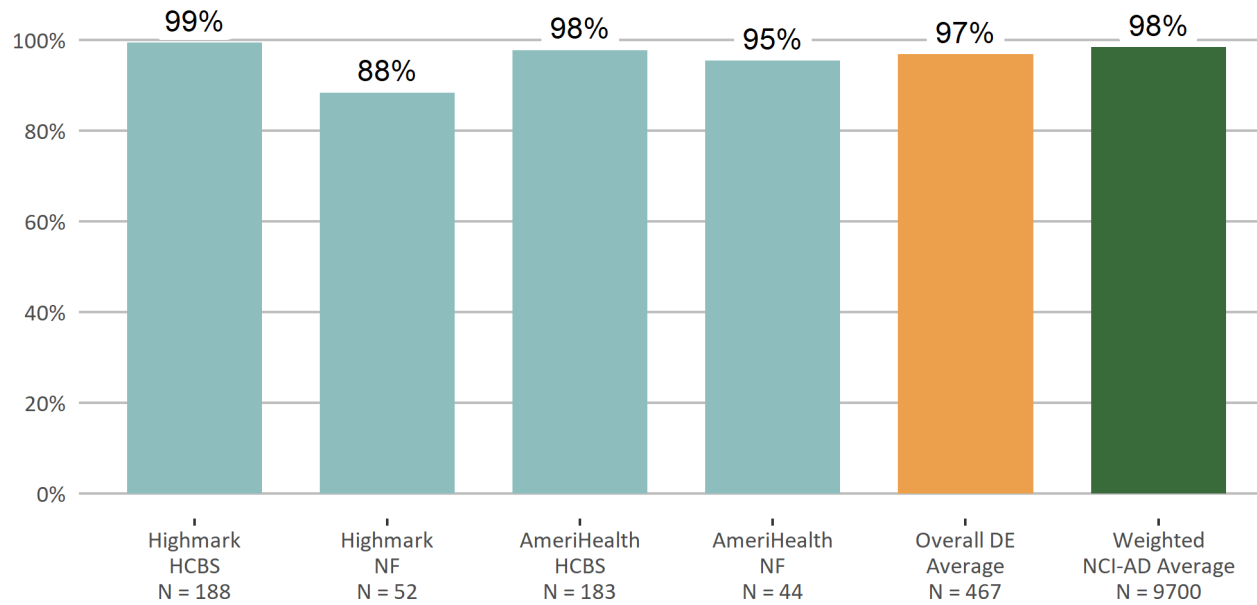


**Table 123. Gets information about services in their preferred language (if preferred language is not English)**

*Proxy respondents were allowed for this question.*

<b>Program</b>	<b>Yes, all information</b>	<b>Some Information</b>	<b>No</b>	<b>N</b>
<b>Weighted NCI-AD Average</b>	<b>51%</b>	<b>29%</b>	<b>20%</b>	<b>971</b>

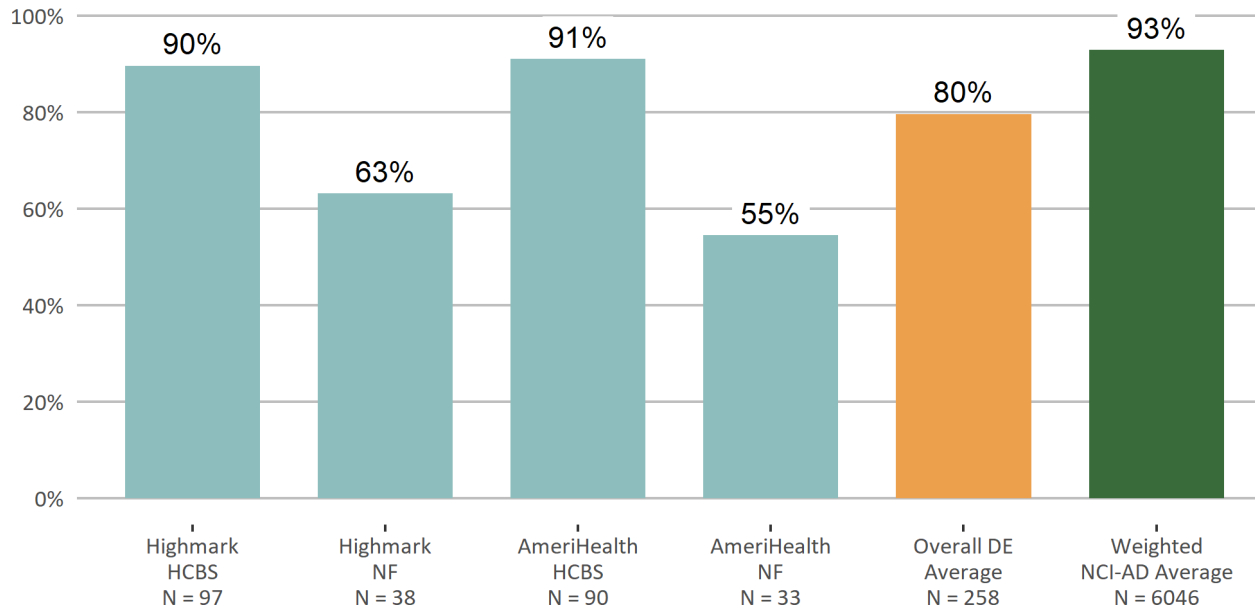
Services and supports are delivered  
in a way that is respectful of  
their culture



**Table 124. Services and supports are delivered in a way that is respectful of their culture**

<b>Program</b>	<b>Yes</b>	<b>Sometimes, or some services</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	96%	3%	1%	188
Highmark-NF	69%	19%	12%	52
AmeriHealth-HCBS	94%	4%	2%	183
AmeriHealth-NF	82%	14%	5%	44
<b>Overall DE Average</b>	<b>90%</b>	<b>7%</b>	<b>3%</b>	<b>467</b>
<b>Weighted NCI-AD Average</b>	<b>96%</b>	<b>3%</b>	<b>2%</b>	<b>9,700</b>

People who are paid to help them  
treat them with respect



Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 271

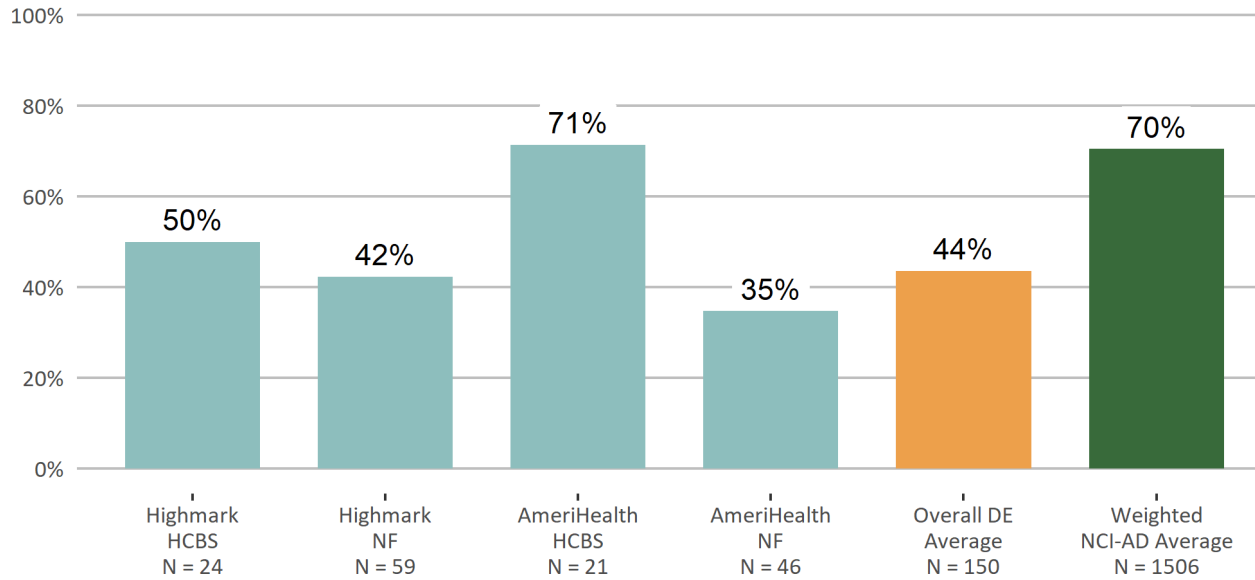
**Table 125. People who are paid to help them treat them with respect**

<b>Program</b>	<b>Yes, all paid support workers, always or almost always</b>	<b>Some, or usually</b>	<b>No, never or rarely</b>	<b>N</b>
Highmark-HCBS	90%	10%	0%	97
Highmark-NF	63%	32%	5%	38
AmeriHealth-HCBS	91%	8%	1%	90
AmeriHealth-NF	55%	42%	3%	33
<b>Overall DE Average</b>	<b>80%</b>	<b>19%</b>	<b>2%</b>	<b>258</b>
<b>Weighted NCI-AD Average</b>	<b>93%</b>	<b>6%</b>	<b>1%</b>	<b>6,046</b>

Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
 2022-23 Adult Consumer Survey National Results | 272



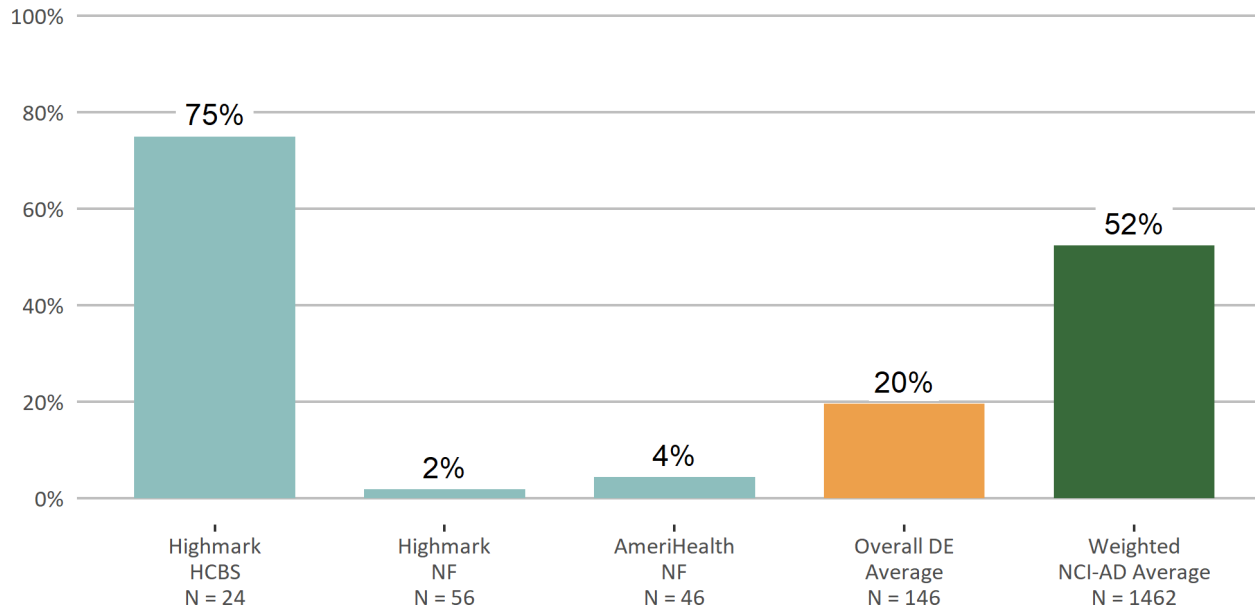
Others ask before coming into their home/room (if living in a group setting)



**Table 126. Others ask before coming into their home/room (if living in a group setting)**

<b>Program</b>	<b>Yes, always</b>	<b>Usually, but not always</b>	<b>Sometimes, rarely, or never</b>	<b>N</b>
Highmark-HCBS	50%	33%	17%	24
Highmark-NF	42%	37%	20%	59
AmeriHealth-HCBS	71%	19%	10%	21
AmeriHealth-NF	35%	41%	24%	46
<b>Overall DE Average</b>	<b>44%</b>	<b>36%</b>	<b>20%</b>	<b>150</b>
<b>Weighted NCI-AD Average</b>	<b>70%</b>	<b>20%</b>	<b>9%</b>	<b>1,506</b>

Able to lock doors to room (if living in a group setting)

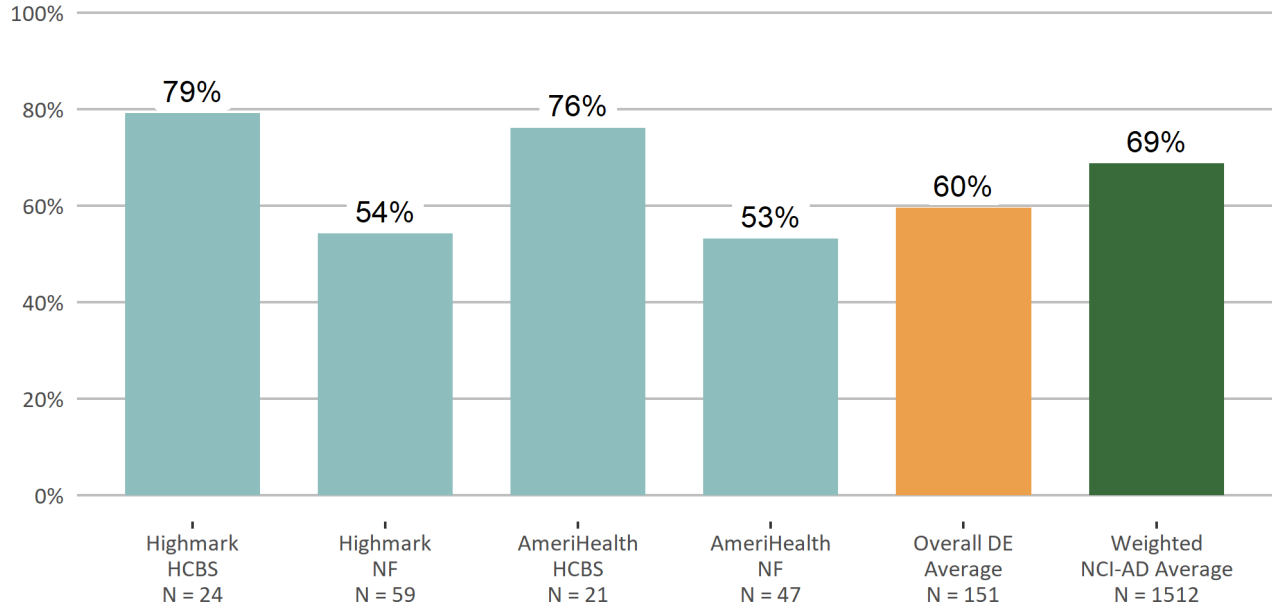


Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 275

**Table 127. Able to lock doors to room (if living in a group setting)**

<b>Program</b>	<b>Yes</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	75%	25%	24
Highmark-NF	2%	98%	56
AmeriHealth-NF	4%	96%	46
<b>Overall DE Average</b>	<b>20%</b>	<b>80%</b>	<b>146</b>
<b>Weighted NCI-AD Average</b>	<b>52%</b>	<b>48%</b>	<b>1,462</b>

Has enough privacy where lives (if living in a group setting)

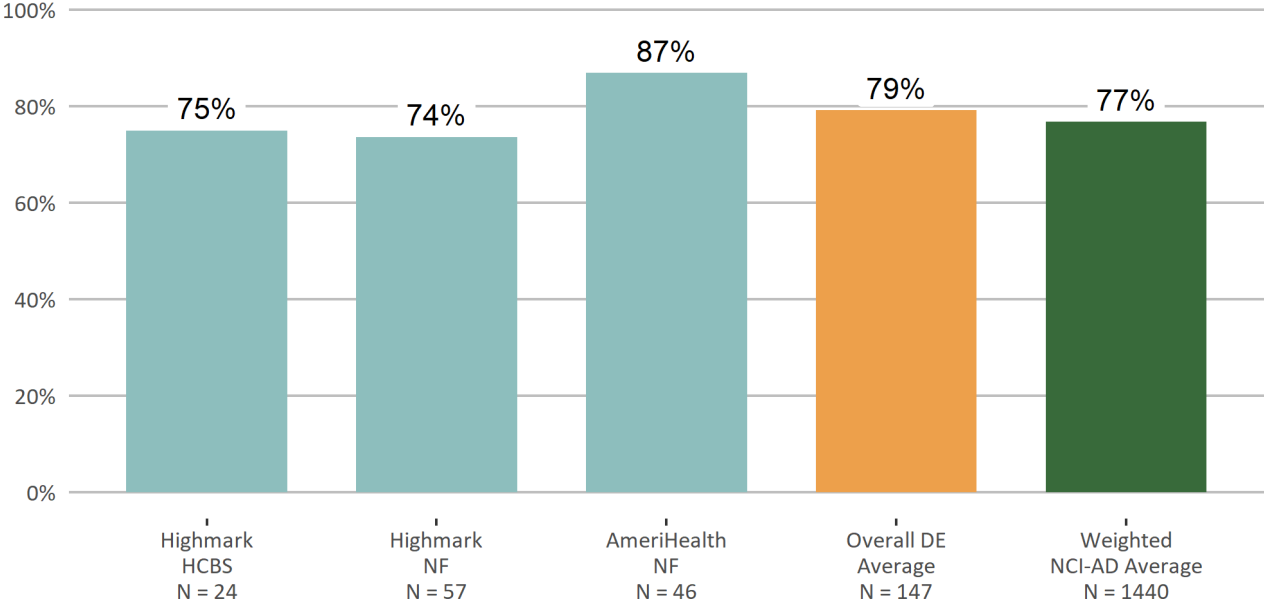


Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 277

**Table 128. Has enough privacy where lives (if living in a group setting)**

<b>Program</b>	<b>Yes, always</b>	<b>Usually, but not always</b>	<b>Sometimes, rarely, or never</b>	<b>N</b>
Highmark-HCBS	79%	13%	8%	24
Highmark-NF	54%	24%	22%	59
AmeriHealth-HCBS	76%	5%	19%	21
AmeriHealth-NF	53%	32%	15%	47
<b>Overall DE Average</b>	<b>60%</b>	<b>23%</b>	<b>17%</b>	<b>151</b>
<b>Weighted NCI-AD Average</b>	<b>69%</b>	<b>19%</b>	<b>12%</b>	<b>1,512</b>

Can have visitors at any time (if living in a group setting)



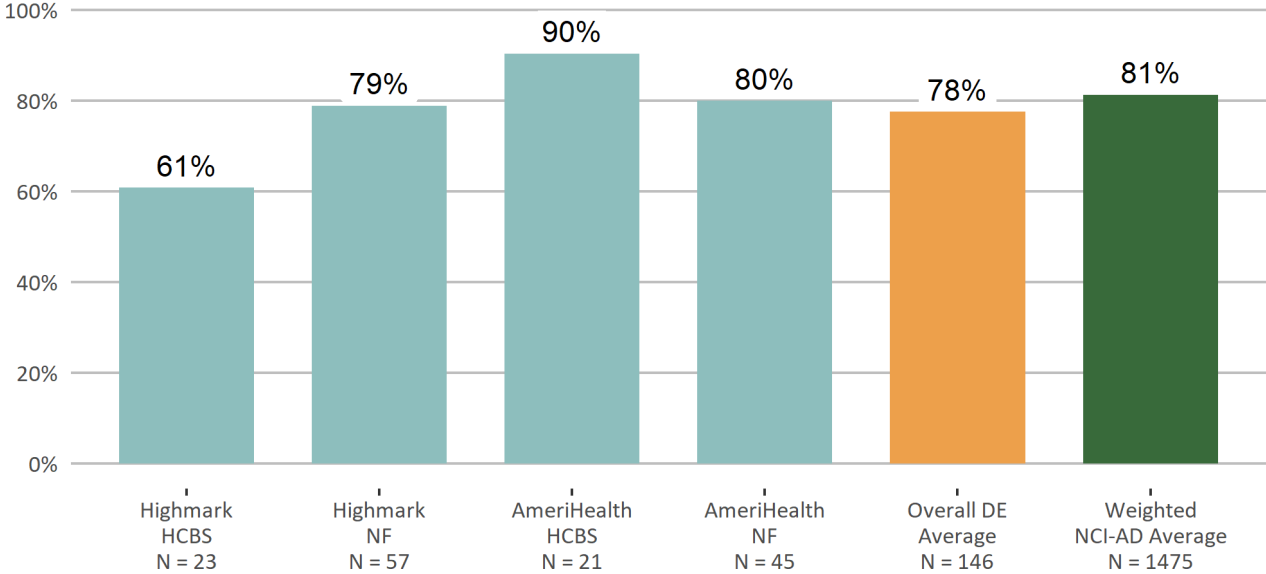
Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 279

**Table 129. Can have visitors at any time (if living in a group setting)**

<b>Program</b>	<b>Yes</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	75%	25%	24
Highmark-NF	74%	26%	57
AmeriHealth-NF	87%	13%	46
<b>Overall DE Average</b>	<b>79%</b>	<b>21%</b>	<b>147</b>
<b>Weighted NCI-AD Average</b>	<b>77%</b>	<b>23%</b>	<b>1,440</b>



Can get something to eat or grab a snack anytime they (if living in a group setting)



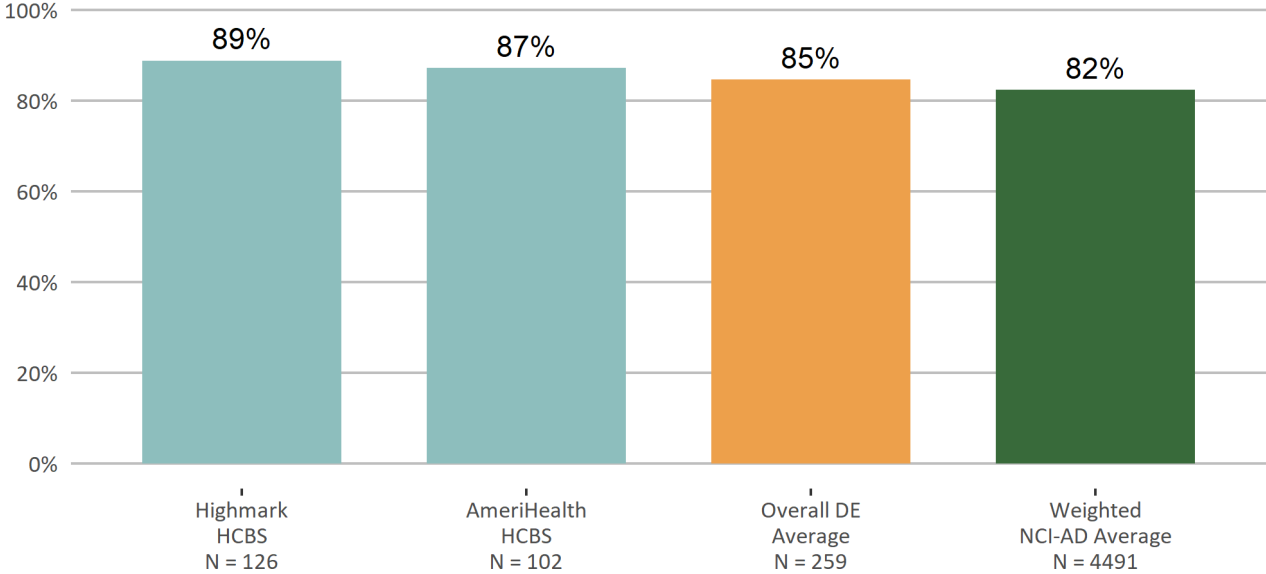
Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 281

**Table 130. Can get something to eat or grab a snack anytime they (if living in a group setting)**

<b>Program</b>	<b>Yes</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	61%	39%	23
Highmark-NF	79%	21%	57
AmeriHealth-HCBS	90%	10%	21
AmeriHealth-NF	80%	20%	45
<b>Overall DE Average</b>	<b>78%</b>	<b>22%</b>	<b>146</b>
<b>Weighted NCI-AD Average</b>	<b>81%</b>	<b>19%</b>	<b>1,475</b>

## *Person-Centered Planning*

Very or fully involved in making decisions about what is in the service plan?



Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 284

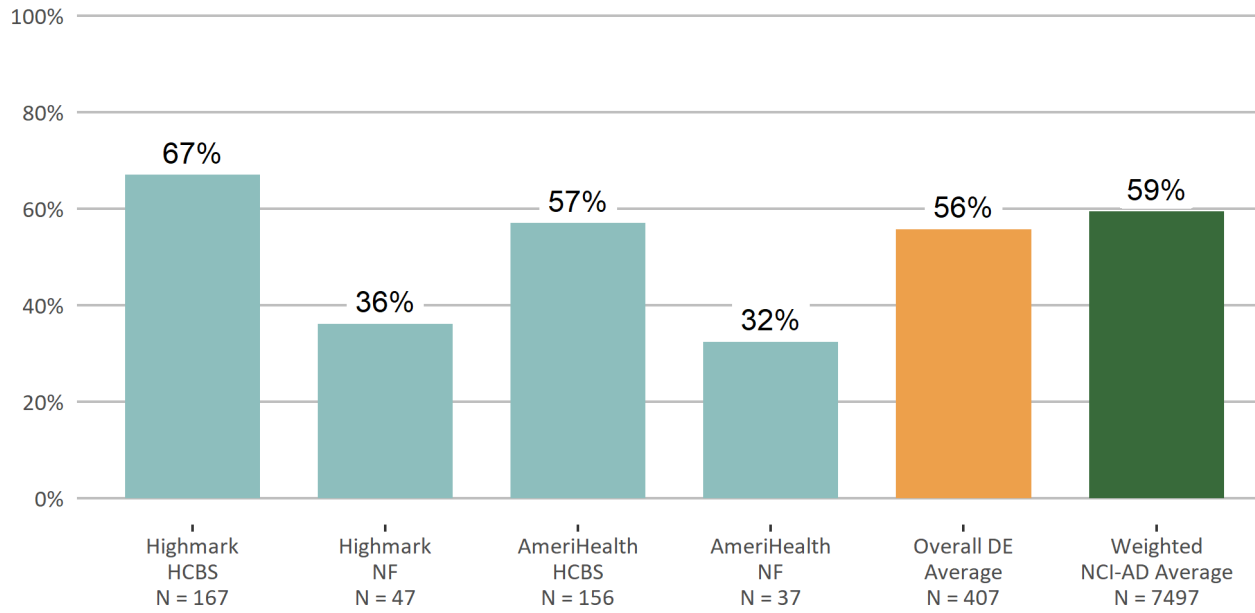
**Table 131. Involvement in making decisions about what is in the service plan**

<b>Program</b>	<b>Very or fully involved</b>	<b>Somewhat</b>	<b>Very little</b>	<b>Not at all</b>	<b>N</b>
Highmark-HCBS	89%	9%	2%	1%	126
AmeriHealth-HCBS	87%	12%	0%	1%	102
<b>Overall DE Average</b>	<b>85%</b>	<b>12%</b>	<b>2%</b>	<b>1%</b>	<b>259</b>
<b>Weighted NCI-AD Average</b>	<b>82%</b>	<b>14%</b>	<b>2%</b>	<b>2%</b>	<b>4,491</b>

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Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
 2022-23 Adult Consumer Survey National Results | 285

### Remembers their last service planning meeting

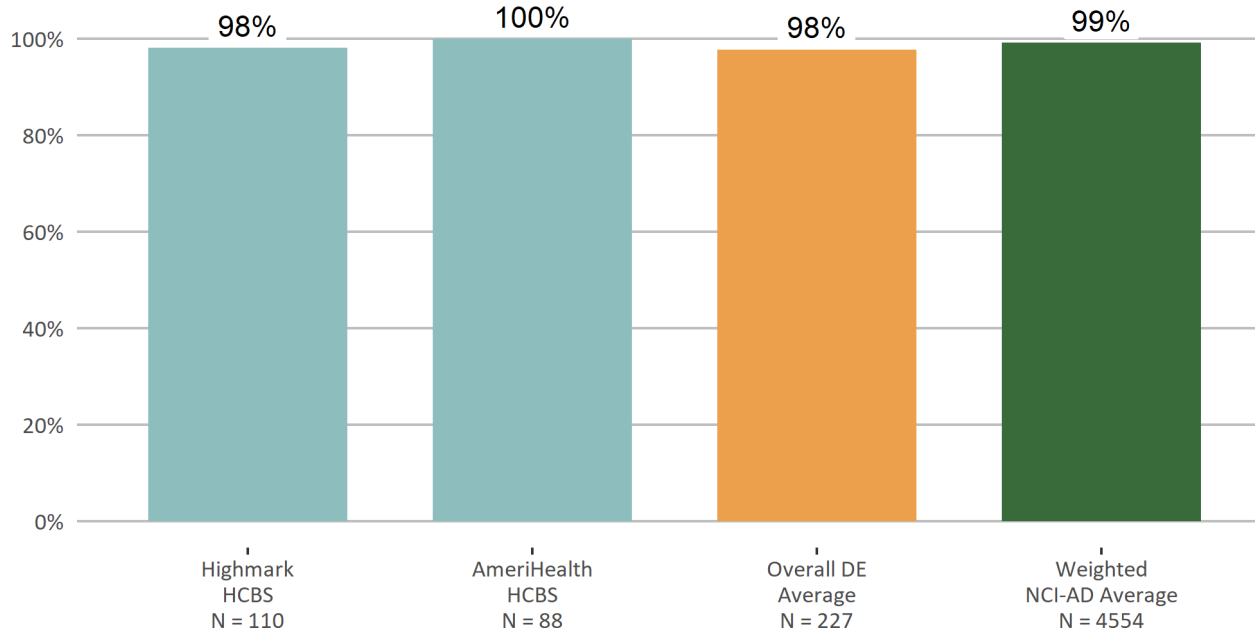


Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 286

**Table 132. Remembers their last service planning meeting**

<b>Program</b>	<b>Yes</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	67%	33%	167
Highmark-NF	36%	64%	47
AmeriHealth-HCBS	57%	43%	156
AmeriHealth-NF	32%	68%	37
<b>Overall DE Average</b>	<b>56%</b>	<b>44%</b>	<b>407</b>
<b>Weighted NCI-AD Average</b>	<b>59%</b>	<b>41%</b>	<b>7,497</b>

Service planning meeting took place  
at a time that was good for them

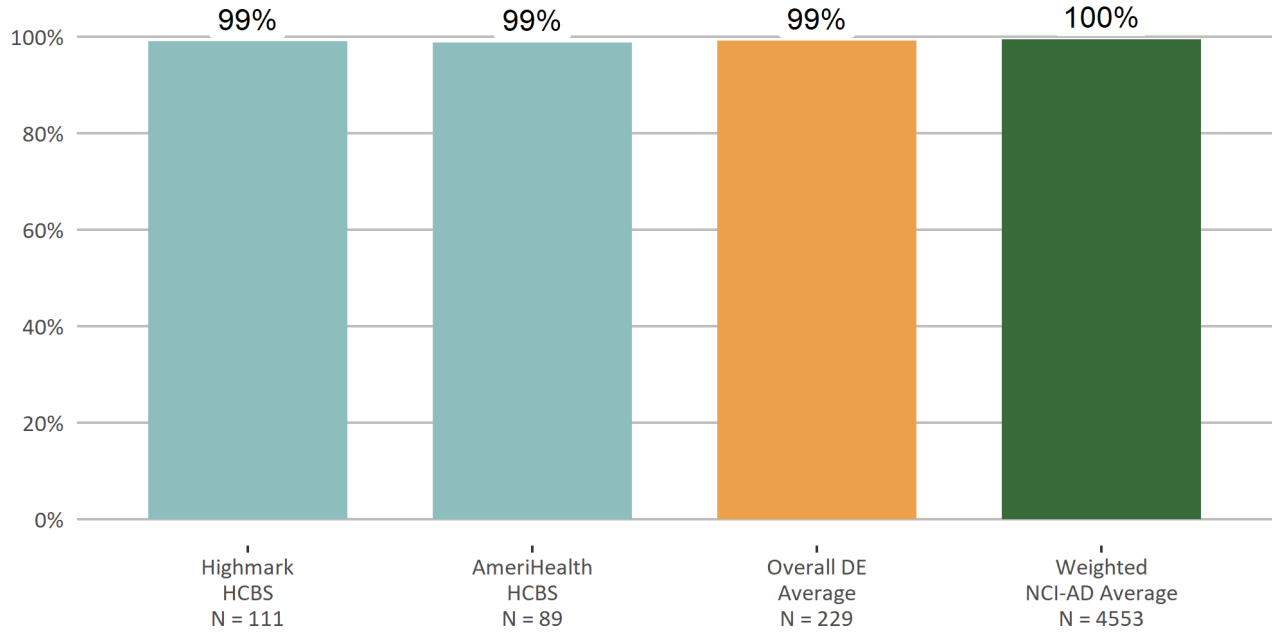




**Table 133. Service planning meeting took place at a time that was good for them**

<b>Program</b>	<b>Yes</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	98%	2%	110
AmeriHealth-HCBS	100%	0%	88
<b>Overall DE Average</b>	<b>98%</b>	<b>2%</b>	<b>227</b>
<b>Weighted NCI-AD Average</b>	<b>99%</b>	<b>1%</b>	<b>4,554</b>

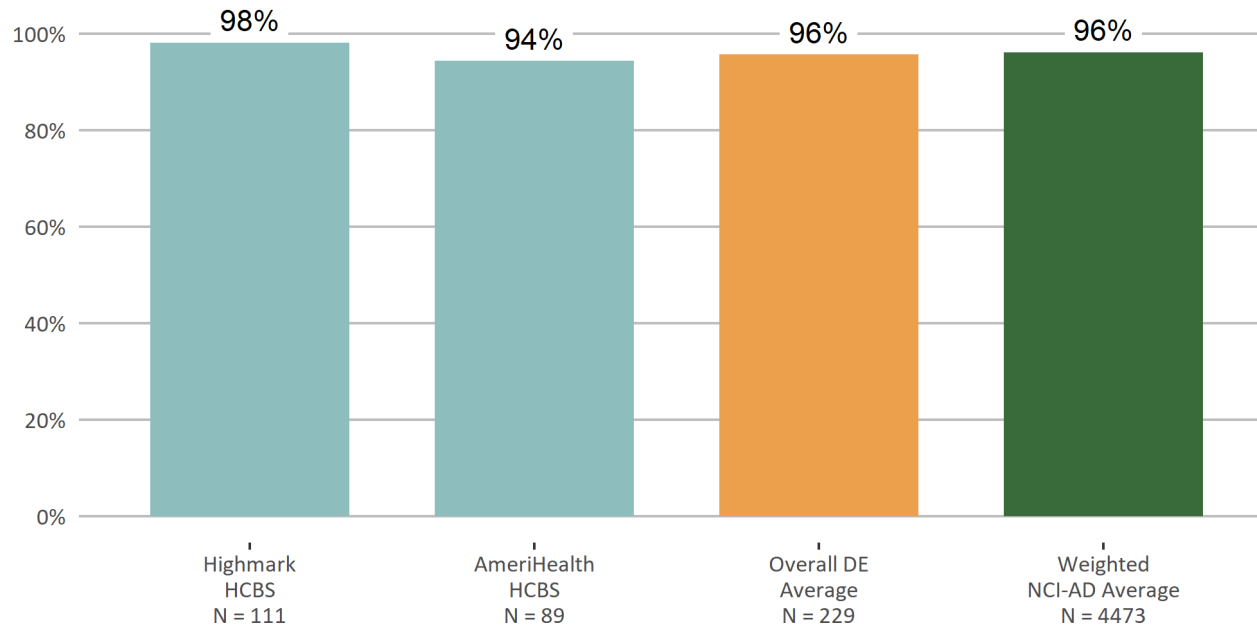
Service planning meeting took place  
in a place that was good for them



**Table 134. Service planning meeting took place in a place that was good for them**

<b>Program</b>	<b>Yes</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	99%	1%	111
AmeriHealth-HCBS	99%	1%	89
<b>Overall DE Average</b>	<b>99%</b>	<b>1%</b>	<b>229</b>
<b>Weighted NCI-AD Average</b>	<b>100%</b>	<b>0%</b>	<b>4,553</b>

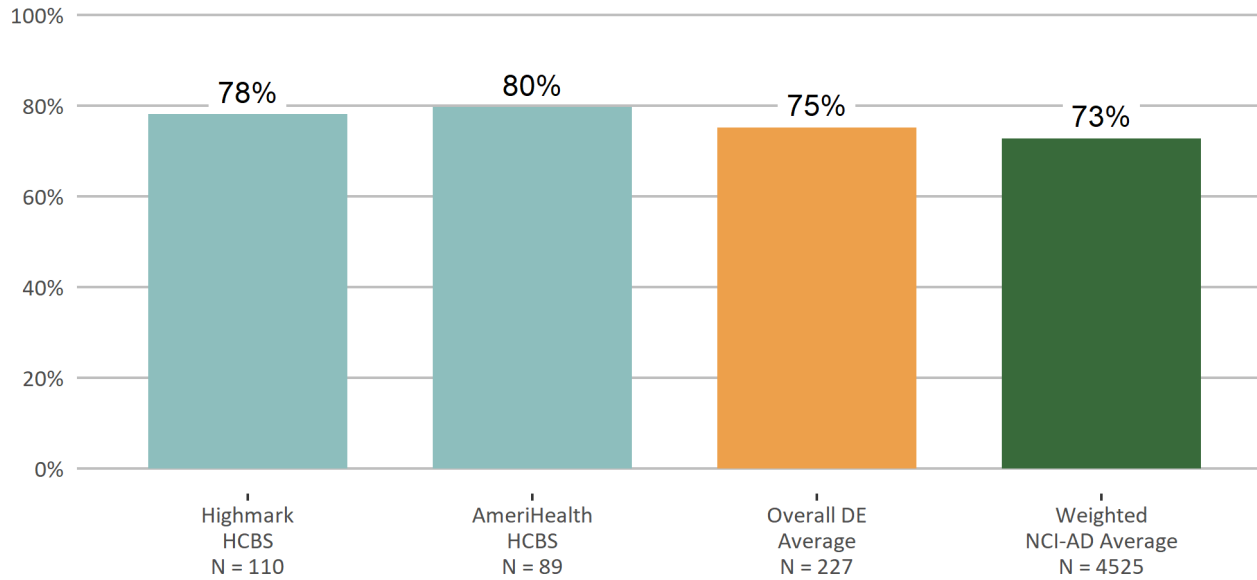
Service planning meeting included  
the people they wanted to be there



**Table 135. Service planning meeting included the people they wanted to be there**

<b>Program</b>	<b>Yes</b>	<b>Some People</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	98%	0%	2%	111
AmeriHealth-HCBS	94%	3%	2%	89
<b>Overall DE Average</b>	<b>96%</b>	<b>2%</b>	<b>3%</b>	<b>229</b>
<b>Weighted NCI-AD Average</b>	<b>96%</b>	<b>2%</b>	<b>2%</b>	<b>4,473</b>

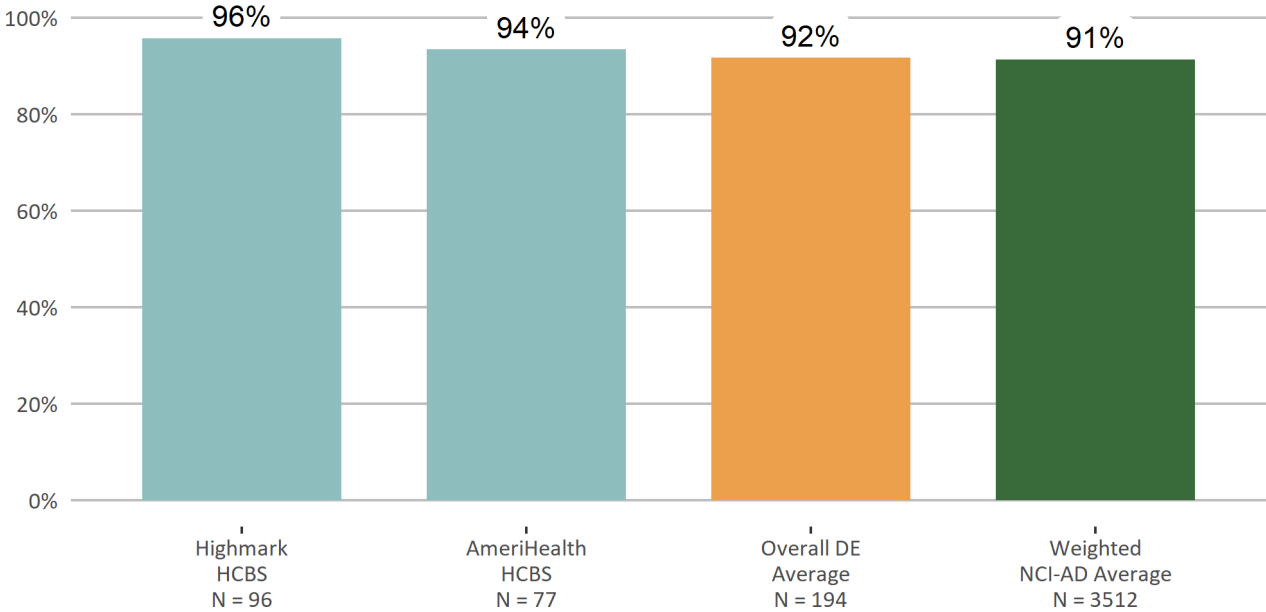
People at the service planning meeting listened to needs and preferences



**Table 136. People at the service planning meeting listened to needs and preferences**

<b>Program</b>	<b>Completely</b>	<b>Mostly</b>	<b>Somewhat</b>	<b>Very little</b>	<b>Not at all</b>	<b>N</b>
Highmark-HCBS	78%	15%	4%	1%	2%	110
AmeriHealth-HCBS	80%	17%	1%	1%	1%	89
<b>Overall DE Average</b>	<b>75%</b>	<b>16%</b>	<b>6%</b>	<b>1%</b>	<b>1%</b>	<b>227</b>
<b>Weighted NCI-AD Average</b>	<b>73%</b>	<b>20%</b>	<b>5%</b>	<b>1%</b>	<b>1%</b>	<b>4,525</b>

Received a copy of the service plan  
after the service planning meeting



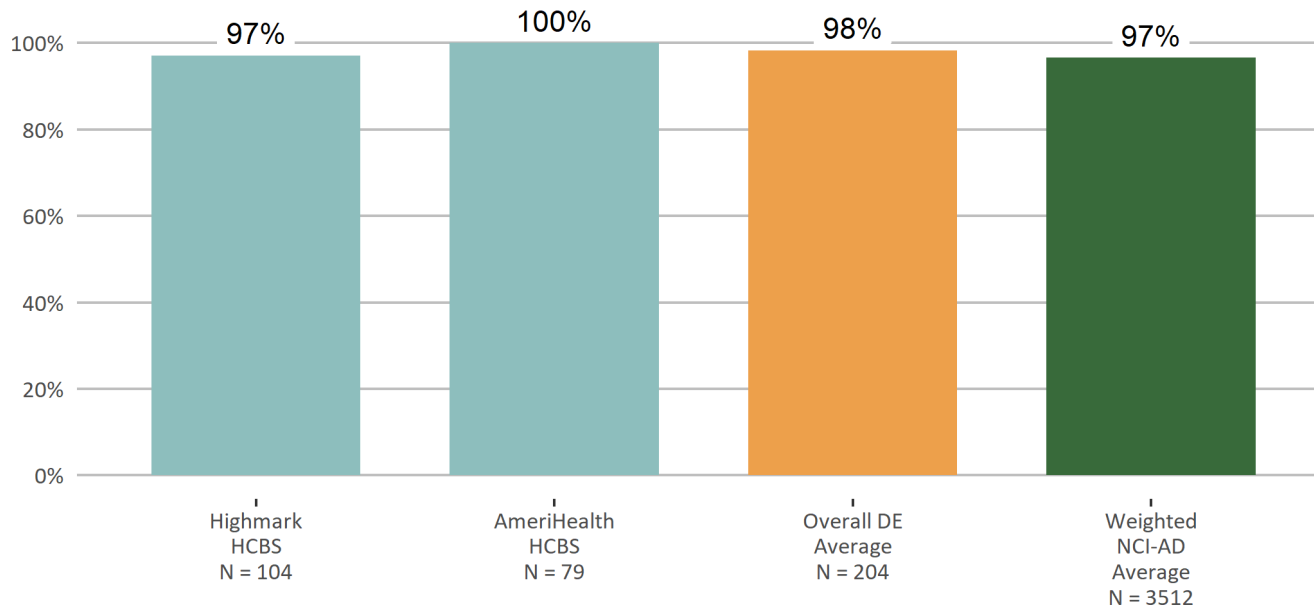
Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 296



**Table 137. Received a copy of the service plan after the service planning meeting**

<b>Program</b>	<b>Yes</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	96%	4%	96
AmeriHealth-HCBS	94%	6%	77
<b>Overall DE Average</b>	<b>92%</b>	<b>8%</b>	<b>194</b>
<b>Weighted NCI-AD Average</b>	<b>91%</b>	<b>9%</b>	<b>3,512</b>

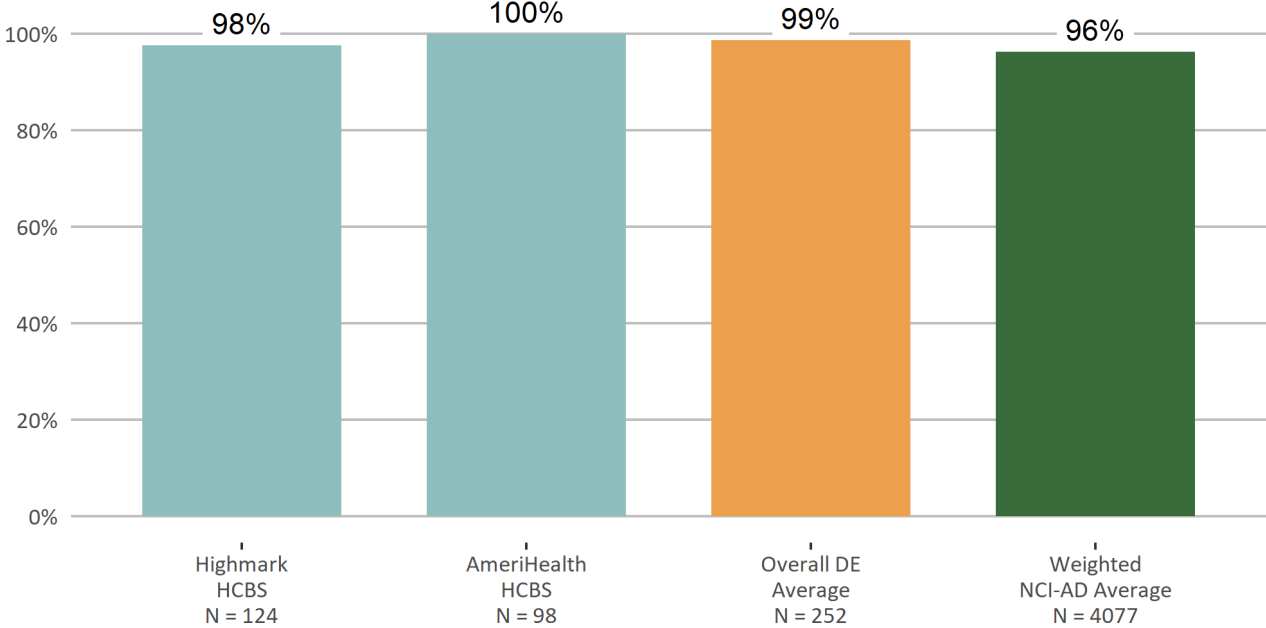
Current service plan reflects what was talked about at the service plan meeting



**Table 138. Current service plan reflects what was talked about at the service plan meeting**

<b>Program</b>	<b>Yes, completely</b>	<b>Yes, in part</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	91%	6%	3%	104
AmeriHealth-HCBS	91%	9%	0%	79
<b>Overall DE Average</b>	<b>91%</b>	<b>7%</b>	<b>2%</b>	<b>204</b>
<b>Weighted NCI-AD Average</b>	<b>90%</b>	<b>6%</b>	<b>3%</b>	<b>3,512</b>

Choices and preferences are reflected in current service plan



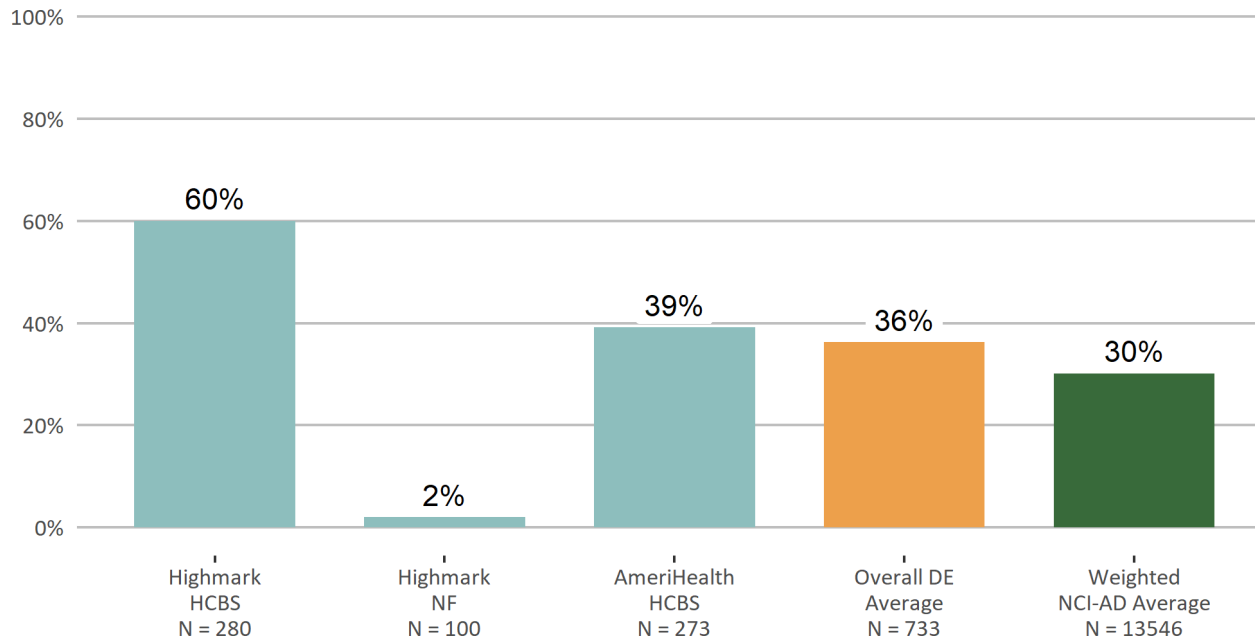
Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 300

**Table 139. Choices and preferences are reflected in current service plan**

<b>Program</b>	<b>Yes, all/completely</b>	<b>Yes, some/In Part</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	85%	12%	2%	124
AmeriHealth-HCBS	80%	20%	0%	98
<b>Overall DE Average</b>	<b>81%</b>	<b>18%</b>	<b>1%</b>	<b>252</b>
<b>Weighted NCI-AD Average</b>	<b>84%</b>	<b>12%</b>	<b>4%</b>	<b>4,077</b>

### *Self-Direction*

### Uses self-directed supports option



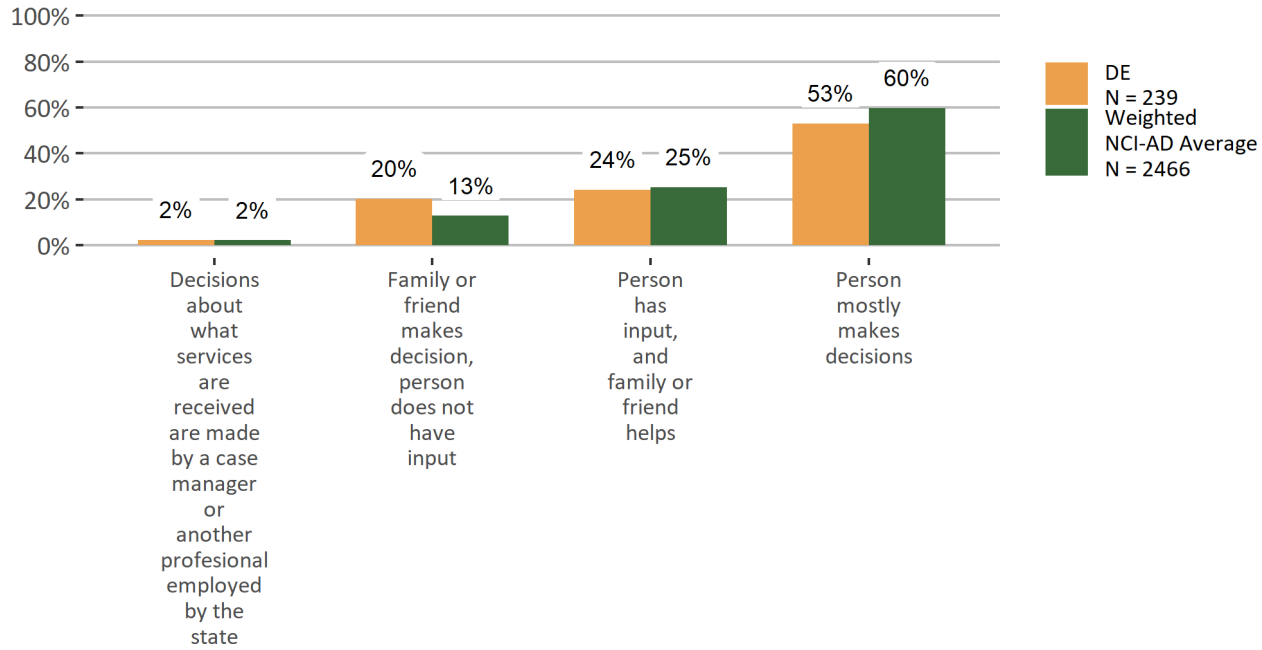
Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 302

**Table 140. Uses self-directed supports option**

*Information may only come from existing records.*

<b>Program</b>	<b>Yes</b>	<b>No</b>	<b>Don't Know</b>	<b>N</b>
Highmark-HCBS	60%	40%	0%	280
Highmark-NF	2%	98%	0%	100
AmeriHealth-HCBS	39%	61%	0%	273
AmeriHealth-NF	0%	100%	0%	80
<b>Overall DE Average</b>	<b>36%</b>	<b>64%</b>	<b>0%</b>	<b>733</b>
<b>Weighted NCI-AD Average</b>	<b>30%</b>	<b>60%</b>	<b>10%</b>	<b>13,546</b>

### Makes decisions about services that are self directed



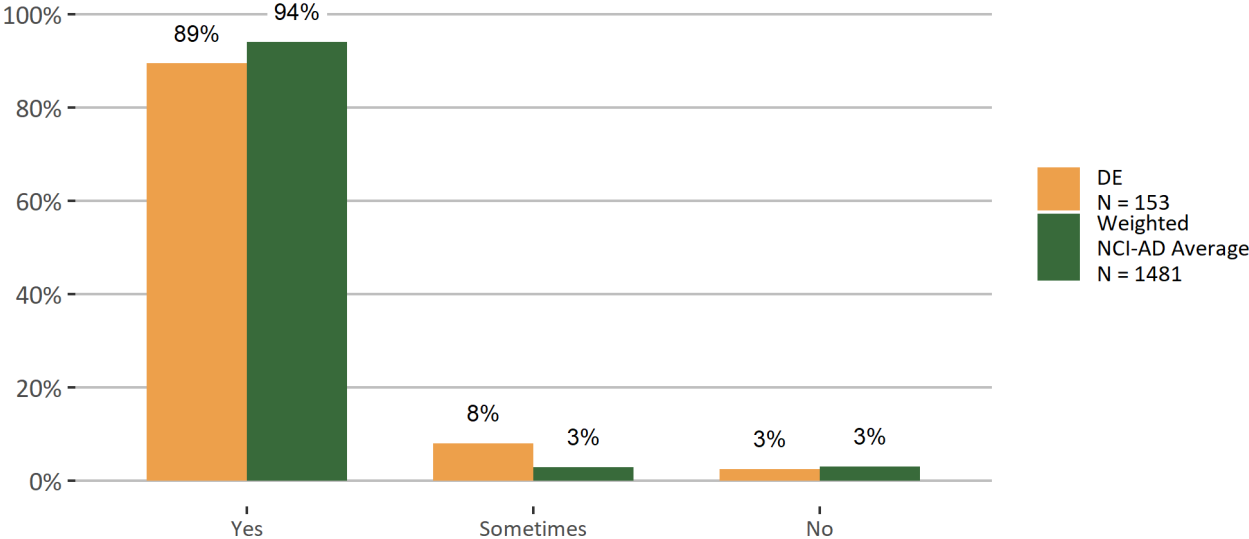


**Table 141. Makes decisions about services that are self directed**

*Proxy respondents were allowed for this question. Newly added question in 2022-23.*

<b>Program</b>	<b>Decisions about what services are received are made by a case manager or another professional employed by the state</b>	<b>Family or friend makes decision, person does not have input</b>	<b>Person has input, and family or friend helps</b>	<b>Person mostly makes decisions</b>	<b>N</b>
Highmark-HCBS	3%	20%	25%	52%	143
AmeriHealth-HCBS	1%	21%	19%	59%	94
<b>Overall DE Average</b>	<b>2%</b>	<b>20%</b>	<b>24%</b>	<b>53%</b>	<b>239</b>
<b>Weighted NCI-AD Average</b>	<b>2%</b>	<b>13%</b>	<b>25%</b>	<b>60%</b>	<b>2,466</b>

Has enough help deciding how to direct services, like making decisions about how and when services are received



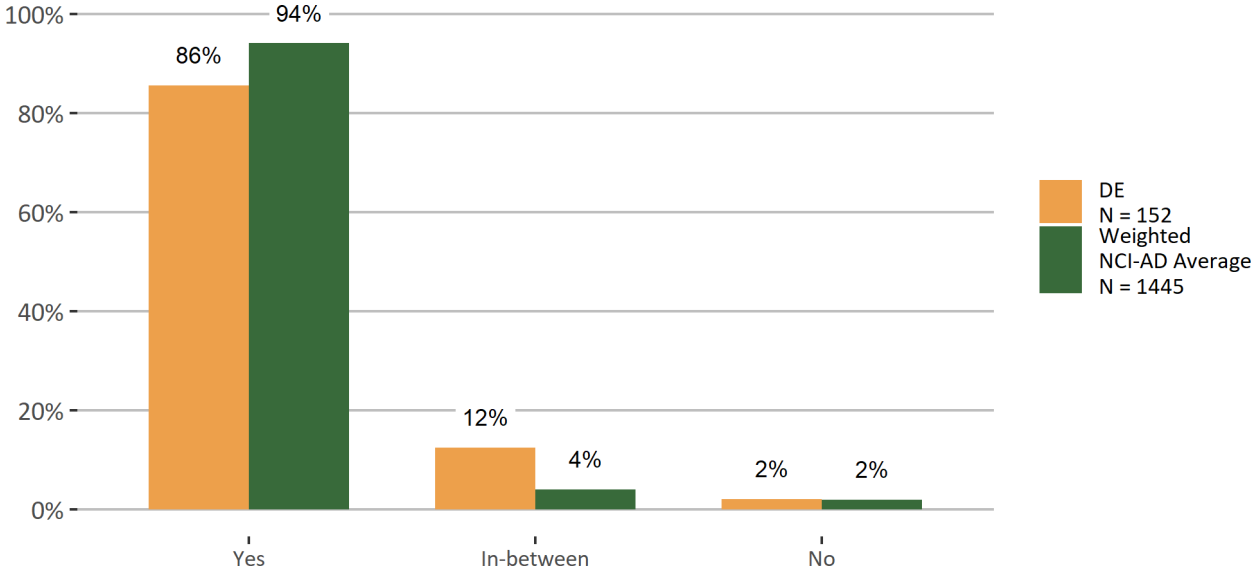
Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 306

**Table 142. Has enough help deciding how to direct services, like making decisions about how and when services are received**

*Proxy respondents were allowed for this question. Newly added question in 2022-23.*

<b>Program</b>	<b>Yes</b>	<b>Sometimes</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	89%	9%	2%	88
AmeriHealth-HCBS	90%	6%	3%	63
<b>Overall DE Average</b>	<b>89%</b>	<b>8%</b>	<b>3%</b>	<b>153</b>
<b>Weighted NCI-AD Average</b>	<b>94%</b>	<b>3%</b>	<b>3%</b>	<b>1,481</b>

Can make changes to the services and supports you self-direct if needed



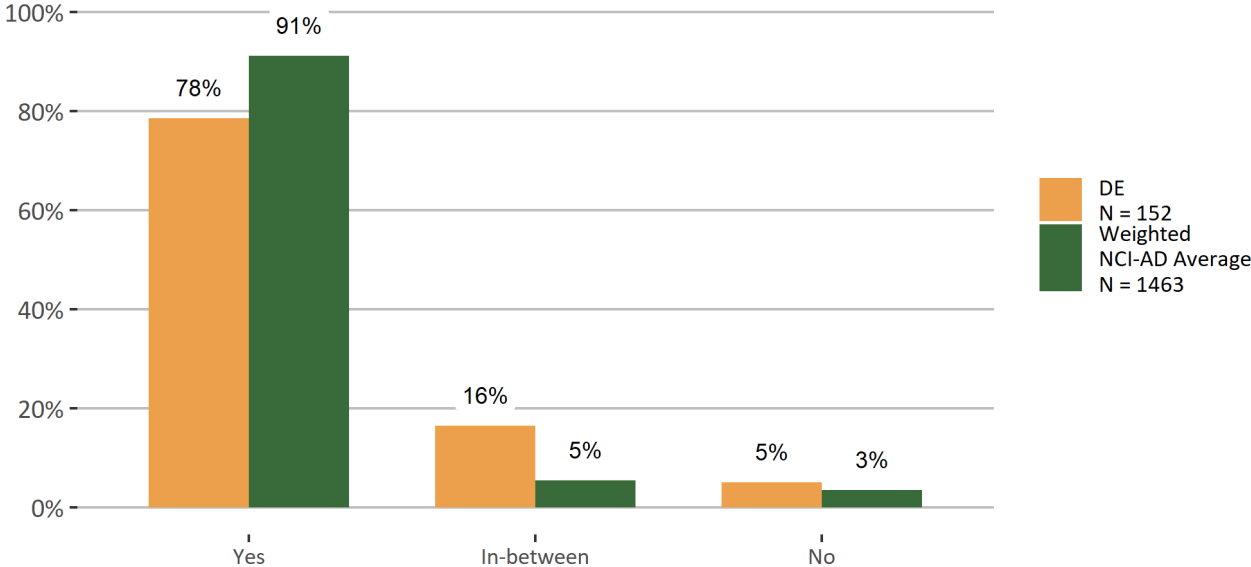
Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 308

**Table 143. Can make changes to the services and supports you self-direct if needed**

*Proxy respondents were allowed for this question. Newly added question in 2022-23.*

<b>Program</b>	<b>Yes</b>	<b>In-between</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	85%	13%	2%	87
AmeriHealth-HCBS	86%	13%	2%	63
<b>Overall DE Average</b>	<b>86%</b>	<b>12%</b>	<b>2%</b>	<b>152</b>
<b>Weighted NCI-AD Average</b>	<b>94%</b>	<b>4%</b>	<b>2%</b>	<b>1,445</b>

Has the amount of control wanted  
with the services that are  
self-directed



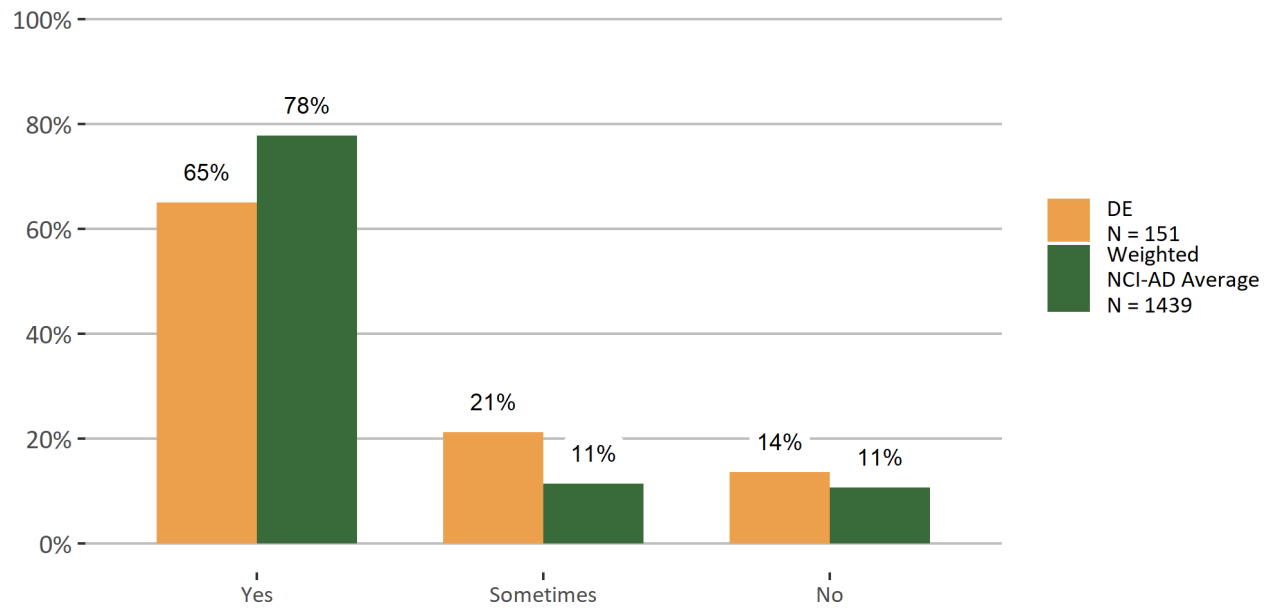
Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 310

**Table 144. Has the amount of control wanted with the services that are self-directed**

*Proxy respondents were allowed for this question. Newly added question in 2022-23.*

<b>Program</b>	<b>Yes</b>	<b>In-between</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	78%	17%	5%	88
AmeriHealth-HCBS	77%	16%	6%	62
<b>Overall DE Average</b>	<b>78%</b>	<b>16%</b>	<b>5%</b>	<b>152</b>
<b>Weighted NCI-AD Average</b>	<b>91%</b>	<b>5%</b>	<b>3%</b>	<b>1,463</b>

### Services and supports wanted to self direct are always available



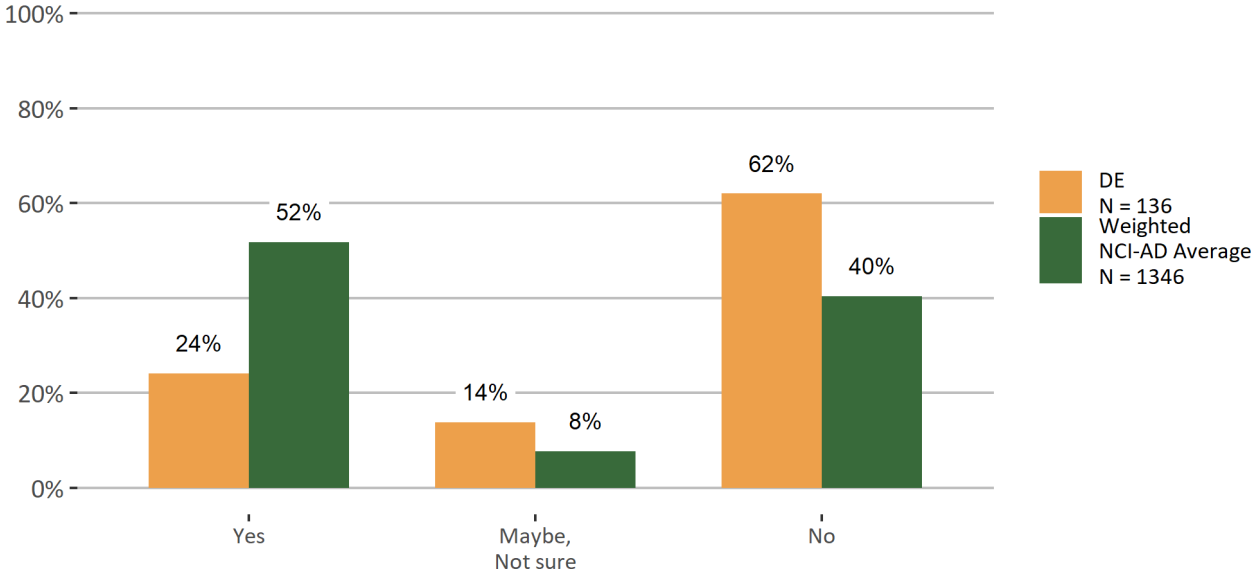


**Table 145. Services and supports wanted to self direct are always available**

*Proxy respondents were allowed for this question. Newly added question in 2022-23.*

<b>Program</b>	<b>Yes</b>	<b>Sometimes</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	64%	22%	13%	89
AmeriHealth-HCBS	68%	17%	15%	60
<b>Overall DE Average</b>	<b>65%</b>	<b>21%</b>	<b>14%</b>	<b>151</b>
<b>Weighted NCI-AD Average</b>	<b>78%</b>	<b>11%</b>	<b>11%</b>	<b>1,439</b>

Gets information about budget and services from the financial management service (FMS)

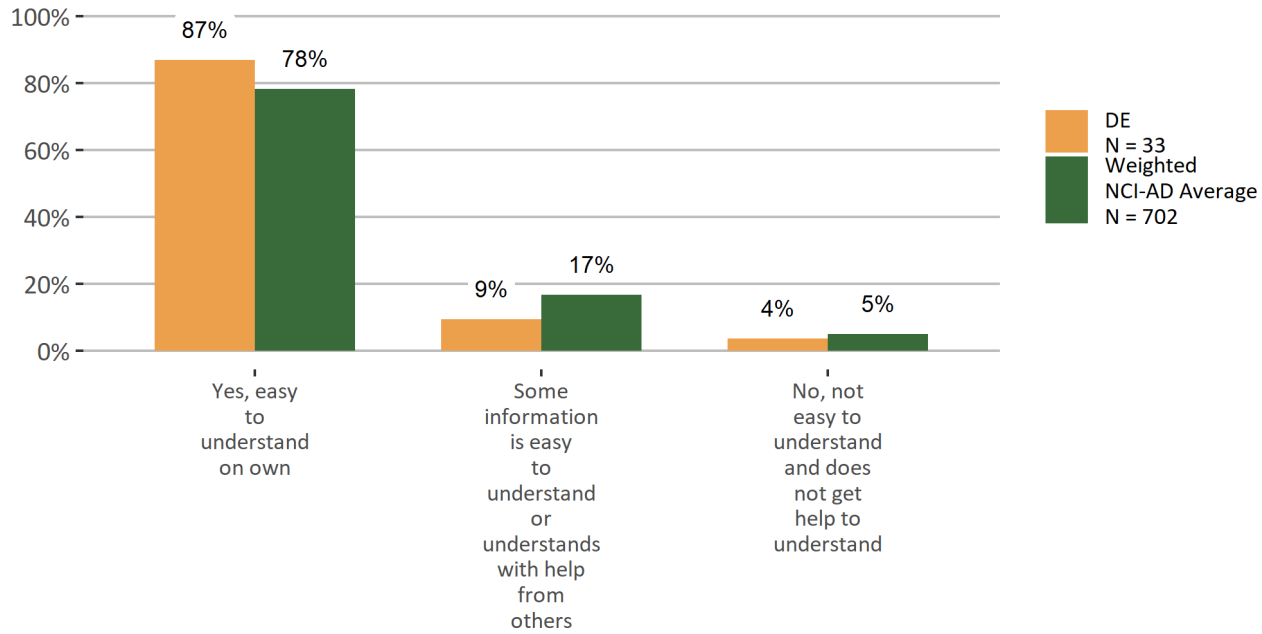


**Table 146. Gets information about budget and services from the financial management service (FMS)**

*Proxy respondents were allowed for this question. Newly added question in 2022-23.*

<b>Program</b>	<b>Yes</b>	<b>Maybe, not sure</b>	<b>No</b>	<b>N</b>
Highmark-HCBS	23%	14%	64%	80
AmeriHealth-HCBS	30%	15%	56%	54
<b>Overall DE Average</b>	<b>24%</b>	<b>14%</b>	<b>62%</b>	<b>136</b>
<b>Weighted NCI-AD Average</b>	<b>52%</b>	<b>8%</b>	<b>40%</b>	<b>1,346</b>

### Information received from the FMS is easy to understand

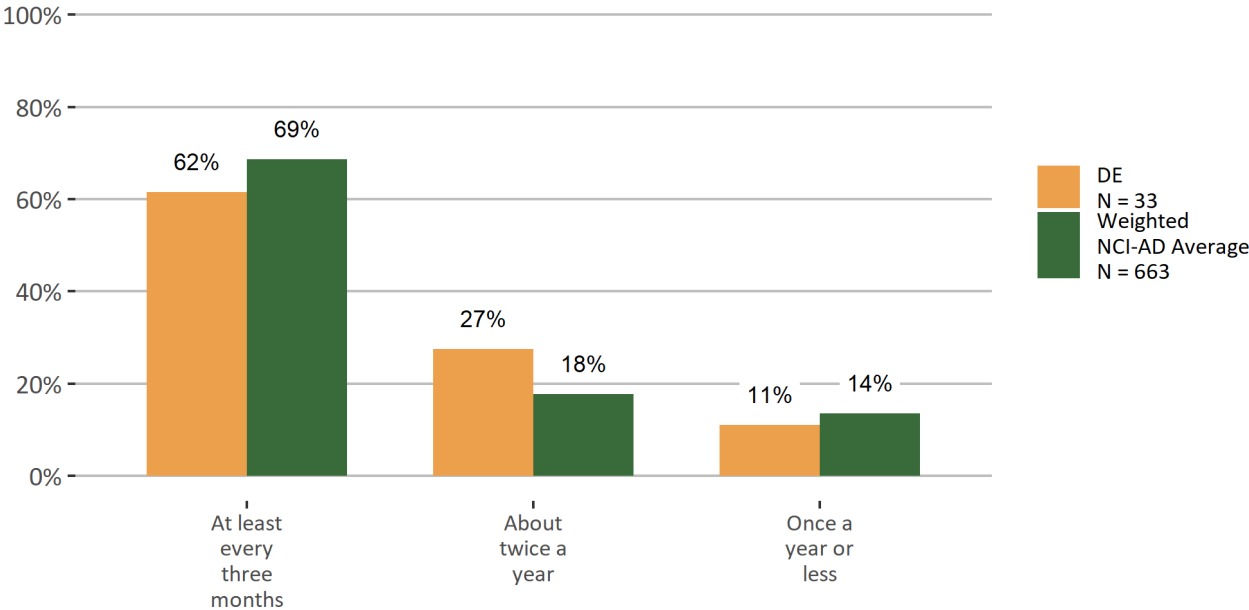


**Table 147. Information received from the FMS is easy to understand**

*Proxy respondents were allowed for this question. Newly added question in 2022-23.*

<b>Program</b>	<b>Yes, easy to understand on own</b>	<b>Some information is easy to understand or understands with help from others</b>	<b>No, not easy to understand and does not get help to understand</b>	<b>N</b>
<b>Overall DE Average</b>	<b>87%</b>	<b>9%</b>	<b>4%</b>	<b>33</b>
<b>Weighted NCI-AD Average</b>	<b>78%</b>	<b>17%</b>	<b>5%</b>	<b>702</b>

### Frequency of receiving information about budget and services from FMS



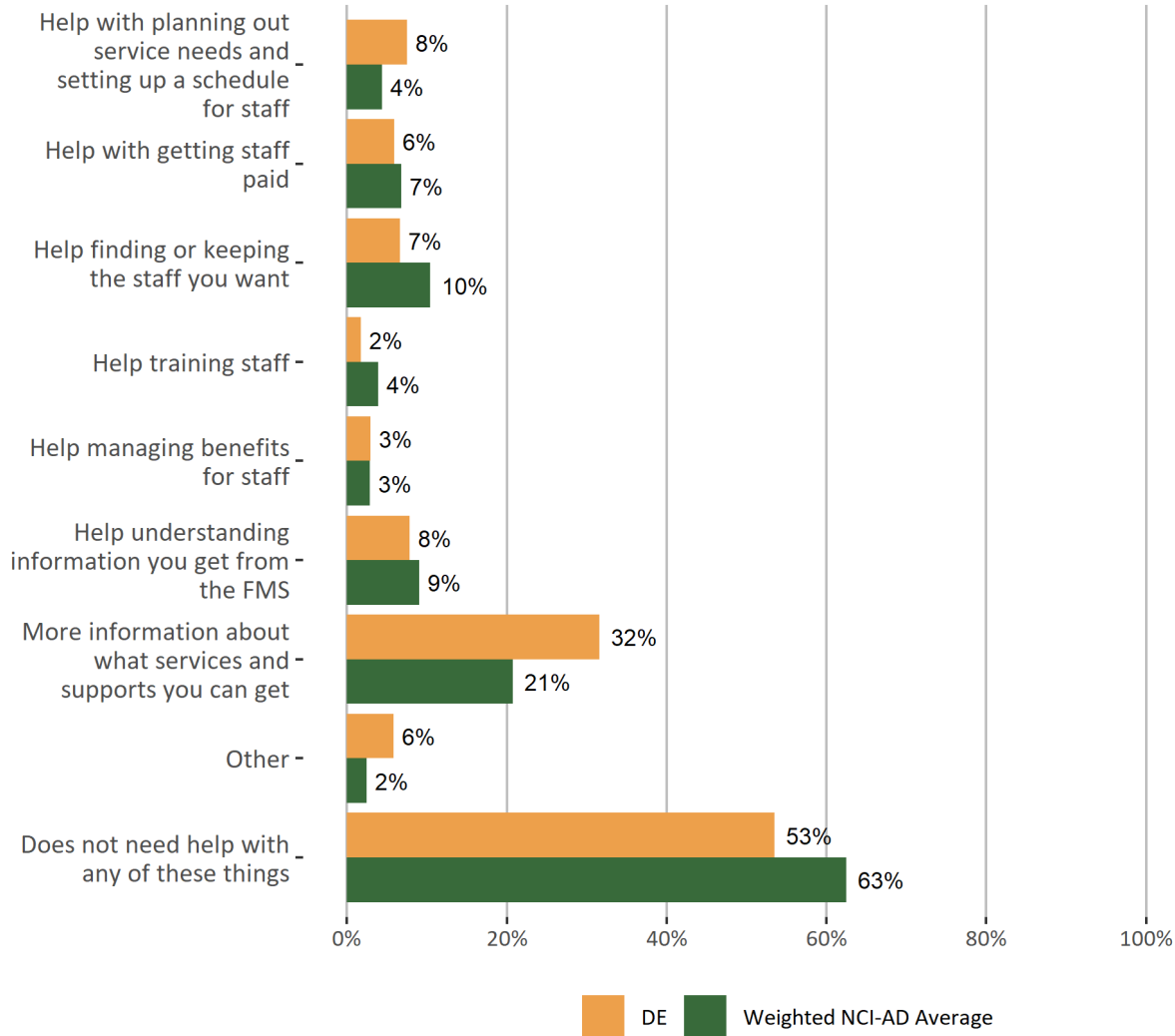
Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
2022-23 Adult Consumer Survey National Results | 318

**Table 148. Frequency of receiving information about budget and services from FMS**

*Proxy respondents were allowed for this question. Newly added question in 2022-23.*

<b>Program</b>	<b>At least every three months</b>	<b>About twice a year</b>	<b>Once a year or less</b>	<b>N</b>
<b>Overall DE Average</b>	<b>62%</b>	<b>27%</b>	<b>11%</b>	<b>33</b>
<b>Weighted NCI-AD Average</b>	<b>69%</b>	<b>18%</b>	<b>14%</b>	<b>663</b>

### Parts of self-direction need help with



Programs with fewer than 20 respondents are not shown for confidentiality, their data are included in the statewide average.  
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**Table 149. Parts of self-direction need help with**

*Proxy respondents were allowed for this question. Newly added question in 2022-23.*

Program	Help with planning out service needs and setting up a schedule for staff	Help with getting staff paid	Help finding or keeping the staff you want	Help training staff	Help managing benefits for staff	Help understanding information you get from the FMS	More information about what services and supports you can get	Other	Does not need help with any of these things
<b>Weighted NCI-AD Average</b>	<b>4%</b>	<b>7%</b>	<b>10%</b>	<b>4%</b>	<b>3%</b>	<b>9%</b>	<b>21%</b>	<b>2%</b>	<b>63%</b>